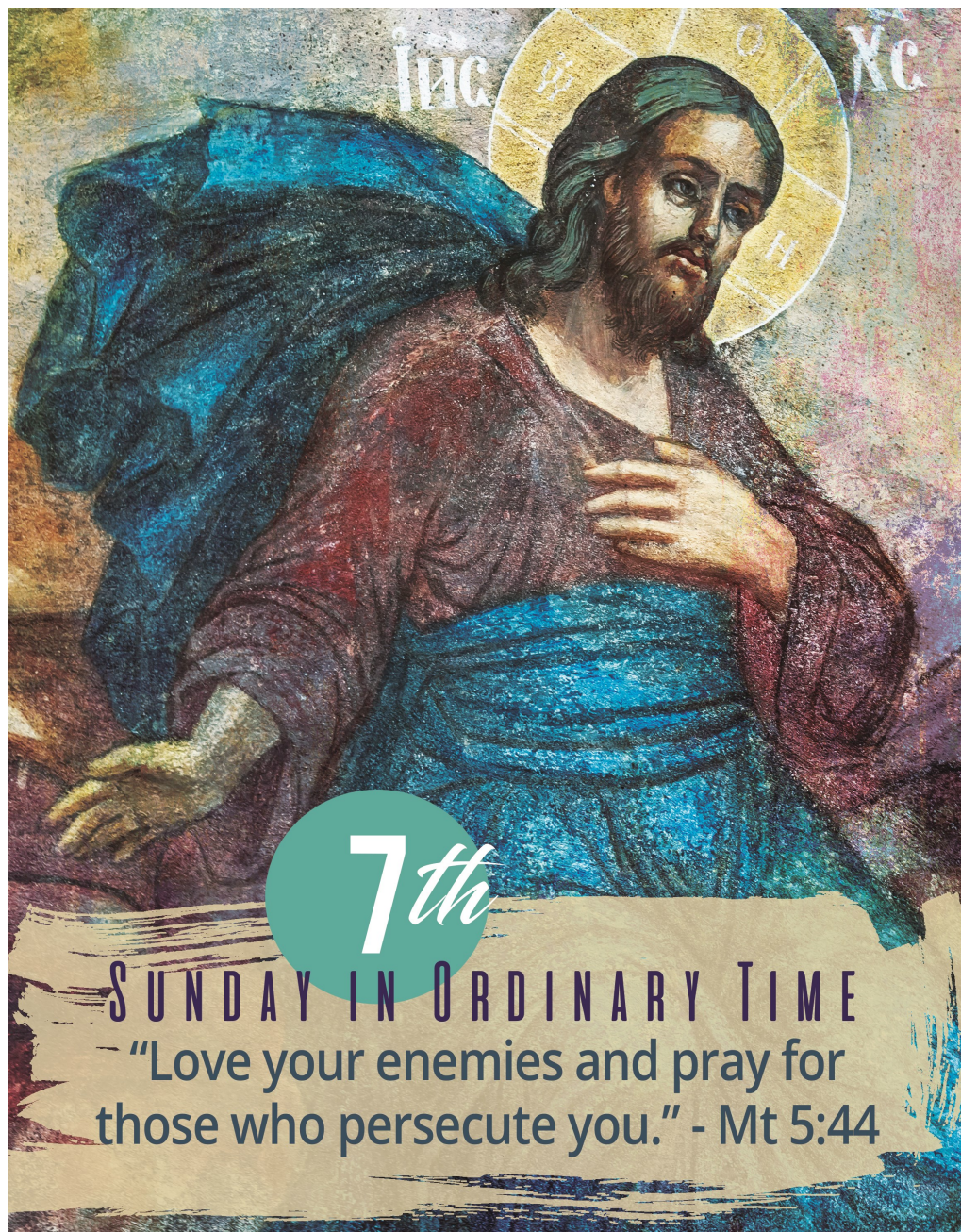


FEBRUARY 23, 2020



**Weekend Mass:**

Saturday, 5:00 pm Vigil

Sunday, 8:00 am, 9:30 am, 11:15 am

**Daily Mass:**

Monday - Saturday, 8:00 am

**Rosary:**

Monday - Saturday, 7:20 a.m.

**Holy Day of Obligation:**

8:00 am, Noon, and 6:00 pm

**Confessions:**

4:00-4:45 pm Every Saturday

**Exposition of the**

**Blessed Sacrament:**

First Friday from 5:00-7:00 pm

**Pastoral Staff**

**Fr. Mieczyslaw "Mitch" Maleszyk**

*Pastor*

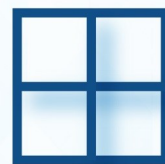
*Extension 103*

*frmitch@stasac.org*

**Deacon Rich Koppes**

**Deacon David Cabrera, Jr.**

**Deacon Patrick Kearns**



# SAINT ANTHONY PARISH

*"The life of the body  
is the soul; the life of  
the soul is God." -  
St. Anthony of Padua*







# WELCOME

## Parish Staff Phone

(916) 428-5678 + ext.

### Linda DiNinni

Director of Religious Education  
Extension 114

[linda@stasac.org](mailto:linda@stasac.org)

CFF Direct Number: 916-392-6362

### Christine Soriano

Youth Ministry Coordinator  
Extension 116

[christine@stasac.org](mailto:christine@stasac.org)

CFF Direct Number: 916-392-6362

### Jennifer Giusti

Office Manager  
Extension 101

[jennifer@stasac.org](mailto:jennifer@stasac.org)

### Fran Lee

Administrative Assistant  
Extension 100

[fran@stasac.org](mailto:fran@stasac.org)

### Kathy Reynolds

Coordinator of Pastoral Care  
916-212-9949

[kathy@stasac.org](mailto:kathy@stasac.org)

### Gloria Steele

Bookkeeper

### Luis Barraza

Assistant Plant Manager

## Contact Information

Office Phone: 916-428-5678

Fax Number: 916-428-0312

Website: [www.stasac.org](http://www.stasac.org)

Email: [office@stasac.org](mailto:office@stasac.org)

### Office Hours

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

Saturday: Closed

Sunday: Closed

## MISSION

*"The people of St. Anthony Catholic Parish are called by Christ and guided by the Holy Spirit, to live a life of holiness by doing good works through faith, worship, service and hospitality for the glory of God."*



## WOMEN IN THE BIBLE BACK FOR LENT!

Another opportunity for the women in the parish to enjoy a Sunday luncheon followed by a presentation on "Women in the Bible." Special for Lent, we will be learning more about the unique way the Bible teaches us about women and forgiveness. Mark your calendars for Sunday, March 1, at 12:30 p.m., just after the 11:15 a.m. Mass. As usual, a free will offering for the luncheon and materials is appreciated. Mothers, daughters, sisters and friends are encouraged to come with you. Call the parish office at 916-428-5678 to register to attend. Last day to RSVP is February 26.

## ASH WEDNESDAY MASS TIMES

Mass times for Ash Wednesday, February 26 are 8:00 a.m., 12:00 noon, and 6:00 p.m. Please join us as we celebrate the start of another Lenten season.

## TIME TO TURN IN YOUR OLD PALMS

Time to turn in your old palms from last year's Palm Sunday! There will be a basket in the back of the church to collect them so that the CFF classes can prepare them for Ash Wednesday.

## WEEKLY OFFERTORY

February 8-9.....	\$18,937
February 1-2.....	\$9,032
January 25-26.....	\$12,280
January 18-19.....	\$5,981
January 11-12 .....	\$17,391

## MASS INTENTIONS

Monday,	February 24	8:00 am	Anna Payne †
Tuesday,	February 25	8:00 am	Nelida DiNinni †
Wednesday,	February 26	8:00 am 12:00 noon 6:00 pm	Special Intention Sean Dunlevy & Brendan Gill † For the People
Thursday,	February 27	8:00 am	Almeida Family Members †
Friday,	February 28	8:00 am	Special Intention
Saturday,	February 29	8:00 am 5:00 pm	Emil Berger † Barbara Collins (SI)
Sunday,	March 1	8:00 am 9:30 am 11:15 am	Steven Montez † Nelida DiNinni † For The People

### ASH WEDNESDAY

Ash Wednesday will begin our Lenten journey, a season of reflection and preparation before the celebrations of Easter. We are called not only to abstain from sin during Lent, but to truly convert our hearts and minds as followers of Christ. The Bible doesn't mention "Ash Wednesday" per se, but has many references to what it traditionally represents. Here are a few verses, several of which contain the words spoken when the ashes are placed on the forehead which are "Remember that you are dust and to dust you will return" or "Turn away from sin and be faithful to the Gospel."

**Genesis 3:19** - By the sweat of your brow you shall eat bread, until you return to the ground, from which you were taken; For you are dust, and to dust you shall return.

**2 Chronicles 7:14**- If then my people, upon whom my name has been pronounced, humble themselves and pray, and seek my face and turn from their evil ways, I will hear them from heaven and pardon their sins and heal their land.

**Job 42:6** - I disown what I have said, and repent in dust and ashes.

**Ecclesiastes 3:20** - both were made from the dust, and to the dust they both return.

**Ezekiel 9:4**- Pass through the city, through the midst of Jerusalem, and mark an X on the foreheads of those who grieve and lament over all the abominations practiced within it.

**Daniel 9:3** - I turned to the Lord God, to seek help, in prayer and petition, with fasting, sackcloth, and ashes.

**Mark 1:15** - This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel.

## READINGS OF THE WEEK

Monday, February 24:	Jas 3:13-18/ Mk 9:14-29
Tuesday, February 25:	Jas 4:1-10/ Mk 9:30-37
Wednesday, February 26:	Jl 2:12-18/ 2 Cor 5:20—6:2/ Mt 6:1-6, 16-18
Thursday, February 27:	Dt 30:15-20/ Lk 9:22-25
Friday, February 28:	Is 58:1-9a/ Mt 9:14-15
Saturday, February 29:	Is 58:9b-14/ Lk 5:27-32
Sunday, March 1:	First Sunday of Lent Gn 2:7-9; 3:1-7/ Rom 5:12-19/ Mt 4:1-11



## Pray For...

**Janina Maleszyk**, mother of **Father Mieczyslaw "Mitch" Maleszyk**, died over the week-end. She was 77 years old. Her funeral Mass will be on Saturday, February 29 at 11:00 a.m. in Poland. Please pray for the repose of her soul and keep Father Mitch and his family in your prayers.

### PRAYER LIST

To add a person's name to the prayer list, please contact **Kathy Reynolds** at 916-212-9949 or [kathy@stasac.org](mailto:kathy@stasac.org). To keep the list current, names will remain on the list for six weeks.

Pam Anderson  
Mary Arizmendi  
Daniel Arnerich  
Mike Barber  
Judy Bezzone  
John Darling  
Jorge Delgadillo  
Larry Dun  
Karen Gonzales  
Randy Gonzales  
Olivia Hernandez  
Jeffrey Hill  
Joanne Lavezzoli  
Lan Le (rip)  
Michael McCullough  
Loretta Miller  
JoAnn Murray  
Gladys Naake  
Jim and Charlene New  
John O'Connor  
Marissa Ong  
Alicia Perez  
Carlos Perez Partida (rip)  
Jeanette Raimundo  
Jeff Raimundo  
Alfonso Ramirez  
Sheri Ray  
Larry Seaton  
Ray & Barbara Ward  
Howard Yenor



# EVENTS

## WEEK AT A GLANCE

### Monday, February 24

Yoga - 8:00 a.m. in the Gym

Senior Fitness - 9:45 a.m. in the Gym

### Tuesday, February 25

RCIA - 7:00 p.m. in the St. Mary Room

### Wednesday, February 26—Ash Wednesday

Mass Times: 8:00 a.m./ 12:00 noon/ 6:00 p.m.

Yoga - 8:00 a.m. in the Gym

Senior Fitness - 9:45 a.m. in the Gym

Children's Choir - 4:00 p.m. in the Church -CANCELLED

Adult Choir - 6:45 p.m. in the Church -CANCELLED

Yoga - 7:45 p.m. in the St. Mary Room -CANCELLED

### Thursday, February 27

Men's Basketball - 6:30 p.m. in the Gym

Adult Choir - 6:45 p.m. in the Church

### Friday, February 28

Yoga - 8:00 a.m. in the Gym

Senior Fitness - 9:45 a.m. in the Gym

Lenten Soup Dinner - 5:45 p.m. in the Dining Room

Stations of the Cross - 7:00 p.m. in the Church

### Saturday, February 29

Confessions - 4:00 p.m. in the Church

Pizza Night with KOC - 6:00 p.m. in the Dining Room

### Sunday, February 30

Men's Basketball - 1:30 p.m. in the Gym

## EXERCISE CLASSES

### SENIOR FITNESS

with Paula, meets M-W-F at 9:45 a.m. Cost is \$3 per class. This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of "the good ol' days." Equipment supplied if needed.

### YOGA

classes with different instructors are M-W-F mornings at 8:00 a.m. and Wednesday evenings at 7:45 p.m. Cost is \$5 per class. Please bring your own mat and wear comfortable clothing.

### MEN'S BASKETBALL

Provides the men of our parish (primarily over 30) the opportunity to enjoy friendly competition, exercise together, and support each other. They generally play on Thursday evenings at 6:30 p.m. and Sundays at 1:30 p.m.

## NEWS & EVENTS

### LENTEN SOUP DINNERS

#### BEGIN FRIDAY, FEBRUARY 28

Traditionally, every Friday during Lent, St. Anthony serves a vegetarian soup meal from 5:45 p.m. to 6:30 p.m. The meal consists of salad, two types of soup, bread, a simple dessert, coffee and punch. The suggested donation is \$5 per person over the age of 10 and all the profits will be donated to various charities to feed the hungry. The meal is a wonderful opportunity to enjoy a healthy meal and be ready to attend Stations of the Cross at 7:00 p.m. The first dinner will be on Friday, February 28 and the two soups will be Boston Clam Chowder and a vegetarian soup to be announced the week before. You may make reservations by signing up after Mass or by calling the parish office.

Helpers are needed to prepare and serve the meals. The soups are prepared on Thursdays from 3:00 - 5:00 p.m. and meal prep starts at 4:30 p.m. on Fridays. Please consider helping by working or even donating some portion of a meal. There is a volunteer signup sheet in the Narthex. Teens needing volunteer hours are greatly appreciated. If you would like to help or have questions, contact Becky Stratman at 916-428-4284 or [dbstratman@sbcglobal.net](mailto:dbstratman@sbcglobal.net)

### STATIONS OF THE CROSS

Following Soup Dinners on Friday evenings, St. Anthony will have Stations of the Cross which are held at 7:00 p.m. in the church each Friday of Lent. Please join us as we journey together toward Easter.

### STATIONS OF THE CROSS SCHEDULE

Friday Stations of the Cross are presented with a unique script each Friday by various parish ministries. You are invited to walk the Stations each Friday in Lent, but if you are only able to attend a few, here is a schedule of the various ministries who will be presenting each week:

February 28: Youth Ministry

March 6: Pastoral Care

March 13: CFF

March 20: Young@Heart

March 27: TBD

April 3: Adult RCIA

April 10: Youth Ministry & Youth RCIA

### COMMUNAL PENANCE

Our Lenten communal penance service will be held on Thursday, March 26 at 7:00 p.m. in the Church.





## YOUTH MINISTRY

# LENT COMES TO *reawaken* US

March 25 – \*Youth Night *MOVED* to  
Thursday, March 26\*

March 26 – Youth Night 6:00-8:00 p.m.  
for Communal Penance Service  
(meet at 5:15 p.m.)

April 4-5 – Lenten Lock-in  
(forms will be available in March)

April 7 – Live Stations of the Cross  
PRACTICE 5:00-7:00 p.m.

April 8 – NO YOUTH NIGHT

Good Friday, April 10 – Live Stations of  
the Cross presented by Youth Ministry &  
RCIA II Youth

## YOUTH MINISTRY @ STATIONS OF THE CROSS

Friday, February 28

SAYM has the honor of reading the Sta-  
tions of the Cross for the first Friday of  
Lent. Junior high and high school youth  
members are invited and encouraged to  
help lead this reflective Lenten tradition  
for our community. Please sign-up with  
Christine by Wednesday, Feb. 26.

## FRIDAYS IN LENT: LENTEN SOUP DINNERS

Youth volunteers are invited to help on  
Fridays during Lent. Help is needed from  
5:30-7:00 p.m.

Tasks include assisting people to their  
tables, serving food, helping in the  
kitchen, and clean-up.

Please sign-up with Christine for a Friday  
(or two!).

## COMMUNITY SERVICE OPPORTUNITIES

Feb. 28 – Stations of the Cross  
(Youth Ministry)

Mar. 15-21 – Family Promise  
(6:15-8:15 pm; email to volunteer)

Mar. 15 – Parish Breakfast

Apr. 10 – Live Stations of the Cross  
(Practice Apr. 7)

## CATHOLIC FAITH FORMATION

# RELIGIOUS EDUCATION

NEWS • NEWS • NEWS • NEWS • NEWS • NEWS • NEWS • NEWS • NEWS • NEWS • NEWS  
©LPI

## CHILDREN'S CHOIR

Remember, NO Rehearsal on Ash Wednesday!

## RCIA YEAR 1 FAMILY SESSION

Tuesday, February 25

# Ash Wednesday

©LPI

February 26

Youth Ministry meets at 5:15 p.m.--- and walks over to the  
6:00 p.m. Mass. Parents, join us at Mass!

## WHAT'S THAT ON YOUR FOREHEAD?

Q. Hey, your forehead's dirty. What's that on your forehead?

A. Ashes...they're from church. Today is Ash Wednesday, the  
first day of Lent. Catholics wear ashes to show that we want to  
change to get ready for Easter.

Q. Are they supposed to be in a shape or something? Just looks  
like a smudge to me.

A. It's supposed to be in the shape of a cross—like the one that  
Jesus died on.

Q. So you think you're something special because you're wear-  
ing ashes on your forehead?

A. No, just the opposite. It shows that without God, this is all we  
are —ashes. It's a way of admitting how much we need God.

Q. So how're you gonna change...gonna become all holy on us?

A. Just trying to become what God wants me to be...a good per-  
son.

Q. I hear you guys give up stuff for Lent too. What for?

A. Giving up stuff—like snacks or watching TV or swearing—is  
kinda like exercise---it's hard work but it makes us stronger.

Q. So you can't have fun for how long?

A. I can still have fun, I'm just gonna be doing some stuff a little  
differently for 40 days...that's how long until Easter.

Q. Then you can go back to being your old self?

A. No, that's the point---hopefully I'll be an even better version  
of myself!

## SATURDAY, FEBRUARY 29

Rite of Sending (5:00 p.m. Mass)

Rite of Election (7:30 p.m. at the Cathedral)



## FAMILY PROMISE VOLUNTEER OPPORTUNITIES

*We will be hosting the Family Promise guests the week of March 15-21. There are many opportunities to help throughout the week no matter what your age including helping with set up or take down and laundry, providing dinners, helping during after dinner activity time and sleepover. The kids especially enjoy having teens to play with after dinner. Please review the white board in the narthex to find a spot where you can help. We also always appreciate any monetary donations to help defray the costs of providing breakfasts and sack lunches.*

*Family Promise is incredibly successful in helping families transform their lives, and the personal connection provided by the host congregations means so much in their journey to self sufficiency. That cannot happen without the continued support of the dedicated community at St. Anthony's. The donation of an hour or two of your time during the week keeps this valuable program going. If you have any questions, please call Maureen Sergent at 916-798-4769.*

## KNIGHTS OF COLUMBUS FREE PIZZA PARTY

*The St. Anthony Parish Knights of Columbus Council is again throwing a FREE Pizza Party on Saturday, February 29, starting at 6:00 p.m. in the St. Anthony Memorial Center, after the 5:00 p.m. Mass.*

*The party is for all current Knights and any prospective Knights, plus their immediate families. We have seen that a pizza party is fun for our Knights and their families, as well as being an opportunity for prospective Knights and other parishioners to meet and get to know us. The Pizza Party is also for members of the Youth Ministry, and the parish Cub and Boy Scouts and their families.*

*So we can get a head count in advance, everyone is being asked to send a RSVP email to, Carlos Patterson: [carlos.patterson@comcast.net](mailto:carlos.patterson@comcast.net) by Friday, February 28. Please let us know your name, the number of adults and children, plus suggest one type of pizza you would prefer from Mountain Mike's menu <https://www.mountainmikespizza.com/menu/>. Our council will order and pay for the pizza, salad and one soda per person. Looking forward to a great party!*

## CHURCH DIRECTORY

*It has been a few years since our parish has published a church pictorial directory, so we are excited to let you know that we will be producing another one in the upcoming months. Do you ever see someone and wonder what his/her name is, or hear an announcement and wish you could put a name with a face? Our church directory can help you with that, but we need everyone to participate. There is no cost to have you, or your family's photograph taken, and you will receive a complimentary 8" X 10" portrait and directory for participating.*

*Our last week of photography sessions are February 24 through 29. Visit our parish website: [www.stasac.org](http://www.stasac.org) to schedule your appointment.*

## FAITH DIRECT

*During Lent, we focus our daily activities on growing closer to Christ through an increase in prayer, fasting, and almsgiving. It is a wonderful goal to try and extend some of the changes we make in our lives beyond the liturgical season.*

*Signing up with Faith Direct is a great way to focus on almsgiving throughout the year. It is a secure and convenient way to make a conscious decision about your financial support of our many wonderful ministries. You can find paper enrollment forms in the parish office, or you can sign up online at [faith.direct/CA749](http://faith.direct/CA749).*

## ANNUAL CATHOLIC APPEAL

*We may not all be social workers, yet through the Annual Catholic Appeal, the whole Catholic community leans in to help our Catholic charities...and our own parish, providing support to programs and ministries that help lift our neighbors and fiends out of poverty.*

*The Annual Catholic Appeal is dedicated solely to the social mission of the Church here in Northern California. Last year, 261,000 people were helped through Appeal-funded charitable works. Please be as generous as you can. Every gift makes a profound difference in someone's life.*





## SACRAMENTO DIOCESAN COUNCIL OF CATHOLIC WOMEN

*The Sacramento Diocesan Council of Catholic Women (SDCCW) will be having their 78th Annual Convention on March 21 at St. Clare Catholic Church, Roseville. The annual convention, "Be Still", is a highly anticipated event for Catholic women. Five women will be honored for their contributions. This year the convention will also include a retreat led by Christine Jurisich. Tickets are available for \$45 per person. For any questions, please call Nicole Zamora at 916-840-2138 or email: [nzamora@sfcssacramento.org](mailto:nzamora@sfcssacramento.org).*

## MOTHER—DAUGHTER PROGRAM

**Saturday, March 7 from 9:00 a.m. until 12:00 noon at Presentation Parish (4123 Robertson Ave)**

*The Mother-Daughter Programs explore God's special gift of human fertility and the beauty and wonder of God's plan for growing up and becoming a woman. The Teen and Tween Programs cover similar subject matter while differing in depth and scope. All presentations are pure, light-hearted and affirming! Contact: Jackie Roderick at 916-204-9505*

## MEDICINE OF MERCY

*Sacraments of Healing: Reconciliation and Anointing of the Sick is being presented on Saturday, March 14 from 8:30 a.m. until 4:00 p.m. at Divine Mercy Parish (2231 Club Center Drive., Sacramento 95835) Grounded in scripture and the Church's primary liturgical documents, this five-part series covers the theological principles and best practices of Catholic worship. \$35 per session (Lunch included in registration): [scdliturgy.eventbrite.com](http://scdliturgy.eventbrite.com).*

*Registration Questions? Martha Haig • [mhaig@scd.org](mailto:mhaig@scd.org) • 916-733-0131*