

**WEEK AT A GLANCE**

**Monday, January 21**  
OFFICE CLOSED  
Yoga –CANCELLED  
Senior Fitness– CANCELLED

**Tuesday, January 22**  
Men's Basketball –6:30 p.m.  
Knights of Columbus –7:00 p.m.  
RCIA –7:00 p.m.

**Wednesday, January 23**  
Yoga –8:00 a.m.  
Senior Fitness –9:45 a.m.  
Children's Choir –4:00 p.m.  
Adult Choir –6:45 P.M.  
Yoga – 7:45 p.m. (in St. Mary's Room)

**Thursday, January 24**  
Men's Basketball – Cancelled

**Friday, January 25**  
Yoga –8:00 a.m.  
Senior Fitness –9:45 a.m.

**Saturday, January 26**  
Confessions –4:00 p.m.

**Sunday, January 27**  
Men's Basketball – 1:30 p.m.

**OFFICE CLOSED**

The parish office will be closed on Monday, January 21 in observance of the Martin Luther King, Jr. Holiday.



**Mass Intentions and Readings**

<b>Monday (21)</b> Manuel Archuleta †	<b>Saint Agnes, Virgin &amp; Martyr</b> Heb 5:1-10/ Mk 2:18-22
<b>Tuesday (22)</b> John Chun †	<b>Day of Prayer for the Legal Protection of Unborn Children</b> Heb 6:10-20/ Mk 2:23-28
<b>Wednesday (23)</b> John Paneda (SI)	<b>Saint Vincent, Deacon &amp; Martyr; Saint Marianne Cope, Virgin</b> Heb 7:1-3, 15-17/ Mk 3:1-6
<b>Thursday (24)</b> Eugeniusz Denicki †	<b>Saint Francis de Sales, Bishop and Doctor of the Church</b> Heb 37:25-26/ Mk 3:7-12
<b>Friday (25)</b> Carlton Joe Yuke †	<b>The Conversion of Saint Paul, Apostle</b> Acts 22:3-16/ Mk 16:15-18
<b>Saturday (26)</b> (8:00) Josie Marty † (5:00) Tom Simkins †	<b>Saint Timothy and Saint Titus, Bishops</b> 2 Tm 1:1-8/ Mk 3:20-21
<b>Sunday (27)</b> (8:00) For Almeida Members † (9:30) Ann Gioiosa † (11:15) For the People	<b>Third Sunday in Ordinary Time</b> Neh 8:2-4a, 5-6, 8-10/ 1 Cor 12:12-30/ Lk 1:1-4; 4; 14-21



**MANY HELPERS NEEDED**

There are many opportunities for you to help with our February 2 Crab Feed. **Friday, February 1**, food preparation (9:00 a.m. to 12:00 noon), table & chair setup (after youth basketball); **Saturday, February 2**, food preparation (9:00 a.m. to 12:00 noon), final table & chair setup (8:30 a.m.), table setting (9:00 a.m.), kitchen help (5:00 p.m.), bartenders (6:00 p.m. to 11:00 p.m.), bar ticket sales (6:00 p.m. to 11:00 p.m.), raffle/door prize ticket sellers (6:00 p.m. to 8:30 p.m.), place wine on tables (7:00 p.m. – 7:30 p.m.) take down and cleanup (11:00 p.m.). Sign up sheets are in the narthex or you may contact **Dan & Becky Stratman (428-4284)** to volunteer.

**CRAB FEED TICKETS ON SALE**

Tickets for the February 2 Crab Feed (**\$45 per person**) are on sale after all the Masses. All tickets are for reserved seating, so get together with your friends and make your reservations early to get your preferred seating. You may also purchase tickets in the parish office during the week.

**CRAB FEED RAFFLE TICKETS**

If you are not on our parish mailing list, you may pick up raffle tickets in the narthex or the parish office. Don't forget to turn in your raffle tickets to be eligible for the cash prizes of \$500, \$200 or \$100. Raffle tickets can be dropped in the weekly collection or mailed to the parish office. You will also have an opportunity to purchase door prize tickets at the Crab Feed for an opportunity to win a variety of great prizes.

Raffle items needed for the Crab Feed. We can use gift cards, gift baskets, and other "new" item to put in gift baskets. Items can be dropped off in the parish office or contact **Alyson Cooney** at 916-591-9374.

**DEEP GRATITUDE TO OUR 2018 HOLIDAY ENSEMBLE**

Thank you for the wonderful "Carols & Lessons" at the Christmas Midnight Mass! Our Teens: **Mary, Katie, Sophia. Our Alumni: Jamielee, Diego, Michela, Michelle, Stephanie, Emmanuel, and Alejandro (drummer). Our Adult Support: Joey and Minhsueh (pianist). And many thanks to our narrators: Joey and daughter, Pauly!**



**PASTORAL CARE**

Community Facilities/ Homebound  
Kathy Reynolds, Coordinator  
kathy@stasac.org / cell: 916-212-9949

**PRAYER LIST**

To add your name to the prayer list, please contact **Kathy Reynolds** at 916-212-9949 or [kathy@stasac.org](mailto:kathy@stasac.org). To keep the list current, names will remain on the list for six weeks.

This week please pray for:

Mary Arizmendi	Valerie Barclay	Judy Bezzone	Theresa Chow
John Darling	Karen Gonzales	Emery Haugseth	Josephine Hernandez
Olivia Hernandez	Ed Lambert	Jim New	John O'Connor
Jeanette Raimundo	Richard Rivera	Martha Roldan	Manuel Roman, Jr.
Ray Ward	Sally Williams		

**THE LORD'S PRAYER- "Our Father"**

This is the second in a series of articles to help us better understand the words when we say the prayer our Lord Jesus Christ taught us to pray.

**FATHER** refers to God, the Father of our Lord Jesus Christ. Jesus referred to God as His Father. The Father to whom we pray is not an earthly Father, and thus we must go beyond our earthly experiences and memories of fatherhood because God's power sets His fatherhood apart from any fatherhood we could know or imagine. But our relationship with God should be like that of a child, very close, personal, and dependent.

**WHO ART IN HEAVEN** does not refer to a place but to God's majesty and His presence in the hearts of the just. Jesus wants us to lift our sights from our earthy exile to our true home – in heaven, our promised eternal home.

~KJR

**MEMORIAL CENTER EXERCISE CLASSES**

**SENIOR FITNESS** with Paula, meets M-W-F at 9:45 a.m. **Cost is \$3 per class.** This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of "the good ol' days." Equipment supplied if needed.

**YOGA** classes with different instructors are M-W-F mornings at 8:00 a.m. and Wednesday evenings at 7:45 p.m. Cost is \$5 per class. Please bring your own mat and wear comfortable clothing.

**ST. ANTHONY YOGA**

We offer one-hour long yoga classes four times a week in the Memorial Center, taught by different instructors. Each class is \$5. Reap the many benefits to improve your overall health and well being. We introduce postures for stamina, energy and stress release– just to name a few. Please wear comfortable clothing and bring a sticky mat. For more information, please call the **parish office** at 916-428-5678.

**SUSPENSION OF THE CUP**

Flu season is here and in order to protect the health and well-being of everyone, Bishop Soto has issued a directive to suspend the use of the Communion cup at Mass until further notice. Thank you for your patience and understanding. And pray for those who are sick.

**MISSION TRIP TO GUATEMALA with Fr. Mitch**

We are beginning registration for the highly anticipated **2019 Guatemala Mission Trip** with Fr. Mitch! Last summer's inaugural trip to Guatemala was an incredible experience for our awesome group of SIX who are excited for others to go. Please consider this amazing opportunity!

**Who:** Youth & Young Adult Participants

**What:** Through the "Friends of San Lucas Mission" organization, St. Anthony Parish youth and young adult volunteers will participate in projects associated with construction, gardening, coffee processing & picking, and similar tasks.

**Where:** Mission of San Lucas, Toliman

**When:** June 30-July 13, first two weeks of July (dates will be confirmed once flights are booked)

**If you would like to go, the following is needed to confirm your participation: \$100 (checks made payable to St. Anthony Parish) and a copy of your passport is due no later than February 1.**

For further questions, please contact **Fr. Mitch** in the parish office at **916-428-5678**.

**WELCOME NEWCOMERS!**

New members of the parish are invited to use this form to register, and established members may use it to advise us of updated information, or to request offertory envelopes. Either drop the form below in the collection basket, or mail to our parish office. Also available is our online registration. Please visit our website at [www.stasac.org](http://www.stasac.org)

Last Name: \_\_\_\_\_

Your First Name: \_\_\_\_\_

Catholic? \_\_\_\_\_ Work Phone: \_\_\_\_\_

Spouse's First Name: \_\_\_\_\_

Catholic? \_\_\_\_\_ Work Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City, Zip Code: \_\_\_\_\_

Email Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Todays Date: \_\_\_\_\_

New to St Anthony Parish? YES  NO

Former Parish \_\_\_\_\_

**CATHOLIC FAITH FORMATION**

Pre-Kindergarten through High School  
Linda DiNinni, Director of Religious Education  
[linda@stasac.org](mailto:linda@stasac.org) / 392-6362

**January 20 & 21**

Martin Luther King Holiday  
NO CFF Classes

**Safe Environment Lessons**

will be taught in all CFF classes the week of January 27-30 (except the Sunday PreK-Kinder). Information went home through the classroom. If you chose to opt out your child from this lesson, please know they will have no CFF that day and please return the opt-out form promptly as we need to forward them to the Diocese.

**Sacrament of First Reconciliation**

Friday, February 1  
7:00 p.m. in the church

**Children's Choir**

Kindergarten-6<sup>th</sup> Grade  
Rehearsals are on Wednesdays from 4:00-5:00 p.m.  
Choir sings the first and third Sundays at the 9:30 a.m. Mass.  
Just show up to any rehearsal to sign up!

**Children's Liturgy**

at the 9:30a.m. Mass for children K-6<sup>th</sup>.  
Children start at Mass with their families and are escorted over to the CFF building following opening prayers and return at the offertory.  
"Children's Liturgy with Father Mitch" is on the first Sunday of each month.

**Youth Music Ministry**

Youth Ensemble begins it's spring semester next month... All teens in **Grades 7-12**, are invited to sing praise to the Lord and serve St. Anthony's in the Youth Ensemble!  
For more information, contact **Vicky** at **391-4588**  
Please join in on these dates (practice to be determined):

**Serving 11:15 a.m. Sunday Mass, Feb. 17**  
Thursday Music Practice, 6:30-7:45 p.m., Feb. 14

**11:15am Sunday Mass, Mar. 17**  
Thursday Music Practice, 6:30-7:45 p.m., Mar. 14

**SAINT ANTHONY YOUTH MINISTRY**

Junior High-High School  
Christine Soriano, Youth Ministry Coordinator  
[christine@stasac.org](mailto:christine@stasac.org) / 392-6362

**SAYM YOUTH NIGHTS**

7<sup>th</sup> thru 12<sup>th</sup> grade youth are invited to share in fellowship and faith with their youth community.  
Come join us on Wednesday evenings from 6:30-8:00 p.m.  
We hope to see you there!

**CRAB FEED 2019**

**Saturday, February 2**

**JUNIOR HIGH & HIGH SCHOOL YOUTH servers** are greatly needed for this FUN, annual parish event!  
If you're interested, sign-up on the list in front of the CFF & YM Office or contact Christine. Don't wait to sign-up!

**CHECK-IN for youth servers is at 5:30 p.m. in the Memorial Center, St. Mary's conference room.**  
*Be sure to eat a good meal beforehand!*

**REMINDERS:**

- **Volunteers must arrive on time** to avoid confusion during the dinner. Important details will be given.
- **Dinner will be provided** for youth servers in the CFF Center following service.
- **Youth may be picked up at 10:30 p.m.**
- **Community service hours** are available for the time worked. Please bring your school form to be signed.

**GIRLS:** White collared shirt, polo or blouse (NO TANK OR HALTER TOPS), and black pants (NO LEGGINGS).  
**BOYS:** White collared button down or polo and black pants.  
\*Wear comfortable, close-toe shoes.  
\*Long hair should be up or tied back.

**2019 COMMUNITY SERVICE OPPORTUNITIES**

**Jan. thru Feb. – SACYB Snack Bar**  
**Feb. 2 – Crab Feed**  
**Mar. 3-10 – Family Promise (Activity Time after dinner)**  
**Fridays in Lent – Lenten Soup Meals**  
**Apr. 27 – Spring Dinner & Dance**

**DIOCESAN AND COMMUNITY NEWS**

**CAMP PENDOLA REGISTRATION**

Camp Pendola registration is now open! The official summer camp of the Diocese of Sacramento, will be celebrating 59 years of serving children and youth ages 6 to 17. Camp Pendola exists to build lasting relationships, form servant leaders, and teach stewardship of God's creation through Christian community living in the outdoors. For more information and to register, check our web site [www.pendola.org](http://www.pendola.org) or call at 916-733-0123.

**CAREGIVERS RETREAT**

Mark your calendars! Christ the King Retreat Center is holding a one day Caregivers Retreat on Tuesday, April 2, 2019 from 9:30 a.m. until 2:00 p.m. This one day retreat is \$40 per person and will include lunch. For more information, you can visit: [christthekingretreatcenter.org](http://christthekingretreatcenter.org) or call 916-725-4720.

**MOTHER/ DAUGHTER PROGRAM**

The Mother/Daughter programs explore God's special gift of human fertility, and the beauty and wonder of God's plan for growing up and becoming a woman. The Teen (13 – 16) and Tween (10 – 12) programs cover similar subject matter while differing in depth and scope. Offered for ages 10 to 12 on January 26 (St. Clare Parish, Roseville) and for ages 13 to 16 on March 23 (Holy Family Parish, Citrus Heights). Visit <https://www.scd.org/motherdaughter> for more information about program locations, time and content or to register.

**ANNUAL PRO LIFE MASS**

On Tuesday, January 22 at the Cathedral of the Blessed Sacrament, a special Mass will be celebrated at 12:10 p.m. in solemn recognition of the anniversary of the infamous 1973 Roe v. Wade decision which mandated that abortion be legal throughout our country. All priests are invited to concelebrate and all Catholics and others of good will are encouraged to attend. For more information call the **Diocesan Respect Life Office** at 916-733-0133.

**SISTERS FOLLOWING THE WAY**

*Sisters Following The Way* is a small non-profit organization serving the homeless in the Sacramento area. We are reaching out for your help. Staying warm can be very challenging for the homeless. If you have any slightly used clothing items we would be happy to take them off your hands. We are in need of the following: knit caps, gloves, socks, tennis shoes, walking shoes/boots, jackets/coats, sweatshirts or hoodies, sweaters, women's tops, men's shirts, tee shirts, and pants. We will also accept used pillow cases, sheets, blankets, hand towels, and bath towels. Please continue to bring to the Church those empty clean plastic containers (old juice or milk containers) and plastic bread bags. We also appreciate any bottles and cans that are eligible for CA CRV. We thank you for your support. If you have any questions, please contact **Toni Taylor** at (916) 393-1617.



St. Anthony Young @ Heart Club (50+) **upcoming outings:**

Old Sacramento Railroad Museum, **Friday, January 25**, we have a docent who will give us a private tour. We will meet for lunch after the tour at Luis' Mexican Restaurant near the museum. Cost is FREE for members and \$11 for non-members (Cost of lunch NOT included). RSVP required by January 22 to the **Parish Office** at 916-428-5678 or **Norma Montez** at 916-217-3499.

- Delta King Tour TBD
- Reno Train Overnight trip TBD

Please watch the bulletin for further information.

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\* A little bit of mercy makes the \*  
\* world less cold and more just. \*  
\* ~Pope Francis \*  
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**SHARING OUR TREASURE**

January 12-13.....\$8,500  
January 5-6.....\$9,334  
Special Projects Fund (January 5-6).....\$2,649

**December 2018\***.....\$67,542  
December 2017.....\$49,774  
**Christmas 2018**.....\$17,975  
Christmas 2017.....\$19,057  
**November 2018**.....\$47,009  
November 2017.....\$43,715  
**October 2018**.....\$43,148  
October 2017\*.....\$48,050  
**September 2018\***.....\$49,766  
September 2017\*.....\$43,405  
**August 2018**.....\$40,003  
August 2017.....\$42,409  
**July 2018\***.....\$45,839  
July 2017\*.....\$45,904  
**June 2018**.....\$43,361  
June 2017.....\$40,305  
**May 2018**.....\$41,087  
May 2017.....\$40,671

\* indicates 5 Sunday month