

**WEEK AT A GLANCE**

**Monday, April 29**

Yoga - 8:00 a.m.  
Senior Fitness - 9:45 a.m.

**Tuesday, April 30**

RCIA - 7:00 p.m.

**Wednesday, May 1**

Yoga - 8:00 a.m.  
Senior Fitness - 9:45 a.m.  
Children's Choir - 4:00 p.m.  
Adult Choir - 6:45 p.m.  
Yoga - 7:45 p.m.

**Thursday, May 2**

Men's Basketball - 6:30 p.m.  
St. Vincent de Paul - 7:30 p.m.

**Friday, May 3**

Yoga - 8:00 a.m.  
Senior Fitness - 9:45 a.m.  
Exposition of the Blessed Sacrament - 5:00 p.m.

**Saturday, May 4**

Confessions - 4:00 p.m.

**Sunday, May 5**

Men's Basketball - 1:30 p.m.



**REST IN PEACE**

Please pray for the repose of the soul of parishioners **Lynda Pinon and Victor Lee**, who died recently.

**Mass Intentions and Readings**

<b>Monday (29)</b> Dolores Carano ☩	<b>Saint Catherine of Siena, Virgin and Doctor of the Church</b> Acts 4:23-31/ Jn 3:1-8
<b>Tuesday (30)</b> Allan Blake ☩	<b>Easter Weekday/ Saint Pius V, Pope</b> Acts 4:32-37/ Jn 3:7b-15
<b>Wednesday (1)</b> John Paneda (SI)	<b>Easter Weekday/ Saint Joseph the Worker</b> Acts 5:17-26/ Jn 3:16-21
<b>Thursday (2)</b> For Almeida Family Members ☩	<b>Saint Athanasius, Bishop and Doctor of the Church</b> Acts 5:27-33/ Jn 3:31-36
<b>Friday (3)</b> Myrtle Hill ☩	<b>Saints Philip and James, Apostle</b> 1 Cor 15:1-8/ Jn 14:6-14
<b>Saturday (4)</b> (8:00) Anna Chow ☩ (5:00) Cristina Perez ☩	<b>Easter Weekday</b> Acts 6:1-7/ Jn 6:16-21
<b>Sunday (5)</b> (8:00) For the People (9:30) Doug Ellis ☩ (11:15) Cesar Torres ☩	<b>Third Sunday of Easter</b> Acts 5:27-32, 40b-41/ Rv 5:11-14/ Jn 21:1-19



**WHAT IS HAPPENING WITH OUR TREES?**

You are probably noticing that some of our trees are being trimmed, and in some cases, being cut back or removed. We are in the process of trying to preserve the health of some trees and maintaining the safety of our parishioners. We also have trees that need to be addressed in order to preserve the health of our beautiful redwood trees. The safety of our community and the maintenance of our campus is a priority. If you have any concerns or questions, please feel free to call the office.

**ST ANTHONY CUB SCOUT PACK 259 BBQ**

St Anthony Cub Scout Pack 259's annual BBQ fundraiser is Sunday, May 5 after all Masses. This year we will be offering Tri-tip, pulled pork sliders, and carnitas tacos. Plates are \$8 for pork or \$10 for tri-tip, and include sides and a drink. Family plates are offered for \$20 and \$24. Dine in or carry out. This year's BBQ will held raise funds for our annual camp out and Pinewood Derby. Come enjoy a delicious meal and help support your Cub Scout Pack.

**ST. ANTHONY YOUNG @ HEART  
UPCOMING TRIP INTEREST**

**May 2019 - Reno Train Overnight**

Cost is \$134 round trip per person plus \$40 for the room. Contact **Jo Ann Murray** at (916) 395-2344 or **Norma Montez** at (916) 217-3499 if you are interested so we can get a count to finalize the date.

**NEW EUCHARISTIC  
MINISTERS TRAINING**

The involvement of so many lay ministers contribute to the vibrancy of the Sunday Eucharist. We hope you might consider joining a ministry that is integral to the celebration of the Eucharist at our parish. We are looking for new Eucharistic Ministers to serve our parish. If you are interested, please contact **Deacon David Cabrera** at 916-801-8657.

*The Environment Committee*

We would like to give a big "Thank You" to Don Charles and his Environment Committee for all their hard work this Easter Season. Thank you for your help to continue and expand our mission to maintain a beautiful and spiritually stimulating interior of our church and sanctuary.



**PASTORAL CARE**

Community Facilities/ Homebound  
Kathy Reynolds, Coordinator  
kathy@stasac.org / cell: 916-212-9949

**PRAYER LIST**

To add your name to the prayer list, please contact **Kathy Reynolds** at 916-212-9949 or [kathy@stasac.org](mailto:kathy@stasac.org). To keep the list current, names will remain on the list for six weeks.

This week please pray for:

Mary Arizmendi	Judy Bezzone	Lorensa Canales Espinosa	Theresa Chow
John Darling	Jorge Delgadillo	Robbin Durfee	Karen Gonzales
Larry Haugseth	Josephine Hernandez	Olivia Hernandez	Jeffrey Hill
Fabiola Jessen	Cornelia Kanyo	Charlie Keller	Eldon Koob
Connie Koppes	Ed Lambert	Lan Le	Christina Lopes
Drake Majewski	Michael McCullough	Jim New	John O'Connor
Lori Paumer	Jeanette Raimundo	Dandy Refuerzo	Richard Rivera
Zak Venegas	Achim Waider	Virginia Wende	Sally Williams
Howard Yenor			

**PRAYING FOR CAREGIVERS**

When you pray for those on the prayer list above, make sure to also pray for their caregiver(s). Oftentimes family (the spouse or child) finds themselves in the unplanned role as caregiver. Not only can this be exhausting work but seemingly thankless. Of course no one is caregiving solely for the thanks, but it can be lonely, frustrating, and difficult. If you know someone who is caring for a loved one, consider dropping them a note of encouragement or appreciation. Perhaps an offer to run errands, bring a meal, or provide them a little respite may be just what they need to get through another day. And remember what Jesus tells us in Matthew 25:40 "...whatever you did for one of the least of these brothers of Mine, you did for Me."

**MEMORIAL CENTER EXERCISE CLASSES**

**SENIOR FITNESS** with Paula, meets M-W-F at 9:45 a.m. **Cost is \$3 per class.** This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of "the good ol' days." Equipment supplied if needed.

**YOGA** classes with different instructors are M-W-F mornings at 8:00 a.m. and Wednesday evenings at 7:45 p.m. Cost is \$5 per class. Please bring your own mat and wear comfortable clothing.



**ST. ANTHONY YOGA**

We offer one-hour long yoga classes four times a week in the Memorial Center, taught by different instructors. Each class is \$5. Reap the many benefits to improve your overall health and well being. We introduce postures for stamina, energy and stress release- just to name a few. Please wear comfortable clothing and bring a sticky mat. For more information, please call the **parish office** at 916-428-5678.

**EXPOSITION OF THE BLESSED  
SACRAMENT - FRIDAY, MAY 3**

Every first Friday from 5:00 to 7:00 p.m. the Lord Jesus is waiting for your visit during Exposition of the Blessed Sacrament in our church. Visit Him, adore Him, thank Him. Drop by for five or ten minutes .

**DOWNLOAD OUR  
PARISH APP!**

Download our app today at [myparishapp.com](http://myparishapp.com) or search your phone's app store for **myparish**. If you would like more help, please feel free to come by the parish office. We would love to help you get connected!

**Parish App Feature-of-the-Week**



Mass Times

- Mass times for the week
- Always know next Mass
- Reminder to silence your phone before Mass

Learn more or download our parish app at [myparishapp.com](http://myparishapp.com)

\*Available on Apple and Android Phones.

**WELCOME NEWCOMERS!**

New members of the parish are invited to use this form to register, and established members may use it to advise us of updated information, or to request offertory envelopes. Either drop the form below in the collection basket, or mail to our parish office. Also available is our online registration. Please visit our website at

[www.stasac.org](http://www.stasac.org)

Last Name: \_\_\_\_\_

Your First Name: \_\_\_\_\_

Spouse's Name: \_\_\_\_\_

Phone number \_\_\_\_\_

Address: \_\_\_\_\_

City, Zip Code: \_\_\_\_\_

Email Address: \_\_\_\_\_

New to St Anthony Parish? YES  NO

Former Parish: \_\_\_\_\_

CATHOLIC FAITH FORMATION

Pre-Kindergarten through High School
Linda DiNinni, Director of Religious Education
linda@stasac.org / 392-6362

401

That's how many gummy worms our Monday & Tuesday classes sacrificed this Lent!
...their sacrifice added \$100.25 to our Lenten Baby Bottle collection

Speaking of baby bottles...Fabulous job this year! We will let you know the total when we receive it for Sacramento Life Center.

If you haven't yet returned your bottle, please do so quickly so we can return ALL our bottles. Thank you!

Classes resume from Spring Break on Sunday, April 28

RCIA Year 1/Basic Inquiry

(Ms. Christine's Class)
FAMILY SESSION on April 29
(Important Parent Meeting to discuss what's next!)

May

Confirmation Year 1 Parent/Student Session

Wednesday, May 1: 6:00-7:00 p.m. the Memorial Center
Students will be dismissed to Youth Ministry until 8:00 p.m.

Mini Lock-in

Friday, May 31: 4:00-10:00 p.m.

Confirmation Year 2

Wednesday, May 22: Last Pull-Out Session 6:30-8:00 p.m.
Individual Conversations with Father Mitch on May 28 & 29

Rehearsal at the Cathedral: June 4 @ 7:00 p.m.

Celebration at the Cathedral: June 9 @ 11:00 a.m.

First Eucharist

Retreat: Saturday, May 4 at 9:30 a.m.-2:30 p.m.

Arrive on time...we have a busy day planned!

Bring a sack lunch! Eat well before you arrive!

Bring your special adult!

Rehearsal: Friday, May 17 at 6:30 p.m.

Celebration: Sunday, May 19 at 11:15 a.m. Mass

Individual Photos prior to Mass

Group Photo following Mass

6th Grade Mini-Lock-in

to introduce current 6th graders to Youth Ministry
Friday, May 10 from 4:00 p.m.-10:00 p.m.

RCIA Neophytes!

Youth Session

Sunday, May 5: 10:35-11:45 a.m.

Family Session

Saturday, May 11: Attend 5:00 p.m. Mass followed by end of the year potluck.

SAINT ANTHONY YOUTH MINISTRY

Junior High-High School
Christine Soriano, Youth Ministry Coordinator
christine@stasac.org / 392-6362

SAYM YOUTH NIGHTS

7th thru 12th grade youth are invited to share in fellowship and faith with their youth community. We hope to see you there!
YOUTH NIGHT meets on Wednesday at 6:30 p.m.

Walking towards Easter...



Lenten Lock In Retreat

Mass of the Lord's Supper (Acolytes)



Meditation



Live Stations of the Cross (Jesus Falls)



Hope Alive...Christ is Risen...

DIOCESAN AND COMMUNITY NEWS

GET ON THE BUS

On May 10, St. Anthony's once again will sponsor a bus trip for approximately 25 children to visit their mothers in prison on the Friday before Mother's Day as part of a statewide program called Get on the Bus. There are approximately 5,800 women incarcerated in the state's prisons for women. When these women go off to prison to pay their debt to society, many leave behind children, who also pay a price. Get on the Bus provides these children an opportunity to visit their moms. For many, it is the only time each year they can hug their mom or look in her eyes. For one day, they are reunited as a family.

Thank you to all who volunteered to help with Get on the Bus. If you selected a bag to fill, please return it to the bin in the narthex or drop it off in the parish office as soon as possible. Donations in any amount to offset the cost of the trip or to sponsor a child for \$100 are still welcome and can be dropped off at the office or put in the collection basket. For more information call Stephanie Linsao at 916-752-8611.

SSIP CELEBRATES 50 YEARS OF SERVICE

A Golden Gala Dinner will be held in the St. Anthony Memorial Center on Saturday, May 18. Everyone is cordially invited to join in celebrating this milestone in SSIP Food Closet history. The auction will start at 5:00 p.m. and dinner will be served at 6:00 p.m. Tri-tip is the featured entree, in addition to a vegetarian option. Tickets are \$50 for adults, \$20 for children (6-12 years of age) and free for those 5 years and under. Tickets to this fundraising event will be sold after Masses starting the weekend after Easter. Reserve your ticket by calling Leonor Alvarez at (916) 531-6815. If you are unable to join us at this event, please consider a special donation in honor of our 50th Anniversary.

ST. ANTHONY CHURCH OF THE WEEK MAY 13-18

Do you have 3 to 4 hours on one day to help people in need? As a member of PACT (Pocket Area Churches Together), St. Anthony is partnering with other Pocket area churches to assist Love INC during its COTW (Church of the Week) to meet the needs of families who have contacted Love INC for assistance. Visit www.loveincsacramento.com for more information and to sign up, or call 916-428-0843 if you have any questions.

SPRING SHRED EVENT AT HOLY SPIRIT

Holy Spirit Church is hosting a shred event for their St. Vincent de Paul Conference. The event will be on Saturday, May 4 from 8:30 a.m. until 12:30 p.m. Secure and on site shredding by Iron Mountain. The suggested donation is \$10 per box or bag. The event will be in the Holy Spirit parking lot.

Youth Music Ministry

All teens in Grades 7-12, are invited to sing praise to the Lord and serve St. Anthony's in the Youth Ensemble!
For more information, contact Vicky at 391-4588



Alleluia! Alleluia! Alleluia! Give the glory and the honor to the Lord!

MUCH THANKS to our fabulous singers and instrumentalists (pictured L>R) - Xavier (violinist), John, Diego, Minhsueh (pianist), Mary, Katy, Katie, Sophia, Gabby and Alejandro (drummer) - who served as our Youth Ensemble during this year's Easter Triduum! Thank you for the time, effort and presence that each of you brought to give wonderful music for our services on Good Friday and Easter Sunday!

Jr. & Sr. high school teens and young adults are welcome to serve on the Youth Ensemble during this Easter Season!

Come on over on these dates:

9:30 a.m. Mass on Sunday, May 19 for the 5th Sunday of Easter

Thursday Practice, 6:30-7:45 p.m., May 16 in the church

11:15 a.m. Mass on Sunday, June 2 for the 2019 Graduates Mass

Wednesday Practice, 6:30-7:45 p.m., May 29 in the memorial building library



SHARING OUR TREASURE

Table with 2 columns: Date/Event and Amount. Rows include April 20-21 (\$6,504), Easter (\$21,512), Holy Land (\$1,375), and Holy Thursday (\$760).