

WEEK AT A GLANCE

Monday, May 13

Yoga –8:00 a.m.
Senior Fitness– 9:45 a.m.

Tuesday, May 14

RCIA –7:00 p.m.
Knights of Columbus –7:00 p.m.

Wednesday, May 15

Yoga –8:00 a.m.
Senior Fitness –9:45 a.m.
Children’s Choir –4:00 p.m.
Adult Choir –6:45 p.m.
Yoga – 7:45 p.m.

Thursday, May 16

Young at Heart –11:30 a.m.
Men’s Basketball – 6:30 p.m.
St. Vincent de Paul—7:30 p.m.

Friday, May 17

Yoga –8:00 a.m.
Senior Fitness –9:45 a.m.

Saturday, May 18

Confessions –4:00 p.m.

Sunday, May 19

First Communion - 11:15 a.m. Mass
Men’s Basketball – 1:30 p.m.



REST IN PEACE

Please pray for the repose of the soul of **Harrold “Ray” Kemp** (father of parishioner Maureen King), who died recently.

Mass Intentions and Readings

Monday (13) Lynda Pinon ☩	Easter Weekday/ Our Lady of Fatima Acts 11:1-18/ Jn 10:1-10
Tuesday (14) Gene Klotz ☩	Saint Matthias, Apostle Acts 1:15-17, 20-26/ Jn 15:9-17
Wednesday (15) Marilyn King (SI)	Easter Weekday/ St. Isidore Acts 12:24—13:5a/ Jn 12:44-50
Thursday (16) John Paneda (SI)	Easter Weekday Acts 13:13-25/ Jn 13:16-20
Friday (17) John Hernandez ☩	Easter Weekday Acts 13: 26-33/ Jn 14:1-6
Saturday (18) (8:00) The Klotz Family ☩ (5:00) Anthony Young & Paul Albert Magaoay, Jr. ☩	Easter Weekday/ Saint John I, Pope and Martyr Acts 13:44-52/ Jn 14:7-14
Sunday (19) (8:00) Clyde & Elizabeth Reynolds ☩ (9:30) Jo Hines ☩ (11:15) For the People	Fifth Sunday of Easter Acts 14:21-27/ Rv 21:1-5a/ Jn 13:31-33a, 34-35



MAY LUNCHEON

Our May luncheon will be held on Thursday, May 16 at 11:30 am. Back by popular demand is The Cosumnes Oaks High School, Wolf-Pack Jazz Band & Vocal Jazz Ensemble. We will be serving pulled pork sandwiches, sides and dessert. Please RSVP by May 12 to **Norma Montez** at (916)217-3499, **Jo Ann Murray** at (916) 395-2344, or the parish office at (916)428-5678.

RENO OVERNIGHT TRAIN TRIP

The date for the overnight train trip to Reno is **Thursday, May 23 to Friday, May 24**. The train leaves Sacramento on Thursday at 11:09 a.m. and arriving in Reno at 3:56 p.m. Return trip leaves Reno Friday at 8:30 a.m. and arriving in Sacramento at 2:13 p.m. Cost is \$101 round trip train, plus \$67 for a room at Harrah's, single or double rooms. Price subject to change slightly pending confirmed number of reservations. Please RSVP by May 12 to **Norma Montez** at (916)217-3499 or **Jo Ann Murray** at (916)395-2344.



MOTHER’S DAY ROSE SALE TODAY

You will have an opportunity to purchase a long stem rose for the woman in your life with all the proceeds going to the Sacramento Life Center. We will be selling roses TODAY, Sunday, May 12 after the Masses.

NEW EUCHARISTIC MINISTERS TRAINING

The involvement of so many lay ministers contribute to the vibrancy of the Sunday Eucharist. We hope you might consider joining a ministry that is integral to the celebration of the Eucharist at our parish. We are looking for new Eucharistic Ministers to serve our parish. If you are interested, please contact **Deacon David Cabrera** at 916-801-8657.

GARDEN OF WEEDEN

The abundant rain has brought us fantastic flowers, but also more weeds! If you’d like to help keep the church grounds beautiful, join us on Thursday mornings 8:30 -10:30 a.m. Bring your gardening gloves and tools. Contact **Cindy Castronovo** at 916-395-3212 for more information



Fourth Sunday of Easter

PASTORAL CARE

Community Facilities/ Homebound
Kathy Reynolds, Coordinator
kathy@stasac.org / cell: 916-212-9949

PRAYER LIST

To add your name to the prayer list, please contact **Kathy Reynolds** at 916-212-9949 or kathy@stasac.org. To keep the list current, names will remain on the list for six weeks.

This week please pray for:

Mary Arizmendi	Jeff Bezzone	Judy Bezzone	Lorena Canales Espinosa
John Darling	Jorge Delgadillo	Robbin Durfee	Karen Gonzales
Josephine Hernandez	Olivia Hernandez	Jeffrey Hill	Fabiola Jessen
Cornelia Kanyo	Eldon Koob	Connie Koppes	Ed Lambert
Lan Le	Drake Majewski	Michael McCullough	Jim New
John O’Connor	Lori Paumer	Jeanette Raimundo	Zak Venegas
Achim Waider	Sally Williams	Howard Yenor	

END-OF-LIFE PLANNING

It’s never easy to talk about frailty from aging, end of life, or physical or mental incapacitation from a serious illness. But it’s a lot easier to talk about it before it happens and when life is relatively calm than later when things are in turmoil. And the truth is that anyone over the age of 18 should be having these discussions because all too sadly, death or incapacitation can come at any age. Please consider what you want, who you want to make decisions, and a myriad of other issues that need to be addressed. For assistance, consult the tri-fold pamphlet in the literature rack in the narthex entitled “End-of-Life Planning.” While it’s certainly not an all-inclusive list, it may give you ideas of issues to consider.

MEMORIAL CENTER EXERCISE CLASSES

SENIOR FITNESS with Paula, meets M-W-F at 9:45 a.m. **Cost is \$3 per class**. This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of “the good ol’ days.” Equipment supplied if needed.

YOGA classes with different instructors are M-W-F mornings at 8:00 a.m. and Wednesday evenings at 7:45 p.m. Cost is \$5 per class. Please bring your own mat and wear comfortable clothing.



ST. ANTHONY YOGA

We offer one-hour long yoga classes four times a week in the Memorial Center, taught by different instructors. Each class is \$5. Reap the many benefits to improve your overall health and well being. We introduce postures for stamina, energy and stress release– just to name a few. Please wear comfortable clothing and bring a sticky mat. For more information, please call the **parish office** at 916-428-5678.

DOWNLOAD OUR PARISH APP!

Download our app today at myparishapp.com or search your phone's app store for **myparish**. If you would like more help, please feel free to come by the parish office. We would love to help you get connected!

Parish App Feature-of-the-Week



Readings

- Daily Mass readings
- Official NAB(re) version
- Easily bookmark readings to reread at a later time

Learn more or download our parish app at myparishapp.com

*Available on Apple and Android Phones.

THINGS TO REMEMBER WHEN COMING TO MASS...

Often times we forget the little things that could help enhance our spiritual experience at Mass. **ARRIVE ON TIME**. Like concerts and plays, you want to be seated before it starts so that you can fully enjoy the whole Mass. **TURN OFF YOUR PHONE**. It helps you and everyone around you to stay focused on Him. **JOIN IN THE SINGING!** Singing is considered praying twice.

WELCOME NEWCOMERS!

New members of the parish are invited to use this form to register, and established members may use it to advise us of updated information, or to request offertory envelopes. Either drop the form below in the collection basket, or mail to our parish office. Also available is our online registration. Please visit our website at www.stasac.org

Last Name: _____

Your First Name: _____

Spouse’s Name: _____

Phone number _____

Address: _____

City, Zip Code: _____

Email Address: _____

New to St Anthony Parish? YES ☐ NO ☐

Former Parish: _____

CATHOLIC FAITH FORMATION

Pre-Kindergarten through High School
Linda DiNinni, Director of Religious Education
linda@stasac.org / 392-6362

Confirmation Year 1
Mini Lock-in

Friday, May 31
4:00-10:00 p.m.

Confirmation Year 2

Wednesday, May 22: Last Pull-Out Session 6:30-8:00 p.m.
Individual Conversations with Father Mitch on May 28 & 29
Rehearsal at the Cathedral: June 4 @ 7:00 p.m.
Celebration at the Cathedral: June 9 @ 11:00 a.m.

First Eucharist

Rehearsal: Friday, May 17 at 6:30 p.m.
Celebration: Sunday, May 19 at 11:15 a.m. Mass
Individual Photos prior to Mass
Group Photo following Mass

6th Grade Mini-Lock-in

to introduce current 6th graders to Youth Ministry
Friday, May 10 from 4:00-10:00 p.m.

RCIA Year 1

Please sign up for your discernment conversation.
Rite of Acceptance Rehearsal: Thursday, May 30 at 6:30 p.m.
(Parents only—youth do not attend.)
Rite of Acceptance: Saturday, June 1 at 5:00 p.m. Mass

Children's Choir

Rehearsals: May 8 & 15
Sing at Mass: May 5 and May 19*
*On May 19 children's choir sings at the 11:15 a.m. Mass
For First Holy Communion



Our Last Week of Classes!

We say good bye to our students but we know we will be seeing them all on Sundays at Mass.

SAINT ANTHONY YOUTH MINISTRY

Junior High-High School
Christine Soriano, Youth Ministry Coordinator
christine@stasac.org / 392-6362

SAYM YOUTH NIGHTS

7th thru 12th grade youth are invited to share in fellowship and faith with their youth community. We hope to see you there!
YOUTH NIGHT meets on Wednesday at 6:30 p.m.

Last Youth Night is Wednesday, May 15



For all students and the last weeks of school filled with exams, homework, projects, papers, presentations, activities, events, promotions, graduations... you are remembered and held in prayer...

A Student's Prayer by
St. Thomas Aquinas

Come, Holy Spirit, Divine Creator, true source of light and fountain of wisdom! Pour forth your brilliance upon my dense intellect, dissipate the darkness which covers me, that of sin and of ignorance. Grant me a penetrating mind to understand, a retentive memory, method and ease in learning, the lucidity to comprehend, and abundant grace in expressing myself. Guide the beginning of my work, direct its progress, and bring it to successful completion. This I ask through Jesus Christ, true God and true man, living and reigning with You and the Father, forever and ever.
Amen.

Prayer to St. Joseph of Cupertino
For Success in Examinations

O humble St. Joseph of Cupertino, singularly favored by God in overcoming the difficulties of study and the worries of examinations, implore the Holy Spirit to enlighten my mind and strengthen my memory in the search of His truth and wisdom. Help me especially in the decisive moments of this examination, protecting me from that forgetfulness and disturbing anxiety which often affect me. May I succeed in offering God my finest work and may I grow in knowledge, understanding, humility and charity. May everything that I attempt to learn in life be offered in faithful service to God, from whom flows that wisdom which leads to eternal life. Amen.

SOCIAL JUSTICE CORNER

Opportunities to help others...

SSIP CELEBRATES 50 YEARS OF SERVICE

A Golden Gala Dinner will be held in the St. Anthony Memorial Center on Saturday, May 18. Everyone is cordially invited to join in celebrating this milestone in SSIP Food Closet history. The auction will start at 5:00 p.m. and dinner will be served at 6:00 p.m. Tri-tip is the featured entree, in addition to a vegetarian option. Tickets are \$50 for adults, \$20 for children (6-12 years of age) and free for those 5 years and under. Tickets to this fund-raising event are being sold after Masses. Reserve your ticket by calling Leonor Alvarez at (916) 531-6815. If you are unable to join us at this event, please consider a special donation in honor of our 50th Anniversary.



ST. ANTHONY CHURCH OF THE WEEK
MAY 13-18

Do you have 3 to 4 hours on one day to help people in need? As a member of PACT (Pocket Area Churches Together), St. Anthony is partnering with other Pocket area churches to assist Love INC during its COTW (Church of the Week) to meet the needs of families who have contacted Love INC for assistance. Visit www.loveincsfacramento.com for more information and to sign up, or call 916-428-0843 if you have any questions.

WALK OR BIKE TO WORK SUNDAY-MAY 26

Pocket Area Churches Together (PACT) once again invites you to walk or bike to church on Sunday, May 26. For the eighth consecutive year, leaders from PACT are encouraging those who are able to walk or ride their bikes to church; then come to River's Edge Church for a community-wide barbeque. Please know that walking or riding to church is NOT a prerequisite for enjoying the barbeque. All are welcome. River's Edge is located at 6449 Riverside Blvd. The lunch will begin around 12:30 p.m. PACT has sponsored this event for several reasons...to remind all of us that we are to care for God's creation by reducing our carbon footprint. In addition it is done to encourage us to take care of our health and our bodies. And perhaps most importantly, to provide an opportunity for members of the four PACT Churches to come together each year to celebrate our common faith and the work we do together in the Pocket Community. Please join us!



DIOCESAN AND
COMMUNITY NEWS

NEVER TOO YOUNG FOR CAMP PENDOLA

New in 2019 we are offering two Mini-Week sessions aimed at those children who are entering grades 1-5 in the fall. The shorter length session is a great introduction to overnight camp for the first timer. Join us for "Fun in the Sun Week" on July 14-17 or "Under the Big Top" on July 17-20. For more information, check out our website www.pendola.org or call 530-389-2780.

CANOE TRIPS FOR BOYS AND GIRLS

Camp Pendola Canoe Trips offer something special for middle school age youth. Canoe Trippers must be entering at least the 7th grade in the fall. Watching inspiring sunsets across the lake, enjoying paddling along the shores, and finding great spaces to explore are all a part of this 3-day and 2-night trip that takes place within a week's stay at camp. For more information, check out our website www.pendola.org or call 916-733-0123.

JOB OPENINGS AT PASTORAL CENTER

Have you ever considered working for the Diocese of Sacramento? The Diocese of Sacramento is a place where you are able to grow your faith while serving the ministry and mission of the Bishop of Sacramento. As Catholics, we believe that all persons are called by God to contribute to the sanctification and transformation of the world, by fulfilling their own particular duties in the spirit of the Gospel and Christian discipleship. For more information, visit: www.scd.org/employment.

Youth Music Ministry

All teens in Grades 7-12, are invited to sing praise to the Lord and serve St. Anthony's in the Youth Ensemble!
For more information, contact Vicky at 391-4588

Come on over on these dates:

9:30 a.m. Mass on Sunday, May 19
for the 5th Sunday of Easter

Thursday Practice, 6:30-7:45 p.m., May 16
in the church

11:15 a.m. Mass on Sunday, June 2
for the 2019 Graduates Mass

Wednesday Practice, 6:30-7:45 p.m., May 29
in the memorial building library

SHARING OUR TREASURE

May 4-5.....\$10,524
Catholic Home Missions.....\$1,400
April 27-28.....\$5,379
April 20-21.....\$6,504