JANUARY 12, 2020



THE BAPTISM OF THE LORD

610

A voice came from the heavens, saying, "This is my beloved Son, with whom I am well pleased." - Mt 3:17

excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD

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Weekend Mass:

Saturday, 5:00 pm Vigil Sunday, 8:00 am, 9:30 am, 11:15 am

Daily Mass:

Monday - Saturday, 8:00 am

Rosary:

Monday - Saturday, 7:20 a.m.

Holy Day of Obligation: 8:00 am, Noon, and 6:00 pm

Confessions:

4:00-4:45 pm **Every Saturday**

Exposition of the

Blessed Sacrament:

First Friday from 5:00-7:00 pm

Pastoral Staff

Fr. Mieczyslaw "Mitch" Maleszyk Pastor Extension 103 frmitch@stasac.org

Deacon Rich Koppes

Deacon David Cabrera, Jr.

Deacon Patrick Kearns

SAINT ANTHONY PARISH

"The life of the body is the soul; the life of the soul is God." -St. Anthony of Padua



Parish Staff Phone

(916) 428-5678 + ext.

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Assistant Plant Manager

Contact Information

Office Phone: 916-428-5678
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Office Hours

Monday: 9:00 AM-5:00 PM Tuesday: 9:00 AM-5:00 PM Wednesday: 9:00 AM-5:00 PM Thursday: 9:00 AM-5:00 PM Friday: 9:00 AM-5:00 PM

Saturday: Closed Sunday: Closed

MISSION

"The people of St. Anthony Catholic Parish are called by Christ and guided by the Holy Spirit, to live a life of holiness by doing good works through faith, worship, service and hospitality for the glory of God."



YOUNG@HEART LUCHEON

The Young@Heart luncheon is Thursday, January 16. Doors will open at 11:30 a.m. and lunch will be served at 12:00 noon. The menu will include: Quiche, green salad, rolls, chocolate peppermint dessert and beverages. The cost will be \$5 for members and \$7 for guests. Reservations are required.

RSVP by Monday, January 13 to Carol Reilly (916-422-5528) or Norma Montez (916-424-3569).

The guest speaker is Bill Whiting, Bee Keeper extraordinaire.

WEEKLY OFFERTORY

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January 4-5	\$11,205
December 28-29	\$8,432
St. Vincent de Paul	\$5,855
Christmas (Dec. 25)	\$21,078
December 21-22	\$15,959
December 14-15	\$19,346
December 7-8	\$9,403

CRAB FEED TICKETS ON SALE

Tickets for the February 1 Crab Feed (\$50 per person) are on sale after all the Masses beginning THIS WEEKEND. All tickets are for reserved seating, so get together with your friends and make your reservations early to get your preferred seating. You may also purchase tickets in the parish office during the week.

RAFFLE TICKETS

If you are not on our parish mailing list, you may pick up raffle tickets in the Narthex or the Parish Office. Don't forget to turn in your raffle tickets to be eligible for the cash prizes of \$500, \$200 or \$100. Raffle tickets can be dropped in the weekly collection or mailed to the parish office. You will also have an opportunity to purchase door prize tickets at the Crab Feed for an opportunity to win a variety of great prizes.



MASS INTENTIONS

Monday,	January 13	8:00 am	Steven Montez 🕆
Tuesday,	January 14	8:00 am	Ron Wood &
Wednesday,	January 15	8:00 am	Manuel Oliveira 🕆
Thursday,	January 16	8:00 am	Trudy Boline 🕆
Friday,	January 17	8:00 am	Sal Cisneros 🕆
Saturday,	January 18	8:00 am 5:00 pm	Margaret & Richard Bailey មិ Kim Minami មិ
Sunday,	January 19	8:00 am 9:30 am 11:15 am	Anna Chow & Steven Montez & For The People

HAPPY NEW YEAR

It's pretty common to start the new year with some resolutions. Generally they fall into the health category---losing weight, working out/walking more, eating healthier, etc. or other things like getting more organized or managing finances better. But what if we rather resolved to improve our relationships and spiritual health? Wouldn't that change the world? It may not bring world peace, but it can bring peace within us. And what better way to affect the entire world than to become, as Matthew Kelly says, "the best version of ourselves." Consider doing more praying and/ or more daily Bible reading; join one of our small faith sharing Bible study groups at the parish; do something out-of-the-ordinary for a neighbor in need; visit, call or send a card to those who are homebound, sick, or dying; say thank you more; smile a lot; listen better at Mass and concentrate on the words of the readings, homily, or songs....oh my goodness, the list can go on and on. But hopefully you get the picture---improve yourself and improve those around you. HAPPY NEW YEAR!! Remember God is with you all along the way!!!

READINGS OF THE WEEK

Monday, January 13: 1 Sm 1:1-8/ Mk 1:14-20

Tuesday, January 14: 1 Sm 1:9-20/ Mk 1:21-28

Wednesday, January 15: 1 Sm 3:1-10, 19-20/ Mk 1:29-39

Thursday, January 16: 1 Sm 4:1-11/ Mk 1:40-45

Friday, January 17: 1 Sm 8:4-7, 10-22a/ Mk 2:1-12

Saturday, January 18: 1 Sm 9:1-4, 17-19; 10:1/ Mk 2:13-17

Sunday, January 19: Second Sunday in Ordinary Time

Is 49:3, 5-6/1 Cor 1:1-3/ Jn 1:29-34



Please pray for the repose of the soul of parishioners, Louise Arnerich, Visi Felemaka and May Yee who died recently.

PRAYER LIST

To add a person's name to the prayer list, please contact Kathy Reynolds at 916-212-9949 or kathy@stasac.org. To keep the list current, names will remain on the list for six weeks.

Ted Acres Pam Anderson Bernie Ang Mary Arizmendi Jeff Bezzone Judy Bezzone Annette Cronewett John Darling Jorge Delgadillo Vizminda Dominguez Larry Dun Karen Gonzales Olivia Hernandez Jeffrey Hill Lan Le Victor Lee Michael McCullough Gladys Naake Jim New John O'Connor Marissa Ong Alicia Perez Jeanette Raimundo Alfonso Ramirez Steve & Milagros Rosenow Larry Seaton Ralph Torres

Howard Yenor

EVENTS

WEEK AT A GLANCE

Monday, January 13

Yoga - 8:00 a.m. in the Gym Senior Fitness - 9:45 a.m. in the Gym

Tuesday, January 14

Men's Basketball - 6:30 p.m. in the Gym RCIA -7:00 p.m. in the St. Mary Room Knights of Columbus - 7:00 p.m. in the St. Joseph Room

Wednesday, January 15

Yoga - 8:00 a.m. in the Gym Senior Fitness - 9:45 a.m. in the Gym Children's Choir - 4:00 p.m. in the Church Adult Choir - 6:45 p.m. in the Church Yoga - 7:45 p.m. in the Gym

Thursday, January 16

Young@Heart Luncheon -11:30 a.m. in Memorial Center Men's Basketball - 6:30 p.m. in the Gym -CANCELLED St. Vincent de Paul -7:30 p.m. in the St. Mary Room

Friday, January 17

Yoga - 8:00 a.m. in the Gym Senior Fitness - 9:45 a.m. in the Gym

Saturday, January 18

Confessions - 4:00 p.m. in the Church

Sunday, January 19

KOC Parish Breakfast -after 8:00 & 9:30 Masses Men's Basketball - 1:30 p.m. in the Gym

EXERCISE CLASSES

SENIOR FITNESS

with Paula, meets M-W-F at 9:45 a.m. Cost is \$3 per class. This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of "the good ol' days." Equipment supplied if needed.

YOGA

classes with different instructors are M-W-F mornings at 8:00 a.m. and Wednesday evenings at 7:45 p.m. Cost is \$5 per class. Please bring your own mat and wear comfortable clothing.

MEN'S BASKETBALL

Provides the men of our parish (primarily over 30) the opportunity to enjoy friendly competition, exercise together, and support each other. They generally play on Thursday evenings at 6:30 p.m. and Sundays at 1:30 p.m.

NEWS & EVENTS

SUNDAY PARISH BREAKFAST

As a way to foster community spirit within Saint Anthony Parish, the Knights of Columbus will again offer a low cost but delicious Parish Breakfast in the Memorial Center on Sunday, January 19. However, because of manpower shortages for clean-up, we will only serve food after the 8:00 AM and 9:30 AM Masses. Parishioners going to the 11:15 a.m. Mass are encouraged to arrive early, at about 10:30 AM, if they would like to have breakfast before going to Mass.

The menu includes a choice of pancakes or waffles, syrup, scrambled eggs, pork sausage links, sautéed potatoes, fruit choices, coffee (regular or decaffeinated) plus orange juice, apple juice and milk. Prices are: Adults (13 to 89 years old) \$7.00, Kids (6 to 12 years old) \$4.00, and Children 5 years and younger, plus Seniors over 90 years old are FREE!

There will be a raffle and tickets will cost \$5 for six or \$1 for one. You do not need to be present to win. PLEASE COME WITH YOUR FRIENDS AND FAMILY FOR A TASTY AND FUN BREAKFAST!

HELPERS NEEDED FOR CRAB FEED

There are many opportunities for you to help with our February 1 Crab Feed.

<u>Friday, January 31:</u> food preparation (9:00 a.m. to 12:00 noon), table & chair setup (after youth basketball);

Saturday, February 1: food preparation (9:00 a.m. to 12:00 noon), final table & chair setup (8:00 a.m.), table setting (9:00 a.m.), kitchen help (5:30 p.m.), bartenders (6:00 to 11:00 p.m.), bar ticket sales (6:00 to 11:00 p.m.), raffle/door prize ticket sellers (6:00 to 8:30 p.m.), place wine on tables (7:00 - 7:30 p.m.), take down and cleanup (11:00 p.m.).

Sign up sheets are in the narthex or you may contact Dan & Becky Stratman (916-428-4284) to volunteer.





CATHOLIC FAITH FORMATION

CONFIRMATION YEAR 1

Parent/Student Conversations with Father Mitch Wednesdays, Jan. 15 & 29 Make sure you have scheduled your appointment.

FIRST RECONCILIATION

Friday, January 17 @ 7:00 p.m. Arrive by 6:50 p.m.! The service will last about an hour and then we will have a reception in the CFF building.

MARTIN LUTHER KING HOLIDAY

No CFF Classes on Sunday, Jan. 19 & Monday, Jan. 20

CONFIRMATION YEAR 2

Sunday, February 2: Fired Up at Christian Brothers High School Wednesday, February 12 Early Session



CHILDREN'S CHOIR

Children K-6th can join any time. Just show up to any rehearsal! Rehearsals are on Wednesdays at 4:00 p.m. in the church Rehearsals: Jan. 15, 22 & 29 Sing at Mass the first and third Sundays of the month. Sing at Mass: Jan. 19

YOUTH MINISTRY

AND SUDDENLY A VOICE CAME FROM HEAVEN, SAYING,
"THIS IS My beloved Son,
IN WHOM I AM WELL PLEASED."

SAYM YOUTH NIGHTS

Junior high and high school youth are invited to join us on Wednesdays at 6:30 p.m.! We hope to see you there!

COMMUNITY SERVICE OPPORTUNITIES

Jan. 19 - Knights of Columbus Breakfast

CRAB FEED 2020 SATURDAY, FEBRUARY 1

JUNIOR HIGH & HIGH SCHOOL YOUTH servers are greatly needed for this FUN, annual parish event!

If you're interested, sign-up on the list in front of the CFF & YM Office or contact Christine. Don't wait to sign-up!

CHECK-IN for youth servers is at 5:30 p.m. in the Memorial Center, St. Mary's conference room.

Be sure to eat a good meal beforehand!

REMINDERS

Volunteers must arrive on time to avoid confusion during the dinner. Important details will be given.

Dinner will be provided for youth servers in the CFF Center following service.

Youth may be picked up at 10:30 p.m.

Community service hours are available for the time worked.

Please bring your school form to be signed.

GIRLS: White collared shirt, polo or blouse (NO TANK OR HALTER TOPS), and black pants (NO LEGGINGS).

<u>BOYS:</u> White collared button down or polo and black pants.

*Wear comfortable, close-toe shoes.

*Long hair should be up or tied back.













Thank you to all our Musicians, cantors, ensembles and choirs for the beautiful music you shared with our parishioners! A special thank you to our Choir directors: Vicky De Guzman Smith, Mike Bobo, and Cindy Castronovo for leading the choirs.

Pictured from top to bottom: Youth Ensemble Adult Choir Children's Choir Adult Ensemble

MUSIC MINISTRY NEWS

A huge THANKS to our YOUTH ENSEMBLE who served the Christmas Midnight Mass - YOU ROCK!

Pictured left>right:
Lorenzo (flutist), Minhsueh
(pianist), Xavier (violinist), Diego,
John, Alejandro (drummer), Jamielee, Ly'yon, Katy, Mary, Sophia, Paulyn, Jayson, Isabella, Ms. Vicky (Director)

Next ministry in 2020!
Come join us!
11:15 a.m. Sunday Mass,
January 19
6:45-7:45 p.m. Wednesday
Practice, January 15

PRAYER AND LIFE WORKSHOPS (PLW)

Prayer and Life Workshops' objective is to instill the living God in people's hearts and make them happier.

The PLW will guide you through a series of practical prayer methods and exercises each week. As a result of deeply living the Workshop, deepening your relationship with the Lord and practicing surrender, you will learn to heal wounds of the heart, reconcile broken relationships, and let go of fear, anger, and sadness. Thus, you will slowly become filled with a peace never before imagined. You will experience a newfound freedom and recapture the joy of living! It is not a Bible class or a prayer group. There is no registration needed.

Opening Meeting: Thursday, January 23, 2020 at 7:00 p.m. To sign up, please call: Martha Garduño at 916-384-8919

OUR COMMUNITY



OUR SVDP NEEDS HELP

Thank you for your generous support in the 5th Sunday SVDP Collection last month. Your financial support helps pay rent and utilities of those in need. You can also support our conference by becoming a member who is assigned to one of four teams who answer the phone, make home visits, and record the information. A team is "on call" one week a month and make an average of two visits per week. A team is composed of at least four members. Some teams alternate their "on call" time so they only take the phone every other month, and other teams split their week among their members. SVDP members are available in the Narthex to answer questions. You may also attend a meeting held at 7:30 p.m. on every 1st and 3rd Thursday of the month in the St. Mary Room at the Memorial Center. You will receive no pressure to join. Only after attending a few meetings and making a couple of home visits you may join us if you feel that this is what you want to do. For more information call Fred or Pat Nichols (916-428-6459).

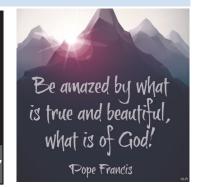
Complimentary

Consultations



916.481.7777

sacbusinesslaw.com



GET ON THE BUS VOLUNTEER TRAINING

January 25, 2020 from 10:00 a.m. until 2:00 p.m. Hosted at St. John the Evangelist Church, Carmichael

GOTB is a program of The Center for Restorative Justice Works, a non-profit organization that unites children, families and communities separated by crime and the criminal justice system. Get on the Bus advocates for the right of children to see, touch and talk to their parent who is incarcerated.

Get on the Bus arranges free transportation for children and caregivers to have a special 4-hour visit with their loved one around Mother's Day and Father's Day. Hundreds of children and their caregivers board buses and travel from cities all over the State of California to be united. If you feel the call to support this restorative justice ministry, please contact Regional Coordinator, Jackelin Aguilar at jaguilar@crjw.org.