

AUGUST 30, 2020

# FOLLOW



“Whoever wishes to come after me must deny himself, take up his cross, and follow me.”

MATTHEW 16:24b

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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## Weekend Mass:

Saturday, 5:00 pm *Vigil*  
Sunday, 8:00 am, 9:30 am

## Daily Mass:

Monday - Friday, 8:00 am

## Rosary:

Monday - Friday, 7:20 a.m.

## Holy Day of Obligation:

8:00 am, Noon, and 6:00 pm

## Confessions:

4:00-4:45 pm **Every Saturday**

## Exposition of the

## Blessed Sacrament:

First Friday from 5:00-7:00 pm

## Pastoral Staff

**Fr. Mieczyslaw “Mitch” Maleszyk**

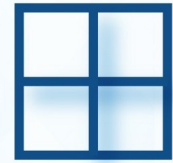
*Pastor*

*Extension 103*

*frmitch@stasac.org*

**Deacon Rich Koppes**

**Deacon David Cabrera, Jr.**



# SAINT ANTHONY PARISH

*“The life of the body is the soul; the life of the soul is God.” - St. Anthony of Padua*





# WELCOME

## Parish Staff Phone

(916) 428-5678 + ext.

### Linda DiNinni

Director of Religious Education  
Extension 114

[linda@stasac.org](mailto:linda@stasac.org)

CFF Direct Number: 916-392-6362

### Christine Soriano

Youth Ministry Coordinator  
Extension 116

[christine@stasac.org](mailto:christine@stasac.org)

CFF Direct Number: 916-392-6362

### Jennifer Giusti

Office Manager  
Extension 101

[jennifer@stasac.org](mailto:jennifer@stasac.org)

### Fran Lee

Administrative Assistant  
Extension 100

[fran@stasac.org](mailto:fran@stasac.org)

### Kathy Reynolds

Coordinator of Pastoral Care  
916-212-9949

[kathy@stasac.org](mailto:kathy@stasac.org)

### Gloria Steele

Bookkeeper

### Luis Barraza

Assistant Plant Manager

## Contact Information

Office Phone: 916-428-5678

Fax Number: 916-428-0312

Website: [www.stasac.org](http://www.stasac.org)

Email: [office@stasac.org](mailto:office@stasac.org)

### Office Hours

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

Saturday: Closed

Sunday: Closed

## MISSION

*"The people of St. Anthony Catholic Parish are called by Christ and guided by the Holy Spirit, to live a life of holiness by doing good works through faith, worship, service and hospitality for the glory of God."*



# THAT ALL MAY BE ONE

## FALL FESTIVAL CANCELLED

*It is with great disappointment that we have to cancel our beloved Parish Festival due to the COVID-19 pandemic. We will really miss the opportunity to work with the many parishioners involved in putting it on, as well as the interactions with our broader community. Just as devastating, we will be postponing or canceling the fall Dinner & Auction in November. These are two of our three major fundraisers for the parish and will be missed not only for the loss of fellowship, but also the financial support to the parish. Please consider, prayerfully, adding a little extra to your monthly contribution. We hope and pray that the Crab Feed will still take place on the first Saturday in February 2021, and we can all get back together as a community.*

## HOME COMMUNION

*If you watch our live stream Mass on Sunday morning at 9:30 and would like to receive the Body of Christ during Mass, please contact Kathy Reynolds at [kathy@stasac.org](mailto:kathy@stasac.org) or (916) 212-9949, and most Sundays we will attempt to arrange to bring Holy Communion to you to partake during the live streamed Mass.*

## WEEKLY OFFERTORY

August 22-23.....	\$13,385
August 15-16.....	\$19,441
August 8-9.....	\$5,592
August 1-2.....	\$6,634

## NEWCOMERS

*To register or update with the parish, please visit our website: [www.stasac.org](http://www.stasac.org) and "Join Us."*

## LIKE US ON FACEBOOK

*Please visit us on Facebook! Saint Anthony Parish—Sacramento. Visit our page and like us!*

## MASS INTENTIONS

Monday,	August 31	8:00 am	Roland Mardon †
Tuesday,	September 1	8:00 am	Lisa Raimundo †
Wednesday,	September 2	8:00 am	Jerry Silveira †
Thursday,	September 3	8:00 am	Avelina Bodegraven †
Friday,	September 4	8:00 am	Michael McCullough †
Saturday,	September 5	8:00 am 5:00 pm	Anna Chow † Dabo Nagafuchi †
Sunday,	September 6	8:00 am 9:30 am	Margaret Feng † David Gonzales †

## ROMANS

This is the fifth in a 7-week series to briefly explore the “who, what, when, where, and why” of Paul’s Letter to the Romans from which our second Sunday readings come until September 13<sup>th</sup>. Who is Paul, who are the Romans, what Romans is about, and when and where Romans was written were discussed in the first 4 weeks.

**Why was Romans written?** Paul desired to spread the Gospel to Spain from where he had been preaching in the eastern Mediterranean countries. So he writes this letter seeking to establish a base in Rome from which to launch his westward mission. During this time the Christians in Jerusalem were suffering from famine, so he is also probably hoping that the Christians in Rome would aid these suffering Christians. He also addresses how Jesus Christ was the fulfillment of the Messianic promises of the Old Testament (more about that next week).

**Application to our life.** We may feel inadequate to be a missionary and spread the Good News of Jesus Christ, but one does not need a theology degree to share the stories of how God has worked in your life. Then we need to live our life to show that it belongs to Christ.

## READINGS OF THE WEEK

<b>Monday, August 31:</b>	1 Cor 2:1-5/ Lk 4:16-30
<b>Tuesday, September 1:</b>	1 Cor 2:10b-16/ Lk 4:31-37
<b>Wednesday, September 2:</b>	1 Cor 3:1-9/ Lk 4:38-44
<b>Thursday, September 3:</b>	1 Cor 3:18-23/ Lk 5:1-11
<b>Friday, September 4:</b>	1 Cor 4:1-5/ Lk 5:33-39
<b>Saturday, September 5:</b>	1 Cor 4:6b-15/ Lk 6:1-5
<b>Sunday, September 6:</b>	<b>Twenty-Third Sunday in Ordinary Time</b> Ez 33:7-9/ Rom 13:8-10/ Mt 18:15-20

Please pray for the repose of the souls of **Robert Bonnici**, (father of parishioner Sue Coleman), **Gail Boreman Bird** (sister in law of parishioner Irma Belmontes Boreman) and **Tyler Zgombic** (nephew of Irma Belmontes Borman), who died recently.

## PRAYER LIST

To add a person’s name to the prayer list, please contact **Kathy Reynolds** at **916-212-9949** or [kathy@stasac.org](mailto:kathy@stasac.org). To keep the list current, names will remain on the list for six weeks.

Pam Anderson  
Bernie Ang  
Daniel Arnerich  
Mary Arizmendi  
Judy Bezzone  
Maria Chin  
Jed Czajkowski  
John Darling  
Jorge Delgadillo  
Minda Dominguez  
Larry Dun  
Karen Gonzales  
Estella Hancock  
Emery Haugseth  
Jeffrey Hill  
JJ Hom  
Carole Jenkins  
Betsey Johnson  
Cornelia Kanyo  
Lisa Lee  
Rick Lewallen  
Mario Lopez  
Vincent Luistro  
Jack & Mary Meissner  
Consuela Miranda  
Loretta Miller  
Rey & Sally Montemayor  
John Paneda  
Alicia Perez  
Catalina Perez  
Jeanette Raimundo  
Jeff Raimundo  
Alfonso Ramirez  
Sheri Ray  
Randy Rojas  
Larry Seaton  
Laura Stock  
Martha Viramontes  
Mike Virga  
Ray & Barbara Ward  
Howard Yenor



## WEEK AT A GLANCE

### Monday, August 31

Yoga - 8:00 a.m. in the Gym-CANCELLED

Senior Fitness - 9:45 a.m. in the Gym-CANCELLED

### Tuesday, September 1

RCIA - 7:00 p.m. in the St. Mary Room-CANCELLED

### Wednesday, September 2

Yoga - 8:00 a.m. in the Gym-CANCELLED

Senior Fitness - 9:45 a.m. in the Gym-CANCELLED

Children's Choir - 4:00 p.m. in the Church-CANCELLED

Adult Choir - 6:45 p.m. in the Church-CANCELLED

Yoga - 7:45 p.m. in the Gym-CANCELLED

### Thursday, September 3

Men's Basketball - 6:30 p.m. in the Gym-CANCELLED

### Friday, September 4

Yoga - 8:00 a.m. in the Gym-CANCELLED

Senior Fitness - 9:45 a.m. in the Gym-CANCELLED

### Saturday, September 5

Confessions - 4:00 p.m. in the Church- By appt. only

### Sunday, September 6

Men's Basketball - 1:30 p.m. in the Gym-CANCELLED

## EXERCISE CLASSES

### SENIOR FITNESS - CANCELLED (UNTIL FURTHER NOTICE)

With Paula, meets M-W-F at 9:45 a.m. Cost is \$3 per class. This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of "the good ol' days." Equipment supplied if needed.

### YOGA - CANCELLED (UNTIL FURTHER NOTICE)

Classes with different instructors are M-W-F mornings at 8:00 a.m. and Wednesday evenings at 7:45 p.m. Cost is \$5 per class. Please bring your own mat and wear comfortable clothing.

### MEN'S BASKETBALL - CANCELLED

(UNTIL FURTHER NOTICE)

Provides the men of our parish (primarily over age 30) the opportunity to enjoy friendly competition, exercise together, and support each other. They generally play on Thursday evenings at 6:30 p.m. and Sundays at 1:30 p.m.

## NEWS & EVENTS

### SACRAMENTO SUMMER MUSIC FESTIVAL OF CONCERTS

Mark your calendars for this weekend, August 27-30 as the VITA Academy's Great Composers Chamber Music Series (Susan Lamb Cook, Director), the Sacramento Baroque Soloists, and the Sacramento Guitar Society collaborate in presenting a series of concerts to bring our performers and audiences together in a virtual setting, through video concerts and live conversation. These performances are brought to you by the generosity of our communities. Please consider making a donation equivalent to your usual ticket purchase for each performance.

For further information and to RSVP, please visit:

<https://sacramentobaroque.org/sacsummermusic>

### BREAKING BREAD

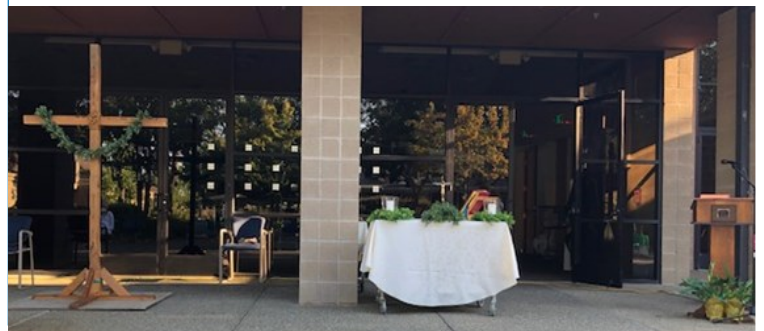
The Diocese has directed that we do not have Misalettes available for Mass, so we would like to make sure that you are able to take one home to keep. Bring it to our outdoor Mass or follow along from home. We have them available at Sunday Mass or you can call the office and make arrangements to pick one up. A delivery to your doorstep can be arranged if you would prefer! The Misalettes have all been sanitized and are ready for you to take home. Please call the office at 916-428-5678 or email us at [office@stasac.org](mailto:office@stasac.org).

### OUTDOOR MASS

Following the guidelines put forth by the Diocese, we will celebrate Mass outdoors. We have Mass on Sundays at 8:00 a.m. in our courtyard. This will be our only Mass. We will continue to live stream Mass at 9:30 a.m. on Sunday and 8:00 a.m. on Wednesday, however, the church will be closed during these times. To continue our vigilance in keeping our friends and neighbors safe, we must still follow the directives from the Diocese. These directives include:

- Registering for Mass. Please visit our parish website ([www.stasac.org](http://www.stasac.org)) and register for contact tracing purposes.
- Face Covering and Physical Distancing must be observed during the entire celebration of the Mass, even if it is outdoors.

Thank you for your understanding during this time. We pray that you stay healthy and safe.





## CATHOLIC FAITH FORMATION & YOUTH

**CFF & Youth Ministry Registration has begun!**  
**Keep an eye out for Father Mitch bringing your packet!**

### CFF & YM 2020-21 SCHOOL YEAR PLAN

We appreciate your patience as we continue to ensure the safety of our youth families while assisting you on your faith journey from afar. We continue to follow and observe updates and changes regarding health and safety restrictions and guidelines. Following directives put forth by the Diocese and in compliance with health restrictions, Catholic Faith Formation and Youth Ministry will follow a Home School model for the fall consisting of:

- A monthly gathering for CFF & YM at the beginning of each month to meet your child's catechist and pick-up his/her monthly CFF/YM packet while keeping with all social distancing guidelines. Packets for each student are to be completed at home and returned at the next monthly gathering.
- A 30-minute, semi-monthly online gathering hosted by each catechist for his/her respective class.
- For individual class information and Zoom times, please see your registration packet, or view details online.
- St. Anthony Youth Ministry weekly online gatherings will continue. Junior High and High School Ministry have been gathering online 2-3 times per week since March 2020. Online gatherings include Sunday Evening Prayer and Youth Nights.
- We will continue to evaluate our program throughout the fall while following the newest and latest health restrictions and guidelines. We hope to return to classes in person in January 2021 but will continue to update you as we go. Please stay updated and check communications from the CFF & YM Office via email and the weekly bulletin.

Along with Fr. Mitch and our parish staff, thank you for your understanding during this time. The safety, health and well-being of our CFF families, catechists and overall parish community continue to be our top priority as we move forward. Thank you for your patience as we continue to work to ensure the spiritual health of our youth, families and volunteers. Please continue to pray and keep hope and faith for an end to this pandemic. Ms. Linda and I continue to pray for each of you and that joyful day we can gather and celebrate together again.

We are here to assist you and your family. Please let us know if you have any questions or concerns.

*Yours in Christ,  
 Ms. Christine & Ms. Linda*

### CFF Begins on Sunday, October 4, 2020

- + Families can attend outdoor Mass at 8:00 a.m. (online registration for Mass required) OR livestream Mass at 9:30 a.m. on YouTube. Both links can be accessed at: [www.stasac.org](http://www.stasac.org).
- + Drive-thru CFF & YM Open House will be held in the back-parking lot (details to be emailed).
- + Meet Your Catechist & Pick-up Monthly CFF Packet
- + Blessing of the Animals

### WELCOME NEW FAMILIES!

You are welcome to call or email the CFF Office and leave your mailing address. We will get a registration packet out to you! You may also download the forms from the parish website:

[www.stasac.org](http://www.stasac.org). Look for 'Learn' then Children's Faith Formation,' and click on '2020-2021 PACKETS' under Downloads.

Contact: [christine@stasac.org](mailto:christine@stasac.org)  
 or 916-392-6362



# OUR COMMUNITY

## EZE CYPRIAN AHANEKU FOUNDATION

*Eze Cyprian Ahaneku Foundation (ECAAF) and the St. Anthony Social Justice Committee are asking for your help to support the project of rebuilding Sacred Heart School in Imo State, Nigeria. The school was damaged by two storms in 2016 and this project will enable the school children to return to their normal learning environment to continue their education. Ongoing fundraising efforts have resulted in bringing the rebuilding project to roof level. Previous parish shredding events have supported this rebuilding effort, but our June event was cancelled due to COVID-19. Because of this, we are asking parishioners for individual donations which can be made out to St. Anthony Parish, ATTN: Sacred Heart School. Thank you so much for your generosity and kindness.*

## PRAY

O God of the poor,  
help us to rescue the abandoned  
and forgotten of this earth,  
who are so precious in your eyes...  
God of love, show us our place in this world  
as channels of your love  
for all the creatures of this earth,  
God of mercy, may we receive your forgiveness  
and convey your mercy throughout our common home.  
Praise be to you!  
Amen.

Source: Message of His Holiness Pope Francis for the Celebration of the World Day of Prayer for the Care of Creation on September 1, 2016

## ENVIRONMENTAL JUSTICE MINISTRY THIS WEEK!

*Tuesday, September 1 - World Day of Prayer for the Care of Creation. Kick-off this year's celebration for Season of Creation (September 1 to October 4, 2020)*

## JUBILEE FOR THE EARTH: NEW RHYTHMS, NEW HOPE

*This year's Season of Creation is a time to consider the integral relationship between rest for the Earth and ecological, economic, social, and political ways of living. Learn more and register for a celebration event @ <https://seasonofcreation.org/>*

## RECYCLE

*See the suggested ways to recycle with The Recycle Game! Visit the website: <https://sacramento.recycle.game> (Sshhh...inside gamer easter egg: avoid the trash can with compostable items like spent fruit and veggies which can be composted at home and placed in a garden.)*

*Join others at St. Anthony to further explore environmental justice and the call to care for creation. For more information, you may e-mail: [kim-son.ziegler@usa.net](mailto:kim-son.ziegler@usa.net).*

## SVDP 5<sup>TH</sup> SUNDAY COLLECTION THIS WEEKEND

*If you are a parishioner who can only attend Sunday Mass on-line and not in person, you can still participate in the collections by donating through Faith Direct. Funds are needed to keep our church functioning. The St. Vincent de Paul Conference also needs income to help provide rent and utility assistance. You can designate a donation to SVDP on the Faith Direct facility (click on "Donate" found on parish website: [www.stasac.org](http://www.stasac.org)).*





## GOSPEL MEDITATION

*Secular pursuits only bring a temporary amount of satisfaction and fulfillment. As much as we may think that achieving worldly success, economic security, personal well-being, and self-fulfillment are worthy goals to obtain, they all are dependent on external variables and can lead to emptiness. We are trained to be very pragmatic and productive. Unless we are able to check off all of the boxes or comply with specific measurable requirements, our value and worth become questionable. Corporations, educational institutions, systems, structures, and secular ideology rarely consider deeper, more spiritual and human contributions a person can and needs to make.*

*To the secular mind, the wisdom and ideals of the Gospel are making less and less sense. Consider for a moment this question: "What profit would there be for one to gain the whole world and forfeit his life?" While Jesus is asking this very challenging question to people who are considering His message, many in our world are in a quite different place. Whether we realize it, many folks are asking a much different question. Why would you not want to gain the whole world and secure your life? If you look at where a lot of folks are investing their time, energy, and resources, it becomes obvious where current priorities rest.*

*Modern day comforts and possibilities are backing us out of our relationship with God. The fire burning in every human heart is trying to find its satisfaction in the things that humans have created and not God. Being altruistic and offering compassion for those most in need becomes a political responsibility or responsible gesture. We realize that our hearts need to be centered on something and someone who calls us out of ourselves, but we struggle and battle with naming the source of that call. God places the desire to seek, find, and love Him in the core of every soul. We are not abandoned and left to fend for ourselves. But we can easily get confused. We know that when we extend ourselves to another self-sacrificially, we are doing what is just and right. We know that we can work through suffering and loss and come out better and more whole on the other side.*

*Our minds need to be renewed so that they can begin to understand that there is much more to who we are, and that faith plays a pivotal role in achieving our true and everlasting goals. It is when we see that it is only faith that can bring us to this heightened awareness of ourselves and God that it will begin to make sense. Then, we can put things in proper perspective and consider being a disciple.*

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