

WEEK AT A GLANCE

Monday, December 17

Yoga -8:00 a.m.
Senior Fitness -9:45 a.m.

Tuesday, December 18

RCIA -7:00 p.m.

Wednesday, December 19

Yoga -8:00 a.m.
Senior Fitness -9:45 a.m.
Children's Choir -4:00 p.m.
Adult Choir -6:45 P.M.
Yoga - 7:45 p.m.

Thursday, December 20

Young @ Heart Luncheon- 11:30 a.m. (by reservation only)
Men's Basketball - 6:30 p.m.
Saint Vincent De Paul Conference -7:30 p.m.

Friday, December 21

Yoga -8:00 a.m.
Senior Fitness -9:45 a.m.

Saturday, December 22

Confessions -4:00 p.m.

Sunday, December 23

Men's Basketball -1:30 p.m.



Mass Intentions and Readings

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| Monday (17) Betty Silva ☩ | Late Advent Weekday Gn 49:2, 8-10/ Mt 1:1-17 |
| Tuesday (18) Donald John Marsau ☩ | Late Advent Weekday Jer 23:5-8/ Mt 1:18-25 |
| Wednesday (19) Teddy Lee ☩ | Late Advent Weekday Jgs 13:2-7, 24-25a/ Lk 1:5-25 |
| Thursday (20) Anna Chow ☩ | Late Advent Weekday Is 7:10-14/ Lk 1:26-38 |
| Friday (21) Mae Starzec ☩ | Late Advent Weekday/ Saint Peter Canisius, Priest and Doctor of the Church Sg 2:8-14 / Lk 1:39-45 |
| Saturday (22) (8:00) Doug & Anna Skewes (SI) 1 Sm 1:24-28/ Lk 1:46-56 50th Wedding Anniversary (5:00) Jose Faria Lobao ☩ | Late Advent Weekday |
| Sunday (23) (8:00) Margaret Cummings ☩ (9:30) Pedro Nazareno ☩ (11:15) For the People | Fourth Sunday of Advent Mt 5:1-4a/ Heb 10:5-10/ Lk 1:39-45 |



"A NIGHT IN SHINING DARKNESS"

You're invited to see our Mr. Kuhl's 6th grade CFF class present a play in the church at 7:00 p.m. on Monday, December 17. These students are not professional actors but they will preciously present the Christmas story! They will be accompanied by our Children's Choir. Hope to see you there!

END OF YEAR CONTRIBUTIONS

Thank you to all who have made contributions to the parish. We appreciate your generosity and support. We will accept check donations dated 2018 until **Friday, January 4, 2019**. **Please note: any credit card transactions or online giving will need to be completed by December 31.

PARISH MAILING -THANK YOU!

Thank you to all of our volunteers who helped fold, stuff and seal our Christmas mailing. Your help with these mailings is so important! Thank you to our helpers: David & Della Cabrera, Aurelia Chavarriaz, Theresa Chow, Randy Del Porto, Lisa Fien, Chris Minami, Gerry Monterrubio, Carmen Quiroz, Pat Ramirez, Suzette Ramirez, Toni Taylor, Jamie Tsang and Kate Ellis. Thank you all!
** Our next mailing will be January 8. See you there!!

OUR LADY OF GUADALUPE -THANK YOU!

Thank you so much to all the volunteers who helped make the Our Lady Guadalupe celebration such a success. And to all the parishioners who came to participate.



CHRISTMAS MASS SCHEDULE

Christmas Eve Masses -Monday, December 24
4:00 p.m. Children's Mass
(Carols begin at 3:40 p.m. with the Children's Choir)
6:00 p.m. Family Mass
(Carols begin at 5:40 p.m. with the Adult Choir)
12:00 Midnight Mass
(Carols begin at 11:30 p.m. with the Youth Ensemble)

Christmas Day Masses -Tuesday, December 25
8:00 and 9:30 a.m.
(NO 11:15 a.m. Mass)

THINGS TO REMEMBER WHEN COMING TO MASS...

Often times we forget the little things that could help enhance our spiritual experience at Mass. **ARRIVE ON TIME.** Like concerts and plays, you want to be seated before it starts so that you can fully enjoy the whole Mass. **TURN OFF YOUR PHONE.** It helps you and everyone around you to stay focused on Him. **JOIN IN THE SINGING!** Singing is considered praying twice.

PASTORAL CARE

Community Facilities/ Homebound
Kathy Reynolds, Coordinator
kathy@stasac.org / cell: 916-212-9949

PRAYER LIST

To add your name to the prayer list, please contact **Kathy Reynolds** at 916-212-9949 or kathy@stasac.org. To keep the list current, names will remain on the list for six weeks.

This week please pray for:

Mary Arizmendi Judy Bezzone Gilbert Boreman Maria Kelly Cayton
Theresa Chow John Darling Ana Maria Gomez Karen Gonzales
Matthew Griffith Ruth Hansen Josephine Hernandez Olivia Hernandez
Eldon Koob Ed Lambert Alicia Lee Michael McCullough
Jim New John O'Connor Mary C. Owens Jeanette Raimundo
Tom Raimundo Martha Roldan Nellie Gonzalez Sanchez Laura Stock
Jesse Torres Bill Whiting Miguela "Miggy" Cayton Yere
California Fire Victims

CHRISTMAS "BLUES"

The Christmas season has become a difficult time for many people in our society exhibited by feelings of depression and negative mood. During the holidays, the pressure of trying to do everything - plan the perfect holiday, make it home to see your family, say yes to every event, meet those year-end deadlines, spend too much money, etc. - can be enough to send anyone into a tail spin. Some ways to avoid, remedy, or lessen "blues" are:

- Remember the true meaning of Christmas - the birth of our Savior Jesus Christ. Don't take "Christ" out of Christmas.
- Focus your thoughts on all the good things about Christmas - the opportunity to engage in loving kindness, generosity of spirit, and gratitude for others in your life. Be mindful of what you do have to be thankful for.
- Manage expectations during the holidays and not hope of things to be perfect. Take care of yourself by having the courage to set boundaries.
- Attend Mass and special spiritual events/services and read the Bible, pondering God's Word. "The Magnificat Advent Companion" is a beautiful and meaningful way to be in the presence of God on a daily basis.

MEMORIAL CENTER EXERCISE CLASSES

SENIOR FITNESS with Paula, meets M-W-F at 9:45 a.m. **Cost is \$3 per class.** This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of "the good ol' days." Equipment supplied if needed.

YOGA classes with different instructors are M-W-F mornings at 8:00 a.m. and Wednesday evenings at 7:45 p.m. Cost is \$5 per class. Please bring your own mat and wear comfortable clothing.

ST. ANTHONY YOGA

We offer one-hour long yoga classes four times a week in the Memorial Center, taught by different instructors. Each class is \$5. Reap the many benefits to improve your overall health and well being. We introduce postures for stamina, energy and stress release- just to name a few. Please wear comfortable clothing and bring a sticky mat. For more information, please call the **parish office** at 916-428-5678.



CRAB FEED- COMING SOON!

Save the date for our annual St. Anthony Parish Crab Feed on Saturday, February 2, 2019. Please keep checking the bulletin for more information and opportunities to volunteer.

TAMALE TIME IN DECEMBER

Our successful Tamale Fundraiser for the Young Adult Guatemalan Mission Trip concludes today, Sunday, December 16 with **PICKUP!** Pick up your wonderful meal in front of the Memorial Center. We thank you so much for your support and hope your meal is fabulous!

WELCOME NEWCOMERS!

New members of the parish are invited to use this form to register, and established members may use it to advise us of updated information, or to request offertory envelopes. Either drop the form below in the collection basket, or mail to our parish office. Also available is our online registration. Please visit our website at www.stasac.org

Last Name: _____

Your First Name: _____

Catholic? _____ Work Phone: _____

Spouse's First Name: _____

Catholic? _____ Work Phone: _____

Address: _____

City, Zip Code: _____

Email Address: _____

Home Phone: _____ Todays Date: _____

New to St Anthony Parish? YES NO

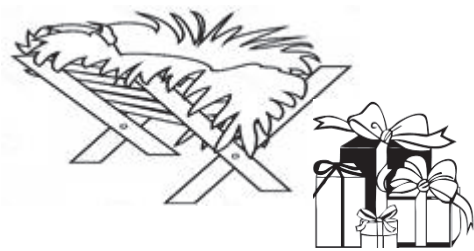
Former Parish _____

CATHOLIC FAITH FORMATION

Pre-Kindergarten through High School
Linda DiNinni, Director of Religious Education
linda@stasac.org / 392-6362

Advent is here.

We wait in joyful hope!



Our Program-wide Advent project

(concludes this last week of classes)

is to bring a little hope and peace to our brothers and sisters in the town of Paradise.

Students brought home small gift boxes so we can give from our heart and fill Jesus' manger. Each gift box had an instruction sheet.

"A Night in Shining Darkness"

Mr. Kuhl's class will present a play in the church at 7:00 p.m. on Monday, December 17.

All are welcome!

Mr. Kuhl's students come for the 5:30 p.m. rehearsal and a light snack (even earlier than 5:30 is okay!).

Children's Choir

- Sing at the Christmas Play
Monday, December 17 @ 7:00 p.m.
Please arrive no later than 6:45 p.m.
- Rehearsal: Wednesday, December 19
- Sing at the 4:00 p.m. Christmas Eve Mass

Monday 5:30 p.m. classes

Mr. Alejandro & Ms. Christine's classes will come at 7:00 p.m. for the play in lieu of class on December 17. Ms. Melissa's 5:30 p.m. class meets at usual time.



Calling Shepherds and Angels!

Email Ms. Linda if you would like to bring home a costume to assist Father Mitch with the Gospel at the Christmas Eve Mass at 4:00 p.m.

Christmas Break

We are off the week of December 23 and December 30. Classes resume on Sunday, January 6, 2019

SAINT ANTHONY YOUTH MINISTRY

Junior High-High School
Christine Soriano, Youth Ministry Coordinator
christine@stasac.org / 392-6362

SAYM YOUTH NIGHTS

7th thru 12th grade youth are invited to share in fellowship and faith with their youth community.
Come join us on Wednesday evenings from 6:30-8:00 p.m.
We hope to see you there!

*Joy is only as
Satisfying
as repentance
is Deep.*

ADVENT LOCK-IN

Friday, December 21-Saturday, December 22

Registered high school and junior high youth members are invited for an overnight retreat!

Hope you will join us in joyful anticipation of our Lord's birth!

Further details of our festivities are included on the permission form.

Forms are due no later than Wednesday, December 19.

2019 COMMUNITY SERVICE OPPORTUNITIES

- Jan. thru Feb. – SACYB Snack Bar
- Jan. 13 – Knights of Columbus Pancake Breakfast
- Feb. 2 – Crab Feed
- Mar. 3-10 – Family Promise (Activity Time after dinner)
- Fridays in Lent – Lenten Soup Meals
- Apr. 27 – Spring Dinner & Dance

Youth Music Ministry

All ages are invited to join our special "Holiday Ensemble" with our teens as we celebrate the Lord's coming and musically serve our parish community! Bring your voices & instruments on these dates...

11:15 a.m. Mass * Third Sunday of Advent * Dec. 16

12:00 a.m. * Christmas Midnight Mass * Dec. 25
Starting with "Carols" at 11:30 p.m. on Dec. 24

Rehearsal Dates:
12:50-2:50 p.m., Sunday, Dec. 16
6:30-8:00 p.m., Thursday, Dec. 20

SOCIAL JUSTICE CORNER

Opportunities to help others...

GET ON THE BUS

Our 2019 Get On The Bus season is soon approaching! GOTB could only be made possible through the generosity of volunteers who dedicate their time and talent in advocating to unite families that have been negatively impacted by crime and the criminal justice system. There are many components that go into this program and no matter what you choose to do, you always know you are helping reunite children with their parents in prison, and re-weave that very important relationship.

I would like to cordially invite you to our Annual Volunteer Training on **Saturday, January 5, 2019** hosted at St. John the Evangelist Church (5751 Locust Ave, Carmichael, CA 95608) from 10:00 a.m.-2:30 p.m. Lunch will be provided. Please RSVP to **Stephanie** at smlinsao@gmail.com or call the **parish office** at **916-428-5678**.

ADOPT-A-FAMILY THANKS YOU!

Each year I am so thankful for the generosity of St. Anthony parishioners. On behalf of all the families who received gifts this Christmas, we wish to extend our deepest thanks for the generous support of the St. Anthony Adopt-a-Family program. Each person who participated was important in making our efforts this year such a success. Because of the generosity of our parish community we were able to provide Christmas gifts for 26 families with a total of 77 children from Family Promise and Wellspring Women's Center. We also collected a total of 28 bicycles. Every child that requested a bike received one. You have brightened the hearts of many this Christmas.

~Maureen Sergent

OZANAM AWARD

St. Anthony Parishioner and member of the parish's St. Vincent de Paul Conference, **Pat Nichols**, was presented with the Ozanam Award at the Diocesan Council's Annual Top Hat Dinner on December 2. The award is bestowed, "In recognition and appreciation for extraordinary contributions and commitment to the mission of the Society of St. Vincent de Paul, in the spirit of its founder Frederic Ozanam." Pat is a founding member of our conference, our conferences long time secretary (whose minutes are invaluable to all members), and has made many home visits to those in need within our parish boundaries.
Congratulations Pat!



YOUNG@HEART CLUB DECEMBER LUNCHEON

Join in the Christmas celebration for the Young @ Heart Club on Thursday, December 20 at 11:30 a.m. in the St. Anthony Memorial Center. A wonderful catered lunch will be served by "POSH EVENTS" featuring Grilled Tri-Tip and Oven Roasted Turkey Breast. Cost is \$16 for members, \$20 for guest and non-members. The Cosumnes Oaks High School, Wolf-Pack Jazz Band & Vocal Jazz Ensemble will be providing entertainment, playing a variety of Christmas music. Reservation and payment required by December 17. No late reservations accepted. RSVP to the **parish office** at **428-5678**, **Carol Reilly** at **422-5528** or **Norma Montez** at **217-3499**. Hope to see you all there.

St. Anthony Young @ Heart Club (50+) upcoming outings:

- Old Sacramento Railroad Museum TBD
 - Delta King Tour TBD
 - Reno Train Overnight trip TBD
- Please watch the bulletin for further information.

ST. ANTHONY YOUTH BASKETBALL

Sign up online at www.stasac.org

The 2019 St. Anthony's Community Youth Basketball (SACYB) registration is ongoing. The season is January and February of 2019 and all practices and games are in the St. Anthony's Memorial Center. The registration fee is \$80 per player for 3rd through 7th grade players. Registration is full and closed in 1st grade, 2nd grade and the 5th, 6th, and 7th grade BOYS.

We are looking to register GIRLS in 5th, 6th and 7th grade

For more information regarding the SACYB program, please visit the St. Anthony parish website at www.stasac.org or call the parish office at **428-5678**.

SHARING OUR TREASURE

December 8-9.....\$21,818
Immaculate Conception (Dec 8-9).....\$1,572
December 1-2.....\$10,059

November 2018\$47,009
November 2017\$43,715
October 2018.....\$43,148
October 2017*.....\$48,050
September 2018*.....\$49,766
September 2017*.....\$43,405
August 2018.....\$40,003
August 2017.....\$42,409
July 2018*.....\$45,839
July 2017*.....\$45,904
June 2018.....\$43,361
June 2017.....\$40,305
May 2018.....\$41,087
May 2017.....\$40,671
April 2018*.....\$60,195
April 2017*.....\$64,281

* indicates 5 Sunday month