

WEEK AT A GLANCE

Monday, July 9

Yoga -8:00 a.m.
Senior Fitness -9:45 a.m.

Tuesday, July 10

Festival Meeting -7:00 p.m.
Knights of Columbus -7:00 p.m.

Wednesday, July 11

Senior Fitness -9:45 a.m.
Yoga - 7:45 p.m. (Note: New Time)

Thursday, July 12

Men's Basketball - 6:30 p.m.

Friday, July 13

Yoga -8:00 a.m.
Senior Fitness -9:45 a.m.

Saturday, July 14

Confessions -4:00 p.m.

Sunday, July 15

Knights of Columbus Parish Breakfast -After All Morning Masses
Men's Basketball -1:30 p.m.

FAMILY PROMISE

THANK YOU to the MANY people who brought food, entertained kids, slept overnight, cleaned up on Sunday morning, and washed linens. Special thanks to Ray Nielsen for loading rollaway beds and transporting the trailer to the next congregation, to Pat Nichols for all of her planning and supervising of meals, and Fred Nichols who faithfully fixes a big Saturday morning breakfast for our guests. You are all an essential part of our being able to host our families for a week. We had four families this time—six adults and five children (from 2 months to 14 years). Our next hosting week will be the last week in September. — Connie Koppes & Maureen Sergent

Mass Intentions and Readings

Table with 2 columns: Day/Time and Priest/Reading. Includes entries for Monday (9) through Sunday (15).

ST. ANTHONY PARISH PROJECT FUND SECOND COLLECTION THIS WEEKEND

The quarterly envelope entitled "St. Anthony Parish Project Fund" is designated for parish projects over and above our operating income. We ask that you consider donating to this on a quarterly basis and will have envelopes in the pews as well as one in your monthly packet in January, April, July and September. Our latest project will be revealed in the Narthex in July!

CURSILLO COMES TO ST. ANTHONY PARISH

Save the date! On Saturday August 11 from 6:15 to 8:15 p.m. in the St. Anthony Memorial Center, all Catholic men and women are invited to an evening of food, praise, prayer, and spiritual presentations! The Sacramento Cursillo movement invites us to learn more about this apostolic ministry. It is intended for those who wish to deepen their relationship with Christ; desire to live their faith daily; want to share their faith with confidence; and who yearn for a faithful community of supporters. Please plan to attend! For more information, contact Frank or Geri Allen at (916) 392-8180 or Michael Faber at (916) 719-5565.

SYS SUMMER CHAMBER MUSIC WORKSHOP CONCERTS

The Sacramento Youth Symphony's Summer Chamber Music Workshop will continue to celebrate its 29th year with Concerts on Wednesday, July 11 at noon at Westminster Presbyterian Church, (13th & N Streets), and Friday, July 13 at 3:00 p.m. in Rooms 143 and 151 of Capistrano Hall, Sacramento State University featuring student chamber ensembles. These concerts are open to the public free of charge. The program will conclude on Saturday, July 14, beginning with a Chamber Music Soirée at 6:00 p.m. and the Festival Concert at 7:30 p.m. in the Sacramento State Music Recital Hall featuring student and faculty performers. A reception will follow. Suggested donations for the Saturday concert are \$10/\$5 students and seniors.

SUMMER BARBEQUE & POTLUCK, JULY 22

Our annual summer BBQ is scheduled for Sunday, July 22 from 4:00 to 6:00 p.m. We provide the BBQ chicken, bread and drinks, and you provide your favorite potluck dish. The suggested donation is \$3 per person over the age of 12, or \$10 per family, to cover the cost of the meat, bread and drinks. You can sign up to bring a potluck dish (salad, vegetable, fruit or dessert) when you make your reservation (sign up sheet in the narthex).

We also need volunteers for ticket sales at the door, food preparation, serving, barbecuing, set up, clean up, as well as help with children's activities. There is volunteer sign up in the narthex or contact Becky Stratman (428-4284).

MEMORIAL CENTER EXERCISE CLASSES

SENIOR FITNESS with Paula, meets M-W-F at 9:45 a.m. Cost is \$3 per class. This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of "the good ol' days." Equipment supplied if needed.

YOGA classes are Mondays and Fridays at 8:00 a.m., Wednesdays at 7:45 p.m. (Note: New Time). Cost is \$5 per class.

PASTORAL CARE

Community Facilities/ Homebound
Kathy Reynolds, Coordinator
kathy@stasac.org / cell: 212-9949

PRAYER LIST

To add your name to the prayer list, please contact Kathy Reynolds at 212-9949 or kathy@stasac.org. To keep the list current, names will remain on the list for six weeks. After that time, please resubmit if continuation is needed.

This week please pray for:

Table with 3 columns of names: Pam Anderson, Gilbert Boreman, Karen Gonzales, Ed Lambert, Dick Mercer; Judy Bezzone, Theresa Chow, Matthew Griffith, Alberta Lorenz, Jeanette Raimundo; June Blum, Renato Francisco, Neil Jones, Michael McCullough, Delicia Spray.

END-OF-LIFE PLANNING

This article has focused many times during the past few years on making plans for the end of your life. But have you thoroughly considered all your possessions.....all those things sequestered in drawers or closets that are "special" to you? Let's face it--we all have too much "stuff." So do your family and/or friends a favor and begin NOW to start going through things. The task may be daunting as it can't/doesn't have to be all done in one day or even one week or month; but start now little by little and ask yourself, "Do I really need this any longer?" (Old papers/magazines, broken/non-working things, duplicates, etc.) Or ask "Will this mean anything to someone when I am gone?" If the answer is "yes," then ask or give it to them NOW so they can understand why it is important to you, and you can give them the history of the items. Otherwise, toss in the garbage/recycling or donate to a charity of your choice if they are in good shape.

SUNDAY PARISH BREAKFAST

As a way to foster community spirit within Saint Anthony Parish, the Knights of Columbus will again offer a low cost but delicious Parish Breakfast in the Memorial Center on Sunday, July 15 after each of the three morning Masses. The menu includes a choice of pancakes or waffles, syrup, scrambled eggs, pork sausage links, sautéed potatoes, fruit choices, coffee (regular or decaffeinated), plus orange juice, apple juice and milk. Prices are: Adults (13 to 89 years old) \$6, Kids (6 to 12 years old) \$3, and Children 5 years and younger, plus Seniors over 90 years old are FREE!

There will be a raffle and tickets will cost \$5 for six or \$1 for one. You do not need to be present to win.

PLEASE COME WITH YOUR FRIENDS AND FAMILY FOR A TASTY AND FUN BREAKFAST!

KNIGHTS OF COLUMBUS

Membership Information Table and Meeting

On the day of the Breakfast, please stop by the Knight's information table. Literature will be available and a Knight will be present to answer any questions. Any men interested in finding out more about the Knights can attend a casual informational meeting with friendly conversation and refreshments. When: Tuesday, July 17 at 7:00 p.m. Where: Saint Anthony Parish Memorial Center, St. Joseph Room.

THE HOLY EUCHARIST - PART 10

(Tenth in a series of reflections on the mystery of Our Lord's real presence in the Holy Eucharist.)

The Concluding Rites at Mass are very brief, but important. Unlike the end of a play or concert or ball game, the final blessing and dismissal do not mean "It's over, you can go home now." Rather, they tell us we are now sent forth with a task, a mission to bring the love, sacrifice, and self-giving of Jesus Christ to the world we live in.

At the Last Supper, Jesus knew He only had a few more hours together with His apostles. Yet He took part of that precious time to wash their feet, and then spent more time explaining why: they must serve others as He, their Master, had served them. He was teaching us the same thing. By receiving Our Lord in Holy Communion we have received an abundance of His graces. Now we are meant to use them to love and serve the Lord in our families, friends and those in need.

By the way, the very name "Mass" emphasizes that we are sent forth from the Eucharistic celebration. It comes from the Latin "Ite missa est," which means "Go, you are sent."

WELCOME NEWCOMERS!

New members of the parish are invited to use this form to register, and established members may use it to advise us of updated information, or to request offertory envelopes. Either drop the form below in the collection basket, or mail to our parish office. Also available is our online registration. Please visit our website at www.stasac.org

Last Name: _____

Your First Name: _____

Catholic? _____ Work Phone: _____

Spouse's First Name: _____

Catholic? _____ Work Phone: _____

Address: _____

City, Zip Code: _____

Email Address: _____

Home Phone: _____ Todays Date: _____

New to St Anthony Parish? YES NO

Former Parish _____

CATHOLIC FAITH FORMATION

Pre-Kindergarten through High School
Linda DiNinni, Director of Religious Education
linda@stasac.org / 392-6362

The CFF/Youth Ministry office remains open during the summer. Our hours can be sporadic so call first if you want to make sure someone is in the office.

Registration for 2018-2019

Look for Father Mitch to deliver your registration packet when you least expect it in late July or early August!

(You get a warning this year!)

Registration for New Families

Faith Formation Classes 2018-19
Please call or email the Faith Formation Office to add your family's mailing address to our registration roster. Packets will be delivered in late July/early August. You can get an idea of our program by checking our website.

New website information will be updated in late July.

Summer Assistance

Needed and Appreciated

Anyone want to work an hour or two in the CFF office early this summer season as we clean out from last year?

Anyone want to work an hour or two at home with some take-home projects?

Email our office if you're interested and excited about the prospects! Teehee.

The ABC's of teaching & assisting

according to this year's catechists and assistants:

Adorable	Amazing	Awesome
Blessing	Busy	Challenging
Crazy	Creative	Educating
Exciting	Faith-Filled	Fulfilling
Fun	Hectic	Hopeful
Joyful	Long & Rambunctious	
Revealing	Thoughtful	Wonderful
	Full of Spunkiness	

We will be looking for a few assistants for next year's CFF program...email or call now to explore the possibilities!

SAINT ANTHONY YOUTH MINISTRY

Junior High-High School
Christine Soriano, Youth Ministry Coordinator
christine@stasac.org / 392-6362

Summer, summer, summer time...

(Do you know that Will Smith song? If not, look it up :)

A Teen's Summer Game Plan to stay HOLY:

SCHEDULE PRAYER TIME

Whether it's 1 minute, 5 minutes, 10 minutes, etc. Maybe setting a specific time aside to talk with God, to pray for someone or something, will become a natural part of your daily routine! Use it-don't lose it!

TAKE A BREAK FROM SCHOOL, NOT FROM MASS

Mass is that very little time (one hour - compared to all the hours we have to ourselves the rest of the week) that God gave us to spend time with him, to give thanks for all the things we love and appreciate each day and replenish our souls for a new week.

TALK ABOUT YOUR FAITH WITH SOMEONE

There I said it. Even during the summer, learning and growing in our faith doesn't stop. And it is in no way "individual". Pick an accountability buddy to check-in with you throughout the next couple months with your game plan. It's hard out there to live out our faith, so why walk it alone?

MAKE IT A POINT THIS SUMMER TO FIND YOUR FAVORITE SCRIPTURE VERSE

If you don't already have one that you remember by heart and can call upon at any time.

HELP SERVE AT MASS

Truly, it feels awesome to be a part of the liturgy. It feels even better when we see youth still present at Mass throughout the summer. We are especially in need of acolytes (altar servers) and ushers throughout the summer months when, at times, our wonderful regulars are on vacation.

SEE CHRIST IN YOURSELF AND OTHERS

A break from the norm gives many of us a chance to pay attention to and work on things that we might not notice during the busy school year. Do I speak positively to others? Do others see Christ in me? Do others know I am a Catholic Christian by my words and actions?

DIOCESAN AND COMMUNITY NEWS

ST. ANNE PARISH FESTIVAL

Please join the celebration at St. Anne Parish for their annual Festival. The festival is on Sunday, July 8 from 11:00 a.m. until 6:00 p.m. There will be a parade, food, entertainment, children's activities and a raffle with the grand prize of \$1,000! St. Anne is located at 7720 24th St., Sacramento. See you there!

BEER AND BASEBALL WITH THE BISHOP

Calling all young adults! Grab your friends and join Bishop Soto and the Office of Youth and Young Adult Ministry for a drink and an evening at the ball park! Join us for a drink (must be 21+ to be served alcohol, non-alcoholic drinks will be available as well) and an exclusive Q&A with Bishop Soto before the Sacramento River Cats take on the Iowa Cubs. All tickets purchased before July 6 will also receive a free Diocesan pint glass at the event! For more information, please visit www.scd.org/baseball or contact **Lindsey West** at LWest@scd.org.

RACHEL'S VINEYARD HEALING RETREAT JULY 13-15

Those who choose abortion are our daughters, sons, husbands, wives, sisters, brothers, relatives, friends & members of our parish communities. The impact and pain of abortion hurts - even years after the experience. If you, or a loved one, have been hurt by abortion, this weekend is for you! Open to men and women. The cost is \$175 per person and financial assistance is available to anyone who needs it. Call **Paula Segno** or send an email for more information. (916) 733-0161 or projectrachel@scd.org. All inquiries are strictly confidential. Interested in sponsoring a participant? Please contact **Paula** for more information.

RESPECT LIFE GATHERING

Anyone passionate about the pro-life cause is welcome. Saturday, August 25 at St. John the Baptist parish in Folsom. Bishop Soto will celebrate the Opening Mass at 8:30 and the program will run from 10:00 a.m. - 3:00 p.m. Attendance is free, but pre-registration by August 14 is required. For more information and to register go to www.scd.org/respectlifegathering

RETRouvaille MARRIAGE RECOVERY WEEKEND

Retrouvaille – Marriage Recovery Is your marriage in trouble – miserable – dead? Would you like it to come alive? Retrouvaille can give you the communication skills you need to relate to one another in a more respectful and emotionally mature way. The next weekend is in Sacramento, July 13 – 15. For more information call (800) 470-2230, email 6013@retrouvaille.org or visit <http://www.helpourmarriage.com>.

GUATEMALA MISSION TRIP

Please pray for the group from our parish currently on a mission trip in Guatemala. May God watch over Father Mitch, "Miss Vicky," Abygail, Alexia, Ethan and Jayson.

ANNUAL PARISH FESTIVAL HELP NEEDED!

The Festival date has been set for **September 15** and planning is underway. The next planning meeting is scheduled for **July 10 at 7:00 p.m.** in the Memorial Center.

Our Festival is known for its ethnic foods, celebrating the diversity of the parish. If you would like to host an ethnic food booth, let us know. **We need chairpersons for the Irish and Italian food booths, and the Cake Spin.** We have potential menus, recipes and will provide lots of guidance for the food booths. The Cake Spin requires overseeing the donations of cakes and staffing the day of the Festival. We also need a **co-chair for the Fruit Cup booth, mostly to help with preparing the fruit cups the day before and helping to staff on Saturday.** Another position we need to fill is the **Volunteer Coordinator** who oversees the volunteer signups and types up the lists for the various booths. If you would like to take on one of these booths, please contact **Dan & Becky Stratman** at 428-4284 or by email at dbstratman@sbcglobal.net.

The Book Booth will begin accepting books the first weekend of July. You may either drop them off in the narthex or contact **David Kimball** at 393-4986 for pick up of larger quantities. Start saving your donations for the Country Store and Children's Games. You will be able to drop them off beginning the first weekend of August. We are also looking for a popcorn machine for the Snow Cone booth.

This is the 25th year of the Festival and we would like to highlight the people who have helped over the years and share some of the fun stories from past years. We are looking for someone who would be willing to put this together. We have documentation for almost every year to help. If you are interested in this project, contact **Dan & Becky Stratman**.

SHARING OUR TREASURE

June 30-July1.....	\$ 9,282
Peter's Pence (6/30-7/1).....	\$ 2,012
June 2018.....	\$43,361
June 2017.....	\$40,305
May 2018.....	\$41,087
May 2017.....	\$40,671
April 2018*.....	\$60,195
April 2017*.....	\$64,281
March 2018.....	\$42,174
March 2017.....	\$40,839
February 2018.....	\$42,358
February 2017.....	\$40,493
January 2018.....	\$42,600
January 2017*.....	\$66,672
Christmas 2017.....	\$19,057
Christmas 2016.....	\$22,451
December 2017*.....	\$49,774
December 2016*.....	\$38,248

* indicates 5 Sunday month