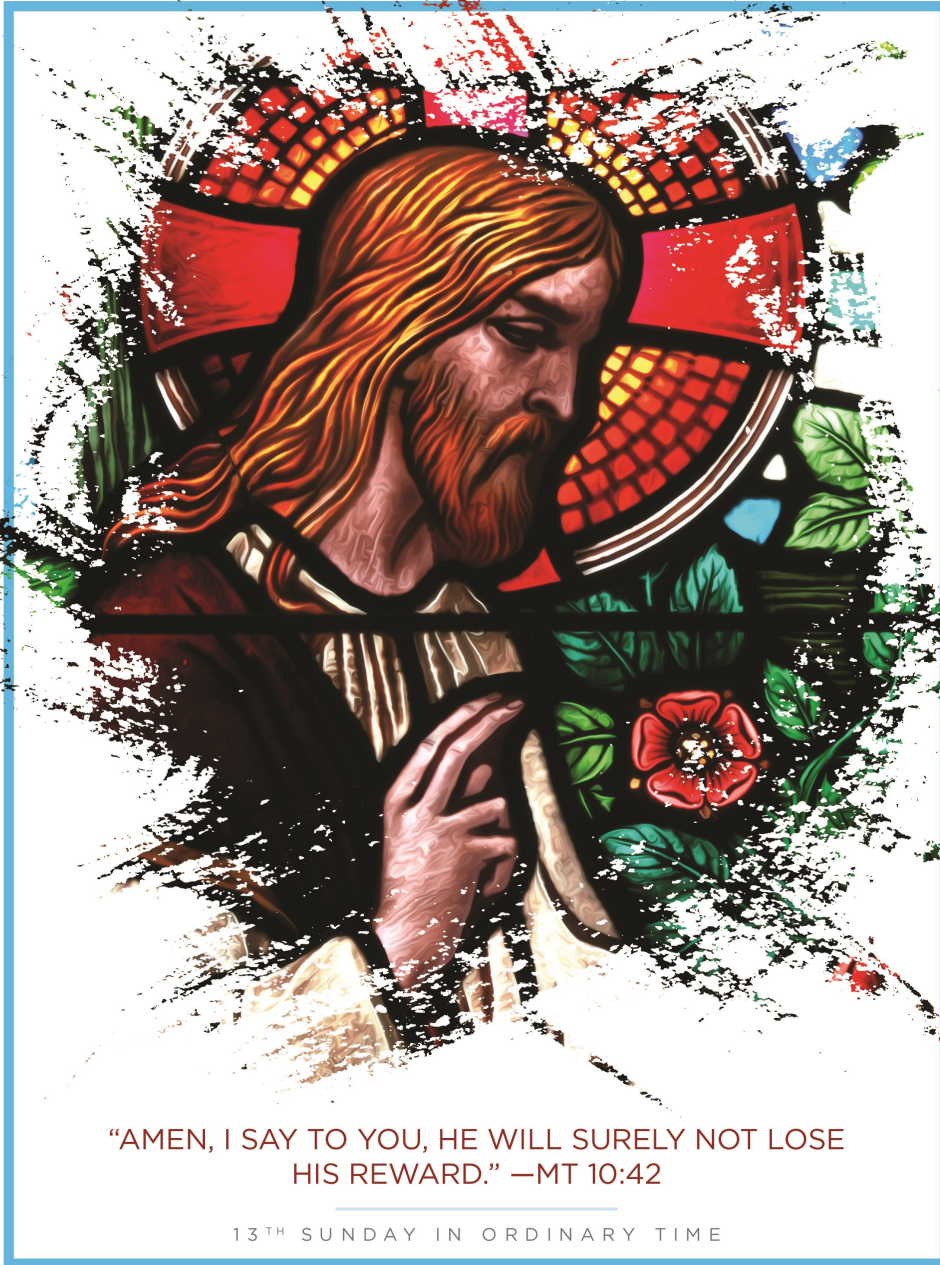


JUNE 28, 2020



"AMEN, I SAY TO YOU, HE WILL SURELY NOT LOSE  
HIS REWARD." —MT 10:42

13<sup>TH</sup> SUNDAY IN ORDINARY TIME

EXCERPTS FROM THE LECTIONARY FOR MASS ©2001, 1998, 1970 CCD. ©LPI

#### Weekend Mass:

Saturday, 5:00 pm Vigil

Sunday, 8:00 am, 9:30 am, 11:15 am

#### Daily Mass:

Monday - Friday, 8:00 am

#### Rosary:

Monday - Friday, 7:20 a.m.

#### Holy Day of Obligation:

8:00 am, Noon, and 6:00 pm

#### Confessions:

4:00-4:45 pm Every Saturday

#### Exposition of the

#### Blessed Sacrament:

First Friday from 5:00-7:00 pm

#### Pastoral Staff

Fr. Mieczyslaw "Mitch" Maleszyk

Pastor

Extension 103

[frmitch@stasac.org](mailto:frmitch@stasac.org)

Deacon Rich Koppes

Deacon David Cabrera, Jr.

# SAINT ANTHONY PARISH

*"The life of the body  
is the soul; the life of  
the soul is God." -  
St. Anthony of Padua*





# WELCOME

## Parish Staff Phone

(916) 428-5678 + ext.

### Linda DiNinni

Director of Religious Education  
Extension 114

[linda@stasac.org](mailto:linda@stasac.org)

CFF Direct Number: 916-392-6362

### Christine Soriano

Youth Ministry Coordinator  
Extension 116

[christine@stasac.org](mailto:christine@stasac.org)

CFF Direct Number: 916-392-6362

### Jennifer Giusti

Office Manager  
Extension 101

[jennifer@stasac.org](mailto:jennifer@stasac.org)

### Fran Lee

Administrative Assistant  
Extension 100

[fran@stasac.org](mailto:fran@stasac.org)

### Kathy Reynolds

Coordinator of Pastoral Care  
916-212-9949

[kathy@stasac.org](mailto:kathy@stasac.org)

### Gloria Steele

Bookkeeper

### Luis Barraza

Assistant Plant Manager

## Contact Information

Office Phone: 916-428-5678

Fax Number: 916-428-0312

Website: [www.stasac.org](http://www.stasac.org)

Email: [office@stasac.org](mailto:office@stasac.org)

### Office Hours

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

Saturday: Closed

Sunday: Closed

## MISSION

*"The people of St. Anthony Catholic Parish are called by Christ and guided by the Holy Spirit, to live a life of holiness by doing good works through faith, worship, service and hospitality for the glory of God."*



## CHURCH DIRECTORY

Father Mitch and the Parish Directory Committee would like to provide you with an update on the new Parish Directory since the start of the COVID-19 quarantine. The committee has been actively designing the products for the directory during these challenging times. We are very excited to inform you that the designing and the completion of all the materials have been sent to Lifetouch for the creation of the Parish Directory books. Lifetouch Photography, however, due to the COVID-19 and the stay-at-home restrictions, had their specialists return back to work effective June 15 and are currently dealing with a backlog. We will keep you apprised as to how soon we

can expect to receive the directory books.

In the meantime, if you did not pick up your complimentary 8 x 10 picture taken during the December 2019 and February 2020 photography sessions, they will be available for pick up after each Mass the weekend of June 27-28. If you are not able to pick up your photo on those days, please call Della Cabrera at (916) 801-8657 to make other arrangements.

## WEEKLY OFFERTORY

June 20-21.....	\$10,141
June 13-14.....	\$20,838
June 6-7.....	\$12,216
May 30-31.....	\$2,620
May 23-24.....	\$8,674



## MASS INTENTIONS

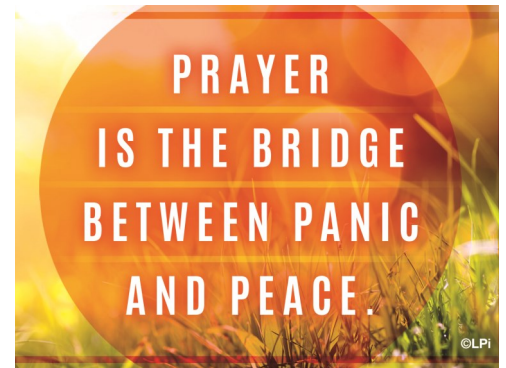
Monday,	June 29	8:00 am	Chela Ruiz †
Tuesday,	June 30	8:00 am	Mae Starzec †
Wednesday,	July 1	8:00 am	Alice Nakagawa †
Thursday,	July 2	8:00 am	Joe Starzec †
Friday,	July 3	8:00 am	Ignacio Lopez †
Saturday,	July 4	8:00 am	Frank M. Silva †
		5:00 pm	Nellie Gonzalez Sanchez †
Sunday,	July 5	8:00 am	Anna Chow & Deceased Relatives †
		9:30 am	JeanyHwh Desalme & AJ Scott (SI)
		11:15 am	For the People

## HOME COMMUNION

The Pastoral Care ministry is ready to resume home Communion! However, the eight large assisted and skilled nursing care facilities within our parish boundaries are still closed to outside visitors, but we will happily take Communion to those in private residences or private care homes. All proper and required precautions such as wearing masks, sanitizing hands, and social distancing will be employed. If you desire or know of someone who would like to receive this blessing, please contact Kathy Reynolds at (916) 212-9949 or [kathy@stasac.org](mailto:kathy@stasac.org).

## READINGS OF THE WEEK

Monday, June 29:	Acts 12:1-11/ 2 Tm 4:6-8, 17-18/ Mt 16: 13-19
Tuesday, June 30:	Am 3:1-8; 4:11-12/ Mt 8:23-27
Wednesday, July 1:	Am 5:14-15, 21-24/ Mt 8:28-34
Thursday, July 2:	Am 7:10-17/ Mt 9:1-8
Friday, July 3:	Eph 2:19-22/ Jn 20:24-29
Saturday, July 4:	Am 9:11-15/ Mt 9:14-17
Sunday, July 5:	<b>Fourteenth Sunday in Ordinary Time</b> Zec 9:9-10/ Rom 8:9, 11-13/ Mt 11:25-30



## PRAYER LIST

To add a person's name to the prayer list, please contact **Kathy Reynolds** at **916-212-9949** or [kathy@stasac.org](mailto:kathy@stasac.org). To keep the list current, names will remain on the list for six weeks.

Pam Anderson  
Bernie Ang  
Daniel Arnerich  
Mary Arizmendi  
Judy Bezzone  
Gilbert Boreman  
John Darling  
Jorge Delgadillo  
Minda Dominguez  
Larry Dun  
Lloyd Gavin  
Frank Gonzales  
Karen Gonzales  
Emery Haugseth  
Olivia Hernandez  
Jeffrey Hill  
Cornelia Kanyo  
Consuela Miranda  
Michael McCullough  
Loretta Miller  
Alicia Perez  
Jeanette Raimundo  
Jeff Raimundo  
Alfonso Ramirez  
Sheri Ray  
Randy Rojas  
Larry Seaton  
Laura Stock  
Mike Virga  
Ray & Barbara Ward  
Howard Yenor



# EVENTS

## WEEK AT A GLANCE

**Monday, June 29**

Yoga - 8:00 a.m. in the Gym-CANCELLED

Senior Fitness - 9:45 a.m. in the Gym-CANCELLED

**Tuesday, June 30**

RCIA - 7:00 p.m. in the St. Mary Room-CANCELLED

**Wednesday, July 1**

Yoga - 8:00 a.m. in the Gym-CANCELLED

Senior Fitness - 9:45 a.m. in the Gym-CANCELLED

Children's Choir - 4:00 p.m. in the Church-CANCELLED

Adult Choir - 6:45 p.m. in the Church-CANCELLED

Yoga - 7:45 p.m. in the Gym-CANCELLED

**Thursday, July 2**

Men's Basketball - 6:30 p.m. in the Gym-CANCELLED

**Friday, July 3**

Yoga - 8:00 a.m. in the Gym-CANCELLED

Senior Fitness - 9:45 a.m. in the Gym-CANCELLED

**Saturday, July 4**

Confessions - 4:00 p.m. in the Church

**Sunday, July 5**

Men's Basketball - 1:30 p.m. in the Gym-CANCELLED

## EXERCISE CLASSES

**SENIOR FITNESS - CANCELLED** (UNTIL FURTHER NOTICE)

With Paula, meets M-W-F at 9:45 a.m. Cost is \$3 per class. This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of "the good ol' days." Equipment supplied if needed.

**YOGA - CANCELLED** (UNTIL FURTHER NOTICE)

Classes with different instructors are M-W-F mornings at 8:00 a.m. and Wednesday evenings at 7:45 p.m. Cost is \$5 per class. Please bring your own mat and wear comfortable clothing.

**MEN'S BASKETBALL - CANCELLED** (UNTIL FURTHER NOTICE)

Provides the men of our parish (primarily over age 30) the opportunity to enjoy friendly competition, exercise together, and support each other. They generally play on Thursday evenings at 6:30 p.m. and Sundays at 1:30 p.m.

## NEWS & EVENTS

### ENVIRONMENTAL JUSTICE MINISTRY

**Laudato Si': A Reflection and Celebration**

*Caring for creation and our common home acknowledges that communities of color are often living in some of the most polluted neighborhoods, contributing to the systemic racism that impacts every aspect of daily life. One of our guiding documents, Laudato Si', emphasizes "Everything is Connected!". Let us express our care holistically, for our planet and its ecosystems that sustains all life - for each other, our current and future generations.*

*"A sense of deep communion with the rest of nature cannot be real if our hearts lack tenderness, compassion and concern for our fellow human beings... Concern for the environment thus needs to be joined to a sincere love for our fellow human beings and an unwavering commitment to resolving the problems of society....when our hearts are authentically open to universal communion, this sense of fraternity excludes nothing and no one."*

— Laudato Si (no. 91-92).

**Did you know?**

June 18 marked the 5th anniversary of the publication of Laudato Si' ("Praise be to you, my Lord.") and helps shepherd in a Special Anniversary Year (Now to May 2021).

Find the complete encyclical publication visiting the website: [http://w2.vatican.va/content/francesco/en/encyclicals/documents/papa-francesco\\_20150524\\_enciclica-laudato-si.html](http://w2.vatican.va/content/francesco/en/encyclicals/documents/papa-francesco_20150524_enciclica-laudato-si.html)

**Summer Tip**

Hot days can make you thirsty. Consider recycling your used drink containers. Also, put a filter on your water tap and refilling bottles with the filtered water. Instead of buying many small drink bottles, try buying drink mixes in bulk and fill your reusable bottles.

Do you want to join your brothers and sisters in Christ to further explore environmental justice? Drop a quick note to: [kim-son.ziegler@usa.net](mailto:kim-son.ziegler@usa.net)







## CATHOLIC FAITH FORMATION

### SACRAMENTO LIFE CENTER

One of the Sacramento Life Center's impactful fundraisers is the Lenten Baby Bottle Project. Clearly, the pandemic will greatly affect this project which helps contribute to those in need. We are hoping at a minimum to return their bottles so they do not need to re-invest in them. **WE NEED YOUR ASSISTANCE. Please return any Sacramento Life Center bottles that were handed out for our Lenten project.** They can be returned anytime to the church. The main parish office (by the back parking lot) has a night-time mail slot that bottles will fit in. The office will make sure your bottle gets to us and we will forward it, and any contents, to the Life Center. Thank you!

### HERE IS WHAT WE ARE PLANNING...

- ◆ We plan to celebrate the Sacrament of Confirmation on Sunday, September 20 at the 11:15 a.m. Mass.\*
- ◆ We plan to celebrate First Holy Communion on Sunday, September 27 at the 11:15 a.m. Mass.\*  
\*All details will be worked out and comfort levels discussed with families prior to the celebrations.
- ◆ What we are planning for the next CFF school year. (All plans are subject to change based on public health restrictions and recommendations.)
  - Registration will or may begin in late August.
  - CFF start date in October.
  - Classes would be reduced to ten students per class.
  - Catechists will need a parent to assist each week with disinfecting the classroom prior to class and following class.
  - Youth Ministry will continue to meet in the dining room/gym where more than ten students can socially distance themselves.

We will keep you updated on our planning process as we continue to work within the health restrictions to keep all safe. We miss everyone terribly. We continue to hold your family in prayer. We look forward to the day when we can once again celebrate our faith together.

## YOUTH MINISTRY

### SUMMER BUCKET LIST FOR CATHOLIC TEENS

-Adapted from No Greater Love Blog-

#### COMMIT TO PRAYER

Summer is the perfect time to commit to daily prayer. Though we can always find time to pray, it is even easier during summer to set aside some time for Our Lord. Before our calendars fill up, we should set some goals for spiritual growth.

#### STOP INTO RANDOM CATHOLIC CHURCHES WHILE ON TRIPS

(Yes, most churches are open for anyone to stop in for prayer even during COVID.) One of the cool things about going on trips is visiting different churches. You get to enjoy and experience the beauty of another one of God's dwelling places. And because of the universal aspect of the Church, it is still the same beautiful Mass wherever you go. (Check online for times each church is open/guidelines/restrictions.)

#### MAKE A SUMMER READING LIST AND ACTUALLY READ

What better time than summer to make a reading list? Summertime is the perfect time to sit down and get some of those books checked off. Between long car rides, trying to beat the heat inside, staying safe and in place, there is plenty of time to get some reading done!

#### SERVE

There are so many ways for people to serve their communities. Even during COVID season, we can still serve while staying safe and healthy: **help** those who cannot stay in place by contacting local homeless shelters to see what is needed or how you can help safely; **donate** towards food banks/closets, essential organizations/businesses in need of medical supplies (e.g., masks and gloves), non-profit organizations dedicated to those in need (e.g., SSIP, Loaves & Fishes, Sacramento Life Center, Family Promise); **check-in** with people to say 'hi' and have conversations; **take care** of and **be kind** to yourself and others (e.g., meditate, stay active, laugh, treat others the way you hope to be treated); **ask yourself daily**, "How can I be a light to my family, my friends, my community, right now?" We are all called to service, even in the little things, including everyday activities around the house! **Sanctity** happens everywhere!

#### COMMIT TO FOSTERING GODLY RELATIONSHIPS

What a time to reflect on relationships with family and friends! Friendship is truly our model of the love of God. God has loved us as a best friend, parent, loved one, ever since the day we were created. By fostering godly relationships with those around us, we will grow closer to God and those we love. Is God present in your relationships?



## WELCOME BACK

We have resumed daily Mass at 8:00 a.m. Monday through Friday. (Please note, there will be NO Saturday morning Mass). We will continue to live stream on Wednesday morning (please note NEW time of 8:00 a.m.).

Weekend Masses have resumed at the normal times, for Sunday Mass. We will resume with 5:00 p.m. Saturday evening Vigil. On Sunday, we will see you at 8:00, 9:30 and 11:15 a.m. Masses. The Mass at 9:30 a.m. will be live streamed and available on our YOUTUBE channel.

You **MUST** register prior to coming to Mass. Visit the website: [www.stasac.org](http://www.stasac.org) to register online for weekend Mass (maximum capacity is 100). Those who fall in the vulnerable category (i.e., individuals 65+ and persons with compromised health) are asked to continue with shelter in place ordinances. Physical distancing will be observed by those present in the church. Allow extra time to enter and exit. Sanitize hands before entering. Parishioners are asked to wear masks. Missalettes (*Breaking Bread*) and other worship aids will **not** be available in the pews. Offertory baskets will **not** be passed (there will be receptacles in the back of the church for your offertory). We will continue to omit the Sign of Peace. The reception of the Body of Christ will be **by hand only**. The Church, restrooms and all surfaces will be thoroughly sanitized and cleaned between all Masses.

If you have any questions or concerns, please feel free to email or call the office at [office@stasac.org](mailto:office@stasac.org) or 916-428-5678.



## GOSPEL MEDITATION

When we were baptized, we were baptized into Christ's death. Take a moment to ponder these profound words. We were baptized into death. In every sense of the word, we are asked to die. This is not just about our final death but about daily deaths due to inconvenience, discomfort, pain, loss, or others' needs. This is an incredible epiphany given the way we very often approach our lives. We do everything to avoid death, let alone encounter it! Many avoid pain, discomfort, inconvenience, uneasiness, change, interference, and suffering of any kind. We put a lot of energy into finding the easiest and least inconvenient way through many things. Even holding the door open for a stranger or saying hello to someone in the store can be major undertakings.

We are called to die. One of the biggest wake-up calls we can have is realizing that life is not about us! There are millions of other people sharing life on this planet with whom you have a relationship. Does my life celebrate those relationships? The most distracting question we can ask is, "What do I want to do?" The more focused, faith-filled question is, "What do I need to do?" What I need to do may not be what I want to do. However, asking this question more frequently will teach us how to more purposefully and intentionally live so we can be a life giving vessel for others. When we learn to live more sacrificially, to put the needs of others before our own, and to not always seek our own self-interest, we become aware of what baptism into Christ's death is really all about. These are the roots of virtue and the seedbed for justice, tolerance, solidarity, love, and peace.

Learning how to accept all the "small deaths" and sacrifices life calls us to teaches us how to approach our final death. All deaths ask us to empty ourselves into something or someone else. Whether we empty ourselves into the heart and soul of another human being or empty ourselves into God at the moment of our final death, new life is always received and nurtured. A heart that exclusively seeks its own interest is a heart that is closed to love. A heart that pours itself out to others and is content with being emptied is a heart that has been touched by and open to mercy. It is a heart that overflows with joy.





## SSIP UPDATE

*SSIP Food Closet client Carren Huizar with two of her grandchildren in June 2020. Families like Carren's need the Food Closet to continue to provide a variety of healthy foods for them over the summer when kids are home for every meal.*

*To donate, visit our website:*

*[www.ssipfoodcloset.org/donate](http://www.ssipfoodcloset.org/donate).*

*To learn more about Carren's family in our July e-newsletter, email:*

*[JNeeley@ssipfoodcloset.org](mailto:JNeeley@ssipfoodcloset.org) and ask to be placed on our e-mail list!*

## SVDP RESUMES SMUD ASSISTANCE

*Beginning Monday June 15 our St. Vincent de Paul Conference will resume assisting with SMUD bills. Applicants need to provide name, address, and account number. A home visit is normally required, but our conference can verify the bill with SMUD by phone. Those living within our parish boundaries seeking assistance with this utility may call the conference at 916-204-7942 between 8 a.m. to 5 p.m., Monday through Friday. The conference is not able to provide rental assistance at this time because most members must follow the stay at home order so cannot make home visits, a rule established by the National Council.*