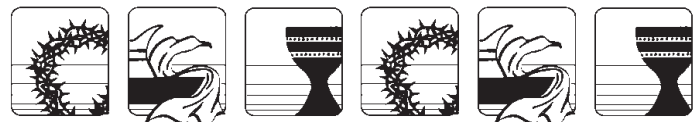


WEEK AT A GLANCE

Monday, April 15
Yoga -8:00 a.m.
Senior Fitness- 9:45 a.m.
Tuesday, April 16
RCIA -7:00 p.m.
Wednesday, April 17
Yoga -8:00 a.m.
Senior Fitness -9:45 a.m.
Children's Choir -CANCELLED
Adult Choir -6:45 p.m.
Youth Ensemble Practice -6:00 p.m.
Yoga - 7:45 p.m.
Thursday, April 18
Men's Basketball - CANCELLED
Friday, April 19
OFFICE CLOSED
Yoga -CANCELLED
Senior Fitness -CANCELLED
Frugal Soup Dinner -5:45 p.m.
Live Stations of the Cross -7:30 p.m.
Saturday, April 20
NO Confessions
Sunday, April 21
Men's Basketball - CANCELLED



HOLY WEEK SCHEDULE

Monday-Wednesday
Mass at 8:00 a.m.
Holy Thursday, April 18, 2019
No Morning Mass
Mass of the Lord's Supper at 7:00 p.m.
Good Friday, April 19, 2019
No Morning Mass
Passion Meditation at 12:00 noon
Passion of the Lord at 12:30 p.m.
Live Stations of the Cross -7:30 p.m.
Holy Saturday, April 20, 2019
No Morning Mass
No Confessions or 5:00 p.m. Mass
Easter Vigil at 8:15 p.m.
Easter Sunday, April 21, 2019
8:00, 9:30 and 11:15 a.m.

LAST LENTEN SOUP DINNER

Every Friday during Lent, St. Anthony serves a vegetarian soup meal from 5:45 to 6:30 p.m. The meal consists of salad, two types of soup, bread, jello, coffee and punch. The suggested donation is \$5 per person over the age of 10 and all the profits will be donated to various charities to feed the hungry. You may make reservations by signing up after Mass or by calling the parish office.

STATIONS OF THE CROSS

Following our last Soup dinner this Friday evening, St. Anthony Youth Ministry will present Live Stations of the Cross at 7:30 p.m. in the church.

EASTER VIGIL RECEPTION

We will be welcoming 3 adults and 6 young people who are joining our faith on Easter Saturday. There will be a reception following the Vigil Mass to welcome our new parishioners. If you are able to donate fully prepared platters of finger food for this event it will be very much appreciated. Please call Kate Ellis at 916-228-4500 if you can donate. The Memorial Center will be open between 5:00 until 6:00 p.m. on Easter Saturday for donors to drop off their platters, or you may bring them on your way to Mass.

WHO IS THE MAN OF THE SHROUD? LOCAL PILGRIMAGE FOR HOLY WEEK

Private Tour for St. Anthony Knights and Parishioners At the Exhibit
Who Is The Man Of The Shroud
1909 7th Street (Near T Street) Sacramento, CA
Saturday, April 20, the day before Easter
Beginning at 2:00 p.m.
Admission will be limited to the first 40 people who call. To reserve a spot on the tour, please contact: Parish Office at 428-5678

PASTORAL CARE

Community Facilities/ Homebound
Kathy Reynolds, Coordinator
kathy@stasac.org / cell: 916-212-9949

PRAYER LIST

To add your name to the prayer list, please contact Kathy Reynolds at 916-212-9949 or kathy@stasac.org. To keep the list current, names will remain on the list for six weeks.

This week please pray for:

Mary Arizmendi Judy Bezzone Theresa Chow John Darling
Jorge Delgadillo Robbin & Belen Durfee Karen Gonzales Larry Haugseth
Josephine Hernandez Olivia Hernandez Jeffrey Hill Cornelia Kanyo
Charlie Keller Eldon Koob Connie Koppes Ed Lambert
Lan Le Christina Lopes Michael McCullough Jim New
John O'Connor Lori Paumer Jeanette Raimundo Dandy Refuerzo
Richard Rivera Virginia Wende Howard Yenor

EASTER SACRAMENTS FOR HOMEBOUND

If you know of a Catholic within our parish boundaries who cannot attend Mass but would like to receive any of the Sacraments prior to Easter, please contact Kathy Reynolds (info above). This may include receiving a visit and Holy Communion by one of our dedicated lay Pastoral Care Eucharistic Ministers or a visit by a priest for Reconciliation, Anointing of the Sick, and/or Communion.



NEW EUCHARISTIC MINISTERS TRAINING

The involvement of so many lay ministers contribute to the vibrancy of the Sunday Eucharist. We hope you might consider joining a ministry that is integral to the celebration of the Eucharist at our parish. We are looking for new Eucharistic Ministers to serve our parish. If you are interested, please contact Deacon David Cabrera at 916-801-8657.

MEMORIAL CENTER EXERCISE CLASSES

SENIOR FITNESS with Paula, meets M-W-F at 9:45 a.m. Cost is \$3 per class. This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of "the good ol' days." Equipment supplied if needed.

YOGA classes with different instructors are M-W-F mornings at 8:00 a.m. and Wednesday evenings at 7:45 p.m. Cost is \$5 per class. Please bring your own mat and wear comfortable clothing.

ST. ANTHONY YOGA

We offer one-hour long yoga classes four times a week in the Memorial Center, taught by different instructors. Each class is \$5. Reap the many benefits to improve your overall health and well being. We introduce postures for stamina, energy and stress release- just to name a few. Please wear comfortable clothing and bring a sticky mat. For more information, please call the parish office at 916-428-5678.

GOODBYE JESSICA!

Thank you Jessica Adel, for your faithful service as Business Manager here at St. Anthony. We all appreciate your dedication and hard work these past six-plus years! We wish you the best of luck in your new position with the State of California's Delta Conservancy. Your "parish office family" will truly miss you! God Bless you always!

SPRING FAMILY DINNER AND DANCE

The Fourth Annual Spring Family Dinner and Dance will be held on Saturday, April 27 at 6:00 p.m. in the Memorial Center. This event is for everyone-singles, couples, and families. We will have a buffet dinner and a no host bar will be available for the adults featuring beer and wine. There will also be a DJ for dancing, contests, games, raffle and much more! The cost is \$15 for adults, \$7 for youth 7-14, and kids 6 and under are free. Tickets are on sale THIS weekend, after all Masses and will be available on-line through our website, or in the parish office.

Raffle prizes are needed and very much appreciated! If you would like to donate a raffle prize, please drop off your donation in the parish office during regular business hours.



WELCOME NEWCOMERS!

New members of the parish are invited to use this form to register, and established members may use it to advise us of updated information, or to request offertory envelopes. Either drop the form below in the collection basket, or mail to our parish office. Also available is our online registration. Please visit our website at www.stasac.org

Last Name: \_\_\_\_\_

Your First Name: \_\_\_\_\_

Spouse's Name: \_\_\_\_\_

Phone number \_\_\_\_\_

Address: \_\_\_\_\_

City, Zip Code: \_\_\_\_\_

Email Address: \_\_\_\_\_

New to St Anthony Parish? YES  NO

Former Parish: \_\_\_\_\_



Mass Intentions and Readings

Monday (15) Monday of Holy Week
Doris Joko Ex 42:1-7/ Jn 12:1-11
Tuesday (16) Tuesday of Holy Week
John Paneda (SI) Is 49:1-6/ Jn 12:21-33, 36-38
Wednesday (17) Wednesday of Holy Week
Joe Valine Ex 50:4-9a/ Mt 26:14-25
Thursday (18) Holy Thursday
No Special Intention Ex 12:1-8, 11-14/ 1 Cor 11:23-26/ Jn 13:1-15
Friday (19) Good Friday
No Special Intention Is 52:13-53:12/ Heb 4:14-16; 5:7-9/ Jn 18:1-19:42
Saturday (20) Holy Saturday
No Special Intention Gn 1:1, 26-31a/ Ex 14:15-15:1/ Is 55:1-11/ Ez 36:16-17a, 18-28/ Rom 6:3-11
Sunday (21) Easter Sunday of the Resurrection of the Lord
No Special Intention Acts 10:34a, 37-43/ Col 3:1-4/ Jn 20:1-9



CATHOLIC FAITH FORMATION

Pre-Kindergarten through High School
Linda DiNinni, Director of Religious Education
linda@stasac.org / 392-6362

There are NO CFF classes on Monday, Tuesday & Wednesday.
The Holy Week liturgies are our lessons.
Your family is encouraged to journey with Jesus through his suffering, death and glorious resurrection.

SAINT ANTHONY YOUTH MINISTRY

Junior High-High School
Christine Soriano, Youth Ministry Coordinator
christine@stasac.org / 392-6362

SAYM YOUTH NIGHTS

7th thru 12th grade youth are invited to share in fellowship and faith with their youth community. We hope to see you there!
YOUTH NIGHT meets on Wednesday at 6:30 p.m.
April 17 & 24 - NO YOUTH NIGHT

LENT COMES TO reawaken US



LENTEN SOUP MEAL

Youth volunteers are invited to help on Fridays during Lent. Help is needed from 5:30-7:00 p.m. Tasks include assisting people to their tables, serving food, helping in the kitchen, and clean-up. Please sign-up with Christine for Good Friday.

LIVE STATIONS OF THE CROSS - PRACTICE

Tuesday, April 16 from 5:00-7:00 p.m.
Each year, SAYM has the honor of presenting the Live Stations of the Cross on Good Friday. Junior high and high school youth members are invited to help bring Jesus' journey to life for our community. Please join us for practice in the church. Lives Stations of the Cross will be presented on Good Friday, April 19.

For God so loved the world...

Youth Music Ministry

All teens in Grades 7-12, are invited to sing praise to the Lord and serve St. Anthony's in the Youth Ensemble!
For more information, contact Vicky at 391-4588

7:30 p.m. Live Stations of the Cross on Good Friday, Apr. 19

See schedule below for Good Friday & Easter music practices

11:15 a.m. Easter Sunday Mass, April 21
Practice Wednesday, 6:00-8:00 p.m., Apr. 17

FAMILY PROMISE DINNER

LAST WEEKEND TO PURCHASE TICKETS

Please join Family Promise for their 14th Annual Dinner and Silent Auction. The dinner is Tuesday, April 23 at 5:30 p.m. at St. Anthony Parish. This is the largest fundraiser for Family Promise. Tickets are \$75 and are available by calling Family Promise at 916-443-3107. Last day to purchase tickets is Friday, April 12. For more information please visit the website at www.sacfamilypromise.org.

WIN A HAWAIIAN VACATION

The St. Vincent de Paul Diocesan Council is offering you a chance to win a 6 day/5 night vacation at Sheraton Maui Resort and Spa. Raffle tickets (\$10 each) will be on sale after the Masses on Palm Sunday, April 20-21. Your ticket donation will assist the Northern California flood and fire victims as well as the council's other activities. The grand prize includes: hotel reservation, airfare for two (\$1,000 max), Hertz Rental Car (\$400 voucher), and \$500 American Express Gift Card. The drawing will occur at the 13th Annual Benefit for the Poor Dinner on April 26. Winner does not need to be present to win.

GET ON THE BUS

On May 10, St. Anthony's once again will sponsor a bus trip for approximately 25 children to visit their mothers in prison on the Friday before Mother's Day as part of a statewide program called Get on the Bus. There are approximately 5,800 women incarcerated in the state's prisons for women. When these women go off to prison to pay their debt to society, many leave behind children, who also pay a price. Get on the Bus provides these children an opportunity to visit their moms. For many, it is the only time each year they can hug their mom or look in her eyes. For one day, they are reunited as a family. There are several ways to get involved in this ministry. Volunteers are needed to fill travel bags with small items like crayons, note cards and books or toys for the children and their caregivers to take on the bus ride. Parishioners also are encouraged to make a donation towards the cost of the trip, approximately \$100 per child. For more information, please stop by the Get on the Bus table after any Mass next weekend or call Stephanie Linsao at 916-752-8611.

12 Spiritual Practices

- 1. Be still; Be present
2. Bless with a compassionate heart
3. Enter with an open mind
4. Practice humility
5. Listen; try not to speak
6. Befriend your brokenness
7. Surrender your fear
8. Let your breathing guide you
9. Love without distinction
10. Be a servant
11. Know that you are loved
12. Remain tethered to God

ST. ANTHONY YOUNG @ HEART

Bus trip to Red Hawk Casino - Tuesday, April 23

We will meet in St. Anthony parking lot by 8:45 a.m. and the Red Hawk Shuttle will leave St. Anthony parking lot at 9:00 a.m. The return shuttle will leave Red Hawk at 3:00 p.m. You are on your own to play and eat. You will receive \$5 slot play with valid ID and Red Hawk Player Card, which you can sign up for free at the Casino. Reservation required by Friday, April 12, please RSVP to Norma Montez at (916)217-3499 or the parish office at (916)428-5678

UPCOMING TRIP INTEREST

May 2019 - Reno Train Overnight

Cost is \$134 round trip per person plus \$40 for the room. Contact Jo Ann Murray at (916)395-2344 or Norma Montez at (916)217-3499 if you are interested so we can get a count to finalize the date.

APRIL LUNCHEON

The April luncheon will be held on Thursday, April 25. The cost is \$5 for members and \$7 for non-members. Lunch will be yummy cheese dogs, potato salad, chips, dessert, beverages and bingo bingo!! Reservations required by Friday, April 19, please RSVP to Norma Montez at (916)217-3499, Jo Ann Murray at (916)395-2344, or the parish office at (916)428-5678 (parish office is closed Friday, April 19).

DOWNLOAD OUR PARISH APP!

Download our app today at myparishapp.com or search your phone's app store for myparish. If you would like more help, please feel free to come by the parish office. We would love to help you get connected!

Parish App Feature-of-the-Week



MassMode™

- Phone silencing reminder
• For Mass or Confession
• Use location reminder for any time visiting parish

Learn more or download our parish app at myparishapp.com

\*Available on Apple and Android Phones.

SHARING OUR TREASURE

Table with 2 columns: Date Range and Amount. Rows include April 6-7 (\$10,258), Project Fund (April 6-7) (\$2,098), March 30-31 (\$10,709), March 23-24 (\$13,825), March 16-17 (\$17,638).

Holy Thursday (April 18):

Mass of the Last Supper
Jesus ate supper with his friends the night before He died. This meal celebrated Passover, the Jewish feast remembering the Israelites' escape from slavery in Egypt. At this supper Jesus made bread and wine the signs of this Body and Blood. It is also called Maundy Thursday meaning "new commandment"—we are to love one another as Jesus showed us with the washing of His friends' feet.
Mass of the Lord's Supper: 7:00 p.m.



Good Friday (April 19):

In our worship on this day we read the story of Jesus' passion and death. After reading the passion, we are invited to venerate the cross. We come to the cross and genuflect or make another act of reverence.

Meditation of the Passion: 12:00 noon (a meditation/presentation of the Lord's passion using 6 presenters and 3 props)
Liturgy of Good Friday & Veneration of

the cross: 12:30 p.m.

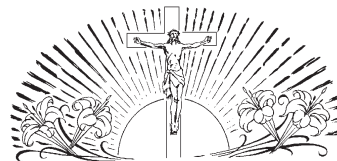
Live Stations of the Cross presented by parish youth: 7:30 p.m. (This takes place inside and outside so wear a sweater if needed.)

Holy Saturday (April 20):

The Easter Vigil Mass begins at 8:15 p.m. The Mass begins with the Lighting of the Fire in the courtyard and includes the celebration of Baptism and Confirmation.

Easter Sunday (April 21):

Mass Times: 8:00, 9:30, and 11:15 a.m.



Spring Break

No Classes April 21-April 27
Classes resume on Sunday, April 28

