

WEEK AT A GLANCE

Monday, September 17

Yoga -8:00 a.m.
Senior Fitness -9:45 a.m.

Tuesday, September 18

RCIA -7:00 p.m.

Wednesday, September 19

Senior Fitness -9:45 a.m.
Children's Choir -4:00 p.m.
Adult Choir -6:45 p.m.
Yoga - 7:45 p.m.

Thursday, September 20

Young @ Heart Luncheon- 11:30 a.m. (by reservation only)
Men's Basketball - 6:30 p.m.
Youth Ensemble Practice -6:45 p.m.

Friday, September 21

Yoga -8:00 a.m.
Senior Fitness -9:45 a.m.

Saturday, September 22

Confessions -4:00 p.m.

Sunday, September 23

Men's Basketball -1:30 p.m.

REST IN PEACE

Please pray for the repose of the soul of parishioner Ray Yee, who died recently.

Mass Intentions and Readings

- Monday (17) Weekday/ Saint Robert Bellarmine Bishop and Doctor of the Church
Tuesday (18) Weekday
Wednesday (19) Weekday/ Saint Januarius, Bishop and Martyr
Thursday (20) Saint Andrew Kim Tae-gon, Priest and Paul Chong Ha-sang, and Companions, Martyrs
Friday (21) Saint Matthew, Apostle and Evangelist
Saturday (22) Weekday
Sunday (23) Twenty-Fifth Sunday in Ordinary Time

BBQ REQUEST THANKS!

Thank you to everyone who responded to our request for gently used BBQ's. It gave us the opportunity to visit with a number of parishioners and in some cases, reconnect. We were able to acquire several well kept BBQ's and a couple of brand new ones. Thanks again for all your generosity. ~Dan Stratman

ADULT CONFIRMATION

We are offering a preparation session for Adult Confirmation. The Diocese will be celebrating Adult Confirmation on November 3 at Saint Mary's Parish in Vacaville. Pre-registration is required, please call the office if you are interested. Preparation includes 5 sessions on Mondays beginning September 24 at 7:00 p.m.
**(Class dates: Sept 24, Oct. 1, 8, 15 and 22)

World Youth Day in Panama with Fr. Mitch January 22-27, 2019

Father Mitch would like to take a group to Panama for World Youth Day. This is a an opportunity for all young people to take part in a festive encounter with their peers centered on Jesus Christ. World Youth Day is a unique way to deepen your faith and grow closer to Christ, by means of prayer and the sacraments, together with thousands of other young people who share your interests. If you are interested in going on this trip with Father Mitch, please contact the parish office at 916-428-5678.



YOUNG @ HEART LUNCHEON

Welcome back! We hope all you 50+ seniors will join us for our "FALL into Fashion" luncheon on Thursday, September 20 at 11:30 a.m. This will be a catered lunch by Posh Events and will include Chicken Marsala, herb roasted potatoes, green salad, asparagus and dessert. The cost for members is \$10 and for non-members it is \$13. RSVP required by September 15. For more information or membership to Young@Heart, please contact the JoAnn Murray at 916-708-3597 or Carol Reilly at 916-422-5528 or the parish office at 916-428-5678.

PASTORAL CARE

Community Facilities/ Homebound
Kathy Reynolds, Coordinator
kathy@stasac.org / cell: 916-212-9949

PRAYER LIST

To add your name to the prayer list, please contact Kathy Reynolds at 916-212-9949 or kathy@stasac.org. To keep the list current, names will remain on the list for six weeks.

This week please pray for:

- Bob Barclay, Judy Bezzone, Elias Carlos, Gerry Carter, Maria Kelly Cayton, Theresa Chow, Mary Espinosa, Joe Gonzalez, Karen Gonzales, Mary Huther, Mary Ann Jones, Piotr Klewek, Ed Lambert, Alberta Lorenz, Anthony Macy, Michael McCullough, Dick Mercer, John O'Connor, Marissa Ong, Ben Poulsen, Jeanette Raimundo, Al Ramirez, Kathy Reynolds, Patty Shour, Miguela "Miggy" Cayton Yere

HOW IS YOUR ATTITUDE?

We have all had a difficult or exhausting day where everything seemed to go the wrong way or what happened created more work or stress. But as the old saying goes "Life is 10 percent what happens to us and 90 percent how we react to it." Perhaps on those trying days we have intercepted someone's life when we brightened their day or a person or happening has mysteriously presented itself which has changed the course of our day for the better. As James 1:2-3 says "Consider it all joy...when you encounter various trials....(this) produces perseverance ." Without testing, there is no perseverance; without perseverance, there is no spiritual growth. Let us reevaluate our attitude during difficulties to look to God for His perfect guidance and comfort.

MEMORIAL CENTER EXERCISE CLASSES

SENIOR FITNESS with Paula, meets M-W-F at 9:45 a.m. Cost is \$3 per class. This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of "the good ol' days." Equipment supplied if needed.

YOGA classes are Mondays and Fridays at 8:00 a.m., Wednesdays at 7:45 p.m. Cost is \$5 per class.



ST. ANTHONY YOGA

We offer one-hour long yoga classes three times a week in the Memorial Center, taught by different instructors. Each class is \$5. Reap the many benefits to improve your overall health and well being. We introduce postures for stamina, energy and stress release- just to name a few. Please wear comfortable clothing and bring a sticky mat. For more information, please call the parish office at 428-5678.

THINGS TO REMEMBER WHEN COMING TO MASS...

Often times we forget the little things that could help enhance our spiritual experience at Mass. ARRIVE ON TIME. Like concerts and plays, you want to be seated before it starts so that you can fully enjoy the whole Mass. TURN OFF YOUR PHONE. It helps you and everyone around you to stay focused on Him. JOIN IN THE SINGING! Singing is considered praying twice.



FAITH DIRECT

With the arrival of autumn, we would like to invite you to join Faith Direct, our parish's electronic giving program. Our to-do lists can get lengthy during this season, but Faith Direct's eGiving program will give you one less thing to remember each week--no more envelopes to find before you go to Mass. Visit www.faithdirect.net and use our church code: CA749. Thank you for your continued support of our parish family!

WELCOME NEWCOMERS!

New members of the parish are invited to use this form to register, and established members may use it to advise us of updated information, or to request offertory envelopes. Either drop the form below in the collection basket, or mail to our parish office. Also available is our online registration. Please visit our website at www.stasac.org

Registration form with fields for Last Name, Your First Name, Catholic?, Work Phone, Spouse's First Name, Catholic?, Work Phone, Address, City, Zip Code, Email Address, Home Phone, Todays Date, New to St Anthony Parish?, Former Parish.

CATHOLIC FAITH FORMATION

Pre-Kindergarten through High School
Linda DiNinni, Director of Religious Education
linda@stasac.org / 392-6362

SAINT ANTHONY YOUTH MINISTRY

Junior High-High School
Christine Soriano, Youth Ministry Coordinator
christine@stasac.org / 392-6362

DIOCESAN AND COMMUNITY NEWS

SOCIAL JUSTICE CORNER

Opportunities to help others...

Registration

Have you registered yet?!

Please say 'Yes!' because classes started LAST week!

Yes you may!

Yes, you may still register but hurry, hurry because classes have started!

Registration for New Families
Welcome!

Download the registration form from our website. www.stasac.org under the CFF tab.

NO Children's Liturgy today!

We should all be mighty tired from all that festival fun yesterday. Children's Liturgy resumes on Sunday, September 23 at the 9:30 a.m. Mass for children K-6th.

Children start at Mass with their families and are escorted over to the CFF building following opening prayers and return at the offertory. "Children's Liturgy with Father Mitch" is on the first Sunday of each month.

Children's Choir Begins this week

Kindergarten-6th Grade

Rehearsals are on Wednesdays from 4:00-5:00 p.m.

Our first rehearsal is this Wednesday!

Choir sings the first and third Sundays at the 9:30 a.m. Mass.



First day of Sunday PreK-Kinder class

Sunday, September 23

The class is full but we will take wait-list names and hopefully get your child in soon.

Monday RCIA Year 1/Basic Catechesis

FAMILY Session on September 24

Feast of Saint Francis

Get your pets all fluffed and tufted so they can join us on Thursday, October 4 at 6:30 p.m. in the courtyard for the Annual Blessing of the Animals

After the pet blessing, animals can visit with their new friends while their parents partake in ice cream sundaes.

So happy to see you!

Join us for YOUTH NIGHTS on
Wednesdays at 6:30 p.m.!

"It is not enough to love young people, they must know that they are loved."
-Saint John Bosco patron saint of youth ministry

HIGH SCHOOL YOUTH MINISTRY REGISTRATION

Registration packets for the 2018-2019 school year are available in the CFF & Youth Ministry Office and online at www.stasac.org. We hope to see you! Please note: Junior High registration is included in CFF registration.

COMMUNITY SERVICE OPPORTUNITIES

- Nov. 3 – Parish Auction Dinner
- Nov. 18 – Turkey Carve (for Loaves & Fishes)
- Feb. 2 – Crab Feed
- Fridays during Lent – Lenten Soup Meals
- Apr. 27 – Spring Dinner Dance
- Dates TBA – Family Promise (Activity Time after dinner)

FOOD FOR THOUGHT...

SAYM High School Ministry is attending LA Youth Day at the Religious Education Congress in Anaheim for its 10th year. Will you come with us? Registration is coming soon. Plan now!
LA Youth Day Trip Wednesday, March 20 to Saturday, March 23



Youth Music Ministry

Interested teens (Grades 7-12) and young adults, voices and all instruments, are invited to serve as song leaders in the Youth Ensemble and/or as Cantors (training provided). Contact Ms. Vicky (391-4588)

CAREGIVERS RETREAT

Jesus taught us to love others from the depth of our mind, heart, and soul. This love for others must be rooted in deep self care. Our Retreat Day for Caregivers is designed to help those who care for others find some spiritual rest and refreshment as they continue to serve. Please join us on October 19 from 9:30 a.m. until 3:00 p.m. at the Christ the King Retreat Center for a day of reflection and retreat for those who care for others. For more information or to register visit: www.christthekingretreatcenter.org or call 916-725-4720.

MINISTRY DAYS 2018 - SEPTEMBER 28-29 AT ST. FRANCIS HIGH SCHOOL

Ministry Days 2018 is almost here! Register before prices go up on September 15! Go to www.ministrydays.com to see the many different kinds of workshops available. Parents, teachers, catechists, ministers, anyone looking to deepen their relationship with our Lord! We also have new workshops that have been added. Check out Fr. Francisco speaking on cultivating vocations, and Katita and Sandra speaking about Safe Environment. Have you heard about the Misal Romano? We have two workshops on Sunday (in Spanish). You can also visit the many Catholic vendors! Walk in the footsteps of the Beloved Disciple at Ministry Days 2018!

JOB OPPORTUNITY

Would you like to make a difference? St. Vincent de Paul's Sacramento Thrift Store is in immediate need of a motivated full-time store manager with retail experience and a part-time bookkeeper. Come work with us and help us help others. Please contact Judy Dietlein at 707-315-3368 or jdietlein@svdp-sacramento.org if you are interested or know of the perfect candidate(s)!

YOUNG AND MARRIED

Christ the King Retreat Center in Citrus Heights will host a series of 5 monthly Young and Married meetings, each from 3:00 – 5:00 p.m., beginning on September 16 open to all Catholic married couples. Each meeting will provide an opportunity to socialize with other married couples, discuss important issues and learn more about how to live in today's world as a Catholic couple. There is no cost to attend. For more information, contact Fr. Giltus, 916-725- 4720, ext 311, gmathias@passionist.org

OPEN HOUSE

ST. FRANCIS HIGH SCHOOL

St. Francis Catholic High School invites you to our Open House on Sunday, October 14 from 12:00 to 3:00 p.m. Come meet teachers and coaches, take a campus tour, enjoy a wonderful performing arts showcase, and discover the St. Francis advantage! A hot dog lunch will be provided and welcome presentations will take place at 12:20 and 1:30 pm. For more information and to pre-register, please go to stfrancis.org/openhouse.

FAMILY PROMISE SIGN-UPS

We are beginning our sign-ups for our next Family Promise hosting time of September 23 - October 2. WE WILL HAVE OUR FAMILIES FOR 10 DAYS INSTEAD OF THE NORMAL 7. We are splitting a week with Faith Presbyterian as one of the host churches had to drop out. Thus we will need plenty of volunteers. Please be generous with your time in signing up for this very special ministry of our parish. Teens, the Family Promise kids always love to have you come play with them after dinner, and you can receive service hours.

THE FAMILY PROMISE URBAN COW RACE

On October 7, a group of past and current Family Promise moms, dads and kids will again be walking in the Urban Cow Race to raise money for the program. These families know first hand how important Family Promise was in helping them to change their lives...from being homeless to living independently. They want to help and they need your help as well. Please donate \$25, \$50 or whatever you can to help them reach their goal of \$20,000. THANK YOU!
For more information or to sponsor the "herd", please visit the website at <https://sacfamilypromise.org/urban-cow-race>.



SHARING OUR TREASURE

September 8-9.....	\$17,578
September 1-2.....	\$ 9,711
August 2018.....	\$40,003
August 2017.....	\$42,409
July 2018*.....	\$45,839
July 2017*.....	\$45,904
June 2018.....	\$43,361
June 2017.....	\$40,305
May 2018.....	\$41,087
May 2017.....	\$40,671
April 2018*.....	\$60,195
April 2017*.....	\$64,281
March 2018.....	\$42,174
March 2017.....	\$40,839
February 2018.....	\$42,358
February 2017.....	\$40,493
January 2018.....	\$42,600
January 2017*.....	\$66,672

* indicates 5 Sunday month