

WEEK AT A GLANCE

Monday, July 2

Yoga -8:00 a.m.
Senior Fitness -9:45 a.m.

Tuesday, July 3

Wednesday, July 4

OFFICE CLOSED
Senior Fitness -CANCELLED
Yoga - CANCELLED

Thursday, July 5

Men's Basketball - 6:30 p.m.
Saint Vincent de Paul -7:30 p.m.

Friday, July 6

Yoga -8:00 a.m.
Senior Fitness -9:45 a.m.
Exposition of the Blessed Sacrament -5:00 p.m.

Saturday, July 7

Confessions -4:00 p.m.

Sunday, July 8

Men's Basketball -1:30 p.m.

OFFICE CLOSED -WEDNESDAY, JULY 4

The parish office will be closed on Wednesday, July 4 in observance of the Independence Day holiday. Thank you for your understanding.

REST IN PEACE

Please pray for the repose of the souls of Al Williams (father of parishioner, Tammi Williams) and Fernando Torres, who died recently.

Mass Intentions and Readings

Table with 2 columns: Day/Time and Intention/Reading. Includes entries for Monday through Sunday with specific names and times.

ANNUAL PARISH FESTIVAL HELP NEEDED!

The Festival date has been set for September 15 and planning is underway. The next planning meeting is scheduled for July 10 at 7:00 p.m. in the Memorial Center.

Our Festival is known for its ethnic foods, celebrating the diversity of the parish. If you would like to host an ethnic food booth, let us know. We need chairpersons for the Irish and Italian food booth. Responsibilities for the Food Booth include determining the menu, coordinating food preparation and overseeing the staffing.

The Book Booth will begin accepting books the first weekend of July. You may either drop them off in the narthex or contact David Kimball at 393-4986 for pick up of larger quantities.

Are you planning to attend the Pocket Parade or the Food Truck nights in Garcia Bend? If so, you could help us advertise by handing out "Save the Date" cards at those events.

This is the 25th year of the Festival and we would like to highlight the people who have helped over the years and share some of the fun stories from past years. We are looking for someone who would be willing to put this together.

SYS SUMMER CHAMBER MUSIC WORKSHOP CONCERTS

The Sacramento Youth Symphony's Summer Chamber Music Workshop will celebrate its 29th year with concerts beginning with its Preparatory Program on Friday, June 29 at 1:00 p.m. in the St. Anthony Memorial Center.

These concerts are open to the public free of charge. The program will conclude on Saturday, July 14, beginning with a Chamber Music Soiree at 6:00 p.m. and the Festival Concert at 7:30 p.m. in the Sacramento State Music Recital Hall.

EXPOSITION OF THE BLESSED SACRAMENT - FRIDAY, JULY 6

Every first Friday from 5:00 to 7:00 p.m. the Lord Jesus is waiting for your visit during Exposition of the Blessed Sacrament in our church. Drop by for five or ten minutes on your way home from work.

PASTORAL CARE

Community Facilities/ Homebound
Kathy Reynolds, Coordinator
kathy@stasac.org / cell: 212-9949

PRAYER LIST

To add your name to the prayer list, please contact Kathy Reynolds at 212-9949 or kathy@stasac.org. To keep the list current, names will remain on the list for six weeks.

This week please pray for:

- List of names: Pam Anderson, Gilbert Boreman, Neil Jones, Dick Mercer, Judy Bezzone, Theresa Chow, Ed Lambert, Jeanette Raimundo, Delicia Spray, June Blum, Karen Gonzales, Michael McCullough, Kathy Reynolds, Kristina Taylor.

CONTENTMENT

We are all facing some type of challenges...and it's often hard to find contentment. Saint Paul gives us a beautiful example of contentment in his letter to the Philippians when he tells them, "I know indeed how to live in humble circumstances; I know also how to live with abundance."

MEMORIAL CENTER EXERCISE CLASSES

SENIOR FITNESS with Paula, meets M-W-F at 9:45 a.m. Cost is \$3 per class. This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio.

YOGA classes are Mondays and Fridays at 8:00 a.m., Wednesdays at 7:30 p.m. Cost is \$5 per class.

ST. ANTHONY YOGA

We offer one-hour long yoga classes three times a week in the Memorial Center, taught by different instructors. Each class is \$5. Reap the many benefits to improve your overall health and well being.



SAVE THE DATE: JULY 22 SUMMER BARBEUE & POTLUCK

Our annual summer BBQ is scheduled for Sunday, July 22 from 4:00 to 6:00 p.m. We provide the BBQ chicken, bread and drinks, and you provide your favorite potluck dish.

LOVE INC

Love INC would like to thank the St. Anthony parishioners who participated in the Church of the Week (COTW) as part of the Pocket Area Churches Together (PACT).

ST. ANTHONY PARISH PROJECT FUND SECOND COLLECTION IS JULY 7-8

The quarterly envelope entitled "St. Anthony Parish Project Fund" is designated for parish projects over and above our operating income. We ask that you consider donating to this on a quarterly basis and will have envelopes in the pews as well as one in your monthly packet in January, April, July and September.

Our latest project will be revealed in the Narthex in July!

WELCOME NEWCOMERS!

New members of the parish are invited to use this form to register, and established members may use it to advise us of updated information, or to request offertory envelopes.

Registration form with fields for Last Name, Your First Name, Catholic?, Work Phone, Spouse's First Name, Address, City, Zip Code, Email Address, Home Phone, Today's Date, and checkboxes for New to St Anthony Parish and Former Parish.

CATHOLIC FAITH FORMATION

Pre-Kindergarten through High School
Linda DiNinni, Director of Religious Education
linda@stasac.org / 392-6362

The CFF/Youth Ministry office remains open during the summer. Our hours can be sporadic so call first if you want to make sure someone is in the office.

Registration for 2018-2019

Look for Father Mitch to deliver your registration packet when you least expect it in late July or early August!

(You get a warning this year!)

Registration for New Families

Faith Formation Classes 2018-19
Please call or email the Faith Formation Office to add your family's mailing address to our registration roster. Packets will be delivered in late July/early August. You can get an idea of our program by checking our website.

New website information will be updated in late July.

Summer Assistance

Needed and Appreciated

Anyone want to work an hour or two in the CFF office early this summer season as we clean out from last year?

Anyone want to work an hour or two at home with some take-home projects?

Email our office if you're interested and excited about the prospects! Teehee.

The ABC's of teaching & assisting

according to this year's catechists and assistants:

Adorable	Amazing	Awesome
Blessing	Busy	Challenging
Crazy	Creative	Educating
Exciting	Faith-Filled	Fulfilling
Fun	Hectic	Hopeful
Joyful	Long ☺	Rambunctious
Revealing	Thoughtful	Wonderful
	Full of Spunkiness	

We will be looking for a few assistants for next year's CFF program...email or call now to explore the possibilities!

SAINT ANTHONY YOUTH MINISTRY

Junior High-High School
Christine Soriano, Youth Ministry Coordinator
christine@stasac.org / 392-6362

Summer, summer, summer time...

(Do you know that Will Smith song? If not, look it up :)

A Teen's Summer Game Plan to stay HOLY:

SCHEDULE PRAYER TIME

Whether it's 1 minute, 5 minutes, 10 minutes, etc. Maybe setting a specific time aside to talk with God, to pray for someone or something, will become a natural part of your daily routine! Use it-don't lose it!

TAKE A BREAK FROM SCHOOL, NOT FROM MASS

Mass is that very little time (one hour - compared to all the hours we have to ourselves the rest of the week) that God gave us to spend time with him, to give thanks for all the things we love and appreciate each day and replenish our souls for a new week.

TALK ABOUT YOUR FAITH WITH SOMEONE

There I said it. Even during the summer, learning and growing in our faith doesn't stop. And it is in no way "individual". Pick an accountability buddy to check-in with you throughout the next couple months with your game plan. It's hard out there to live out our faith, so why walk it alone?

MAKE IT A POINT THIS SUMMER TO FIND YOUR FAVORITE SCRIPTURE VERSE

If you don't already have one that you remember by heart and can call upon at any time.

HELP SERVE AT MASS

Truly, it feels awesome to be a part of the liturgy. It feels even better when we see youth still present at Mass throughout the summer. We are especially in need of acolytes (altar servers) and ushers throughout the summer months when, at times, our wonderful regulars are on vacation.

SEE CHRIST IN YOURSELF AND OTHERS

A break from the norm gives many of us a chance to pay attention to and work on things that we might not notice during the busy school year. DO I speak positively to others? Do others see Christ in me? Do others know I am a Catholic Christian by my words and actions?

DIOCESAN AND COMMUNITY NEWS

ST. ANNE PARISH FESTIVAL

Please join the celebration at St. Anne Parish for their annual Festival. The festival is on Sunday, July 8 from 11:00 a.m. until 6:00 p.m. There will be a parade, food, entertainment, children's activities and a raffle with the grand prize of \$1,000! St. Anne is located at 7720 24th St., Sacramento. See you there!

BEER AND BASEBALL WITH THE BISHOP

Calling all young adults! Grab your friends and join Bishop Soto and the Office of Youth and Young Adult Ministry for a drink and an evening at the ball park! Join us for a drink (must be 21+ to be served alcohol, non-alcoholic drinks will be available as well) and an exclusive Q&A with Bishop Soto before the Sacramento River Cats take on the Iowa Cubs. All tickets purchased before July 6 will also receive a free Diocesan pint glass at the event! For more information, please visit www.scd.org/baseball or contact Lindsey West at LWest@scd.org.

RACHEL'S VINEYARD HEALING RETREAT JULY 13-15

Those who choose abortion are our daughters, sons, husbands, wives, sisters, brothers, relatives, friends & members of our parish communities. The impact and pain of abortion hurts - even years after the experience. If you, or a loved one, have been hurt by abortion, this weekend is for you! Open to men and women. The cost is \$175 per person and financial assistance is available to anyone who needs it. Call Paula Segno or send an email for more information. (916) 733-0161 or projectrachel@scd.org. All inquiries are strictly confidential. Interested in sponsoring a participant? Please contact Paula for more information.

RESPECT LIFE GATHERING

Anyone passionate about the pro-life cause is welcome. Saturday, August 25 at St. John the Baptist parish in Folsom. Bishop Soto will celebrate the Opening Mass at 8:30 and the program will run from 10:00 a.m. - 3:00 p.m. Attendance is free, but pre-registration by August 14 is required. For more information and to register go to www.scd.org/respectlifegathering

RETROUVAILLE MARRIAGE RECOVERY WEEKEND

Retrouvaille – Marriage Recovery Is your marriage in trouble – miserable – dead? Would you like it to come alive? Retrouvaille can give you the communication skills you need to relate to one another in a more respectful and emotionally mature way. The next weekend is in Sacramento, July 13 – 15. For more information call (800) 470-2230, email 6013@retrouvaille.org or visit <http://www.helpourmarriage.com>.

THE HOLY EUCHARIST - PART 9

(Ninth in a series of reflections on the mystery of Our Lord's real presence in the Holy Eucharist.)

Ever wonder why the priest or deacon takes such care after Communion to cleanse the chalices and paten? That is because in every particle of consecrated bread and in every drop of consecrated wine, Christ is still present. The priest or deacon reverently "purifies" every vessel, first, by using water to gather the particles of consecrated hosts and the remaining drops of the consecrated wine, and then by consuming that now holy water.

When we do dishes at home, we wash away the food from the plates and cups to get rid of it. The purification of the Communion vessels is the opposite: we carefully gather up the consecrated bread and wine and then consume them so nothing this holy gets thrown away or discarded. So when we see the priest or deacon purifying the Communion vessels, let us appreciate this reverent handling of the Body and Blood of the Lord as an act of faith in His real presence in this Sacrament.

"Fear is useless. What is needed is trust."

- Mark 5: 36



SHARING OUR TREASURE

June 23-24.....	\$9,511
June 16-17.....	\$5,985
June 9-10.....	\$15,080
June 2-3.....	\$12,785

May 2018.....	\$41,087
May 2017.....	\$40,671
April 2018*.....	\$60,195
April 2017*.....	\$64,281
March 2018.....	\$42,174
March 2017.....	\$40,839
February 2018.....	\$42,358
February 2017.....	\$40,493
January 2018.....	\$42,600
January 2017*.....	\$66,672
Christmas 2017.....	\$19,057
Christmas 2016.....	\$22,451
December 2017*.....	\$49,774
December 2016*.....	\$38,248
November 2017.....	\$43,715
November 2016.....	\$39,236

* indicates 5 Sunday month