

WEEK AT A GLANCE

Monday, March 11

Yoga –8:00 a.m.
Senior Fitness– 9:45 a.m.

Tuesday, March 12

RCIA –7:00 p.m.
Knights of Columbus –7:00 p.m.

Wednesday, March 13

Yoga –8:00 a.m.
Senior Fitness –CANCELLED
Children’s Choir –4:00 p.m.
Adult Choir –6:45 p.m.
Yoga – 7:45 p.m.

Thursday, March 14

Men’s Basketball – 6:30 p.m.
Youth Ensemble –6:30 p.m.

Friday, March 15

Yoga –8:00 a.m.
Senior Fitness –9:45 a.m.
Frugal Soup Dinner –5:45 p.m.
Stations of the Cross –7:00 p.m.

Saturday, March 16

Confessions –4:00 p.m.

Sunday, March 17

Knights of Columbus Parish Breakfast –after all morning Masses
Men’s Basketball – 1:30 p.m.



REST IN PEACE

Please pray for the repose of the soul of parishioner **Jessie R. Duran**, who died recently.

Mass Intentions and Readings

Monday (11) Marita Macchi ☩	Lenten Weekday Lv 19:1-2, 11-18/ Mt 25:31-46
Tuesday (12) Mike McFarland ☩	Lenten Weekday Is 55:10-11/ Mt 6:7-15
Wednesday (13) Ray Yee ☩	Lenten Weekday Jon 3:1-10/ Lk 11:29-32
Thursday (14) John Paneda (SI)	Lenten Weekday Est C:12, 14-16, 23-25/ Mt 7:7-12
Friday (15) Ron Wood ☩	Lenten Weekday Ez 18:21-28/ Mt 5:20-26
Saturday (16) (8:00) Anna Chow ☩ (5:00) Shirley Krieg ☩	Lenten Weekday Dt 26:16-19/ Mt 5:43-48
Sunday (17) (8:00)Josephine Ceccato ☩ (9:30) Pat Franks ☩ (11:15) For the People	Second Sunday of Lent Gn 15:5-12, 17-18/ Phil 3:17-4:1/ Lk 9:28b-36

Lent Begins

LENTEN SOUP DINNERS EVERY FRIDAY

Traditionally, every Friday during Lent, St. Anthony serves a vegetarian soup meal from 5:45 to 6:30 p.m. The meal consists of salad, two types of soup, bread, a simple dessert, coffee and punch. The suggested donation is \$5 per person over the age of 10 and all the profits will be donated to various charities to feed the hungry. The meal is a wonderful opportunity to enjoy a healthy meal and be ready to attend Stations of the Cross at 7:00 p.m. **You may make reservations by signing up after Mass or by calling the parish office.**

Helpers are needed to prepare and serve the meals. The soups are prepared on Thursdays from 3:00– 5:00 p.m. and meal prep starts at 4:30 p.m. on Fridays. Please consider helping by working or even donating some portion of a meal. **There is a volunteer sign-up sheet in the narthex.** Teens needing volunteer hours are greatly appreciated. If you would like to help or have questions, contact **Becky Stratman** at **916-428-4284** or at **dbstratman@sbcglobal.net**.

STATIONS OF THE CROSS

Following Soup Dinners on Friday evenings, St. Anthony will have Stations of the Cross which are held at 7:00 p.m. in the church each Friday of Lent. Please join us as we journey together toward Easter.

STATIONS OF THE CROSS SCHEDULE

Friday Stations of the Cross are presented with a unique script each Friday by various parish ministries. You are invited to walk the Stations each Friday in Lent, but if you are only able to attend a few, here is a schedule of the various ministries who will be presenting each week:



March 15: Young @ Heart
March 22: Pastoral Care
March 29: CFF
April 5: Adult RCIA
April 12: Social Justice
April 19: Live Stations

COMMUNAL PENANCE

Our Lenten communal penance service will be held on Thursday, April 4 at 7:00 p.m. in the Church.

SUSPENSION OF THE CUP

Flu season is here and in order to protect the health and well-being of everyone, Bishop Soto has issued a directive to suspend the use of the Communion cup at Mass until further notice. Thank you for your patience and understanding, and pray for those who are sick.

First Sunday of Lent

PASTORAL CARE

Community Facilities/ Homebound
Kathy Reynolds, Coordinator
kathy@stasac.org / cell: 916-212-9949

PRAYER LIST

To add your name to the prayer list, please contact **Kathy Reynolds** at **916-212-9949** or **kathy@stasac.org**. To keep the list current, names will remain on the list for six weeks.

This week please pray for:

Mary Arizmendi	Judy Bezzone	Gilbert Boreman	Theresa Chow
John Darling	Jorge Delgadillo	Larry Dun	Karen Gonzales
Emery Haugseth	Larry Haugseth	Josephine Hernandez	Olivia Hernandez
Ed Lambert	Alberta Lorenz	Michael McCullough	Anna Rita Neuman
Jim New	John O’Connor	Jeanette Raimundo	Richard Rivera
Margaret Simpson	Doug Skewes	Angelina Sotelo	Michelle Strobach
Ray & Barbara Ward	Virginia Wende		

THE LORD’S PRAYER
“Our Father”

This is the ninth in a series of articles to help us better understand the words when we say the prayer our Lord Jesus Christ taught us to pray.

AND LEAD US NOT INTO TEMPTATION The most important lesson here is that our Lord does not tempt us. But sin does exist in us and in our world since Adam and Eve. Temptations are inevitable and are to be avoided, but God gives us free will to sin or not to sin. Think of it like a fork in the road – we have a choice. With the words in this part of the prayer, we are asking God to not allow us to take the road that leads to sin. We do not have the strength to overcome temptation on our won. Temptation, when resisted, strengthens us. When we make the decision to follow God and resist temptation, we grow stronger in faith, hope, and love.

~KJR



MEET MARIA TERESA
FROM THE
CARMELITE SISTERS

Maria Teresa Gonzalez is a native of California and is discerning a Vocation to religious life with the Carmelite Sisters of the Most Sacred Heart of Los Angeles. As a Carmelite, Maria Teresa will give her life to Christ in service to the Church through vows of poverty, chastity, and obedience. In order to freely follow her call to the religious life, Maria Teresa must alleviate the student loan debt that she incurred during her time as a student at Christendom College in Virginia. Maria Teresa is working with The Labouré Society, a nonprofit organization devoted to rescuing religious Vocations from the student debt crisis, to overcome her obstacle and to serve our Catholic Church through her life as a Carmelite Sister. By Fr Mitch’s gracious invitation, Maria Teresa will be visiting our parish **next weekend, March 16-17**, to share her Vocation story and to tell us more about how we can support Vocations through The Labouré Society!



LENTEN DAY OF RECOLLECTION

Young @ Heart Club will be having their Day of Reflection on Thursday, March 21. The day will begin by gathering in the Memorial Center at 10:45 a.m. and we will proceed to the church for Mass at 11:00 a.m. with Father Dan Looney. Lunch will begin at 12:00 noon. Reservations are required. The cost is \$5 for members and \$7 for non-members. The menu will include a baked potato bar with all the trimmings, salad, dessert and beverage. For more information, please call **Norma Montez (424-3569)** or **Carol Reilly (422-5528)**.

MEMORIAL CENTER EXERCISE CLASSES

SENIOR FITNESS with Paula, meets M-W-F at 9:45 a.m. **Cost is \$3 per class.** This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of “the good ol’ days.” Equipment supplied if needed.

YOGA classes with different instructors are M-W-F mornings at 8:00 a.m. and Wednesday evenings at 7:45 p.m. Cost is \$5 per class. Please bring your own mat and wear comfortable clothing.

WELCOME NEWCOMERS!

New members of the parish are invited to use this form to register, and established members may use it to advise us of updated information, or to request offertory envelopes. Either drop the form below in the collection basket, or mail to our parish office. Also available is our online registration. Please visit our website at www.stasac.org

Last Name: _____

Your First Name: _____

Spouse’s Name: _____

Address: _____

City, Zip Code: _____

Email Address: _____

New to St Anthony Parish? YES ☐ NO ☐

Former Parish: _____

CATHOLIC FAITH FORMATION

Pre-Kindergarten through High School
Linda DiNinni, Director of Religious Education
linda@stasac.org / 392-6362

“God has no need of your money,” wrote St. Augustine, “but the poor have. You give it to the poor, and God receives it.”



Our program-wide Lenten Baby Bottle Project assists the Sacramento Life Center. Students brought home bottles last week. Do you have one on your kitchen table? It's a great way to help you remember to pray for the moms and babies that are greatly assisted by the Sacramento Life Center. For more information, visit www.saclife.org.

RCIA Year 2 (Ms. Vicky's class)

March 24: First Scrutiny at 11:15 a.m. Mass.
Dismissal to FAMILY session until 12:45 p.m.
March 30: Retreat 10:30 a.m.- 5:00 p.m. Mass to celebrate the Second Scrutiny
March 31: No class session

Confirmation (Year 2)

Early Session This Wednesday 5:45-6:45pm. Stay until 8:00 p.m. for Youth Ministry if your schedule allows.

Youth Ministry & Confirmation

NO YOUTH MINISTRY on Wednesday, March 20
(Our High School Youth are traveling to LA for YOUTH DAY!)

Stations of the Cross

CFF 5th Grade students will present Stations of the Cross on Friday, March 29. Join us!

Children's Choir

Kindergarten-6th Grade
Rehearsals are on Wednesdays from 4:00-5:00 p.m.
Choir sings the first and third Sundays at the 9:30 a.m. Mass.
Just show up to any rehearsal to sign up!
Rehearsals: March 13, 20, 27
Sing at Mass: March 3 & 17

Children's Liturgy

at the 9:30 a.m. Mass for children K-6th.
Children start at Mass with their families and are escorted over to the CFF building following opening prayers and return at the offertory.
“Children's Liturgy with Father Mitch” is on the first Sunday of each month.

SAINT ANTHONY YOUTH MINISTRY

Junior High-High School
Christine Soriano, Youth Ministry Coordinator
christine@stasac.org / 392-6362

SAYM YOUTH NIGHTS

7th thru 12th grade youth are invited to share in fellowship and faith with their youth community.
Youth Ministry meets on Wednesday's from 6:30 until 8:00 p.m.
We hope to see you there!

LENT COMES TO *reawaken* US

March 20 – NO YOUTH NIGHT (due to LA Youth Day trip)
April 3 – *Youth Night MOVED to Thursday, April 4th*
April 4 – Youth Night 6:00-8:00 p.m. for Communal Penance Service
April 13-14 – Lenten Lock-in (forms will be available at the end of March)
April 16 – Live Stations of the Cross PRACTICE 5:00-7:00 p.m.
April 17 – NO YOUTH NIGHT
Good Friday, April 19 – Live Stations of the Cross presented by Youth Ministry & RCIA II Youth

FRIDAYS IN LENT
LENTEN SOUP MEAL

Youth volunteers are invited to help on Fridays during Lent.
Help is needed from 5:30-7:00 p.m.
Tasks include assisting people to their tables, serving food, helping in the kitchen, and clean-up.
Please sign-up with Christine for a Friday (or two!).

2019 COMMUNITY SERVICE OPPORTUNITIES

March 17 –Parish Breakfast
Fridays in Lent – Lenten Soup Meals
April 19 –Live Stations of the Cross
Apr. 27 – Spring Dinner & Dance
May 26 –Parish Breakfast

Youth Music Ministry

All teens in **Grades 7-12**, are invited to sing praise to the Lord and serve St. Anthony's in the Youth Ensemble!
For more information, contact **Vicky** at **391-4588**
Please join in on these dates (practice to be determined):

11:15 a.m. Sunday Mass, Mar. 17
Thursday Music Practice, 6:30-7:45 p.m., Mar. 14
7:30 p.m. Live Stations of the Cross on Good Friday, Apr. 19
See schedule below for Good Friday & Easter music practices

DIOCESAN AND COMMUNITY NEWS

CRISTO REY HIGH SCHOOL

WE ARE NOW ENROLLING STUDENTS FOR NEXT YEAR

Come see our new campus at Cristo Rey Sacramento, rooted in the traditions of the Sisters of Mercy and the Society of Jesus (Jesuits). We transform lives by providing a Catholic, college preparatory education and professional work experience to high school students with limited financial resources. Our school is located at 8475 Jackson Rd, Sacramento, CA 95826. For more information call us at (916) 400-3478 or visit us at: www.crhss.org.

CAREGIVERS RETREAT

Mark your calendars! Christ the King Retreat Center is holding a one day Caregivers Retreat on Tuesday, April 2, 2019 from 9:30 a.m. until 2:00 p.m. This one day retreat is \$40 per person and will include lunch. For more information, you can visit: christthekingretreatcenter.org or call 916-725-4720.

ECHOES OF WORTH

We're coming to you Sacramento, on March 29-31 at Trinity Pines Catholic Center (28000 Rollins Lake Rd., Colfax, CA 95713). Be a part of the rise of the youth claiming their dignity and worth as His beloved children. Registration closes early March so be sure your teens do not miss this retreat. At the *Echoes of Worth* – Sacramento retreat for high school youth, we will talk about how our bodies (& souls because you know, they're inseparable) reveal God, and how our bodies have worth as we are an "echo" from the Creator from the beginning. Get more information and register at <https://www.echoesofworth.com/eowsacramento.html>

CURSILLO WOMEN'S WEEKEND
APRIL 25-28

If you have been wanting a closer walk with Christ and are seeking a better understanding of your faith now is the time to sign up for a Women's Cursillo Weekend. The Cursillo Movement is based on piety, study and action and has been attended by millions of Catholics worldwide. It is fully endorsed and encouraged by the magisterium of the church. It involves many things including prayer, mass, study, learning, laughter and fellowship. The difference between Cursillo and other retreats is that it encourages people to remain growing in their faith (the 4th day) by meeting with others who have lived a weekend. This year's **Women's Weekend is on April 25-28** at the Jesuit Retreat Center in Applegate. For more information please contact parishioner **Geri Allen** at **916-392-8180** or email at fgallen28@hotmail.com, or visit the Sacramento Cursillo Website (www.sacramentocursillo.org). It will be a weekend that will be with you the rest of your life!

ANNUAL CATHOLIC APPEAL
Thank you for supporting our neighbors in need through the Annual Catholic Appeal

Your gift will make a difference in someone's life. If you have not yet made a donation, it's not too late! Envelops are still available in the church or in the parish office. Please remember...25% of what you give is returned to our parish to assist people in our own community who need help.

SUNDAY PARISH BREAKFAST

As a way to foster community spirit within Saint Anthony Parish, the Knights of Columbus will again offer a low cost but delicious parish breakfast in the Memorial Center on **Sunday, March 17 after each of the three morning Masses**. The menu includes a choice of pancakes or waffles, syrup, scrambled eggs, pork sausage links, sautéed potatoes, fruit choices, coffee (regular or decaffeinated) plus orange juice, apple juice and milk. Prices are: Adults (13 to 89 years old) \$7, Kids (6 to 12 years old) \$4 and Children 5 years and younger, plus seniors over 90 years old are **FREE!**
There will be a raffle and tickets will cost \$5 for six or \$1 for one. The raffle prize consists of four tickets to the April 27, 2019 performance by the CAMELLIA SYMPHONY ORCHESTRA, featuring Christian Baldini and Xavier Beteta, at the C.K. McClatchy High School Auditorium (3066 Freeport Blvd, Sacramento).

PLEASE COME WITH YOUR FRIENDS AND FAMILY FOR A TASTY AND FUN BREAKFAST!

Also, the “Knights on Bikes” group may be displaying their motorcycles at the breakfast.

KNIGHTS OF COLUMBUS

Membership Information Table and Meeting

On the day of the breakfast, please stop by the Knight's information table. Literature will be available and a Knight will be present to answer any questions. Any men interested in finding out more about the Knights can attend a casual information meeting with friendly conversation and refreshments. **When:** Tuesday, March 19 at 7:00 p.m. **Where:** Saint Anthony Parish Memorial Center, St. Joseph Room.

RCIA RITES OF SENDING AND ELECTION
THIS WEEKEND

On Saturday, March 9, three adult catechumen/candidates from the adult RCIA program here will experience the Rite of Sending during the 5:00 p.m. Mass. They will then be sent from St. Anthony Parish to our diocesan Cathedral to experience the Rite of Election with the Bishop. The three participating in the RCIA process this year are: **Victor Carlos, Ramiro Nava-Ramos** and **Khoa Nguyen**. These delightful young men are studying diligently to learn about the faith that we who are Catholic already often take for granted. Their photos are on display on the outdoor bulletin board on the CFF building. Please pray for them and introduce yourself when you see them in church. They will be a welcome addition to our faith community on Easter Vigil.

SHARING OUR TREASURE

March 2-3.....\$11,564
February 23-24.....\$11,638
February 16-17.....\$7,814
February 9-10.....\$20,850