

SAINT ANTHONY YOUTH MINISTRY

660 Florin Road
Sacramento, CA 95831
392-6362

Welcome to SAYM Youth Ministry/High School Ministry!

There are three goals that guide the Catholic Church's ministry to youth: **To empower young people to live as disciples of Jesus Christ in our world today; to draw young people to responsible participation in the life, mission, and work of the Catholic faith community; and to foster the total personal and spiritual growth of each young person** (*Renewing the Vision*). Using these goals to guide our ministry, the SAYM team of adult leaders and advisors strive to actively seek out ways to better serve and minister to the youth in our community. In youth ministry, key aspects are used as building blocks in creating and executing a ministry that can accommodate teenagers in the best way possible alongside school, homework, sports, extra-curricular activities, family life, and social life. It is important to understand and consider the nature of youth ministry through the following: 1) **Accepting a young person** wherever he or she may be on their faith journey; whether they are active in their faith, in the process of discovering their faith, or finding their way back to the faith. As God calls each one of us Catholic Christians to Him, it is the youth ministry's responsibility to welcome youth with open arms; 2) Youth Ministry upholds and believes in surrounding and embracing the teenage youth with **unconditional love, unwavering support, and constant presence**. Each child of God is special and important. It is in following Jesus' footsteps that the youth ministry and its leaders know and affirm this belief by genuinely caring for each and every teen that walks through the doors (even teens who hesitate to walk in!); 3) Understanding that **young people are busy**, period. With each year, teens (and families) continue to be overwhelmed by their schedule. This is a natural understanding within the realm of youth ministry. Therefore, it is the youth ministry's duty to continuously reinvent, revamp, and recharge its ministry to youth. This is the everyday challenge for youth ministry today: what are we, the community, doing to serve our youth and draw them closer to God?



Turn over →

Why check out SAYM?

- + Meet other Catholic youth from different schools in the Sacramento area.
- + Explore and deepen your faith through various activities, events, and retreats.
- + Discover ways to serve the parish and local communities through service projects and events.
- + Build community...a community that will support you and one that you can have fun, learn, and grow with.
- + Discover opportunities to establish and develop meaningful and faith-filled friendships.
- + We love to have fun while living out our faith!

SAYM PROGRAM 2021-22

- + Youth Night on Wednesdays from 6:30-8:00 p.m. (in-person)
- + Evening Prayer & Reflection on Sundays at 7:00 p.m. (Zoom)
- + Youth Ministry Events/Activities/Retreats throughout school year.

Please join us as we continue to serve YOU, the youth of our parish community, and strive to “empower young people to live as disciples of Jesus Christ in our world today; draw young people to responsible participation in the life, mission, and work of the Catholic faith community; and foster the total personal and spiritual growth of each young person” (*Renewing the Vision*, pgs. 9-17).

What you need to register:

1) **Diocesan Youth Form (front & back)** - this form is effective and required for all SAYM youth events during the 2021-22 school year.

2) **Registration Fee of \$30 – Electronic Payment**

We are making every effort to only receive electronic payment at this time using “**Faith Direct**”. Please complete the Diocesan Youth Form and submit payment through our website www.stasac.org. *This system also works wonderfully for your offertory donations!*

- Click on “**Donate**” button
- Click on “**Give a One-time Gift**”
- Indicate in the notes: “Youth Ministry Registration/First & Last Name of Teen”

Special Note: *We are welcoming back our youth community to a “new” normal at St. Anthony Parish. Please know the safety and health of all youth remain our top priorities while doing what we can to assist teens and their families on their faith journey. Our office will communicate updates and changes as we move forward. Thank you for your patience and support as we joyfully walk this path with your family in the best and safest way possible.*

Please return your completed registration by September 7, 2021.

If you have any questions, please call or email the CFF & Youth Ministry Office at 392-6362 or jmorgan@stasac.org. We look forward to growing, sharing, and celebrating our faith with you once again!

In Christ,

Jennifer Morgan
St. Anthony Youth Ministry