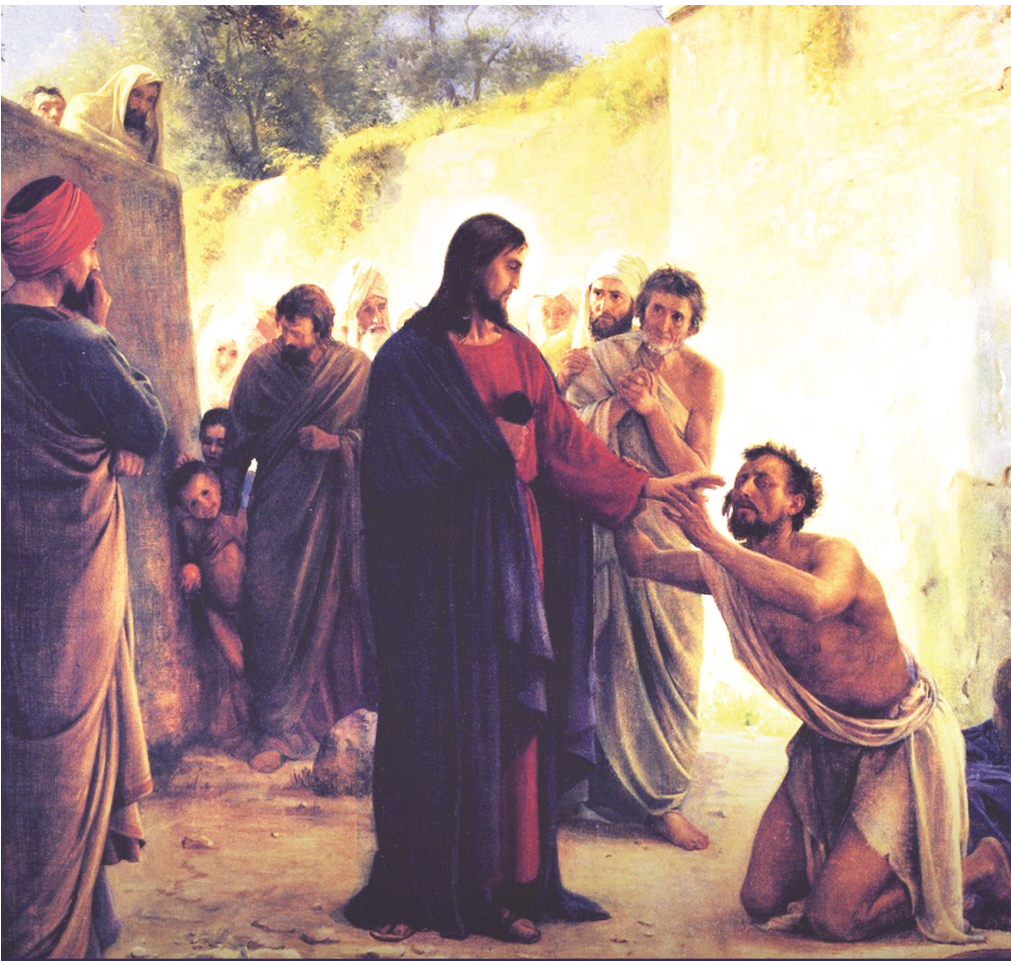


MARCH 22, 2020



4TH SUNDAY OF LENT

When Jesus heard that they had thrown him out,
he found him and said, "Do you believe in the
Son of Man?" - Jn 9:35

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

©LPI

Weekend Mass:

Saturday, 5:00 pm Vigil

Sunday, 8:00 am, 9:30 am, 11:15 am

Daily Mass:

Monday - Saturday, 8:00 am

Rosary:

Monday - Saturday, 7:20 a.m.

Holy Day of Obligation:

8:00 am, Noon, and 6:00 pm

Confessions:

4:00-4:45 pm Every Saturday

Exposition of the

Blessed Sacrament:

First Friday from 5:00-7:00 pm

Pastoral Staff

Fr. Mieczyslaw "Mitch" Maleszyk

Pastor

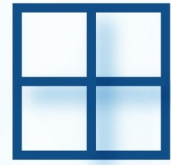
Extension 103

frmitch@stasac.org

Deacon Rich Koppes

Deacon David Cabrera, Jr.

Deacon Patrick Kearns



SAINT ANTHONY PARISH

*"The life of the body
is the soul; the life of
the soul is God." -
St. Anthony of Padua*





WELCOME

Parish Staff Phone

(916) 428-5678 + ext.

Linda DiNinni

Director of Religious Education
Extension 114

linda@stasac.org

CFF Direct Number: 916-392-6362

Christine Soriano

Youth Ministry Coordinator
Extension 116

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CFF Direct Number: 916-392-6362

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Kathy Reynolds

Coordinator of Pastoral Care
916-212-9949

kathy@stasac.org

Gloria Steele

Bookkeeper

Luis Barraza

Assistant Plant Manager

Contact Information

Office Phone: 916-428-5678

Fax Number: 916-428-0312

Website: www.stasac.org

Email: office@stasac.org

Office Hours

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

Saturday: Closed

Sunday: Closed

MISSION

"The people of St. Anthony Catholic Parish are called by Christ and guided by the Holy Spirit, to live a life of holiness by doing good works through faith, worship, service and hospitality for the glory of God."



THANK YOU

St. Anthony Parish Pastoral Council, with our Pastor Father Mitch, offer gratitude to our parishioners and invited friends who were able to attend our successful parish retreat which began on the second Sunday of Lent and the following Monday and Tuesday evenings. Our gifted presenter, Jim Ryan (JimRyanTalks.com) led us through a reflection process addressing our human side as an invitation to appreciating God's grace surrounding and empowering us. One of our attendees offered the following poem which for him and so many of us summarized our experience.

The Pastoral Council will evaluate the retreat and discern whether we offer another one next year. Please share any perspectives on that decision with members of the council before April 16.

Please be careful and stay healthy during this most interesting Lent.

GOD LEADS US.

COURAGE TO LIVE A PURPOSE-FILLED LIFE

I can no longer go on living by denying and suppressing my soul's desire. I want to live and celebrate my life each day! Although I am responsible, I cannot use that as an excuse for not living and manifesting my Creator's greatness in me. For myself, the only sin is to let this day pass without having done my best, without having loved, without having stretched out my hand to help someone in need, without having given a simple word of encouragement to someone who is discouraged... For throughout my travels of life I believe I have finally come to understand that which is written in the greatest book of all times:

*"This is the day the Lord has made; Let us rejoice and be glad in it." Psalms 118:24
Wishing you Peace and Joy,*

—John F. Cimino Jr.

MASS INTENTIONS

Monday,	March 23	8:00 am	Millie Casarino †
Tuesday,	March 24	8:00 am	Eldon Koob †
Wednesday,	March 25	8:00 am	Joan Healy †
Thursday,	March 26	8:00 am	Peggy Houlihan †
Friday,	March 27	8:00 am	Almeida Family Members †
Saturday,	March 28	8:00 am 5:00 pm	Cecelia Chow † For the People
Sunday,	March 29	8:00 am 9:30 am 11:15 am	Dabo Nagafuchi † Eldon Koob † Nelida DiNinni †

ALMSGIVING DURING LENT

Almsgiving is one of the three pillars of Lent (adding to prayer and fasting which were discussed in previous Sunday bulletins). It's a word we don't use in our everyday language, but it's something we are called to do throughout the year, not just during Lent when there is a greater emphasis as we prepare our hearts for Easter. The dictionary definition of "alms" is "money or goods given to the poor in charity." During Lent we are called to concentrate more on our charitable works for others, and there are special collections that contribute directly to those in need. While that is encouraged and commendable, your charity does not have to be monetary. Donations to food banks; bringing food when we host the families of Family Promise; using your time and talents to assist in charitable endeavors; calling, visiting, or writing a note to someone who may be lonely or sick; offering to do errands for those who have difficulty doing for themselves; or simply consoling someone who is grieving or anguished are a few ways to "give alms." How are you compassionately making the needs of other people your own during this Lent?

READINGS OF THE WEEK

Monday, March 23:	Is 65:17-21/ Jn 4:43-54
Tuesday, March 24:	Ez 47:1-9, 12/ Jn 5:1-16
Wednesday, March 25:	Is 7:10-14; 8:10/ Heb 10:4-10/ Lk 1:26-38
Thursday, March 26:	Ex 32:7-14/ Jn 5:31-47
Friday, March 27:	Wis 2:1a, 12-22/ Jn 7:1-2, 10, 25-30
Saturday, March 28:	Jer 11:18-20/ Jn 7:40-53
Sunday, March 29:	Fifth Sunday of Lent Ez 37:12-14/ Rom 8:8-11/ Jn 11:1-45

MEMORIALIZE A DECEASED PARISHIONER

There will be a remembrance page in our upcoming parish directory for photos of deceased St. Anthony parishioners. If you would like to submit a photo of a deceased loved one, please contact the parish office at 916-428-5678 or email us at office@stasac.org.

Please pray for the repose of the soul of, Ramona Santistevan (aunt of parishioner Toni Taylor), who died recently.

PRAYER LIST

To add a person's name to the prayer list, please contact Kathy Reynolds at 916-212-9949 or kathy@stasac.org. To keep the list current, names will remain on the list for six weeks.

Ted Acres
Pam Anderson
Bernie Ang
Daniel Arnerich
Mary Arizmendi
Mike Barber
Judy Bezzone
Jeannette Caietti
John Darling
Jorge Delgadillo
Minda Dominguez
Larry Dun
Karen Gonzales
Emery Haugseth
Olivia Hernandez
Jeffrey Hill
Joanne Lavezzoli
Consuela Miranda
Michael McCullough
Loretta Miller
Gladys Naake
Charlene New
Quang Nguyen
John O'Connor
Marissa Ong
Alicia Perez
Jeanette Raimundo
Jeff Raimundo
Alfonso Ramirez
Sheri Ray
Larry Seaton
Ray & Barbara Ward
Howard Yenor



WEEK AT A GLANCE

Monday, March 23

Yoga - 8:00 a.m. in the Gym-CANCELLED

Senior Fitness - 9:45 a.m. in the Gym-CANCELLED

Tuesday, March 24

RCIA - 7:00 p.m. in the St. Mary Room-CANCELLED

Wednesday, March 25

Yoga - 8:00 a.m. in the Gym-CANCELLED

Senior Fitness - 9:45 a.m. in the Gym-CANCELLED

Children's Choir - 4:00 p.m. in the Church-CANCELLED

Adult Choir - 6:45 p.m. in the Church-CANCELLED

Yoga - 7:45 p.m. in the Gym-CANCELLED

Thursday, March 26

Men's Basketball - 6:30 p.m. in the Gym-CANCELLED

Friday, March 27

Yoga - 8:00 a.m. in the Gym-CANCELLED

Senior Fitness - 9:45 a.m. in the Gym-CANCELLED

Soup Dinner - 5:45 p.m. in the Dining Room-CANCELLED

Stations of the Cross - 7:00 p.m. in the Church-CANCELLED

Saturday, March 28

Confessions - 4:00 p.m. in the Church

Sunday, March 29

Men's Basketball - 1:30 p.m. in the Gym-CANCELLED

EXERCISE CLASSES

SENIOR FITNESS -CANCELLED (UNTIL FURTHER NOTICE)
with Paula, meets M-W-F at 9:45 a.m. Cost is \$3 per class. This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of "the good ol' days." Equipment supplied if needed.

YOGA -CANCELLED (UNTIL FURTHER NOTICE)
classes with different instructors are M-W-F mornings at 8:00 a.m. and Wednesday evenings at 7:45 p.m. Cost is \$5 per class. Please bring your own mat and wear comfortable clothing.

MEN'S BASKETBALL-CANCELLED (UNTIL FURTHER NOTICE)
Provides the men of our parish (primarily over 30) the opportunity to enjoy friendly competition, exercise together, and support each other. They generally play on Thursday evenings at 6:30 p.m. and Sundays at 1:30 p.m.

NEWS & EVENTS

A BIG THANK YOU

Thank you does not seem enough to say to all the parishioners who helped me during my recent surgery and recovery. I was overwhelmed by the love, kindness and help you bestowed on me, and I will be eternally grateful that I belong to such a wonderful parish. May God Bless you all.

~Kate Ellis

STAY AT HOME RESOURCES

Read daily Bible readings:

- Our parish app posts daily Bible readings for each day - www.myparishapp.com
- United States Conference of Catholic Bishops - www.usccb.org/bible/readings
- Magnificat is honored to provide a free download of the Magnificat for your iOS or android phone - <https://bookstore.magnificat.net/ebooks-and-apps/app.html>

PRAY WITHOUT CEASING.

EASTER FLOWER MEMORIALS

Flowering spring plants will decorate the sanctuary during the Easter season. If you would like to purchase one (\$15) in memory or in honor of a loved one, please complete the form below and return it to the parish office **no later than Friday, April 3.**

****You will be able to take home your memorial plant after the Easter season ends in May.**

Name of person(s) for whom plant is requested

_____ Living _____ Deceased

Name of person(s) requesting plant





YOUTH MINISTRY

**PRAYER FROM POPE FRANCIS
TO OUR LADY,
HEALTH OF THE SICK,
TO IMPORE HER PROTECTION
DURING THE COVID-19
CORONAVIRUS PANDEMIC:**

*O Mary, you shine continuously
on our journey as a sign of
salvation and hope.*

*We entrust ourselves to you,
Health of the Sick.*

*At the foot of the Cross you
participated in Jesus' pain, with
steadfast faith.*

*You, Salvation of the Roman
People, know what we need.*

*We are certain that you will
provide, so that, as you did at
Cana of Galilee,*

*joy and feasting might return
after this moment of trial.*

*Help us, Mother of Divine
Love, to conform ourselves to
the Father's will*

*and to do what Jesus tells us.
He who took our sufferings upon
Himself, and bore our sorrows to
bring us,*

*through the Cross, to the joy of
the Resurrection. Amen.*

*We seek refuge under your pro-
tection, O Holy Mother of God.*

*Do not despise our pleas - we
who are put to the test - and de-
liver us from every danger, O
glorious and blessed Virgin.*

CATHOLIC FAITH FORMATION

**ALL CFF CLASSES AND ACTIVITIES HAVE BEEN
SUSPENDED UNTIL EASTER.
BUT...WE CAN STILL WORK ON OUR THREE
LENTEN TRADITIONS!**

*Prayer, Fasting, Almsgiving...
Prayer for the good of the soul;
Fasting for the good of the body;
Almsgiving for the good of our neighbor.
Gertrude Mueller Nelson*

NOW IS A GREAT TIME TO PRAY AS A FAMILY!

*We can't say we don't have the time.
Now is a great time to make sure your children know
the basic prayers of our faith
...work with your little ones.*

**NOW IS A GREAT TIME TO PAY ATTENTION TO
YOUR LENTEN CALENDARS!**

*Go to loyolapress.com: click on Liturgical Year...
Lent...Activities...Family Lenten Calendar---
it's a good one!*

**THE CHURCH IS OPEN DURING THE DAY—YOU MAY
EVEN HAVE THE WHOLE BUILDING TO
YOURSELVES!**

*A variety of Station booklets are in the back of the
church...bring your family and walk the Stations.*

**THE CFF OFFICE WILL NOT BE OPEN BUT LET US
KNOW HOW WE CAN ASSIST YOU!**

*Please know if you want to pick up lessons, Lenten devotionals,
or 'how to pray the rosary' kits, etc....we can assist you!*

HOLY WEEK LITURGIES...

*Stay tuned for updates on these liturgies---this might be
the year you have the time to attend them!*

*We will miss you all and keep you all in prayer as we await
the time we can gather again. Please stay healthy and
safe. Enjoy the family time we have been blessed with.*



UPDATE REGARDING PARISH ACTIVITIES

As you may know, the Diocese has sent out guidelines for the parishes regarding the COVID-19 pandemic. Upon the advice of the local county health officers, the Bishops office is asking parishes to take the following measures through the month of March effective immediately:

- Cancel all communal Lenten Penance Services during the month of March. Consider offering additional times during the week for individual confessions
- Suspend group baptisms and consider individual baptisms.
- Remove the holy water from the small fonts by church doors and/or large baptismal fonts
- Cancel any indoor gathering that is not essential (crab feeds, pancake breakfasts, fundraising events, potluck dinners, soup suppers, etc).
- Any assemblies in parochial schools and religious education programs are suspended through the month of March.
- CFF program has cancelled classes until further notice.
- Masses on weekdays and Sundays will be suspended effective immediately. The church will be open for private prayer and adoration.

SOUP DINNERS & FISH FRY

Soup Dinners and the KOC Fish Fry at St. Anthony have been cancelled.

STATIONS OF THE CROSS

Stations of the Cross will not be led by any ministries. The church will be open on Friday at 7:00 p.m. if you would like to walk the stations with Father Mitch.

COMMUNAL PENANCE

There will be NO Communal Penance Service on Thursday, March 26. However, the church will be open for individual confessions on March 26 from 7:00 until 8:00 p.m.

DECREE

On March 11, 2020, I granted a dispensation from the obligation to attend Mass on Sunday for those members of the Faithful who are sixty years of age and older as well as those suffering vulnerable health conditions.

Due to new instructions provided by State and local public health officials, I now extend this dispensation to include all members of the Catholic Faithful from the obligation to attend Mass on Sunday. This dispensation will continue until further notice.

In granting this dispensation I remind the Catholic Faithful to properly observe the third commandment, Keep Holy the Lord's Day. The Catechism of the Catholic Church teaches us: On Sundays and other holy days of obligation, the faithful are to refrain from engaging in work or activities that hinder the worship owed to God, the joy proper to the Lord's Day, the performance of the works of mercy, and the appropriate relaxation of mind and body. Family needs or important social service can legitimately excuse from the obligation of Sunday rest." (CCC, 2185)

All the Faithful should seek with greater intention to consecrate the day with prayer and attention given to building up the family.

I encourage the faithful to offer a rosary on Sundays for the intention of all those afflicted by the virus, COVID-19 as well as for the sanctification of the Faithful and Clergy during this Lenten Season. I recommend a family recitation of the rosary as a healthy and holy practice during Lent as well as throughout the year.

I instruct the pastors of parishes in the Diocese to educate the faithful about this dispensation as well as other public health precautions to be observed at this time.

Please pray for those afflicted with COVID-19, their families, and all caregivers. May intercession of our Blessed Mother Mary bring us the healing mercy and grace of her Son, Jesus.

+Jaime Soto
Bishop of Sacramento

WHY DONATE TO SVDP?

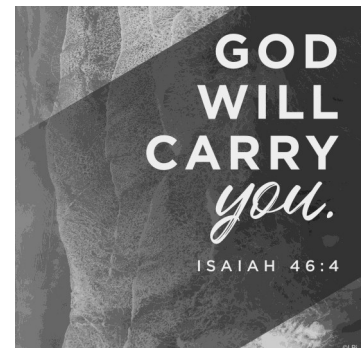
Here are some good reasons for donating to next week-end's St. Vincent de Paul 5th Sunday Collection. First, the clients who receive assistance are our neighbors who may live on our block or just around the corner. Funds are not dispersed to the client, but rather they are directed to the apartment management and utility company. SVDP members vet the clients by making a home visit and listening to the client's situation. The conference operating expenses are extremely low: 98 percent of the funds are for assisting

OFFICE CLOSURE

Due to the current situation we are in, the office will be closed to the public until further notice. If you need to reach us, please leave us a voicemail message or email: office@stasac.org. We will monitor the messages and respond as soon as possible. Thank you.

WEEKLY OFFERTORY

March 14-15.....	\$6,119
March 7-8.....	\$15,230
February 29 - March 1.....	\$9,939
February 22-23.....	\$11,121
February 14-15.....	\$8,231





ARE YOU CONCERNED ABOUT GLOBAL CLIMATE CHANGE?

"Never have we so hurt and mistreated our common home as we have in the last two hundred years. We must change our day to day actions to live more sustainably. Reducing greenhouse gases requires honesty, courage and responsibility." Pope Francis

Parishioners who are concerned about Global Climate Change are invited to join a grass-roots effort in the Sacramento City and South Suburbs Deaneries to focus on the issue

of climate change. The Holy Father, through his Encyclical, Laudato Si, has called on the universal Church to be engaged in protecting God's creation. If you have an interest in learning more about the Church's teaching, growing in your understanding of the threats we face, and down to earth steps we can take to change the situation, please e-mail Rich Fowler at richowfman@gmail.com. Rich is a parishioner at St. Anthony Parish and is working with others to create this new task force.

SECOND COLLECTION FOR CRS THIS WEEKEND

This weekend (March 21-22), our parish will take up The Catholic Relief Services Collection (CRSC). Funds from this collection provide food to the hungry, support displaced refugees, and bring Christ's love and mercy to all people here and abroad. Please give generously to the CRSC, and help Jesus in disguise. Learn more about the collection at: www.usccb.org/catholic-relief.