

WEEK AT A GLANCE

- Monday, January 14**
Yoga -8:00 a.m.
Senior Fitness- 9:45 a.m.
- Tuesday, January 15**
Men's Basketball -6:30 p.m.
RCIA -7:00 p.m.
- Wednesday, January 16**
Yoga -8:00 a.m.
Senior Fitness -9:45 a.m.
Children's Choir -4:00 p.m.
Adult Choir -6:45 P.M.
Yoga - 7:45 p.m.
- Thursday, January 17**
Young @ Heart Luncheon -11:30 a.m.
Men's Basketball - Cancelled
St. Vincent de Paul -7:30 p.m.
- Friday, January 18**
Yoga -8:00 a.m.
Senior Fitness -9:45 a.m.
- Saturday, January 19**
Confessions -4:00 p.m.
- Sunday, January 20**
Men's Basketball - 1:30 p.m.



REST IN PEACE

Please pray for the repose of the soul of parishioner, **Alejo Lamera** and **Dolores Carano** (mother of parishioner Debbie Virga. Funeral Mass for Dolores will be on Friday, January 18 at 10:00 a.m.), who died recently.

Mass Intentions and Readings

Monday (14) Ron Wood ☩	Weekday Heb 1:1-6/ Mk 1:14-20
Tuesday (15) Anna Skewes (SI)	Weekday Heb 2:5-12/ Mk 1:21-28
Wednesday (16) John Paneda (SI)	Weekday Heb 2:14-18/ Mk 1:29-39
Thursday (17) Anthony Young & Paul Albert Magaoay, Jr. ☩	Saint Anthony, Abbott Heb 3:7-14/ Mk 1:40-45
Friday (18) Kim Minami ☩	Weekday Heb 4:1-5, 11/ Mk 2:1-12
Saturday (19) (8:00) Patty Shour (SI) (5:00) For the People	Weekday Heb 4:12-16/ Mk 2:13-17
Sunday (20) (8:00) Alvera Aldabe ☩ (9:30) Donald John Marsau ☩ (11:15) Bill Franceschini ☩	Second Sunday in Ordinary Time Is 62:1-5/ 1 Cor 12:4-11/ Jn 2:1-11



MANY HELPERS NEEDED

There are many opportunities for you to help with our February 2 Crab Feed. **Friday, February 1**, food preparation (9:00 a.m. to 12:00 noon), table & chair setup (after youth basketball); **Saturday, February 2**, food preparation (9:00 a.m. to 12:00 noon), final table & chair setup (8:30 a.m.), table setting (9:00 a.m.), kitchen help (5:00 p.m.), bartenders (6:00 p.m. to 11:00 p.m.), bar ticket sales (6:00 p.m. to 11:00 p.m.), raffle/door prize ticket sellers (6:00 p.m. to 8:30 p.m.), place wine on tables (7:00 p.m. - 7:30 p.m.) take down and cleanup (11:00 p.m.). Sign up sheets are in the narthex or you may contact **Dan & Becky Stratman (428-4284)** to volunteer.

CRAB FEED TICKETS ON SALE THIS WEEKEND, JANUARY 12-13

Tickets for the February 2 Crab Feed (**\$45 per person**) are on sale after all the Masses beginning THIS weekend. All tickets are for reserved seating, so get together with your friends and make your reservations early to get your preferred seating. You may also purchase tickets in the parish office during the week.

CRAB FEED RAFFLE TICKETS

If you are not on our parish mailing list, you may pick up raffle tickets in the narthex or the parish office. Don't forget to turn in your raffle tickets to be eligible for the cash prizes of \$500, \$200 or \$100. Raffle tickets can be dropped in the weekly collection or mailed to the parish office. You will also have an opportunity to purchase door prize tickets at the Crab Feed for an opportunity to win a variety of great prizes.

Raffle Items needed for the Crab Feed. We can use gift cards, gift baskets, and other "new" item to put in gift baskets. Items can be dropped off in the parish office or contact **Alyson Cooney at 916-591-9374**.

BLOOD DRIVE UPDATE

Our parish has an agreement with Vitalant (*formally BloodSource*) that awards our parish when a certain amount of blood component donations are met. This year we were awarded \$500. This award was split between Family Promise and, in loving memory of Carole D'Elia, the Get on the Bus ministries. If you regularly donate **blood components** (plasma, source plasma, platelets, double red blood cells) won't you please consider recognizing Saint Anthony when you donate? **We were just 13 donations away from reaching the \$1000 award!** Special thanks to last year's blood component donors: *Danny Camarena, Bill Coleman, Alan Cordano, Linda DiNinni, Shirley Lutgen, Carmen Quiroz, Kathy Reynolds, Anne Sherlock, Christine Staniszewski, Ronald Trujillo and Erich Ziegler. And thanks to all others who donate blood to save lives!* If you have questions about component donations, please contact **Linda (916-392-6362)**.

PASTORAL CARE

Community Facilities/ Homebound
Kathy Reynolds, Coordinator
kathy@stasac.org / cell: 916-212-9949

PRAYER LIST

To add your name to the prayer list, please contact **Kathy Reynolds** at 916-212-9949 or kathy@stasac.org. To keep the list current, names will remain on the list for six weeks.

This week please pray for:

- | | | | |
|--------------------------|--------------------------------|-------------------------|--------------------------|
| <i>Mary Arizmendi</i> | <i>Valerie Barclay</i> | <i>Judy Bezzone</i> | <i>Gilbert Boreman</i> |
| <i>Theresa Chow</i> | <i>John Darling</i> | <i>Ana Maria Gomez</i> | <i>Karen Gonzales</i> |
| <i>Emery Haugseth</i> | <i>Josephine Hernandez</i> | <i>Olivia Hernandez</i> | <i>Eldon Koob</i> |
| <i>Ed Lambert</i> | <i>Michael McCullough</i> | <i>Jim New</i> | <i>John O'Connor</i> |
| <i>Jeanette Raimundo</i> | <i>Richard Rivera</i> | <i>Martha Roldan</i> | <i>Manuel Roman, Jr.</i> |
| <i>Ray Ward</i> | <i>Nellie Gonzalez Sanchez</i> | <i>Laura Stock</i> | <i>Jesse Torres</i> |
| <i>Sally Williams</i> | | | |

THE LORD'S PRAYER- "Our Father"

This is the first in a series of articles to help us better understand the words when we say the prayer our Lord Jesus Christ taught us to pray.

OUR -While we are individuals, we are a people bound together by Jesus Christ and are in communion with each other because we have been baptized into communion with the Holy Trinity. We leave individualism behind because the love that we receive frees us from it. No one is excluded with "our." If we say it truthfully, our divisions and oppositions have to be overcome. We are a universal human family in the Church. Thus together we call God **OUR** Father.

~KJR



MEMORIAL CENTER EXERCISE CLASSES

SENIOR FITNESS with Paula, meets M-W-F at 9:45 a.m. **Cost is \$3 per class.** This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of "the good ol' days." Equipment supplied if needed.

YOGA classes with different instructors are M-W-F mornings at 8:00 a.m. and Wednesday evenings at 7:45 p.m. Cost is \$5 per class. Please bring your own mat and wear comfortable clothing.

THANK YOU

Thank you to all of our volunteers who helped fold, stuff and seal our Crab Feed mailing. Your help with these mailings is so important! Thank you to our helpers: **Della Cabrera, Aurelia Chavarriaz, Trina Chen, Alyson Cooney, Celeste & Emily Cox, Randy DelPorto, Melisa Dervaes, Nannette Henderson, Susie Hirai, Juliet Katayama, Gerry Monterrubio, Pat Ramirez, Suzette Ramirez, Carol Reilly, Sharon Riopelle, Latasha Russell-Guerra, Dan & Becky Stratman, Jamie Tsang, Marlene Winegar, Rosemary Wood, Ruth York, Luis Barraza, Fran Lee and Kate Ellis.** Thank you all!

SUNDAY PARISH BREAKFAST TODAY

As a way to foster community spirit within Saint Anthony Parish, the Knights of Columbus will again offer a low cost but delicious Parish Breakfast in the Memorial Center on **Sunday, January 13 after each of the three morning Masses.** The menu includes a choice of pancakes or waffles, syrup, scrambled eggs, pork sausage links, sautéed potatoes, fruit choices, coffee (regular or decaffeinated) plus orange juice, apple juice and milk Special announcement! **There will also be a lot of Becky Stratman's wonderful SCONES! DON'T MISS THEM!** Prices are: Adults (13 to 89 years old) \$6, Kids (6 to 12 years old) \$3 and Children 5 years and younger, plus seniors over 90 years old are **FREE!**

There will be a raffle and tickets will cost \$5 for six or \$1 for one. The prize will be a terrific collection of San Francisco 49ers Tail Gate Gear (estimated to be worth \$100). You do not need to be present to win.

PLEASE COME WITH YOUR FRIENDS AND FAMILY FOR A TASTY AND FUN BREAKFAST!

KNIGHTS OF COLUMBUS

Membership Information Table and Meeting

On the day of the Breakfast, please stop by the Knight's information table. Literature will be available and a Knight will be present to answer any questions. Any men interested in finding out more about the Knights can attend a casual information meeting with friendly conversation and refreshments. **When:** Tuesday, January 15 at 7:00 p.m. **Where:** Saint Anthony Parish Memorial Center, St. Joseph's Room.

WELCOME NEWCOMERS!

New members of the parish are invited to use this form to register, and established members may use it to advise us of updated information, or to request offertory envelopes. Either drop the form below in the collection basket, or mail to our parish office. Also available is our online registration. Please visit our website at www.stasac.org

Last Name: _____

Your First Name: _____

Catholic? _____ Work Phone: _____

Spouse's First Name: _____

Catholic? _____ Work Phone: _____

Address: _____

City, Zip Code: _____

Email Address: _____

Home Phone: _____ Todays Date: _____

New to St Anthony Parish? YES NO

Former Parish _____

CATHOLIC FAITH FORMATION

Pre-Kindergarten through High School
Linda DiNinni, Director of Religious Education
linda@stasac.org / 392-6362

Hope for Paradise:

Our Advent Manger Project
~A little something to do our part~



Our giving boxes were collected and counted and the grand total was \$499. One of our 'money counters' added a dollar to make our donation to the Town of Paradise Fire Relief Fund an even \$500. Amazing what a little bit from a lot of people adds up to... Thank you for your hope and prayers.

CAN ADVENT GIFT BOXES STILL BE BROUGHT IN?
You betcha! We are happy to forward it.
Already this week was brought in.

Confirmation Year 1

Conversations with Father Mitch must be completed by January 17.
Make sure you have scheduled your appointment time!

Confirmation Year 2

Early Session THIS Wednesday, January 16 at 5:45-6:45 p.m.
Bring Sponsor page #5
Stay until 8:00 p.m. for Youth Ministry if your schedule allows.

Children's Choir

Kindergarten-6th Grade
Rehearsals are on Wednesdays from 4:00-5:00 p.m.
Choir sings the first and third Sundays at the 9:30 a.m. Mass.
Just show up to any rehearsal to sign up!

January 20 & 21

Martin Luther King Holiday
NO CFF Classes

Safe Environment Lessons

will be taught in all CFF classes the week of January 27-30 (except the Sunday PreK-Kinder). Information will be coming home through the classroom this week.

Children's Liturgy

at the 9:30am Mass for children K-6th.
Children start at Mass with their families and are escorted over to the CFF building following opening prayers and return at the offertory.
"Children's Liturgy with Father Mitch" is on the first Sunday of each month.

SAINT ANTHONY YOUTH MINISTRY

Junior High-High School
Christine Soriano, Youth Ministry Coordinator
christine@stasac.org / 392-6362

SAYM YOUTH NIGHTS

7th thru 12th grade youth are invited to share in fellowship and faith with their youth community.
Come join us on Wednesday evenings from 6:30-8:00 p.m.
We hope to see you there!

AND SUDDENLY A VOICE CAME FROM HEAVEN, SAYING,

"THIS IS *My beloved Son*,
IN WHOM I AM WELL PLEASSED."
MATTHEW 3:17

CRAB FEED 2019

Saturday, February 2

JUNIOR HIGH & HIGH SCHOOL YOUTH servers are greatly needed for this FUN, annual parish event!
If you're interested, sign-up on the list in front of the CFF & YM Office or contact Christine. Don't wait to sign-up!

CHECK-IN for youth servers is at 5:30 p.m. in the Memorial Center, St. Mary's conference room.
Be sure to eat a good meal beforehand!

REMINDERS

- **Volunteers must arrive on time** to avoid confusion during the dinner. Important details will be given.
- **Dinner will be provided** for youth servers in the CFF Center following service.
- **Youth may be picked up at 10:30 p.m.**
- **Community service hours** are available for the time worked. Please bring your school form to be signed.

GIRLS: White collared shirt, polo or blouse (NO TANK OR HALTER TOPS), and black pants (NO LEGGINGS).
BOYS: White collared button down or polo and black pants.
*Wear comfortable, close-toe shoes.
*Long hair should be up or tied back.

2019 COMMUNITY SERVICE OPPORTUNITIES

Jan. thru Feb. – SACYB Snack Bar
Jan. 13 – Knights of Columbus Pancake Breakfast

DIOCESAN AND COMMUNITY NEWS

CAMP PENDOLA REGISTRATION

Camp Pendola registration is now open! The official summer camp of the Diocese of Sacramento, will be celebrating 59 years of serving children and youth ages 6 to 17. Camp Pendola exists to build lasting relationships, form servant leaders, and teach stewardship of God's creation through Christian community living in the outdoors. For more information and to register, check our web site www.pendola.org or call at 916-733-0123.

CAREGIVERS RETREAT

Mark your calendars! Christ the King Retreat Center is holding a one day Caregivers Retreat on Tuesday, April 2, 2019 from 9:30 a.m. until 2:00 p.m. This one day retreat is \$40 per person and will include lunch. For more information, you can visit: christthekingretreatcenter.org or call 916-725-4720.

MOTHER/ DAUGHTER PROGRAM

The Mother/Daughter programs explore God's special gift of human fertility, and the beauty and wonder of God's plan for growing up and becoming a woman. The Teen (13 – 16) and Tween (10 – 12) programs cover similar subject matter while differing in depth and scope. Offered for ages 10 to 12 on January 26 (St. Clare Parish, Roseville) and for ages 13 to 16 on March 23 (Holy Family Parish, Citrus Heights). Visit <https://www.scd.org/motherdaughter> for more information about program locations, time and content or to register.

CHOOSE LIFE 2019

Choose Life is an educational and motivational program that includes a live ultrasound, delves into what it really means to be "pro life," and shows young people how they can make a real difference. Offered on: **January 22** from 10:00 a.m. – 12:00 noon, and then again from 6:30 – 8:30 p.m. in the Holy Rosary School Gym in Woodland, and on **January 23** from 10:00 a.m. – 12:00 noon in the Mercy High School Gym in Red Bluff. Free admission. For more information and to register go to: www.scd.org/chooselife.

SISTERS FOLLOWING THE WAY

Sisters Following The Way is a small non-profit organization serving the homeless in the Sacramento area. We are reaching out for your help. The weather is starting to change, and it will be getting colder soon. For many of us the change of the seasons will not impact us much, but for the homeless it is another story. Staying warm can be very challenging for the homeless. If you have any slightly used clothing items we would be happy to take them off your hands. We are in need of the following: knit caps, gloves, socks, tennis shoes, walking shoes/boots, jackets/coats, sweatshirts or hoodies, sweaters, women's tops, men's shirts, tee shirts, and pants. We will also accept used pillow cases, sheets, blankets, hand towels, and bath towels. Please continue to bring to the Church those empty clean plastic containers (old juice or milk containers) and plastic bread bags. We thank you for your support. If you have any questions, please contact **Toni Taylor** at (916) 393-1617.



Young @ Heart January luncheon is being held on Thursday, January 17 at 11:30 a.m. in the St. Anthony Memorial Center. We will be serving quiche and play Bingo. Please bring money for the games. Cost for the lunch is \$5. Hope to see you there!! RSVP to the **parish office** at (916) 428-5678 or **Norma Montez** at (916) 217-3499.

St. Anthony Young @ Heart Club (50+) **upcoming outings:**
Old Sacramento Railroad Museum, **Friday, January 25**, we have a docent who will give us a private tour. We will meet for lunch after the tour at Luis' Mexican Restaurant near the museum. Cost is \$11 per person.

- Delta King Tour TBD
- Reno Train Overnight trip TBD

Please watch the bulletin for further information.

* Let no one ever come to you without coming away better and happier. Be the living expression of God's kindness.
* ~Mother Teresa

SHARING OUR TREASURE

January 5-6.....	\$9,334
Special Projects Fund (January 5-6).....	\$2,649
December 2018*	\$67,542
December 2017.....	\$49,774
Christmas 2018	\$17,975
Christmas 2017.....	\$19,057
November 2018	\$47,009
November 2017.....	\$43,715
October 2018	\$43,148
October 2017*.....	\$48,050
September 2018*	\$49,766
September 2017*.....	\$43,405
August 2018	\$40,003
August 2017.....	\$42,409
July 2018*	\$45,839
July 2017*.....	\$45,904
June 2018	\$43,361
June 2017.....	\$40,305
May 2018	\$41,087
May 2017.....	\$40,671

* indicates 5 Sunday month