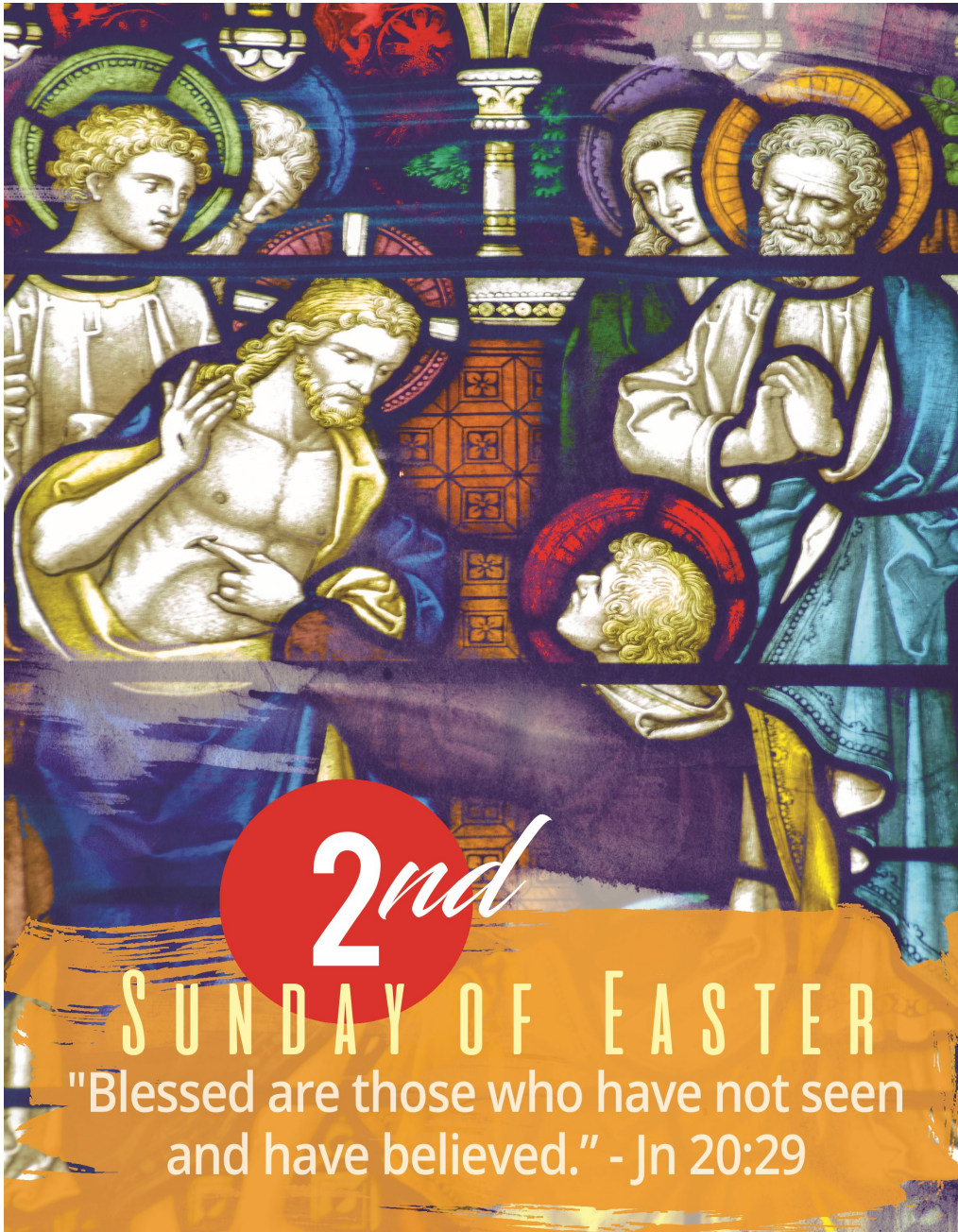


APRIL 19, 2020



2nd

SUNDAY OF EASTER

"Blessed are those who have not seen
and have believed." - Jn 20:29

Weekend Mass:

Saturday, 5:00 pm Vigil

Sunday, 8:00 am, 9:30 am, 11:15 am

Daily Mass:

Monday - Saturday, 8:00 am

Rosary:

Monday - Saturday, 7:20 a.m.

Holy Day of Obligation:

8:00 am, Noon, and 6:00 pm

Confessions:

4:00-4:45 pm Every Saturday

Exposition of the

Blessed Sacrament:

First Friday from 5:00-7:00 pm

Pastoral Staff

Fr. Mieczyslaw "Mitch" Maleszyk

Pastor

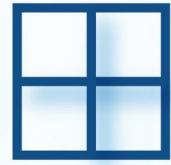
Extension 103

frmitch@stasac.org

Deacon Rich Koppes

Deacon David Cabrera, Jr.

Deacon Patrick Kearns



SAINT ANTHONY PARISH

*"The life of the body
is the soul; the life of
the soul is God." -
St. Anthony of Padua*





WELCOME

Parish Staff Phone

(916) 428-5678 + ext.

Linda DiNinni

Director of Religious Education
Extension 114

linda@stasac.org

CFF Direct Number: 916-392-6362

Christine Soriano

Youth Ministry Coordinator
Extension 116

christine@stasac.org

CFF Direct Number: 916-392-6362

Jennifer Giusti

Office Manager
Extension 101

jennifer@stasac.org

Fran Lee

Administrative Assistant
Extension 100

fran@stasac.org

Kathy Reynolds

Coordinator of Pastoral Care
916-212-9949

kathy@stasac.org

Gloria Steele

Bookkeeper

Luis Barraza

Assistant Plant Manager

Contact Information

Office Phone: 916-428-5678

Fax Number: 916-428-0312

Website: www.stasac.org

Email: office@stasac.org

Office Hours

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

Saturday: Closed

Sunday: Closed

MISSION

"The people of St. Anthony Catholic Parish are called by Christ and guided by the Holy Spirit, to live a life of holiness by doing good works through faith, worship, service and hospitality for the glory of God."



DO YOU NEED ASSISTANCE?

You should have received an email from the St. Anthony's Social Justice Ministry Team indicating that a parish team is being established to provide support for parishioners who may need an errand or a helping hand. More than fifteen wonderful volunteers responded with willingness to help. To date we have received no requests for assistance. That is great, but we want to make sure you all know that we are available to collect and deliver groceries, prescriptions, other items needed from stores, or to check in by phone or text every other day or so. If you can use any of these "services", please send your request to StAnthonyCares@gmail.com with your name and how we can contact you. We will respond as soon as possible.

UPDATE REGARDING PARISH ACTIVITIES

In light of the recent directive from Bishop Soto, these are the steps that St. Anthony Parish is taking effective immediately:

- All parish Mass celebrations, activities, classes and events have been cancelled until further notice. The church will be open during regular Mass times for private prayer and worship.
- The parish office will be closed until further notice.

We will continue to livestream Mass on Sunday's at 9:00 a.m. We will also have a daily Mass on Wednesday's at 9:00 a.m.

Link to all Masses:

<https://us04web.zoom.us/j/3598169873>

MASS INTENTIONS

Monday,	April 20	8:00 am	Joan Healy †
Tuesday,	April 21	8:00 am	Dolly McClure (SI)
Wednesday,	April 22	8:00 am	Mary Ann Koppes †
Thursday,	April 23	8:00 am	Joseph C. Andrews †
Friday,	April 24	8:00 am	Michael Balderson †
Saturday,	April 25	8:00 am 5:00 pm	Lei Aquino † Lynette Cappello Kilton & Frank Bianchini †
Sunday,	April 26	8:00 am 9:30 am 11:15 am	For the People Guadalupe Cano † Mary Ann Rodriguez (SI)

GIVE OF YOURSELF

Hopefully we all had a wonderful Lenten season as we focused on the three pillars of fasting, prayer, and almsgiving. Of course, we all know we should continue these works of charitable and loving giving throughout the year, just as Christ would have us do. One way to (literally) give of yourself is to donate blood. The blood bank is open and has significant procedures in place to be in compliance with the government mandates such as social distancing and infection control. They are always in need of donations of various blood products but even more so now with an increase in hospitalizations. By appointment only, Vitalant (formerly Bloodsource) has locations throughout the Sacramento area, but the ones most convenient to the Pocket/Greenhaven area are in midtown and Elk Grove. They have online procedures in place so that you can complete your history information prior to your appointment, thus saving time at the center. A donation of red blood cells takes less than an hour, while donating platelets or plasma will take 1 ½ - 3 hours. What a great way to help others but also feel good about yourself and get out of the house for a worthy cause!!! Give them a call at (916) 453-3000 or (866) 822-5663.

READINGS OF /THE WEEK

Monday, April 20:	Acts 4:23-31/ Jn 3:1-8
Tuesday, April 21:	Acts 4:32:37/ Jn 3:7b-15
Wednesday, April 22:	Acts 5:17-26/ Jn 3:16-21
Thursday, April 23:	Acts 35:27-33/ Jn 3:31-36
Friday, April 24:	Acts 5:34-42/ Jn 6: 1-15
Saturday, April 25:	1 Pt 5:5b-14/ Mk 16: 15-20
Sunday, April 26:	Third Sunday of Easter Acts 2:14, 22-23/ 1 Pt 1:17-21/ Lk 24:13-35



PRAYER LIST

To add a person's name to the prayer list, please contact Kathy Reynolds at 916-212-9949 or kathy@stasac.org. To keep the list current, names will remain on the list for six weeks.

Ted Acres
Pam Anderson
Bernie Ang
Daniel Arnerich
Mary Arizmendi
Judy Bezzone
Jeannette Caietti
John Darling
Jorge Delgadillo
Minda Dominguez
Larry Dun
Karen Gonzales
Emery Haugseth
Olivia Hernandez
Jeffrey Hill
Joanne Lavezzoli
Consuela Miranda
Michael McCullough
Loretta Miller
Gladys Naake
Charlene New
Quang Nguyen
John O'Connor
Marissa Ong
Alicia Perez
Jeanette Raimundo
Jeff Raimundo
Alfonso Ramirez
Sheri Ray
Larry Seaton
Ray & Barbara Ward
Howard Yenor



EVENTS

WEEK AT A GLANCE

Monday, April 20

Yoga - 8:00 a.m. in the Gym-CANCELLED

Senior Fitness - 9:45 a.m. in the Gym-CANCELLED

Tuesday, April 21

RCIA - 7:00 p.m. in the St. Mary Room-CANCELLED

Wednesday, April 22

Yoga - 8:00 a.m. in the Gym-CANCELLED

Senior Fitness - 9:45 a.m. in the Gym-CANCELLED

Children's Choir - 4:00 p.m. in the Church-CANCELLED

Adult Choir - 6:45 p.m. in the Church-CANCELLED

Yoga - 7:45 p.m. in the Gym-CANCELLED

Thursday, April 23

Men's Basketball - 6:30 p.m. in the Gym-CANCELLED

Friday, April 24

Yoga - 8:00 a.m. in the Gym-CANCELLED

Senior Fitness - 9:45 a.m. in the Gym-CANCELLED

Saturday, April 25

Confessions - 4:00 p.m. in the Church

Sunday, April 26

Men's Basketball - 1:30 p.m. in the Gym-CANCELLED

EXERCISE CLASSES

SENIOR FITNESS - CANCELLED (UNTIL FURTHER NOTICE)
with Paula, meets M-W-F at 9:45 a.m. Cost is \$3 per class. This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of "the good ol' days." Equipment supplied if needed.

YOGA - CANCELLED (UNTIL FURTHER NOTICE)
classes with different instructors are M-W-F mornings at 8:00 a.m. and Wednesday evenings at 7:45 p.m. Cost is \$5 per class. Please bring your own mat and wear comfortable clothing.

MEN'S BASKETBALL - CANCELLED (UNTIL FURTHER NOTICE)
Provides the men of our parish (primarily over 30) the opportunity to enjoy friendly competition, exercise together, and support each other. They generally play on Thursday evenings at 6:30 p.m. and Sundays at 1:30 p.m.

NEWS & EVENTS

3 EASY STEPS

TO KEEPING YOURSELF & OTHERS HEALTHY!

We are cautioned to be especially careful during the Coronavirus outbreak. Here are some simple ways to keep sickness away.



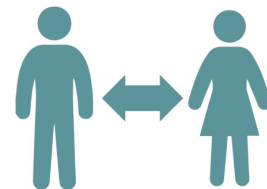
WASH YOUR HANDS

Wash your hands for at least 20 seconds using soap and water. If you can't wash your hands, use hand sanitizer frequently.



DON'T TOUCH YOUR FACE

Especially around the eyes, nose and mouth. If you must sneeze, use a tissue or your arm.



KEEP YOUR DISTANCE

Practice social distancing during this epidemic and stay away from large groups. Instead, call, email or check up on family and friends using social media.



YOUTH MINISTRY

CATHOLIC FAITH FORMATION

HAPPY EASTER! WE CELEBRATE EASTER FOR 50 DAYS!

All CFF classes and activities have been suspended for this school year.

(Whew...that was very hard to type.)

Please join us for livestreamed Mass each Sunday.

We miss you all and keep you all in prayer as we await the time we can gather together again.

Please stay healthy and safe.

Whenever the health restrictions are lifted, we plan on having a big thanksgiving celebration!

PRESCHOOL: *Dependent upon when the health restrictions are lifted, maybe we can have a Sunday morning gathering in June so we can gather one more time this school year. Stay tuned! You can still sing, "When we pray together, God is always with us!"*

Classes were discontinued just seven class sessions prior to our summer break; hopefully you walked through Holy Week Liturgies with your family. Here's what we are thinking for the remaining lessons:

PRE SACRAMENTS YEAR 1 & 2 *(Ms. Wendy, Ms. Jaime & Melissa, Ms. Dona & Ms. Kate classes)*

We will put packets together with this year's remaining chapters. You can complete at home and return them via the parish office mail drop box. We will figure out a 'due date'---Does June 15 sound fair? Stay tuned!

RECONCILIATION/EUCHARIST *(Ms. Christine's class)*

We will be dropping off your booklets on your doorsteps! We have chapter 4 & 5 to complete...and then you get to read over the Little Catechism in the back of the book. We would like to have our retreat and one 60 minute class session prior to celebrating First Communion. After the health restrictions are lifted, we can ideally schedule First Communion two-three weeks out so we can get those two above items completed. Then we will CELEBRATE! Stay tuned!

POST SACRAMENT 1-2 *(Ms. Lisa, Ms. Teresa, Mr. Alejandro & Ms. Linda classes)*

Remaining chapters may go home.

Mr. Alejandro's Monday class will have altar server training.

Maybe altar server training for Post Sac (Ms. Lisa & Ms. Teresa's classes) can be conducted! Stay tuned!

PRECONFIRMATION *(Mr. Kuhl's class)*

We will mail home the remaining chapters. Mr. Kuhl will send a weekly email with a bible reading and his weekly quiz. Mr. Kuhl would like to meet a final time this year to have your Jeopardy tournament. (And maybe you have Kuhl cash you need to spend!) Stay tuned!

BASIC CATECHESIS/RCIA YEAR 1 *(Ms. Linda's class)*

Once the health restrictions are lifted, we will have one 90 minute FAMILY SESSION to review our year and to discuss what comes next in this process. Stay tuned!

RCIA YEAR 2 *(Ms. Vicky's class)*

While we are not able to celebrate the Initiation Rites at Easter Vigil, we will still be celebrating!! The Diocese has assigned us the Pentecost Vigil (May 30) to celebrate if all goes well! Stay tuned!

CONFIRMATION YEAR 1

We had a parent/student session scheduled for April 29---It has moved to another month! For now, make sure you are completing your saint page and have returned your sponsor sheet. The retreat scheduled for May 29 may or may not be moved to another date. Stay tuned!

CONFIRMATION YEAR 2

Our April 26 Confirmation date has officially been postponed. The Diocese will reschedule Confirmations once the health restrictions are lifted. Once we have a new date and details, we will let you know. Stay tuned! One day we will have our wonderful celebration! For now: Leftover folders will be sent home. Students now have longer than April 3 to turn them in! (Let's say three weeks prior to our next scheduled Confirmation date.) If your folder is complete, feel free to it turn it in now---the parish has a 24 hour mail slot right next to the parish office door. (Located by the back parking lot.) Just alert us when you drop it off so we can look for it.

CHILDREN'S CHOIR

Hopefully you are singing joyfully at home! Hopefully, we can still sing for First Communion. When we have a new First Communion date, we will see if we can squeeze in a rehearsal and lead the celebration in song! Stay tuned!



ENVIRONMENTAL JUSTICE MINISTRY:

- *Did you know that Pope Francis' 2015 letter " Laudato Si' " (English: Praise Be to You, My Lord) calls us to take action on caring for our Common Home?*
- *Did you know Earth Day is Wednesday, April 22? Take a moment to celebrate, reflect and pray for all God's creation.*
- *Have you noticed recently clearer, bluer skies around us and the world?*
- *What is your relationship with God's creation? What are the three small lifestyle changes you can make to protect "our common home?"*
- *What does your family, school, parish, religious community, etc. do to care for the natural environment?*
- *How are the current social justice issues in our world related to care of our common home (migration, terrorism, poverty, etc.)?*

If you would like to join others at St. Anthony parish to explore environmental justice further, please drop a quick e-mail to: kim-son.ziegler@usa.net

A Christian Prayer in Union with Creation

by Pope Francis

Father, we praise you with all your creatures. They came forth from your all-powerful hand; they are yours, filled with your presence and your tender love. Praise be to you!

Son of God, Jesus, through you all things were made. You were formed in the womb of Mary our Mother, you became part of this earth, and you gazed upon this world with human eyes. Today you are alive in every creature in your risen glory. Praise be to you!

Holy Spirit, by your light you guide this world towards the Father's love and accompany creation as it groans in travail. You also dwell in our hearts and you inspire us to do what is good. Praise be to you!

Triune Lord, wondrous community of infinite love, teach us to contemplate you in the beauty of the universe, for all things speak of you. Awaken our praise and thankfulness for every being that you have made. Give us the grace to feel profoundly joined to everything that is. God of love, show us our place in this world as channels of your love for all the creatures of this earth, for not one of them is forgotten in your sight.

Enlighten those who possess power and money that they may avoid the sin of indifference, that they may love the common good, advance the weak, and care for this world in which we live.

The poor and the earth are crying out. O Lord, seize us with your power and light, help us to protect all life, to prepare for a better future, for the coming of your Kingdom of justice, peace, love, and beauty. Praise be to you! Amen.

FROM FATHER MITCH

KEEPING FAITH IN THE TIME OF CHALLENGE!

Our situation is confusing and frightening for hundreds of millions of people. That is not surprising. Many around the world are sick and many others have died. Unless the situation changes dramatically, many more will fall ill and die around the globe. This crisis raises many questions, but it raises as well for people of faith.

"Do not be afraid!" as Jesus said many times, and take actions.

Trust that God is with you. Many people, especially those who are sick, may feel a sense of isolation that compounds their fear.

Many people, especially those who are sick, may feel a sense of isolation that compounds their fear.

At the same time, we know that Jesus understands our suffering and accompanies us in the most intimate of ways. Remember that during his public ministry Jesus spent a great deal of time with those who were sick. And before modern medicine, almost any infection could kill you. Thus, lifespans were short: only 30 or 40 years. In other words, Jesus knew the world of illness.

Jesus, then, understands all the fears and worries that you have. Jesus understands you, not only because he is divine and understands all things but because he is human and experienced all things. Go to him in prayer. And trust that he hears you and is with you.

Trust in my prayers, too. We will move through this together, with God's help.



CALLING ALL SEWING SUPERSTARS

Would you like a meaningful way to contribute to the COVID-19 containment effort?

If so, your local hospital needs your talent! Methodist Hospital could use several hundred cloth masks to share with our office staff and visitors. The more quickly we are able to fill this need, the greater our ability to extend the supply of our surgical masks far into the future... a critical resource for us to continue to respond effectively needs of our community while keeping our caregivers safe.

If you or your sewing group is able to respond, please bring any masks the Methodist Hospital main lobby.

With an abundance of gratitude for the human kindness you share through your sewing talents, Dignity Health thanks you.

Here is a website link to learn how to make masks:

<https://www.wfla.com/community/health/coronavirus/how-to-make-a-homemade-face-mask-with-or-without-sewing/amp/>

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