

WEEK AT A GLANCE

Monday, March 18

Yoga - 8:00 a.m.
Senior Fitness - 9:45 a.m.
Welcoming Committee - 6:00 p.m.

Tuesday, March 19

RCIA - 7:00 p.m.

Wednesday, March 20

Yoga - 8:00 a.m.
Senior Fitness - 9:45 a.m.
Children's Choir - 4:00 p.m.
Adult Choir - 6:45 p.m.
Yoga - 7:45 p.m.

Thursday, March 21

Young @ Heart Day of Recollection - 10:30 a.m.
Men's Basketball - 6:30 p.m.
Saint Vincent de Paul - 7:30 p.m.

Friday, March 22

Yoga - 8:00 a.m.
Senior Fitness - 9:45 a.m.
Frugal Soup Dinner - 5:45 p.m.
Stations of the Cross - 7:00 p.m.

Saturday, March 23

Confessions - 4:00 p.m.

Sunday, March 24

Men's Basketball - 1:30 p.m.

COMMUNAL PENANCE

Our Lenten communal penance service will be held on Thursday, April 4 at 7:00 p.m. in the Church.

Mass Intentions and Readings

Monday (18) Harold Gomes ☩	Lenten Weekday/ Saint Cyril of Jerusalem, Bishop and Doctor of the Church Dn 9:4b-10/ Lk 6:36-38
Tuesday (19) Paul Signorotti ☩	Saint Joseph, Spouse of the Blessed Virgin Mary 2 Sm 7:4-5a, 12-14a, 16/ Rom 4:13, 16-18, 22/ Mt 1:16, 18-21, 24a
Wednesday (20) The Family of Betty Knox (SI)	Lenten Weekday Jer 18:18-20/ Mt 20:17-28
Thursday (21) John Paneda (SI)	Lenten Weekday Jer 17:5-10/ Lk 16:19-31
Friday (22) Jose Lopez, Sr. ☩	Lenten Weekday Gn 37:3-4, 12-13a, 17b-28a/ Mt 21:33-43, 45-46
Saturday (23) (8:00) Carmen Santana & Wilma Santana ☩ (5:00) Shirley Krieg ☩	Lenten Weekday/ Saint Turibius of Mogrovejo, Bishop Mi 7:14-15, 18-20/ Lk 15:1-3, 11-32
Sunday (24) (8:00) For the People (9:30) Jan Kleine ☩ (11:15) Florence Smith ☩	Third Sunday of Lent Ex 3:1-8a, 13-15/ 1 Cor 10:1-6, 10-12/ Lk 13:1-9

Lent

LENTEN SOUP DINNERS EVERY FRIDAY

Traditionally, every Friday during Lent, St. Anthony serves a vegetarian soup meal from 5:45 to 6:30 p.m. The meal consists of salad, two types of soup, bread, a simple dessert, coffee and punch. The suggested donation is \$5 per person over the age of 10 and all the profits will be donated to various charities to feed the hungry. The meal is a wonderful opportunity to enjoy a healthy meal and be ready to attend Stations of the Cross at 7:00 p.m. **You may make reservations by signing up after Mass or by calling the parish office.**

Helpers are needed to prepare and serve the meals. The soups are prepared on Thursdays from 3:00- 5:00 p.m. and meal prep starts at 4:30 p.m. on Fridays. Please consider helping by working or even donating some portion of a meal. **There is a volunteer sign-up sheet in the narthex.** Teens needing volunteer hours are greatly appreciated. If you would like to help or have questions, contact **Becky Stratman** at 916-428-4284 or at dbstratman@sbcglobal.net.

STATIONS OF THE CROSS SCHEDULE

Friday Stations of the Cross are presented with a unique script each Friday by various parish ministries. You are invited to walk the Stations each Friday in Lent, but if you are only able to attend a few, here is a schedule of the various ministries who will be presenting each week:

- March 22: Pastoral Care
- March 29: CFF
- April 5: Adult RCIA
- April 12: Social Justice
- April 19: Live Stations



LENTEN DAY OF RECOLLECTION

Young @ Heart Club will be having their Day of Recollection on Thursday, March 21. The day will begin by gathering in the Memorial Center at 10:45 a.m. and we will proceed to the church for Mass at 11:00 a.m. with Father Dan Looney. Lunch will begin at 12:00 noon. Reservations are required. The cost is \$5 for members and \$7 for non-members. The menu will include a baked potato bar with all the trimmings, salad, dessert and beverage. For more information, please call **Norma Montez (424-3569)** or **Carol Reilly (422-5528)**.

LOCAL PILGRIMAGE FOR HOLY WEEK

The Knights of Columbus are again sponsoring a moving experience to add to your Holy Week devotion. On Saturday, April 20, the day before Easter, starting at 2:00 p.m., a private tour has been arranged for the Knights and the parishioners of St. Anthony Parish to see the museum quality exhibit, "Who is the Man of the Shroud"? This permanent exhibit is one of only four in the world housing a life size photograph of the Shroud of Turin which is said to show the body of Christ before the resurrection. Admission is free, though donations are appreciated. The exhibit is at Our Lady of Guadalupe Church (1909 7th Street). To reserve a spot on the tour, please contact the **parish office** at 428-5678 before April 18.

PASTORAL CARE

Community Facilities/ Homebound
Kathy Reynolds, Coordinator
kathy@stasac.org / cell: 916-212-9949

PRAYER LIST

To add your name to the prayer list, please contact **Kathy Reynolds** at 916-212-9949 or kathy@stasac.org. To keep the list current, names will remain on the list for six weeks.

This week please pray for:

- | | | | |
|----------------|------------------|---------------------|--------------------|
| Mary Arizmendi | Judy Bezzone | Gilbert Boreman | Theresa Chow |
| John Darling | Jorge Delgadillo | Larry Dun | Karen Gonzales |
| Emery Haugseth | Larry Haugseth | Josephine Hernandez | Olivia Hernandez |
| Charlie Keller | Eldon Koob | Ed Lambert | Lan Le |
| Rita Neuman | Christina Lopes | Alberta Lorenz | Michael McCullough |
| Richard Rivera | Jim New | John O'Connor | Jeanette Raimundo |
| Barbara Ward | Margaret Simpson | Angelina Sotelo | Michelle Strobach |

THE LORD'S PRAYER
"Our Father"

This is the tenth in a series of articles to help us better understand the words when we say the prayer our Lord Jesus Christ taught us to pray.

BUT DELIVER US FROM EVIL. Deliver = to release or rescue from bondage. Jesus is instructing us to pray for deliverance from the evil one -- the devil -- Satan. The devil lives to oppose God's will and often succeeds in temptation. And as we pray this, we use the word "us" so that we are not praying only for ourselves but in communion with the whole Church. But the Good News is that the victory has already been won for us over Satan by Jesus when He freely gave himself up to death. We affirm our trust in God so that the devil may not lead us into sin. ~KJR



RITE OF THE ELECT

Three of our veteran altar servers had the honor of serving at the Cathedral last weekend for Bishop Soto. They served with such professionalism! Thank you, **Madeline Giusti, Mary White and Zachary Dervaes!**

COMING SOON: NEW CHURCH BULLETIN

Starting the weekend of June 2, St. Anthony will have a **NEW** Church Bulletin. During the week of April 8, Gina Shaughnessy and George Velasquez, our parish representatives from the new printer, LPi., will be in our parish office working on setting up the advertising for our new bulletin. Please consider advertising in the bulletin, since the revenue from the ads is what will make the bulletin possible at no cost to the parish.

Advertisements can be purchased for a business, for a family, or a sponsorship ad for a non-profit organization. This is a great way for businesses to promote what they do, while at the same time connecting with the community, and benefitting the church at the same time. Please do give these ideas some thoughtful consideration. We need and appreciate your help!

If you are interested in participating, or just curious as to prices, and would like more information, please call **Gina Shaughnessy** at 952-356-6488, or **George Velasquez** at 630-319-3672. You can also reach them at the **parish office** the week of April 8 at 916-428-5678.



MEET MARIA TERESA FROM THE CARMELITE SISTERS

Maria Teresa Gonzalez is a native of California and is discerning a Vocation to religious life with the Carmelite Sisters of the Most Sacred Heart of Los Angeles. By Fr Mitch's gracious invitation, Maria Teresa will be visiting our parish **THIS weekend, March 16-17**, to share her Vocation story and to tell us

more about how we can support Vocations through The Labouré Society!

WELCOME NEWCOMERS!

New members of the parish are invited to use this form to register, and established members may use it to advise us of updated information, or to request offertory envelopes. Either drop the form below in the collection basket, or mail to our parish office. Also available is our online registration. Please visit our website at www.stasac.org

Last Name: _____

Your First Name: _____

Spouse's Name: _____

Phone number _____

Address: _____

City, Zip Code: _____

Email Address: _____

New to St Anthony Parish? YES NO

Former Parish: _____

CATHOLIC FAITH FORMATION

Pre-Kindergarten through High School
Linda DiNinni, Director of Religious Education
linda@stasac.org / 392-6362



Our program-wide Lenten Baby Bottle Project assists the Sacramento Life Center. Students brought home bottles last week. Do you have one on your kitchen table? It's a great way to help you remember to pray for the moms and babies that are greatly assisted by the Sacramento Life Center. For more information, visit www.saclife.org.

RCIA Year 2 (Ms. Vicky's class)

March 24: First Scrutiny at 11:15 a.m. Mass.
Dismissal to FAMILY session until 12:45 p.m.
March 30: Retreat 10:30 a.m.- 5:00 p.m.
Mass to celebrate the Second Scrutiny
March 31: No class session

Youth Ministry & Confirmation

NO YOUTH MINISTRY on Wednesday, March 20
(Our High School Youth are traveling to LA for YOUTH DAY!)

Stations of the Cross

CFF 5th Grade students will present Stations of the Cross on Friday,
March 29. Join us!

Children's Choir

Kindergarten-6th Grade
Rehearsals are on Wednesdays from 4:00-5:00 p.m.
Choir sings the first and third Sundays at the 9:30 a.m. Mass.
Just show up to any rehearsal to sign up!

Children's Liturgy

at the 9:30 a.m. Mass for children K-6th.
Children start at Mass with their families and are escorted over to the CFF building following opening prayers and return at the offertory.
"Children's Liturgy with Father Mitch" is on the first Sunday of each month.

Youth Music Ministry

All teens in **Grades 7-12**, are invited to sing praise to the Lord and serve St. Anthony's in the Youth Ensemble!
For more information, contact **Vicky** at **391-4588**
Please join in on these dates (practice to be determined):

7:30 p.m. Live Stations of the Cross on Good Friday, Apr. 19
See schedule below for Good Friday & Easter music practices

11:15 a.m. Easter Sunday Mass, April 21
Practice Wednesday, 7:00-8:00 p.m., Apr. 10
Practice Wednesday, 6:00-8:00 p.m., Apr. 17

SAINT ANTHONY YOUTH MINISTRY

Junior High-High School
Christine Soriano, Youth Ministry Coordinator
christine@stasac.org / 392-6362

SAYM YOUTH NIGHTS

7th thru 12th grade youth are invited to share in fellowship and faith with their youth community.
Youth Ministry meets on Wednesday's from 6:30 until 8:00 p.m.
We hope to see you there!

LENT COMES TO *reawaken* US

March 20 – NO YOUTH NIGHT (due to LA Youth Day trip)
April 3 – *Youth Night **MOVED to Thursday, April 4th***
April 4 – Youth Night 6:00-8:00 p.m. for Communal Penance Service
April 13-14 – Lenten Lock-in (forms will be available at the end of March)
April 16 – Live Stations of the Cross PRACTICE 5:00-7:00 p.m.
April 17 – NO YOUTH NIGHT
Good Friday, April 19 – Live Stations of the Cross presented by Youth Ministry & RCIA II Youth

LA YOUTH DAY 2019

Please keep our participating high school youth members and adult leaders in prayer as we travel to Anaheim for retreat and conference this week:

Zachary Abay, Abygail Bauzon, Jocelyn Bryant, Sophia Behrens, Maelaumi Campomanes, Grace Dorr, Attila Fisher, Katie Fung, Madeline Giusti, Joey Grandchamp, Veronica Kim, Katy Kragel, Thaddeus Nazareno, Gabriela Ocazionez, Princess Ong, Bryan Rodriguez, Larissa Ruiz, Ava Somera, Sam Somera, Natalia Vaca, Sophia Ventura, Mary White, Krystle Casarino, Ms. Vicky DeGuzman Smith, Ms. Linda DiNinni, Elizabeth Fung, Alejandro Guzman, Jennifer Morgan, Melissa Singh, and Fr. Mitch.

We would like to express our deepest gratitude to our parish community, the Knights of Columbus, parishioners who have so generously given scholarships and donations, the parents of our participating youth, Fr. Mitch and staff. Thank you for supporting our teens and making it possible for us to attend and experience LA Youth Day at the annual Religious Education Congress. †

FRIDAYS IN LENT

LENTEN SOUP MEAL

Youth volunteers are invited to help on Fridays during Lent. Help is needed from 5:30-7:00 p.m.
Tasks include assisting people to their tables, serving food, helping in the kitchen, and clean-up.
Please sign-up with Christine for a Friday (or two!).

2019 COMMUNITY SERVICE OPPORTUNITIES

Fridays in Lent – Lenten Soup Meals
April 19 –Live Stations of the Cross
April 27 – Spring Dinner & Dance
May 26 –Parish Breakfast

DIOCESAN AND COMMUNITY NEWS

CURSILLO WOMEN'S WEEKEND APRIL 25-28

If you have been wanting a closer walk with Christ and are seeking a better understanding of your faith now is the time to sign up for a Women's Cursillo Weekend. The Cursillo Movement is based on piety, study and action and has been attended by millions of Catholics worldwide. It is fully endorsed and encouraged by the magisterium of the church. It involves many things including prayer, mass, study, learning, laughter and fellowship. The difference between Cursillo and other retreats is that it encourages people to remain growing in their faith (the 4th day) by meeting with others who have lived a weekend. This year's **Women's Weekend is on April 25-28** at the Jesuit Retreat Center in Applegate. For more information please contact parishioner **Gerri Allen** at **916-392-8180** or email at fgallen28@hotmail.com, or visit the Sacramento Cursillo Website (www.sacramentocursillo.org). It will be a weekend that will be with you the rest of your life!

SVDP COLLECTION COMING SOON

Lent is a time of prayer, fasting and almsgiving. One of the ways you can accomplish this last task is by providing our needy Greenhaven-Pocket neighbors with rent and utility assistance by donating to St. Vincent de Paul's Fifth Sunday Collection on the weekend of March 30-31. Even those who have well-paying jobs have a hardship paying bills between a layoff and the start of a new job. Our conference makes a home visit after receiving a call, makes an assessment, then provides funds as needed. Remember also to pray for those in need not only in Lent but always.

FAMILY PROMISE

Thank you so much to the 48 volunteers who so lovingly cared for our four homeless families this past week. Several of our guests thanked us for letting them stay and said how good the food was. It was wonderful to have so many new volunteers as well: **Janet Sandlin, Barbara Nance, Lupe Cisneros, Aileen Guerrero, Karen Gale, and Maria Chin.** Extra thanks to **Maureen Sergeant and Carmen Quiroz** who took extra shifts when I was sick. The hand written note below was found in one of the classrooms when we were cleaning up on Sunday morning. It is from one of our guests - 8 yr. old Roxie.
~Connie Koppes

"Thank you guys for letting us stay here for tomorrow and thank you for letting us eat and have a great day and we hope you have a great day."
From Roxie
P.S. Jesus and God love us.

SAVE THE DATE!

Please join Family Promise for their 14th Annual Dinner and Silent Auction. The dinner is Tuesday, April 23 at 5:30 p.m. at St. Anthony Parish. This is the largest fundraiser for Family Promise. Tickets are \$75 and are available by calling **Family Promise** at **916-443-3107**. For more information please visit the website at www.sacfamilypromise.org.

SUNDAY PARISH BREAKFAST

As a way to foster community spirit within Saint Anthony Parish, the Knights of Columbus will again offer a low cost but delicious parish breakfast in the Memorial Center on **TODAY, March 17 after each of the three morning Masses.** The menu includes a choice of pancakes or waffles, syrup, scrambled eggs, pork sausage links, sautéed potatoes, fruit choices, coffee (regular or decaffeinated) plus orange juice, apple juice and milk. Prices are: Adults (13 to 89 years old) \$7, Kids (6 to 12 years old) \$4 and Children 5 years and younger, plus seniors over 90 years old are **FREE!** There will be a raffle and tickets will cost \$5 for six or \$1 for one. The raffle prize consists of four tickets to the April 27, 2019 performance by the CAMELLIA SYMPHONY ORCHESTRA, featuring Christian Baldini and Xavier Beteta, at the C.K. McClatchy High School Auditorium (3066 Freeport Blvd, Sacramento).

PLEASE COME WITH YOUR FRIENDS AND FAMILY FOR A TASTY AND FUN BREAKFAST!
Also, the "Knights on Bikes" group may be displaying their motorcycles at the breakfast.

KNIGHTS OF COLUMBUS

Membership Information Table and Meeting

On the day of the breakfast, please stop by the Knight's information table. Literature will be available and a Knight will be present to answer any questions. Any men interested in finding out more about the Knights can attend a casual information meeting with friendly conversation and refreshments. **When:** Tuesday, March 19 at 7:00 p.m. **Where:** Saint Anthony Parish Memorial Center, St. Joseph Room.

Parish App Feature-of-the-Week



- Easily contact our parish
 - Helpful list of parish staff
 - Connect with staff at the touch-of-a-button
- Learn more or download our parish app at myparishapp.com
*Available on Apple and Android Phones.

SHARING OUR TREASURE

March 9-10.....\$9,481
March 2-3.....\$11,564
February 23-24.....\$11,638
February 16-17.....\$7,814