

AUGUST 2, 2020



18TH SUNDAY IN ORDINARY TIME

He said the blessing, broke the loaves, and gave them
to the disciples, who in turn gave them to the crowds.
They all ate and were satisfied. - Mt 14:19c-20

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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Weekend Mass:

Saturday, 5:00 pm *Vigil*
Sunday, 8:00 am, 9:30 am

Daily Mass:

Monday - Friday, 8:00 am

Rosary:

Monday - Friday, 7:20 a.m.

Holy Day of Obligation:

8:00 am, Noon, and 6:00 pm

Confessions:

4:00-4:45 pm **Every Saturday**

Exposition of the

Blessed Sacrament:

First Friday from 5:00-7:00 pm

Pastoral Staff

Fr. Mieczyslaw "Mitch" Maleszyk
Pastor

Extension 103
frmitch@stasac.org

Deacon Rich Koppes

Deacon David Cabrera, Jr.

SAINT ANTHONY PARISH

*"The life of the body
is the soul; the life of
the soul is God." -
St. Anthony of Padua*





WELCOME

Parish Staff Phone

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Luis Barraza

Assistant Plant Manager

Contact Information

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Office Hours

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

Saturday: Closed

Sunday: Closed

MISSION

"The people of St. Anthony Catholic Parish are called by Christ and guided by the Holy Spirit, to live a life of holiness by doing good works through faith, worship, service and hospitality for the glory of God."



GOSPEL MEDITATION

Many people in our world are hungry and thirsty. This hunger and thirst go well beyond physical needs for food, security, and shelter. Many are emotionally and spiritually parched, too. Behind every act of violence is a soul who hungers. People live with relationships that actually starve them. They are abused, exploited, disrespected, laughed at, and marginalized. There is a lot of confusion and inner pain that needs to be acknowledged and expressed. We all long to be understood and loved, even when our inner demons or who I am make it difficult to be. Do you live with inner confusion and pain? Folks often wander through life without any real direction or purpose and take their cues from what seems satisfying or popular at the moment. The deeper dots of our lives can easily remain unconnected, and we can find ourselves without grounding, purpose, or real happiness. Life becomes shallow and without real purpose as we hunger and thirst for an ultimate love.

It is easier to see the physical hungers and thirsts. We try to respond to these as best we can. Much more needs to be done. With all

that God's earth can provide, nobody ought to face sleep at night with a belly that is empty. It is sinful. It is unjust. But is not all hunger unjust? It does not need to be, and it should not be. Just as no one ought to be physically hungry and thirsty, there is really no need to be emotionally or spiritually deficient either. If we have more privileges at our fingertips, it is easier to try to satisfy our emotional and spiritual hungers and thirst by acting on impulse or self-indulgence, carelessly following passions, or by seeking self-destructive ways to dull the ache of emptiness. Folks need to know where to look for nourishment and need the right friends to help them find it. We may not think that we have enough to respond to and to satisfy all of the needs, but we do. It does not take much. Five loaves and two fish provided for a huge crowd. With God, all things are possible. Our faith provides the direction for where God's children must go to find the nourishment they seek. It also tells us how to structure life so that justice and equity can be a reality for all. It also tells us how to respond to pain, sinfulness, and confusion. Come to the water and then help another get there.



MASS INTENTIONS

Monday,	August 3	8:00 am	Jose Francisco Oliveira †
Tuesday,	August 4	8:00 am	Andrew Dimal †
Wednesday,	August 5	8:00 am	Anna Chow & Deceased Relatives †
Thursday,	August 6	8:00 am	Idalina Mendes †
Friday,	August 7	8:00 am	Manuel Raimundo †
Saturday,	August 8	8:00 am 5:00 pm	Joan Healy † For The People
Sunday,	August 9	8:00 am 9:30 am	Jose Faria Lobao † Sheryl Katayama †

ROMANS

On every Sunday in Ordinary Time between June 21 through September 13, our second reading is from Paul's Letter to the Romans. So for the next seven Sundays, we will briefly explore the "Who, What, When, Where, and Why" of this Book of Romans placed in the New Testament after The Acts of the Apostles, and before Paul's Letter to the Church at Corinth (I Corinthians).

Who is Paul? Paul, formerly Saul, was raised and educated as a Jew (Acts 22: 3-4) and was a persecutor of Christians (Acts 8:1, 3). He was converted to Christianity on the Road to Damascus (Acts 9: 1-9), baptized (Acts 9: 10-19), and proclaimed Jesus Christ throughout much of the known world (Acts, Chapters 13-28).

Application to our life. Saul was violent in his assault against Christians but was saved and lived a life of fruitfulness in Christ. God forgives and can take even the worst of sinners and turn them into something beautiful for the work of His Kingdom.

READINGS OF THE WEEK

Monday, August 3:	<i>Jer 28:1-17/ Mt 14:22-36</i>
Tuesday, August 4:	<i>Jer 30:1-2, 12-15, 18-22/ Mt 15:1-2, 10-14</i>
Wednesday, August 5:	<i>Jer 31:1-7/ Mt 15:21-28</i>
Thursday, August 6	<i>Dn 7:9-10, 13-14/ 2 Pt 1:16-19/ Mt 17:1-9</i>
Friday, August 7:	<i>Na 2:1, 3; 3:1-3, 6-7/ Mt 16:24-28</i>
Saturday, August 8:	<i>Hb 1:12—2:4/ Mt 17:14-20</i>
Sunday, August 9:	Nineteenth Sunday in Ordinary Time <i>1 Kgs 19:9a, 11-13a/ Rom 9:1-5/ Mt 14:22-33</i>



Please pray for the repose of the soul of parishioner Annabel Lee, who died recently.

PRAYER LIST

To add a person's name to the prayer list, please contact **Kathy Reynolds** at 916-212-9949 or kathy@stasac.org. To keep the list current, names will remain on the list for six weeks.

Pam Anderson
Bernie Ang
Daniel Arnerich
Mary Arizmendi
Judy Bezzone
Gilbert Boreman
Jed Czajkowski
Michael Callahan
John Darling
Maria De La Rosa Rivera
Jorge Delgadillo
Minda Dominguez
Larry Dun
Karen Gonzales
Estella Hancock
Emery Haugseth
Jeffrey Hill
JJ Hom
Carole Jenkins
Cornelia Kanyo
Mario Lopez
Vincent Luistro
Consuela Miranda
Loretta Miller
John Paneda
Alicia Perez
Jeanette Raimundo
Jeff Raimundo
Alfonso Ramirez
Sheri Ray
Randy Rojas
Larry Seaton
Laura Stock
Mike Virga
Ray & Barbara Ward
Howard Yenor



WEEK AT A GLANCE

Monday, August 3*Yoga - 8:00 a.m. in the Gym-CANCELLED**Senior Fitness - 9:45 a.m. in the Gym-CANCELLED***Tuesday, August 4***RCIA - 7:00 p.m. in the St. Mary Room-CANCELLED***Wednesday, August 5***Yoga - 8:00 a.m. in the Gym-CANCELLED**Senior Fitness - 9:45 a.m. in the Gym-CANCELLED**Children's Choir - 4:00 p.m. in the Church-CANCELLED**Adult Choir - 6:45 p.m. in the Church-CANCELLED**Yoga - 7:45 p.m. in the Gym-CANCELLED***Thursday, August 6***Men's Basketball - 6:30 p.m. in the Gym-CANCELLED***Friday, August 7***Yoga - 8:00 a.m. in the Gym-CANCELLED**Senior Fitness - 9:45 a.m. in the Gym-CANCELLED***Saturday, August 8***Confessions - 4:00 p.m. in the Church***Sunday, August 9***Men's Basketball - 1:30 p.m. in the Gym-CANCELLED*

EXERCISE CLASSES

SENIOR FITNESS - CANCELLED (UNTIL FURTHER NOTICE)

With Paula, meets M-W-F at 9:45 a.m. Cost is \$3 per class. This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of "the good ol' days." Equipment supplied if needed.

YOGA - CANCELLED (UNTIL FURTHER NOTICE)

Classes with different instructors are M-W-F mornings at 8:00 a.m. and Wednesday evenings at 7:45 p.m. Cost is \$5 per class. Please bring your own mat and wear comfortable clothing.

MEN'S BASKETBALL - CANCELLED

(UNTIL FURTHER NOTICE)

Provides the men of our parish (primarily over age 30) the opportunity to enjoy friendly competition, exercise together, and support each other. They generally play on Thursday evenings at 6:30 p.m. and Sundays at 1:30 p.m.

NEWS & EVENTS

OUTDOOR MASS

The rising number of infections and deaths due to COVID-19, is alarming. Even as we exercise all the necessary precautions in our churches, the risk of infection is greater. Governor Gavin Newsom announced, the suspension of most indoor activities, including church services in thirty counties in the State of California. We must continue to be good neighbors, especially for the sake of the most vulnerable.

Following the guidelines put forth by the Diocese, we will celebrate Mass outdoors. We will have Mass on Sunday at 8:00 a.m. in our courtyard. This will be our only Mass. We will continue to live stream Mass at 9:30 a.m. on Sunday and 8:00 a.m. on Wednesday, however, the church will be closed during this time. We have suspended all other Masses. To continue our vigilance in keeping our friends and neighbors safe, we must still follow the directives from the Diocese. These directives include:

- *Registering for Mass. Please visit our parish website (www.stasac.org) and register for contact tracing purposes.*
- *Face Covering and Physical Distancing must be observed during the entire celebration of the Mass, even if it is outdoors.*

Thank you for your understanding during this time. We pray that you stay healthy and safe.

CATHOLIC NOVEL

In this time of isolation in our homes while cut off from person-to-person contact, many of us turn to light reading like mystery novels. How about another genre, the Catholic Novel? It is a book with a theme related to some Catholic Dogma, Catholic Moral Teaching, or some Sacramental or Liturgical practice, in which the mystery of the Catholic Faith is treated favorably. For example, in the early 1960s "Shoes of the Fisherman" by Morris West made the best seller list and was turned into a movie starring Anthony Quinn. Jesus taught in parables and did not write thick dogmatic tomes. We are moved to faith not only by intellectual studies, but also by stories told by others. For a quick overview of the Catholic Novel and list of books go to the website <https://netny.tv/>, click on "Shows," then on Catholic Novel. Be sure to view the short Episode 1, a video describing the Catholic Novel.





CATHOLIC FAITH FORMATION & YOUTH MINISTRY 2020-2021 SCHOOL YEAR UPDATE

LETTER FROM THE CFF & YM OFFICE

Dear CFF & SAYM Families,

We hope and pray that this summer has offered you moments of light and hope in the midst of these often discouraging and shadowy times. As Ms. Linda and I continue to transition and work towards assisting your children's journey of faith, I would like to take this opportunity to give THANKS and LOVE to our most joyful, faith-filled, musically-inclined (did you know she loves to sing?), compassionate, passionate, hardworking, inspirational, extraordinary and one-of-kind, director of 18 years and sister in Christ, Ms. Linda DiNinni. I know that many of our families have favorite memories of Ms. Linda coming into class as either Saint Cecilia or Saint Lidwina, screaming from being startled at every corner she turned, laughing hysterically, or hearing her beautiful singing clear across the St. Anthony campus, and so much more. The Catholic Faith Formation program at St. Anthony is deeply rooted in tradition and built upon with exceeding amounts of love and compassion, and generous doses of joy and light; not one person is immune to Ms. Linda's contagious spirit and love for God. Ms. Linda's legacy lives in the heart and soul that she constantly and consistently poured out into each and every CFF year, family, youth, student, catechist, and volunteer. To follow in this phenomenal woman's footsteps, to love and serve the youth and families of this community, is a profound honor and blessing. I am humbled by Ms. Linda's confidence in me and ask for prayers that I can serve with the same heart, mind, and spirit as my personal mentor and "partner in crime" of nearly 16 years. Please take heart, Ms. Linda is not leaving us — she signed a contract (it is here somewhere), that she may not leave, EVER. Thank you to Fr. Mitch and our St. Anthony family for their trust in me. I am reminded each day of the incredible blessing to work in God's amazing vineyard and give thanks to each of you for your continued prayers and support for our community, Ms. Linda and myself. — Ms. Christine Soriano

"To believe in God is not just to love life, but to work so that there is life." - John Sobrino, S.J.

CFF & YM 2020-21 SCHOOL YEAR PLAN

Ms. Linda and I want to share our plan moving forward in the fall for CFF. We appreciate your patience as we took time this summer to learn of daily news, updates and changes regarding the health and safety of students, their families, and teachers/staff, from local school districts and our Diocese. Following guidelines put forth by the Diocese and in compliance with health restrictions, CFF will start in October 2020 with a CFF Home School Model for the fall consisting of:

- CFF & YM Registration begins in late August.
- A monthly gathering for CFF & YM at the beginning of each month to meet your child's catechist and pick-up his/her monthly packet while keeping with all social distancing guidelines. Packets for each student are to be completed at home and returned at the next monthly gathering.
- A 30-minute bi-monthly gathering hosted by each catechist for his/her respective class.
- Since March St. Anthony Youth Ministry (SAYM) has been gathering online two to three times a week for Sunday Evening Prayer and Youth Nights. Online gatherings will continue through the fall.
- We will continue to evaluate our program throughout the fall while following the newest and latest health restrictions and guidelines. We hope to return to in-person classes in January 2021. Please continue to stay updated and check communications from the CFF & YM Office via email and the weekly bulletin.

Along with Fr. Mitch and our parish staff, thank you for your understanding during this time. The safety, health, and well-being of our CFF families, catechists, and overall parish community continue to be our top priority as we move forward. Thank you for your patience as we continue to work to ensure the spiritual health of our youth, families and volunteers. Please continue to pray, and keep hope and faith for an end to this pandemic. We continue to pray for each of you and that joyful day we can gather and celebrate together again.

We are here to assist you and your family. Please let us know if you have any questions or concerns.

Yours in Christ,
Ms. Christine & Ms. Linda

SPECIAL NOTE FOR CONFIRMATION YEAR 2

Please make sure to turn your Confirmation folders in by August 15!



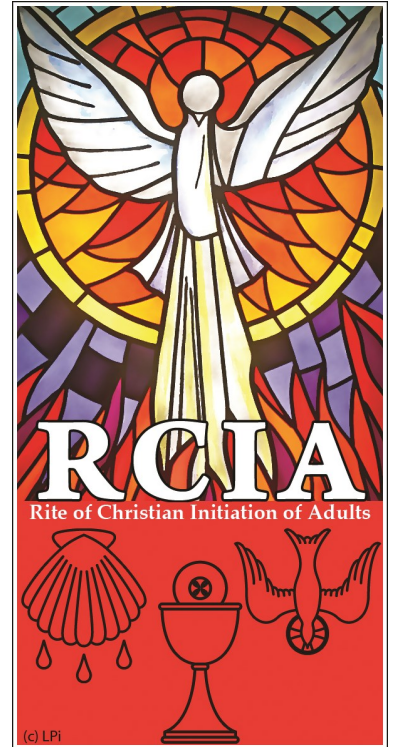
THINKING OF BECOMING A CATHOLIC? KNOW SOMEONE WHO IS INTERESTED?

The Rite of Christian Initiation of Adults (RCIA) is a process for sharing the love and teachings of Jesus Christ through the Catholic Church. The process is designed for:

- Adults who have never before been baptized.
- Adults who have been baptized in a non-Catholic church.
- Adults who have been baptized as Catholics but have not received the Sacraments of Confirmation and Holy Eucharist.

Beginning August 13, sessions will be held each Tuesday, from 7:00 to 8:30 p.m. The sessions will conclude six weeks after Easter (which will be on April 4), 2021.

If someone you know (family member, friend, neighbor, co-worker, etc.) is interested in exploring the Catholic Church more deeply by participating in the RCIA process, please share this information with them. They are encouraged to contact the parish office at 916-428-5678 or office@stasac.org.



MUSIC MINISTRY NEWS

YOUTH MUSIC MINISTRY... SUMMER STAND-BY!

YES, we greatly MISS our YOUTH VOICES & INSTRUMENTS!!! YOUTH ENSEMBLE is on hiatus since last March but let's THANK our youth cantors - Mary, Sophia & Paulyn - for having stepped up to lead songs via ZOOM and in-person during April, May and June! The spring semester ended and our junior & senior high school teens were promoted to their next grade level. Let us also say "Congratulations" to Sophia and Lorenzo (flutist), now members of the graduated Class of 2020! They will be sticking around this summer to lend their musical gifts, yay! Although the situation with COVID-19 has caused our "assembly singing" to temporarily cease until further notice, we are all encouraged to have a song in our hearts for the Lord, to keep our voices & instruments warmed-up, and to stay tuned for our impending return! What "new" praise song have you checked out lately???



SVDP RESUMES SMUD ASSISTANCE

Beginning Monday, June 15 our St. Vincent de Paul Conference resumed assisting with SMUD bills. Applicants need to provide name, address, and account number. A home visit is normally required, but our conference can verify the bill with SMUD by phone. Those living within our parish boundaries seeking assistance with this utility may call the conference at 916-204-7942 between 8:00 a.m. to 5:00 p.m., Monday through Friday. The conference is not able to provide rental assistance at this time because most members must follow the stay at home order so cannot make home visits, a rule established by the National Council.



ENVIRONMENTAL JUSTICE MINISTRY

Laudato Si': A Reflection and Celebration

*Caring for creation and our common home acknowledges that communities of color are often living in some of the most polluted neighborhoods, contributing to the systemic racism that impacts every aspect of daily life. One of our guiding documents, *Laudato Si'*, emphasizes "Everything is Connected!". Let us express our care holistically, for our planet and its ecosystems that sustains all life - for each other, our current and future generations.*

Summer Tip

Hot days can make you thirsty. Consider recycling your used drink containers. Also, put a filter on your water tap and refilling bottles with the filtered water. Instead of buying many small drink bottles, try buying drink mixes in bulk and fill your reusable bottles.

Do you want to join your brothers and sisters in Christ to further explore environmental justice? Drop a quick note to: kim-son.ziegler@usa.net.

