

WEEK AT A GLANCE

Monday, May 20

Yoga –8:00 a.m.
Senior Fitness– 9:45 a.m.

Tuesday, May 21

RCIA –7:00 p.m.

Wednesday, May 22

Yoga –8:00 a.m.
Senior Fitness –9:45 a.m.
Adult Choir –6:45 p.m.
Yoga – 7:45 p.m.

Thursday, May 23

Men’s Basketball – 6:30 p.m.

Friday, May 24

Yoga –8:00 a.m.
Senior Fitness –9:45 a.m.

Saturday, May 25

Confessions –4:00 p.m.

Sunday, May 26

Knights of Columbus Parish Breakfast –After all Masses
Men’s Basketball – 1:30 p.m.



REST IN PEACE

Please pray for the repose of the soul of parishioner, **Robbin Durfee** who died recently.

Mass Intentions and Readings

Monday (20) Jim Henderson, Sr. †	Easter Weekday/ Saint Bernardine of Siena, Priest Acts 14:5-18/ Jn 14:21-26
Tuesday (21) Antonio & Carmen Dimal (SI)	Easter Weekday/ Saint Christopher Magalianes, Priest, and Companions, Martyrs Acts 14:19-28/ Jn 14:27-31a
Wednesday (22) Dr. Loreto T. Rojas, Md. †	Easter Weekday/ St. Rita of Cascia, Religious Acts 12:24—13:5a/ Jn 12:44-50
Thursday (23) John Paneda (SI)	Easter Weekday Acts 15:7-21/ Jn 15:9-11
Friday (24) Pacita Lanting †	Easter Weekday Acts 15:22-31/ Jn 15:12-17
Saturday (25) (8:00) Victor Reyes † (5:00) Paul Signorotti †	Easter Weekday/ Saint Bede the Venerable, Priest and Doctor of the Church; Saint Gregory VII, Pope; Saint Mary Magdalee de Pazzi, Virgin Acts 16:1-10/ Jn 15:18-21
Sunday (26) (8:00) For the People (9:30) Matt Baumann † (11:15) Noah Cervantes, Cheryl Ann Rapp & Michael Garcia †	Sixth Sunday of Easter Acts 15:1-2, 22-29/ Rv 21:10-14/ Jn 14: 23-29

SUNDAY PARISH BREAKFAST

As a way to foster community spirit within Saint Anthony Parish, the Knights of Columbus will again offer a low cost but delicious parish breakfast in the Memorial Center on **Sunday, May 26 after each of the three morning Masses**. The menu includes a choice of pancakes or waffles, syrup, scrambled eggs, pork sausage links, sautéed potatoes, fruit choices, coffee (regular or decaffeinated) plus orange juice, apple juice and milk. Prices are: Adults (13 to 89 years old) \$7, Kids (6 to 12 years old) \$4 and Children 5 years and younger, plus seniors over 90 years old are **FREE!** There will be a raffle and tickets will cost \$5 for six or \$1 for one.

PLEASE COME WITH YOUR FRIENDS AND FAMILY FOR A TASTY AND FUN BREAKFAST!

KNIGHTS OF COLUMBUS

Membership Information Table and Meeting

On the day of the breakfast, please stop by the Knight’s information table. Literature will be available and a Knight will be present to answer any questions. Any men interested in finding out more about the Knights can attend a casual information meeting with friendly conversation and refreshments. **When:** Tuesday, May 28 at 7:00 p.m. **Where:** Saint Anthony Parish Memorial Center, St. Joseph Room.

2019 FALL FESTIVAL ORGANIZATIONAL MEETING

The date has been set for September 7 and an organizational meeting for the Fall Festival is scheduled for Tuesday, May 28 at 7:00 p.m. in the Memorial Center. The first festival was organized to commemorate the 20th anniversary of the Parish and this year marks the 26th year of the Festival. It has grown from an outdoor picnic behind the rectory to an event attended by the entire Pocket community and is our opportunity to highlight the wonderful diversity of our Parish. It takes many volunteers and we are looking for enthusiastic people to help make this our most successful festival ever. At this first meeting we will be reviewing last year’s event and looking for new ideas for food, entertainment and games. If you have an idea for a new booth or activity we want to hear from you. If you are interested in helping in any way, please plan to attend the organizational meeting or contact **Dan & Becky Stratman** at dbstratman@sbcglobal.net.

Graduates Blessing

Sunday, June 2 at 11:15 a.m.

2019 GRADUATES

All high school and college graduates are invited for a special blessing during Mass. Please join us as we honor and congratulate the incredible youth and young adults from our parish community.

For planning purposes, please RSVP to christine@stasac.org or 428-5678 if you plan to attend.

PASTORAL CARE

Community Facilities/ Homebound
Kathy Reynolds, Coordinator
kathy@stasac.org / cell: 916-212-9949

PRAYER LIST

To add your name to the prayer list, please contact **Kathy Reynolds** at 916-212-9949 or kathy@stasac.org. To keep the list current, names will remain on the list for six weeks.

This week please pray for:

Mary Arizmendi	Jeff Bezzone	Judy Bezzone	Lorena Canales Espinosa
John Darling	Jorge Delgadillo	Visi Felemaka	Karen Gonzales
Josephine Hernandez	Olivia Hernandez	Jeffrey Hill	Fabiola Jessen
Eldon Koob	Connie Koppes	Ed Lambert	Lan Le
Drake Majewski	Michael McCullough	Jim New	John O’Connor
Lori Paumer	Jeanette Raimundo	Margaret Simpson	Zak Venegas
Achim Waider	Sally Williams	Howard Yenor	

END-OF-LIFE PLANNING

It’s never easy to talk about frailty from aging, end of life, or physical or mental incapacitation from a serious illness. But it’s a lot easier to talk about it before it happens and when life is relatively calm than later when things are in turmoil. And the truth is that anyone over the age of 18 should be having these discussions because all too sadly, death or incapacitation can come at any age. Please consider what you want, who you want to make decisions, and a myriad of other issues that need to be addressed. For assistance, consult the tri-fold pamphlet in the literature rack in the narthex entitled “End-of-Life Planning.” While it’s certainly not an all-inclusive list, it may give you ideas of issues to consider.

MEMORIAL CENTER EXERCISE CLASSES

SENIOR FITNESS with Paula, meets M-W-F at 9:45 a.m. **Cost is \$3 per class.** This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of “the good ol’ days.” Equipment supplied if needed.

YOGA classes with different instructors are M-W-F mornings at 8:00 a.m. and Wednesday evenings at 7:45 p.m. Cost is \$5 per class. Please bring your own mat and wear comfortable clothing.



ST. ANTHONY YOGA

We offer one-hour long yoga classes four times a week in the Memorial Center, taught by different instructors. Each class is \$5. Reap the many benefits to improve your overall health and well being. We introduce postures for stamina, energy and stress release– just to name a few. Please wear comfortable clothing and bring a sticky mat. For more information, please call the **parish office** at 916-428-5678.

DOWNLOAD OUR PARISH APP!

Download our app today at myparishapp.com or search your phone’s app store for **myparish**. If you would like more help, please feel free to come by the parish office. We would love to help you get connected!

Parish App Feature-of-the-Week



Prayers

- List of Traditional Prayers
- Set Prayer Reminders
- Submit Prayer Requests to the parish

Learn more or download our parish app at myparishapp.com

*Available on Apple and Android Phones.

GARDEN OF WEEDEN

The abundant rain has brought us fantastic flowers, but also more weeds! If you’d like to help keep the church grounds beautiful, join us on Thursday mornings 8:30 -10:30 a.m. Bring your gardening gloves and tools. Contact **Cindy Castronovo** at 916-395-3212 for more information

WELCOME NEWCOMERS!

New members of the parish are invited to use this form to register, and established members may use it to advise us of updated information, or to request offertory envelopes. Either drop the form below in the collection basket, or mail to our parish office. Also available is our online registration. Please visit our website at www.stasac.org

Last Name: _____

Your First Name: _____

Spouse’s Name: _____

Phone number _____

Address: _____

City, Zip Code: _____

Email Address: _____

New to St Anthony Parish? YES NO

Former Parish: _____

CATHOLIC FAITH FORMATION

Pre-Kindergarten through High School
Linda DiNinni, Director of Religious Education
linda@stasac.org / 392-6362

We just completed our Last Week of Classes!

We say good-bye to our students but we know we will be seeing them all on Sundays at Mass. 465 classes down...one to go*

Confirmation Year 1 Mini Lock-in

Friday, May 31
4:00-10:00 p.m.

Confirmation Year 2

Wednesday, May 22: Last Pull-Out Session 6:30-8:00 p.m.
Individual Conversations with Father Mitch on May 28 & 29
Rehearsal at the Cathedral: June 4 @ 7:00 p.m.
Celebration at the Cathedral: June 9 @ 11:00 a.m.

RCIA Year 1

Rite of Acceptance Rehearsal: Thursday, May 30 at 6:30 p.m.
(Parents only—youth do not attend.)
Rite of Acceptance: Saturday, June 1 at 5:00 p.m. Mass



Registration for 2019-2020

Plan on Father Mitch surprising you in late July/early August!

New Family Registrations

Follow our bulletin ☺
Registration packets will be available at the end of July. Please call or email the CFF office to add your name and address to our mailing list. Take a peak at our website for what we did this year--- Next year will be similar.

SAINT ANTHONY YOUTH MINISTRY

Junior High-High School
Christine Soriano, Youth Ministry Coordinator
christine@stasac.org / 392-6362

For all students and the last weeks of school filled with exams, homework, projects, papers, presentations, activities, events, promotions, graduations... you are remembered and held in prayer...

A Student's Prayer by St. Thomas Aquinas

Come, Holy Spirit, Divine Creator, true source of light and fountain of wisdom! Pour forth your brilliance upon my dense intellect, dissipate the darkness which covers me, that of sin and of ignorance. Grant me a penetrating mind to understand, a retentive memory, method and ease in learning, the lucidity to comprehend, and abundant grace in expressing myself. Guide the beginning of my work, direct its progress, and bring it to successful completion. This I ask through Jesus Christ, true God and true man, living and reigning with You and the Father, forever and ever.
Amen.



PRAYER FOR YOUTH

Loving God, You sent Your son, Jesus, into this world to be an example to us all. From a young age He followed Your will. He preached, healed and led people to You. He suffered, He died, and He rose. We pray for the youth of our parish. Give them knowledge, courage and a willing heart to be the disciples of today. To learn God's will, to share God's message, and to be God's people. To know, to love, and to serve with youthful zeal. Bless them with happiness, friendship, love, laughter, peace, hope, faith, achievement and direction. We ask the Blessed Virgin Mary to pray for our Youth Ministry, that through her intercession we may find ourselves, find God, and find our place in the life and mission of our Church. Amen.

St. Aloysius Gonzaga, Patron of Youth, pray for us.

DIOCESAN AND COMMUNITY NEWS

JOB OPENINGS AT PASTORAL CENTER

Have you ever considered working for the Diocese of Sacramento? The Diocese of Sacramento is a place where you are able to grow your faith while serving the ministry and mission of the Bishop of Sacramento. As Catholics, we believe that all persons are called by God to contribute to the sanctification and transformation of the world, by fulfilling their own particular duties in the spirit of the Gospel and Christian discipleship. For more information, visit: www.scd.org/employment.

HOLY HOUR PRAYER FOR SEMINARIANS

Please join us at a Holy Hour hosted by the Parish Vocation Committee at St. Mel Parish, to pray for our seminarians who will be ordained to the priesthood (Deacon Dean Marshall, Deacon Manuel Rodriguez and Deacon Steven Wood) and to the diaconate (Ryan Mahar) on June 1, 2019. Date: Tuesday, May 28, 2019 Location: St. Mel Parish, 4745 Pennsylvania Avenue, Fair Oaks. Time: 7:00 p.m.

ANNUAL VOCATIONS BENEFIT DINNER

Please join us at the 7th Annual Vocations Dinner on Saturday, July 27 from 4:00 to 8 p.m. at St. Joseph Parish, Vacaville. Cost of tickets: \$40 per person. If you wish to reserve a table, please contact George Bagley at (707) 372-4913 or the Office of Vocations at (916) 733-0258 or by email at msmith@scd.org.

5TH ANNUAL SACRAMENTO CLASSIC BASKETBALL GAME

Diocesan Priests vs. Seminarians: Tuesday, July 9 at Christian Brothers High School in Sacramento. Please join us in an evening of fellowship to meet our seminarians and support vocations! Cheer for our priests and/or seminarians! Doors open at 6:30 p.m. Cost of tickets: Students (K-College) \$5/Adults \$15/Group of Six (Adults) \$60. Priests, deacons and sisters are welcome to join us at no cost. For more information or to buy tickets, please contact the Office of Vocations at (916) 733-0258 or by email at msmith@scd.org. You can also purchase tickets online at www.scd.org/basketball.

QUO VADIS/WHERE ARE YOU GOING?

The Office of Priestly & Religious Vocations, with the support of the Knights of Columbus Northern California Chapter is organizing a retreat for boys ages 13 to 17. The retreat will be at Trinity Pines Catholic Center in Colfax on August 1-4. The donation for this retreat is \$60 per person before July 19 (registration will increase to \$70 after this date). To make a reservation, please visit www.scd.org/quovadis. For more information, please contact the Office of Priestly & Religious Vocations at (916) 733-0258 or by email at msmith@scd.org.



WALK OR BIKE TO CHURCH SUNDAY-MAY 26

Pocket Area Churches Together (PACT) once again encourages you to walk or bike to church on Sunday, May 26. For the eighth consecutive year, leaders from PACT are encouraging those who are able to walk or ride their bikes to church; then come to River's Edge Church for a community-wide barbeque. Please know that walking or riding to church is NOT a prerequisite for enjoying the barbeque. All are welcome. River's Edge is located at 6449 Riverside Blvd. The lunch will begin around 12:15 p.m. PACT has sponsored this event for several reasons...to remind all of us that we are to care for God's creation by reducing our carbon footprint. In addition it is done to encourage us to take care of our health and our bodies. And perhaps most importantly, to provide an opportunity for members of the four PACT Churches to come together each year to celebrate our common faith and the work we do together in the Pocket Community. Please join us!

THRIFT STORE TRUCK HERE NEXT WEEKEND

Next weekend (May 25-26) is the St. Vincent de Paul (SVdP) Bundle Sunday. The SVdP Thrift store truck will be in St. Anthony parking lot to accept your donations. SVdP needs your help. Please donate clean gently used clothing, small furniture and household items in good condition. Thank you for helping us to help others. For more information about the Thrift Store visit <http://www.svdp-sacramento.org>.

Youth Music Ministry

All teens in Grades 7-12, are invited to sing praise to the Lord and serve St. Anthony's in the Youth Ensemble!
For more information, contact Vicky at 391-4588

Come on over on these dates:

11:15 a.m. Mass on Sunday, June 2 for the 2019 Graduates Mass

Wednesday Practice, 6:30-7:45 p.m., May 29 in the memorial building library

SHARING OUR TREASURE

May 11-12.....	\$11,136
May 4-5.....	\$10,524
Catholic Home Missions.....	\$1,400
April 27-28.....	\$5,379