

WEEK AT A GLANCE

Monday, July 23

Yoga –8:00 a.m.

Senior Fitness –9:45 a.m.

Welcoming Committee Meeting –6:00 p.m.

Tuesday, July 24

Knights of Columbus –7:00 p.m.

Wednesday, July 25

Senior Fitness –9:45 a.m.

Yoga – 7:45 p.m. (Note: New Time)

Thursday, July 26

Men’s Basketball – 6:30 p.m.

Friday, July 27

Yoga –8:00 a.m.

Senior Fitness –9:45 a.m.

Saturday, July 28

Confessions –4:00 p.m.

Sunday, July 29

Men’s Basketball –1:30 p.m.

SUMMER BARBEQUE & POTLUCK
TODAY-JULY 22

Our annual summer BBQ is scheduled TODAY, Sunday, July 22 from 4:00 to 6:00 p.m. We provide the BBQ chicken, bread and drinks, and you provide your favorite potluck dish. The suggested donation is \$3 per person over the age of 12, or \$10 per family, to cover the cost of the meat, bread and drinks. Bring a potluck dish (salad, vegetable, fruit or dessert) when you make your reservation (sign up sheet in the narthex) or at the door.

GUATEMALA MISSION TRIP - A SUCCESS!

We -Abygail Bauzon, Jayson Ventura, Ethan Mendoza, Alexia Mendoza, Vicky DeGuzman Smith and Father Mitch-have returned from our 12-day mission to Guatemala! We are ever grateful to our Saint Anthony parishioners for the financial support & prayers that helped us prepare and accomplish this trip. **THANK YOU** from our hearts! (We also express our gratitude to Father Mitch as not only our trip coordinator but also as our spiritual guide and fellow worker!) **THANK YOU** all, for allowing us to be sent as Jesus sent His disciples, and to return home with a deeper appreciation of the gifts we have. We look forward to sharing our life-changing experiences with all of you in the coming days!



The Sixteenth Sunday of Ordinary Time

A CLOSER WALK WITH CHRIST
THROUGH CURSILLO

Cursillo (short course in Christianity) is a movement within the church that supports our walk of faith through a simple method (Piety, Study and Action). The format includes a 3-day weekend filled with learning, growth, fellowship, and worship. It is a practical and remarkable experience! It is different from other retreats in that the weekend doesn’t end on Sunday but continues throughout the life of the “Cursillista” as described by the term “4th day” or the rest of your life. There are group/friendship reunions held weekly or monthly where everyone supports your faith journey. The 4th day is focused on PRAYER, STUDY and ACTION. Cursillo has touched the life of millions of Catholics worldwide and has also been established by other faiths and organizations such as catholic high schools (Kairos), Marriage Encounter and many others. It is more than a movement; it is a lifestyle and greater commitment to our faith. There is a growing and vibrant community within the Sacramento Diocese for both men and women.

The Cursillo Movement consists of proclaiming the best news of the best reality: that God, in Christ, loves us. Communicated by the best means, which is friendship...make a friend, be a friend, bring a friend to Christ!

Cursillo started in Spain in the 1940’s and today is a worldwide movement. The movement is recognized by the Pope as member of the International Catholic Organizations of the Pontifical Council for the Laity in Rome.

The Cursillo is supported by the Roman Catholic Church. It is joined to the United States Conference of Catholic Bishops and the Sacramento Diocese.

To learn more, join us for an evening of food, praise, and presentations about Cursillo! Saturday, August 11, 6:15 to 8:15 p.m. in the St. Anthony Memorial Center

For more information, please contact parishioner **Frank Allen** at (916) 392-8180.

MEMORIAL CENTER EXERCISE CLASSES

SENIOR FITNESS with Paula, meets M-W-F at 9:45 a.m. **Cost is \$3 per class.** This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of “the good ol’ days.” Equipment supplied if needed.

YOGA classes are Mondays and Fridays at 8:00 a.m., Wednesdays at **7:45 p.m. (Note: New Time).** Cost is \$5 per class.

RCIA PREPARING FOR NEW CYCLE

Who do you know that is interested in learning more about the Catholic Church? RCIA will be hosting an Open House “Come and See” event on August 5, following the 11:15 a.m. Mass. **Bring those friends and family members!!** The Adult RCIA sessions begin August 14, always meeting Tuesdays, 7:00 to 8:30 p.m. in the St. Mary Room in the Memorial Center. Please contact the **parish office, 916-428-5678**, to sign up.

YOUNG @ HEART

We are on vacation for July and August but please join us in September when we resume with lunch and a fabulous fashion show. For more information or membership to Young@Heart, please contact the **parish office** at **916-428-5678**.

PASTORAL CARE

Community Facilities/ Homebound

Kathy Reynolds, Coordinator

kathy@stasac.org / cell: 212-9949

PRAYER LIST

To add your name to the prayer list, please contact **Kathy Reynolds** at **212-9949** or kathy@stasac.org. To keep the list current, names will remain on the list for six weeks.

This week please pray for:

Pam Anderson
Gilbert Boreman
Renato Francisco
Neil Jones
Alberta Lorenz
Marisha Ong
Patricia Reshke

Judy Bezzone
Theresa Chow
Karen Gonzales
Ed Lambert
Michael McCullough
Jeanette Raimundo
Delicia Spray

June Blum
Joan Dutra
Matthew Griffith
Alicia Lee
Dick Mercer
Zenaida Regulbo

OUR PARISH PRAYER LIST

Our weekly prayer list is very dynamic, changing as some are healed, some have died, and others remain more than 6 weeks due to ongoing health condition/treatments. Why do people go on the prayer list? Generally it’s because they’re ill; however, any uncertainty or anxiety in life merits prayers. For example, a new job/promotion/demotion, move, change of school/career, mental or emotional issues, estrangement from family/friends, etc. Please don’t think that you have to be sick or undergoing life-saving treatment to have your beloved and faithful fellow parishioners pray for you. Prayers said for you or your loved one can lift you/him/her higher than you could ever imagine. **OUR GOD DOES HEAR AND ANSWER OUR PRAYERS.**

WELCOME NEWCOMERS!

New members of the parish are invited to use this form to register, and established members may use it to advise us of updated information, or to request offertory envelopes. Either drop the form below in the collection basket, or mail to our parish office. Also available is our online registration. Please visit our website at www.stasac.org

Last Name: _____

Your First Name: _____

Catholic? _____ Work Phone: _____

Spouse’s First Name: _____

Catholic? _____ Work Phone: _____

Address: _____

City, Zip Code: _____

Email Address: _____

Home Phone: _____ Todays Date: _____

New to St Anthony Parish? YES ☐ NO ☐

Former Parish _____

CATHOLIC FAITH FORMATION

Pre-Kindergarten through High School
Linda DiNinni, Director of Religious Education
linda@stasac.org / 392-6362

The CFF/Youth Ministry office will be closed July 20-31.

Registration is around the corner....

...and so is Father Mitch....

He will deliver your registration packet when you least expect it
ANY TIME NOW! (He has returned from the Guatemala Service Trip
with lots of energy and enthusiasm!)

Registration for New Families

Welcome!

If we did not have your address on our roster, you will find
registration packets available in the parish office, the CFF office,
and they are available to download from our
esite. www.stasac.org under the CFF tab.

Website Updated

Faith Formation Information for the new year is now updated.

CFF Kick-off Sunday

CFF begins on Sunday, September 9.
11:15 a.m. Mass
Open House to follow Mass

September...

We welcome you back!

Sept. 5

Confirmation Year 2 Session
5:30-7:00 p.m.

Sept. 7

Catechist Gathering
6:00 p.m.

Sept. 9

Kick-off Sunday
RCIA Year 2 Family Session 12:45-1:30 p.m.

Sept. 10

Weekday classes begin

Sept. 15

Annual Parish Festival Fun!

Sept. 19

First day of Children's Choir Rehearsal 4:00 p.m.

Sept. 23

First day of Sunday PreK-Kinder class

SAINT ANTHONY YOUTH MINISTRY

Junior High-High School
Christine Soriano, Youth Ministry Coordinator
christine@stasac.org / 392-6362

How's your summer going?

Mark your calendar: SAYM Youth Nights begin
Wednesday, September 12

HIGH SCHOOL YOUTH
MINISTRY REGISTRATION

Registration packets for the 2018-2019 school year are
being delivered by a special messenger – Fr. Mitch – in
the upcoming weeks! Please note: Junior High registra-
tion is included in CFF registration. Our parish commu-
nity is truly blessed to have a wonderful and vibrant
youth community – one that grows and changes with
each year! Sign-up and check it out! Bring a friend! We
are excited to see you!

SODA BOOTH SIGN-UPS

PARISH FESTIVAL '18

What better way to kick-off the youth ministry year than
to serve and have fun with your brothers and sisters in
Christ!

Come join the fun with SAYM and sign-up for a shift
(or more) at the SODA BOOTH! Sign-ups after Mass
begin soon, but you can email Christine to get the shift
you want. We need you and your SMILING faces to
help serve refreshing drinks for the community. This is
also a great start for those service hours if needed.
We're excited to see everyone together again as the
school year begins!

FOOD FOR THOUGHT...

SAYM High School Ministry is attending LA Youth
Day at the Religious Education Congress in Anaheim
for its 10th year.

Will you come with us? Registration is coming soon.
Plan now!

LA Youth Day Trip

Wednesday, March 20 to Saturday, March 23

ANNUAL PARISH FESTIVAL
HELP NEEDED!

The Festival date has been set for **September 15** and planning is
underway. The next planning meeting is scheduled for **August
2 at 7:00 p.m.** in the Memorial Center.

Our Festival is known for its ethnic foods, celebrating the diver-
sity of the parish. If you would like to host an ethnic food
booth, let us know. **We need a chairperson for the Italian food
booth.** Typically, this booth sells pizza (donated by a local ven-
dor) and possibly an Italian pasta salad. Another position we
need to fill is the **Volunteer Coordinator** who oversees the vol-
unteer signups and types up the lists for the various booths. If
you would like to take on either of these responsibilities, please
contact **Dan & Becky Stratman** at **916-428-4284** or by email at
dbstratman@sbcglobal.net.

The Book Booth is now accepting books. You may either drop
them off in the Narthex or contact **David Kimball** at **393-4986**
for pick up of larger quantities. Donations for the Country
Store, Wine Spin and Children's Games can be dropped off be-
ginning the first weekend of August. We are also looking for a
popcorn machine for the Snow Cone Booth. Watch the bulletin
for details on volunteer sign-ups and discounted ticket sales.

This is the 25th year of the Festival and we would like to highlight
the people who have helped over the years and share some of the
fun stories from past years. We are looking for someone who
would be willing to put this together. We have documentation
for almost every year to help out. If you are interested in this
project, contact **Dan & Becky Stratman**.

THE HOLY EUCHARIST - PART 12

(Last in a series of reflections on the mystery of Our Lord's real
presence in the Holy Eucharist.)

At Christmas we celebrate the Incarnation, the fact that God
became one of us. Scripture tells us He will be called
"Emmanuel," or "God is with us." Having suffered, died, and
risen from the dead, Jesus did not leave us alone but is present
to us here and now in the Sacrament of the Holy Eucharist.
God is with us!

In addition to receiving Him in Holy Communion and mak-
ing visits to adore Him in the tabernacle, we can nurture our
faith and love in many ways. Here are a few.

At Mass, focus in when Father prays these words:

"Humbly we pray that, partaking of the Body and Blood of
Christ, we may be gathered into one by the Holy Spirit."
-Eucharistic Prayer II

"Grant that we, who are nourished by the Body and Blood of
your Son and filled with the Holy Spirit, may become one
body, one spirit in Christ." -Eucharistic Prayer III

At the consecration, pray "My Lord and my God!" when Fa-
ther elevates the consecrated Host and the chalice.

A short, anytime prayer (especially nice before Mass starts) is
"O Sacrament most holy, O Sacrament divine, all praise and
all thanksgiving be every moment Thine."

Whenever we say "The Eucharist," remind ourselves that we
are referring to a Person, Jesus Christ.

Our city is named for the Blessed Sacrament. So every now
and again when we say or write "Sacramento," we can say a

SOCIAL JUSTICE CORNER

Opportunities to help others...

SVDP THRIFT STORE FUNDRAISER

Holy Smokes! It's Catholic Comedy Night! A fundraiser
to support the charitable operations of our St. Vincent
de Paul Thrift Store. Please join us on Saturday, July 28,
at 7:00 p.m. at the Comedy Spot in Sacramen-
to. Limited seating. Ticket reservations and infor-
mation on line at www.svdp-sacramento.org.

SSIP BOWL-A-THON

The South Sacramento Interfaith Partnership (SSIP) Food
Closet will be holding its annual Bowl-A-Thon at 1:00 to 3:00
p.m. on Sunday, August 19 at the AMF Land Park Bowling
Lanes. There is no cost to bowlers but participants must each
have a minimum of \$30 in pledges. The funds collected from
this event support the SSIP Food Closet. To sign-up as a bowler
please call **Fred Nichols (428-6459)** for details and a Pledge
Sheet.

SVDP COLLECTION

Next Sunday is the St. Vincent de Paul 5th Sunday Collection.
Our conference thanks you for your generous support. Re-
quests for assistance varies from week to week, but lately we are
averaging about a thousand dollars per week mostly for rental
assistance. Even though the economy seems to be doing better,
our SVDP Conference members have seen significant increases
in rent. At the same time some of our Greenhaven neighbors
have not seen comparable increases in wages as well as others
have reduced employment hours or can not work due to tem-
porary illness or injury.

SHARING OUR TREASURE

July 14-15.....\$5,785
July 7-8.....\$15,600
June 30-July1.....\$ 9,282

June 2018.....\$43,361
June 2017.....\$40,305
May 2018.....\$41,087
May 2017.....\$40,671
April 2018*.....\$60,195
April 2017*.....\$64,281
March 2018.....\$42,174
March 2017.....\$40,839
February 2018.....\$42,358
February 2017.....\$40,493
January 2018.....\$42,600
January 2017*.....\$66,672
Christmas 2017.....\$19,057
Christmas 2016.....\$22,451
December 2017*.....\$49,774
December 2016*.....\$38,248

* indicates 5 Sunday month