

SAINT ANTHONY YOUTH MINISTRY

660 Florin Road
Sacramento, CA 95831
392-6362

Welcome to SAYM Youth Ministry!

There are three goals that guide the Catholic Church's ministry to youth: **To empower young people to live as disciples of Jesus Christ in our world today; to draw young people to responsible participation in the life, mission, and work of the Catholic faith community; and to foster the total personal and spiritual growth of each young person** (*Renewing the Vision*). Using these goals to guide our ministry, the SAYM team of adult leaders and advisors strive to actively seek out ways to better serve and minister to the youth in our community. In youth ministry, key aspects are used as building blocks in creating and executing a ministry that can accommodate teenagers in the best way possible alongside school, homework, sports, extra-curricular activities, family life, and social life. It is important to understand and consider the nature of youth ministry through the following: 1) **Accepting a young person** wherever he or she may be on their faith journey; whether they are active in their faith, in the process of discovering their faith, or finding their way back to the faith. As God calls each one of us Catholic Christians to Him, it is the youth ministry's responsibility to welcome youth with open arms; 2) Youth Ministry upholds and believes in surrounding and embracing the teenage youth with **unconditional love, unwavering support, and constant presence**. Each child of God is special and important. It is in following Jesus' footsteps that the youth ministry and its leaders know and affirm this belief by genuinely caring for each and every teen that walks through the doors (even teens who hesitate to walk in!); 3) Understanding that **young people are busy**, period. With each year, teens (and families) continue to be overwhelmed by their schedule. This is a natural understanding within the realm of youth ministry. Therefore, it is the youth ministry's duty to continuously reinvent, revamp, and recharge its ministry to youth. This is the everyday challenge for youth ministry today: what are we, the community, doing to serve our youth and draw them closer to God?



Turn over →

Why check out SAYM?

- + Meet other Catholic youth from different schools in the Sacramento area.
- + Explore and deepen your faith through various activities, events, and retreats.
- + Discover ways to serve the parish and local communities through service projects and events.
- + Build community...a community that will support you and one that you can have fun, learn, and grow with.
- + Discover opportunities to establish and develop meaningful and faith-filled friendships.
- + We love to have fun while living out our faith!
- + Join us as we continue to serve YOU, the youth of our parish community!

SAYM PROGRAM 2023-24

- + Youth Ministry consisting of junior high (7th – 8th) & high school (9th – 12th) youth, and Confirmation prep students (*Confirmation Yrs 1 & 2 register through CFF*)
- + Youth Ministry Events/Community Service/Activities/Retreats throughout school year
- + Junior High Ministry & High School Ministry respective gatherings
- + Weekly catechesis, fellowship, and community building
- + Youth Nights on Wednesdays from 6:30-8:00 p.m.

What you need to register:

- 1) **Diocesan Youth Form (front & back)** - this form is effective and required for all SAYM youth activities & events during the 2022-23 school year.
- 2) **Registration Fee of \$40 – Electronic Payment**
Payment is made through “Faith Direct”. Please complete the Diocesan Youth Form and submit payment through our website www.stasac.org. *This system also works wonderfully for your offertory donations!*
- 3) **Program Policy Disclosure/Parent Permission Form**

Special Note: *The safety and health of all youth remain our top priorities while doing what we can to assist teens and their families on their faith journey. Our office will communicate updates and changes throughout the school year. Thank you for your patience and support as we joyfully walk this path with your family in the best and safest way possible.*

Please return your completed registration by August 28, 2023.

If you have any questions, please call or email the CFF & Youth Ministry Office at 392-6362 or jmorgan@stasac.org. We look forward to growing, sharing, and celebrating our faith with you once again!

In Christ,

Jennifer Morgan
St. Anthony Youth Ministry

SAYM begins on Sunday, September 17, 2023

+ CFF & YM Families attend Mass at 4:00 p.m.

+ Open House will be held in the courtyard following Mass.

DIOCESE OF SACRAMENTO
YOUTH ACTIVITY PERMISSION, MEDICAL RELEASE, AND PARENTAL CONSENT FORM
This form can be used for all youth activities for one calendar/school year (2023-2024).

Name: _____ Date of Birth: _____ Grade: _____

Names of Parents / Guardians: _____

Street Address: _____

City / State / Zip Code: _____

Home phone number: (parent #1) _____ (parent #2) _____

Work phone number: (parent #1) _____ (parent #2) _____

Cell phone number: (parent #1) _____ (parent #2) _____

Parent Email(s) _____

Participant Cell number: _____ School: _____

Participant Email _____

Parish/Group, City _____ **Year** _____

For some activities, transportation will be provided by volunteer parent/adult chaperones (in accordance with Diocesan guidelines).

YOUTH CODE OF CONDUCT:

I agree to uphold and exemplify positive Catholic values, and I understand that my participation in this program requires compliance with rules and regulations regarding my conduct. Specifically, I agree that during my participation in the program:

- I will participate fully in all activities.
- I will follow the directions of adult leaders;
- I will treat adult leaders and other participants with respect;
- I will stay with my assigned group, and participate in the approved activity;
- I will dress appropriately at all times;
- I will not use, bring, or be under the influence of illegal drugs or alcohol;
- I will not smoke or use tobacco products;
- I will not engage in inappropriate sexual behavior;
- I will not be in the possession of or use firearms, knives, or weapons of any kind;
- I will not engage in acts of violence, stealing, dishonesty, gambling, or profanity; and
- I will respect the physical property of the facility and of others, and will not engage in acts of vandalism.

I agree to abide by these rules and the supervision of adult leaders, and understand that violations will be dealt with in an immediate and appropriate manner. If I should be dismissed from participation in the program, I understand that my parents will be contacted to arrange for my immediate transportation home.

Signature of Youth Participant **Date**

Signature of Parent (acknowledging the commitment):

EMERGENCY HEALTH / MEDICAL INFORMATION AND CONSENT

In the event of an emergency, I, the undersigned parent/guardian of the child named on this form, hereby give permission to the Diocese of Sacramento, parishes and schools within the Diocese, and their employees, agents, representatives, and adult volunteers, to arrange for and authorize emergency medical, dental, or surgical treatment for my child, as considered necessary by the attending physician. I wish to be advised prior to any further treatment by the hospital or doctor.

Family Doctor: _____ Phone: _____

Family Dentist: _____ Phone: _____

Family Health Plan Carrier: _____

Policy Number: _____

In the event of an emergency, if you are unable to reach me at the numbers listed above, please contact:

Name: _____

Relationship: _____

Telephone: _____ Alternate Contact Number: _____

MEDICATIONS AND NON-EMERGENCY HEALTH TREATMENT

My child is currently taking the following medication(s), which he/she will bring on this activity, in well-labeled, original containers that include clear directions for dosage and frequency of use. I hereby give permission for an adult leader to administer the following medication(s):

Signature of Parent or Legal Guardian

Date

SPECIFIC MEDICAL INFORMATION/CONDITIONS

Please list any special medical issues or other conditions that the Diocese should be aware of in connection with your child's participation in this activity:

PARENT AGREEMENT / CONSENT

I/we, the undersigned parent or guardian of the child named on this form give permission for my/our child's participation in the activity referred to on this form, and in addition to the Health/Medical Information Consent provisions that we have agreed to above:

- Direct Child to Cooperate: I/we agree to direct my/our child to cooperate and comply with all reasonable directions and instructions from parish/school/diocesan staff or adult volunteer leaders.
- Consent for Transportation (if applicable): I/we give permission for my/our child to be transported to and/or from the specified programs, events, and activities in vehicles driven by adult leaders selected by the parish/school/diocesan coordinator, in accordance with diocesan guidelines.
- Responsibility for Medical Expenses: I/we agree to be responsible for all medical expenses relating to injury of my/our child as a result of his/her participation in this activity, whether or not caused by the negligence of the parish, school, or diocesan employees, agents, volunteers or other participants.
- Acknowledgment of Risks: I/we understand that in the course of participating in this activity, my/our child may engage in activity that carries a risk of injury to the body, psyche, or property of themselves and others. Such injuries can be caused by other persons, may be accidental or self-inflicted, or may arise from faulty equipment or facilities, existing conditions of recreational facilities, vehicle accidents while in transport during an activity, or through the activity itself.

Accordingly, in consideration for being permitted to participate in the specified activities, to use the equipment provided, and to enter the premises and facilities of the Diocese of Sacramento, for any purpose including observation of and participation in activities, the undersigned parent or guardian, for him or herself and any successors in interest, and on behalf of the minor child, agrees as follows:

1. To release, waive, discharge, and promise not to sue the Roman Catholic Bishop of Sacramento, a corporation sole, and its affiliated entities, employees, agents, and volunteers (the "Diocese") from all liability for any loss or damage, and any claim or demands therefore on account of injury to the body, injury to psyche, or injury to property of the minor child, or to undersigned parent or guardian, whether caused by negligence or other conduct by the Diocese while the minor child, parent, or guardian is participating in the specified activities or in, upon, or about the premises of the Diocese or any of its facilities or equipment.
2. To indemnify and hold harmless the Diocese from any loss, liability, damage, or cost it may incur due to the acts of the minor child, parent, or guardian in, upon, or about the premises of the Diocese, its facilities or equipment, or while participating in any parish, school, or diocesan activities whether caused by negligence or otherwise.
3. That he or she has read this Consent Form and agreement and voluntarily signs it, and that no oral representations, statements, or inducements apart from the contents of this Form have been made.

I/we have read this Agreement and understand and agree to everything set forth above.

Signature of Parent or Legal Guardian

Date

ST. ANTHONY YOUTH MINISTRY

916-392-6362

Youth Ministry Schedule 2023-2024

*Junior High (JH) and High School (HS) Youth Night will be held weekly on Wednesday nights @ 6:30pm–8pm unless otherwise noted. Additionally, events and activities for Junior High and High School youth will be announced and updated through the Parish bulletin, website, Instagram (@saym916), and youth ministry emails. Please note: Youth events and dates are subject to change. Please check updates made weekly in the Parish bulletin and via email.

September

Sept. 17 – Catechetical Sunday & CFF Open House @ 4:00 p.m.

Sept. 20 – First JH & HS Youth Night @ 6:30-8:00 p.m.

Sept. 27 – Youth Night

October

Oct. 4 – Blessing of the Animals @ 6:00 p.m. in the courtyard – Bring your pets!

Oct. 4 – Youth Night

Oct. 11 – Youth Night

Oct. 13 – SCARY MOVIE NIGHT @ 6:30 – 10:00 p.m.

Oct. 18 – Youth Night

Oct. 25 – Youth Night

November

Nov. 1 – All Saints Day Mass and Parade @ 6:00 p.m. – Teens arrive at 5:30 p.m.

Nov. 8 – Youth Night

Nov. 15 – Youth Night

Nov. 22 – No Youth Night – Happy Thanksgiving!

Nov. 29 – Youth Night

December

Dec. 6 – Youth Night

Dec. 13 – Youth Night

Dec. 15 – ADVENT RETREAT – Details to follow

Dec. 20 – Youth Night/Advent Communal Penance Service – Teens arrive at 5:30 p.m.

Dec. 27 – No Youth Night – Merry Christmas!

January

Jan. 3 – No Youth Night – Happy New Year!

Jan. 10 – Youth Night Resumes

Jan. 17 – Youth Night

Jan. 24 – Youth Night

Jan. 31 – Youth Night

February

Feb. 3 – Crab Feed – Youth Volunteers Needed!

Feb. 7 – Youth Night

Feb. 14 – NO Youth Night – Ash Wednesday Mass Times: 8am, 12 noon, 6pm

Feb. 14-16 – HS @ LA YOUTH DAY (Registration Fall '23)

Feb. 21 – Youth Night

Feb. 28 – Youth Night

March

Mar. 6 – Youth Night

Mar. 13 – Youth Night

Mar. 20 – Youth Night/Lenten Communal Penance Service – Teens arrive at 5:30 p.m.

Mar. 22-Mar. 24 – LENTEN RETREAT – Details to follow

Mar. 24– Palm Sunday

Mar. 27 – NO Youth Night – Live Stations of the Cross Practice @ 5:00 p.m.

Mar. 24-29 – Attend Holy Week Liturgies

Mar. 28 – Holy Thursday – Mass of the Lord's Supper @7:00 p.m.

Mar. 29 – Good Friday – Meditation @ 12 Noon; Good Friday Service @ 12:30 p.m.;
Live Stations of the Cross (SAYM) @7:30 p.m.

Mar. 30 – Holy Saturday – Easter Vigil (sunset time TBA)

Mar. 31 – Easter Sunday

April

Apr. 3 – NO Youth Night – Happy Easter!

Apr. 7 – Divine Mercy Chaplet @ 1:00 p.m. – Youth readers needed!

Apr. 10 – Youth Night

Apr. 17 – Youth Night

Apr. 24 – Youth Night

May

MAY. 1 – Youth Night

MAY. 8 – Youth Night

MAY. 15 – LAST YOUTH GATHERING!