

SAINT ANTHONY YOUTH MINISTRY

660 Florin Road
Sacramento, CA 95831
392-6362

WELCOME TO SAYM YOUTH MINISTRY!

There are **three goals** that guide the Catholic Church's ministry to youth: **1) To empower young people to live as disciples of Jesus Christ in our world today; 2) to draw young people to responsible participation in the life, mission, and work of the Catholic faith community; and 3) to foster the total personal and spiritual growth of each young person** (*Renewing the Vision: A Framework for Catholic Youth Ministry*). Using these goals to guide our ministry, the SAYM team of adult leaders and advisors strive to actively seek out ways to better serve and minister to the youth in our community. In youth ministry, key aspects are used as building blocks in creating and executing a ministry that can accommodate teenagers in the best way possible, whilst nurturing their relationship with God and fostering their hearts for discipleship, alongside school, homework, sports, extra-curricular activities, family life, and social life.

It is important to understand and consider the nature of youth ministry through the following: 1) **Accepting a young person** wherever he or she may be on their faith journey; whether they are active in their faith, in the process of discovering their faith, or finding their way back to the faith. As God calls each one of us Catholic Christians to Him, it is the youth ministry's responsibility to welcome youth with open arms; 2) Youth Ministry upholds and believes in surrounding and embracing the teenage youth with **unconditional love, unwavering support, and constant presence**. Each child of God is special and important. It is in following Jesus' footsteps that the youth ministry and its leaders know and affirm this belief by genuinely caring for each and every teen that walks through the doors (even teens who hesitate to walk in!); 3) Understanding that **young people are busy**, period. With each year, teens (and families) continue to be overwhelmed by their schedule. This is a natural understanding within the realm of youth ministry. Therefore, it is the youth ministry's duty to continuously reinvent, revamp, and recharge its ministry to youth. This is the everyday challenge for youth ministry today: **what are we, the community, doing to serve our youth and draw them closer to God so that they, in turn, become the hands and feet of Christ out in the world?**



Why check out SAYM?

- + Meet other Catholic youth from different schools in the Sacramento area.
- + Continue to learn about the Catholic faith and grow in faith and knowledge.
- + Explore and deepen your faith through various activities, events, and retreats.
- + Discover ways to serve the parish and local communities through service projects and events.
- + Build community...a community that will support you and one that you can have fun, learn, and grow with.
- + Discover opportunities to establish and develop meaningful and faith-filled friendships.
- + We love to have fun while living out our faith!
- + Join us as we continue to serve YOU, the youth of our parish community!

SAYM PROGRAM 2025-26

- + Youth Ministry consisting of junior high (7th – 8th) & high school (9th – 12th) youth, and Confirmation prep students (*Confirmation Yrs 1 & 2 register through CFF*)
- + Youth Ministry Events/Community Service/Activities/Retreats throughout school year
- + Junior High Ministry & High School Ministry respective gatherings
- + Weekly catechesis, fellowship, and community building
- + Youth Nights on Wednesdays from 6:30-8:00 p.m.

What you need to register:

- 1) Online Registration
- 2) Diocesan Youth Form (front & back) - this form is effective and required for all Diocesan and parish youth activities & events during the 2025-26 school year.
- 3) Registration Fee of \$50 – payment is required to complete online registration.

Registration is due by August 29, 2025.

If you have any questions, please call or email the CFF & Youth Ministry Office at 392-6362. We look forward to growing, sharing, and celebrating our faith with you once again!

SAYM begins on Sunday, September 14, 2025

+ CFF & YM Families attend Mass at 4:00 p.m.

+ Open House will be held in the courtyard following Mass.