

MARCH 29, 2020

# With the Lord there is mercy and redemption.

PSALM 130



© LPI

## **Weekend Mass:**

Saturday, 5:00 pm Vigil

Sunday, 8:00 am, 9:30 am, 11:15 am

## **Daily Mass:**

Monday - Saturday, 8:00 am

## **Rosary:**

Monday - Saturday, 7:20 a.m.

## **Holy Day of Obligation:**

8:00 am, Noon, and 6:00 pm

## **Confessions:**

4:00-4:45 pm Every Saturday

## **Exposition of the**

## **Blessed Sacrament:**

First Friday from 5:00-7:00 pm

## **Pastoral Staff**

**Fr. Mieczyslaw "Mitch" Maleszyk**

Pastor

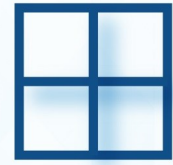
Extension 103

[frmitch@stasac.org](mailto:frmitch@stasac.org)

**Deacon Rich Koppes**

**Deacon David Cabrera, Jr.**

**Deacon Patrick Kearns**



## SAINT ANTHONY PARISH

*"The life of the body  
is the soul; the life of  
the soul is God." -  
St. Anthony of Padua*





# WELCOME

## Parish Staff Phone

(916) 428-5678 + ext.

### Linda DiNinni

Director of Religious Education  
Extension 114

[linda@stasac.org](mailto:linda@stasac.org)

CFF Direct Number: 916-392-6362

### Christine Soriano

Youth Ministry Coordinator  
Extension 116

[christine@stasac.org](mailto:christine@stasac.org)

CFF Direct Number: 916-392-6362

### Jennifer Giusti

Office Manager  
Extension 101

[jennifer@stasac.org](mailto:jennifer@stasac.org)

### Fran Lee

Administrative Assistant  
Extension 100

[fran@stasac.org](mailto:fran@stasac.org)

### Kathy Reynolds

Coordinator of Pastoral Care  
916-212-9949

[kathy@stasac.org](mailto:kathy@stasac.org)

### Gloria Steele

Bookkeeper

### Luis Barraza

Assistant Plant Manager

## Contact Information

Office Phone: 916-428-5678

Fax Number: 916-428-0312

Website: [www.stasac.org](http://www.stasac.org)

Email: [office@stasac.org](mailto:office@stasac.org)

### Office Hours

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

Saturday: Closed

Sunday: Closed

## MISSION

*"The people of St. Anthony Catholic Parish are called by Christ and guided by the Holy Spirit, to live a life of holiness by doing good works through faith, worship, service and hospitality for the glory of God."*



### FROM FATHER MITCH

#### KEEPING FAITH IN THE TIME OF CHALLENGE!

*Our situation is confusing and frightening for hundreds of millions of people. That is not surprising. Many around the world are sick and many others have died. Unless the situation changes dramatically, many more will fall ill and die around the globe. This crisis raises many questions, but it raises as well for people of faith.*

*"Do not be afraid!" as Jesus said many times, and take actions.*

**PRAY.** Catholic churches around the world are closing, with Masses and other parish services cancelled by many bishops. But they come at some cost: For many people, this removes one of the most consoling parts of their lives—the Mass and the Eucharist—and isolates them even more from the community at a time when they most need support. What can one do instead? Well, there are many televised and livestreamed Masses available, as well as ones broadcast on the radio. But even if you can't find one, you can pray on your own. When you do, remember that you're still part of a community. There is also the longstanding tradition in our church of receiving a "spiritual communion," when, if you cannot

*participate in the Mass in person, you unite yourself with God in prayer.*

*Remember that you're still part of a community.*

### DO YOU NEED ASSISTANCE?

Last week, you received an email from the St. Anthony's Social Justice Ministry Team indicating that a parish team is being established to provide support for parishioners who may need an errand or a helping hand. More than fifteen wonderful volunteers responded with willingness to help. To date we have received no requests for assistance. That's great, but we want to make sure you all know that we are available to collect and deliver groceries, prescriptions, other items needed from stores, or to check in by phone or text every other day or so. If you can use any of these "services", please send your request to [StAnthonyCares@gmail.com](mailto:StAnthonyCares@gmail.com) with your name and how we can contact you. We will respond as soon as possible.

*May God Bless You All,  
Social Justice Ministry Team*



## MASS INTENTIONS

Monday,	March 30	8:00 am	Joan Healy †
Tuesday,	March 31	8:00 am	Christine Spring Le Barre †
Wednesday,	April 1	8:00 am	Lisa Raimundo †
Thursday,	April 2	8:00 am	Michael Nakagawa †
Friday,	April 3	8:00 am	Antonio Juan †
Saturday,	April 4	8:00 am 5:00 pm	John & Maureen Caren † Nelida DiNinni †
Sunday,	April 5	8:00 am 9:30 am 11:15 am	Anna Chow & Deceased Relatives † Eldon Koob † For the People

### NOT ISOLATION BUT HOPE

We're in a difficult and unprecedented time. But one of the positive aspects of this social distancing and self-isolation is that we can really focus on our spiritual growth and the other important aspects of Lent – prayer, fasting, and almsgiving. Here are a few suggestions for consideration:

- Participate in Mass via radio or TV. The list seems to grow daily about all the offerings.
- Read the daily Bible readings or other readings from the Bible which give you comfort and peace.
- Pray from your heart, or read/recite Catholic prayers that give you hope.
- Make a sacrifice of something you enjoy so that you can instead turn your attention to Jesus and His journey to his death and resurrection.
- Be charitable by calling family, friends, co-workers, neighbors, those usually homebound, etc. to check on their welfare. Offer assistance as needed but truly your call may be exactly what they need to lift your and their spirits. Another way to be charitable is to donate blood.

Some things that may be helpful to keep you from getting down and depressed are:

- Take a daily walk or ride your bike if you are able.
  - Work in your yard and get some fresh air.
  - Make your bed every day.
  - Take care of personal hygiene such as brush teething, showering, getting dressed, etc.
- Please don't hesitate to contact Kathy Reynolds if you need assistance accessing any of the sites mentioned above.

## READINGS OF THE WEEK

Monday, March 30:	Dn 13:1-9, 15-17, 19-30, 33-62/ Jn 8:1-11
Tuesday, March 31:	Nm 21:4-9/ Jn 8:21-30
Wednesday, April 1:	Dn 3:14-20, 91-92, 95/ Jn 8:31-42
Thursday, April 2:	Gn 17:3-9/ Jn 8:51-59
Friday, April 3:	Jer 20:10-13/ Jn 10:31-42
Saturday, April 4:	Ez 37:21-28/ Jn 11:45-56
Sunday, April 5:	<b>Palm Sunday of the Passion of the Lord</b> Mt 21:1-11/ Is 50:4-7/ Phil 2:6-11/ Mt 26:14-27:66

### MEMORIALIZE A DECEASED PARISHIONER

There will be a remembrance page in our upcoming parish directory for photos of deceased St. Anthony parishioners. If you would like to submit a photo of a deceased loved one, please contact the parish office at 916-428-5678 or email us at [office@stasac.org](mailto:office@stasac.org).

Please pray for the repose of the soul of parishioner, Michael Barber who died recently.

### PRAYER LIST

To add a person's name to the prayer list, please contact Kathy Reynolds at 916-212-9949 or [kathy@stasac.org](mailto:kathy@stasac.org). To keep the list current, names will remain on the list for six weeks.

Ted Acres  
Pam Anderson  
Bernie Ang  
Daniel Arnerich  
Mary Arizmendi  
Judy Bezzone  
Jeannette Caietti  
John Darling  
Jorge Delgadillo  
Minda Dominguez  
Larry Dun  
Karen Gonzales  
Emery Haugseth  
Olivia Hernandez  
Jeffrey Hill  
Joanne Lavezzoli  
Consuela Miranda  
Michael McCullough  
Loretta Miller  
Gladys Naake  
Charlene New  
Quang Nguyen  
John O'Connor  
Marissa Ong  
Alicia Perez  
Jeanette Raimundo  
Jeff Raimundo  
Alfonso Ramirez  
Sheri Ray  
Larry Seaton  
Ray & Barbara Ward  
Howard Yenor



## WEEK AT A GLANCE

**Monday, March 30**

Yoga - 8:00 a.m. in the Gym-CANCELLED

Senior Fitness - 9:45 a.m. in the Gym-CANCELLED

**Tuesday, March 31**

RCIA - 7:00 p.m. in the St. Mary Room-CANCELLED

**Wednesday, April 1**

Yoga - 8:00 a.m. in the Gym-CANCELLED

Senior Fitness - 9:45 a.m. in the Gym-CANCELLED

Children's Choir - 4:00 p.m. in the Church-CANCELLED

Adult Choir - 6:45 p.m. in the Church-CANCELLED

Yoga - 7:45 p.m. in the Gym-CANCELLED

**Thursday, April 2**

Men's Basketball - 6:30 p.m. in the Gym-CANCELLED

**Friday, April 3**

Yoga - 8:00 a.m. in the Gym-CANCELLED

Senior Fitness - 9:45 a.m. in the Gym-CANCELLED

Soup Dinner - 5:45 p.m. in the Dining Room-CANCELLED

Stations of the Cross - 7:00 p.m. in the Church-CANCELLED

**Saturday, April 4**

Confessions - 4:00 p.m. in the Church

**Sunday, April 5**

Men's Basketball - 1:30 p.m. in the Gym-CANCELLED

## EXERCISE CLASSES

**SENIOR FITNESS - CANCELLED** (UNTIL FURTHER NOTICE)  
with Paula, meets M-W-F at 9:45 a.m. Cost is \$3 per class. This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of "the good ol' days." Equipment supplied if needed.

**YOGA - CANCELLED** (UNTIL FURTHER NOTICE)  
classes with different instructors are M-W-F mornings at 8:00 a.m. and Wednesday evenings at 7:45 p.m. Cost is \$5 per class. Please bring your own mat and wear comfortable clothing.

**MEN'S BASKETBALL - CANCELLED** (UNTIL FURTHER NOTICE)  
Provides the men of our parish (primarily over 30) the opportunity to enjoy friendly competition, exercise together, and support each other. They generally play on Thursday evenings at 6:30 p.m. and Sundays at 1:30 p.m.

## NEWS & EVENTS

### A PRAYER FOR HEALING

Dear God, you care for us and provide us with everything we need. You shower us with your love and mercy. You send people into our lives to help care for us, especially in time of sickness or pain.

Help us to experience your presence in the midst of the uncertainties of the coming days and weeks. Heal those infected with the coronavirus and restore them to health. Ease the suffering of and comfort those who are dying. Give strength to health care professionals and give them your wisdom in their search for a cure.

Strengthen our faith that we might be filled with hope in you. Give us patience that we might accept our own limitations. Help us know we are not alone, that you walk with us each moment of our lives.

Be with us, Lord, in our time of need. Heal us in body, soul and spirit that we may rejoice in your grace and blessings and enjoy the fullness of your presence in our lives. We make this prayer in your name.

Amen.

### EASTER FLOWER MEMORIALS

Flowering spring plants will decorate the sanctuary during the Easter season. If you would like to purchase one (\$15) in memory or in honor of a loved one, please complete the form below and return it to the parish office no later than Friday, April 3.

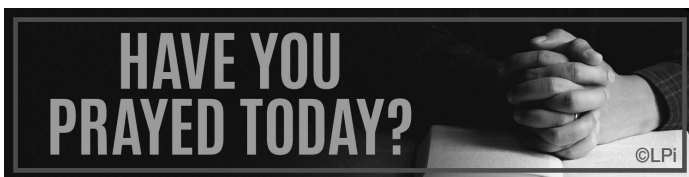
**\*\*You will be able to take home your memorial plant after the Easter season ends in May.**

\_\_\_\_\_  
Name of person(s) for whom plant is requested

\_\_\_\_\_ Living

\_\_\_\_\_ Deceased

\_\_\_\_\_  
Name of person(s) requesting plant







## YOUTH MINISTRY

*When this is over,  
May we never again  
Take for granted  
A handshake with a stranger  
Full shelves at the store  
Conversations with neighbors  
A crowded theatre  
Friday night out  
The taste of communion  
A routine checkup  
The school rush each morning  
Coffee with a friend  
The stadium roaring  
Each deep breath  
A boring Tuesday  
Life itself.*

*When this ends,  
May we find  
That we have become  
More like the people  
We wanted to be  
We were called to be  
We hoped to be  
And may we stay  
That way- better  
For each other  
Because of the worst.*

~ Laura Kelly Fanucci

## CATHOLIC FAITH FORMATION

**ALL CFF CLASSES AND ACTIVITIES HAVE BEEN  
SUSPENDED UNTIL EASTER.  
BUT...WE CAN STILL WORK ON OUR THREE  
LENTEN TRADITIONS!**

*Prayer, Fasting, Almsgiving...  
Prayer for the good of the soul;  
Fasting for the good of the body;  
Almsgiving for the good of our neighbor.  
Gertrude Mueller Nelson*

**NOW IS A GREAT TIME TO PRAY AS A FAMILY!**  
*We can't say we don't have the time.  
Now is a great time to make sure your children know  
the basic prayers of our faith  
...work with your little ones.*

**NOW IS A GREAT TIME TO PAY ATTENTION TO  
YOUR LENTEN CALENDARS!**  
*Go to [loyolapress.com](http://loyolapress.com): click on Liturgical Year...  
Lent...Activities...Family Lenten Calendar---  
it's a good one!*

**THE CHURCH IS OPEN DURING THE DAY—YOU MAY  
EVEN HAVE THE WHOLE BUILDING TO  
YOURSELVES!**

*A variety of Station booklets are in the back of the  
church...bring your family and walk the Stations.*

**THE CFF OFFICE WILL NOT BE OPEN BUT LET US  
KNOW HOW WE CAN ASSIST YOU!**  
*Please know if you want to pick up lessons, Lenten devotionals,  
or 'how to pray the rosary' kits, etc....we can assist you!*

**HOLY WEEK LITURGIES...**  
*Stay tuned for updates on these liturgies---this might be  
the year you have the time to attend them!*

*We will miss you all and keep you all in prayer as we await  
the time we can gather again. Please stay healthy and  
safe. Enjoy the family time we have been blessed with.*



## UPDATE REGARDING PARISH ACTIVITIES

*In light of the recent directive from Bishop Soto, these are the steps that St. Anthony Parish is taking effective immediately:*

- All parish Mass celebrations, activities, classes and events have been cancelled until further notice. The church will be open during regular Mass times for private prayer and worship
- The parish office will be closed until further notice.

## DECREE

*With a heavy heart, conscious of the accelerating rates of coronavirus infection, also known as COVID-19, I am suspending the public celebration of Sunday and weekday Masses for the Diocese of Sacramento in California until further notice. This pastoral directive cooperates with the increased public health precautions issued by local, state, and federal officials in order to protect vulnerable populations from contact with the coronavirus, also known as COVID-19.*

*As with the previous pastoral decrees issued on March 11, 2020 and March 13, 2020, this decree is especially intended to benefit those members of the Faithful who are sixty years of age and older as well as those with vulnerable health conditions.*

*The dispensation to all members of the Catholic Faithful from the obligation to attend Mass on Sunday will also continue until further notice.*

*Parish churches will maintain the regular hours, especially on Sundays, to be open for private prayer and adoration of the Blessed Sacrament.*

*Priests are to privately offer Sunday Mass pro populo (for the people) and encouraged to daily offer Mass imploring the Lord's mercy.*

*Priests are to provide scheduled times for individual confessions. Where possible the schedule should be expanded. Priests should continue the laudable tradition of being available for confession and the anointing of the sick upon request. I remind the Catholic Faithful to properly observe the third commandment, Keep Holy the Lord's Day. The Catechism of the Catholic Church teaches us: On Sundays and other holy days of obligation, the faithful are to refrain from engaging in work or activities that hinder the worship owed to God, the joy proper to the Lord's Day, the performance of the works of mercy, and the appropriate relaxation of mind and body. Family needs or important social service can legitimately excuse from the obligation of Sunday rest." (CCC, 2185)*

*I encourage the faithful to offer a rosary on Sundays for the intention of all those afflicted by the virus, COVID-19 as well as for the sanctification of the Faithful and Clergy during this Lenten Season. I recommend a family recitation of the rosary as a healthy and holy practice during Lent as well as throughout the year.*

*All the Faithful should seek with greater intention to consecrate Sunday, the Lord's Day, with prayer and attention given to building up the family. Other pastoral and spiritual resources will be made available to assist in keeping holy Sunday, the Lord's Day. Please refer to the Diocesan website, the local parish website, or make use of My Parish app.*

*I instruct the pastors of parishes in the Diocese to educate the faithful about this directive as well as other public health precautions to be observed in their parishes at this time.*

*Please pray for those afflicted with COVID-19, their families, and all caregivers. May the intercession of our Blessed Mother Mary bring us the healing mercy and grace of her Son, Jesus.*

*Given at the Diocesan Pastoral Center in Sacramento on this seventeenth day of March, in the year of the Our Lord, two thousand twenty.*

+Jaime Soto  
Bishop of Sacramento

## SVDP DONATIONS STILL NEEDED

*This weekend's Masses have been cancelled and the second collection was scheduled as the 5<sup>th</sup> Sunday SVDP collection. You may still donate to SVDP through the St. Anthony website: [www.stasac.org](http://www.stasac.org) or mail a check to the church office for our conference. The conference is temporarily not doing home visits due to the current virus crisis. We expect our funds will be needed much more when visits or resumed so your contributions are still needed. Thank you for your kind generosity.*

## OFFICE CLOSURE

*Due to the current situation we are in, the office will be closed to the public until further notice. If you need to reach us, please leave us a voicemail message or email: [office@stasac.org](mailto:office@stasac.org). We will monitor the messages and respond as soon as possible. Thank you.*







## ARE YOU CONCERNED ABOUT GLOBAL CLIMATE CHANGE?

*"Never have we so hurt and mistreated our common home as we have in the last two hundred years. We must change our day to day actions to live more sustainably. Reducing greenhouse gases requires honesty, courage and responsibility." Pope Francis*  
 Parishioners who are concerned about Global Climate Change are invited to join a grass-roots effort in the Sacramento City and South Suburbs Deaneries to focus on the issue

of climate change. The Holy Father, through his Encyclical, *Laudato Si*, has called on the universal Church to be engaged in protecting God's creation. If you have an interest in learning more about the Church's teaching, growing in your understanding of the threats we face, and down to earth steps we can take to change the situation, please e-mail Rich Fowler at [richowfman@gmail.com](mailto:richowfman@gmail.com). Rich is a parishioner at St. Anthony Parish and is working with others to create this new task force.

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