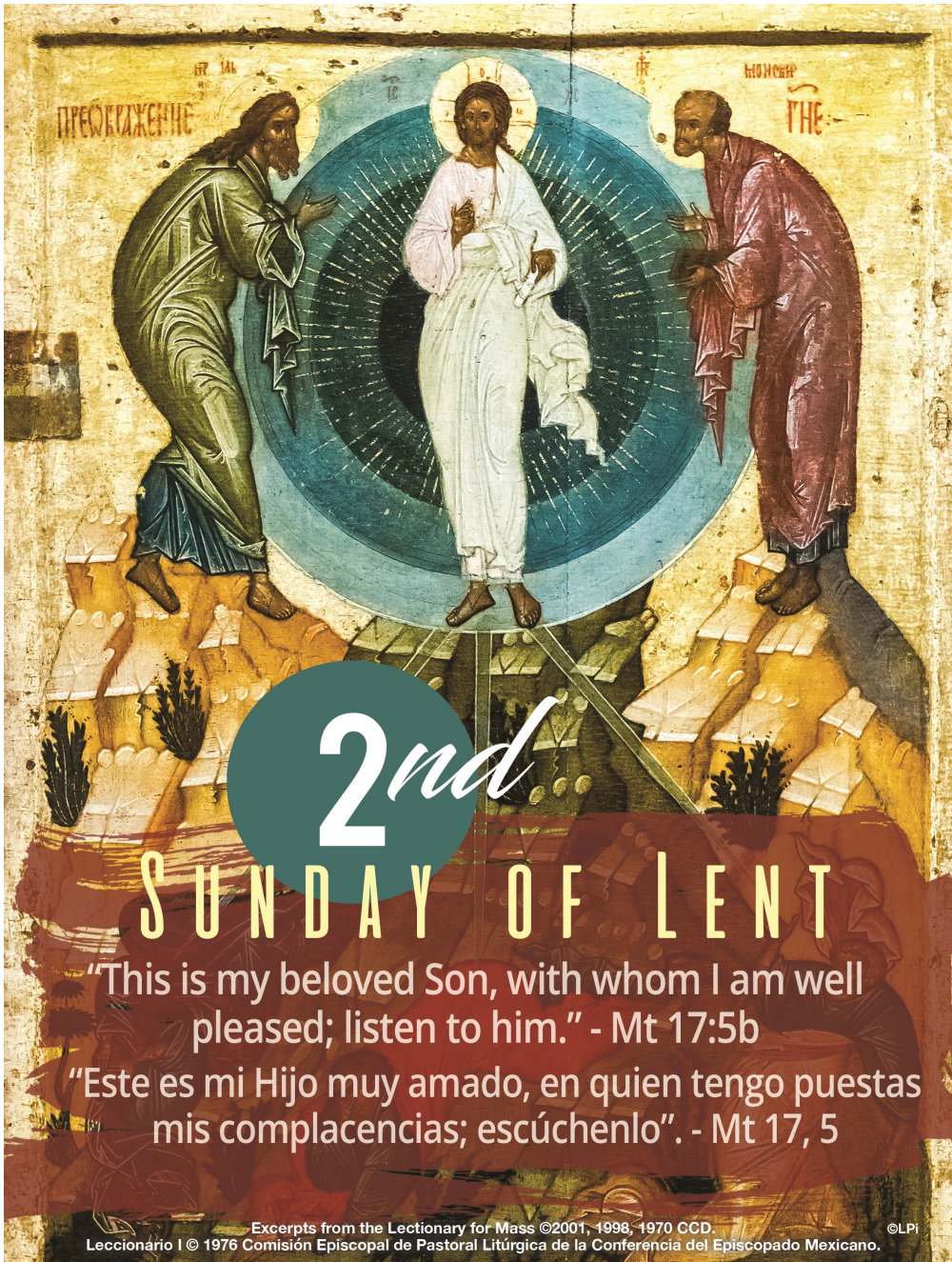


MARCH 8, 2020



#### Weekend Mass:

Saturday, 5:00 pm Vigil

Sunday, 8:00 am, 9:30 am, 11:15 am

#### Daily Mass:

Monday - Saturday, 8:00 am

#### Rosary:

Monday - Saturday, 7:20 a.m.

#### Holy Day of Obligation:

8:00 am, Noon, and 6:00 pm

#### Confessions:

4:00-4:45 pm Every Saturday

#### Exposition of the

#### Blessed Sacrament:

First Friday from 5:00-7:00 pm

#### Pastoral Staff

Fr. Mieczyslaw "Mitch" Maleszyk

Pastor

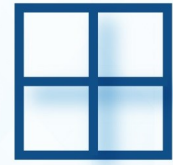
Extension 103

[frmitch@stasac.org](mailto:frmitch@stasac.org)

Deacon Rich Koppes

Deacon David Cabrera, Jr.

Deacon Patrick Kearns



# SAINT ANTHONY PARISH

*"The life of the body  
is the soul; the life of  
the soul is God." -  
St. Anthony of Padua*







# WELCOME

## Parish Staff Phone

(916) 428-5678 + ext.

### Linda DiNinni

Director of Religious Education  
Extension 114

[linda@stasac.org](mailto:linda@stasac.org)

CFF Direct Number: 916-392-6362

### Christine Soriano

Youth Ministry Coordinator  
Extension 116

[christine@stasac.org](mailto:christine@stasac.org)

CFF Direct Number: 916-392-6362

### Jennifer Giusti

Office Manager  
Extension 101

[jennifer@stasac.org](mailto:jennifer@stasac.org)

### Fran Lee

Administrative Assistant  
Extension 100

[fran@stasac.org](mailto:fran@stasac.org)

### Kathy Reynolds

Coordinator of Pastoral Care  
916-212-9949

[kathy@stasac.org](mailto:kathy@stasac.org)

### Gloria Steele

Bookkeeper

### Luis Barraza

Assistant Plant Manager

## Contact Information

Office Phone: 916-428-5678

Fax Number: 916-428-0312

Website: [www.stasac.org](http://www.stasac.org)

Email: [office@stasac.org](mailto:office@stasac.org)

### Office Hours

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

Saturday: Closed

Sunday: Closed

## MISSION

*"The people of St. Anthony Catholic Parish are called by Christ and guided by the Holy Spirit, to live a life of holiness by doing good works through faith, worship, service and hospitality for the glory of God."*



## FAMILY PROMISE SIGNUPS

Signups continue for our Family Promise hosting week of March 15-21. Please review the white board in the narthex to see where we still need help. The opportunity to interact on a personal with our guests is one of the things that helps make this program so successful. The kids especially enjoy having teens to play with after dinner. We also always appreciate any monetary donations to help defray the costs of providing breakfasts and sack lunches. If you have any questions, please call Maureen Sargent at 916-798-4769.

## YOUNG@HEART MARCH LUNCHEON AND DAY OF RECOLLECTION

Young @ Heart Club will be having their Day of Reflection on Thursday, March 19. The day will begin with Mass at 11:15 a.m. with Father Dan Looney. Lunch will begin at 12:00 noon.

Reservations are required. The cost is \$5 for members and \$7 for non-members. The menu will include a baked potato bar with all the trimmings, salad, dessert and beverage. For more information, please call Carol Reilly (916-422-5528).

## WOMEN IN THE BIBLE EVENT BLESSES MANY WOMEN!

Nearly 80 women attended the "Women in the Bible" luncheon and lecture held here on Sunday, March 1. Many thanks to all the parish women who donated casseroles, decorated the Memorial Center, served and cleaned up. Thanks especially to those who made this event a priority in their lives. May your Lenten season be better for this experience!

~Barbara Collins, presenter

## WEEKLY OFFERTORY

Ash Wednesday.....\$3,436  
February 29 - March 1.....\$9,939

## MASS INTENTIONS

Monday,	March 9	8:00 am	Special Intention
Tuesday,	March 10	8:00 am	Nelida DiNinni †
Wednesday,	March 11	8:00 am	Ron Wood †
Thursday,	March 12	8:00 am	Joan Healy †
Friday,	March 13	8:00 am	Special Intention
Saturday,	March 14	8:00 am 5:00 pm	Special Intention Kristina Marie Klein †
Sunday,	March 15	8:00 am 9:30 am 11:15 am	Joan Healy † Nelida DiNinni † For The People

### PRAYING DURING LENT

During Lent we are called to prayer, fasting, and almsgiving. Let's look at prayer this week. There are many, many different types of prayer, so it's best to pray in whatever manner works best for you personally. You can find Catholic prayers online, in prayer books/cards, or simply say them from memory. There is no definitive or prescribed way to pray. The important thing to realize is that prayer is about a relationship with God our Father and His Son, Jesus Christ. There are basic ways of praying but one which is easy to remember is A-C T-S.

- **Adoration (or praise)** – We thank God for His creation and adore The One from whom all blessings flow.
- **Confession** – We acknowledge our sins and ask for forgiveness. Humility and repentance returns us to communion with God.
- **Thanksgiving** – We thank God for all the gifts we have received, including our joys and sorrows, all of which, through love, work towards our benefit.
- **Supplication (or intercession or petition)** – We implore, plead, or cry out, not only for our needs but also on behalf of others.

## READINGS OF THE WEEK

<b>Monday, March 9:</b>	<i>Dn 9:4b-10/ Lk 6:36-38</i>
<b>Tuesday, March 10:</b>	<i>Is 1:10, 16-20/ Mt 23:1-12</i>
<b>Wednesday, March 11:</b>	<i>Jer 18:18-20/ Mt 20:17-28</i>
<b>Thursday, March 12:</b>	<i>Jer 17:5-10/ Lk 16:19-31</i>
<b>Friday, March 13:</b>	<i>Gn 37:3-4, 12-13a, 17b-28a/ Mt 21:33-43, 45-46</i>
<b>Saturday, March 14:</b>	<i>Mi 7:14-15, 18-20/ Lk 15:1-3, 11-32</i>
<b>Sunday, March 15:</b>	<b>Third Sunday of Lent</b> <i>Ex 17:3-7/ Rom 5:1-2, 5-8/ Jn 4:5-42</i>

### MEMORIALIZE A DECEASED PARISHIONER

There will be a remembrance page in our upcoming parish directory for photos of deceased St. Anthony parishioners. If you would like to submit a photo of a deceased loved one, please contact the parish office at 916-428-5678 or email us at [office@stasac.org](mailto:office@stasac.org).

### PRAYER LIST

To add a person's name to the prayer list, please contact **Kathy Reynolds** at 916-212-9949 or [kathy@stasac.org](mailto:kathy@stasac.org). To keep the list current, names will remain on the list for six weeks.

Ted Acres  
Pam Anderson  
Mary Arizmendi  
Mike Barber  
Judy Bezzone  
Jeannette Caietti  
John Darling  
Jorge Delgadillo  
Larry Dun  
Charles French  
Karen Gonzales  
Olivia Hernandez  
Jeffrey Hill  
Lan Le (rip)  
Consuela Miranda  
Michael McCullough  
Loretta Miller  
Gladys Naake  
Charlene New  
John O'Connor  
Marissa Ong  
Alicia Perez  
Carlos Perez Partida (rip)  
Jeanette Raimundo  
Jeff Raimundo  
Alfonso Ramirez  
Sheri Ray  
Larry Seaton  
Ray & Barbara Ward  
Howard Yenor



## WEEK AT A GLANCE

**Monday, March 9***Yoga - 8:00 a.m. in the Gym**Senior Fitness - 9:45 a.m. in the Gym**Lenten Retreat with Jim Ryan - 7:00 p.m. in the Church***Tuesday, March 10***RCIA - 7:00 p.m. in the St. Mary Room**Knights of Columbus - 7:00 p.m. in the St. Joseph Room**Lenten Retreat with Jim Ryan - 7:00 p.m. in the Church***Wednesday, March 11***Yoga - 8:00 a.m. in the Gym**Senior Fitness - 9:45 a.m. in the Gym**Children's Choir - 4:00 p.m. in the Church**Adult Choir - 6:45 p.m. in the Church**Youth Ensemble - 6:45 p.m. in the Library**Yoga - 7:45 p.m. in the Gym***Thursday, March 12***Men's Basketball - 6:30 p.m. in the Gym***Friday, March 13***Yoga - 8:00 a.m. in the Gym**Senior Fitness - 9:45 a.m. in the Gym**Lenten Soup Dinner - 5:45 p.m. in the Dining Room**Stations of the Cross - 7:00 p.m. in the Church***Saturday, March 14***Confessions - 4:00 p.m. in the Church***Sunday, March 15***Men's Basketball - 1:30 p.m. in the Gym*

## EXERCISE CLASSES

**SENIOR FITNESS**

*with Paula, meets M-W-F at 9:45 a.m. Cost is \$3 per class. This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of "the good ol' days." Equipment supplied if needed.*

**YOGA**

*classes with different instructors are M-W-F mornings at 8:00 a.m. and Wednesday evenings at 7:45 p.m. Cost is \$5 per class. Please bring your own mat and wear comfortable clothing.*

**MEN'S BASKETBALL**

*Provides the men of our parish (primarily over 30) the opportunity to enjoy friendly competition, exercise together, and support each other. They generally play on Thursday evenings at 6:30 p.m. and Sundays at 1:30 p.m.*

## NEWS &amp; EVENTS

**REMINDER THIS FLU SEASON**

*With growing concerns about the Corona virus, it's important that we continue to be vigilant about taking precautions against the spread of disease. While the number of cases of people infected with the Corona virus in the U.S. is very small, the California Department of Public Health (CDPH) reports that the incidence of flu and flu-like illnesses is still widespread and at a level requiring we do everything reasonably possible to mitigate the spread of infection. Therefore, in order to protect the health and well-being of everyone, we wish to remind you of the following directives:*

- 1. The use of the Communion cup is suspended temporarily.*
- 2. Receive the Body of Christ in the hand (although receiving on the tongue is permitted).*
- 3. Do not hold hands during the Our Father.*
- 4. Effective immediately, Bishop Soto instructs the presiders and deacons at Mass to refrain from inviting the assembly to exchange the sign of peace.*
- 5. Extraordinary ministers of Holy Communion must cleanse their hands with an alcohol based antiseptic before and after administering Holy Communion.*

*The obligation to attend Mass on Sunday and other Holy Days does not apply to those who are sick. If you are sick, stay home and take of yourself.*

**THANK YOU**

*Fr. Mitch and the Parish Directory Committee would like to express our gratitude to the following volunteers who participated in the Lifetouch Photography Directory Event:*

*Jessica Adel, Joann Akinyele, Stacia Andagan, Sylvia Blumenschein, Aurelia Chavarriaz, Maria Chin, Sue Coleman, Belen Durfee, Diane Dutra, Kate Ellis, Eric Espejo, Marie French, Nancy Gutierrez, Estella Hancock, Judith Hargrave, Mary Hopkins, Juliet Katayama, Carmen Quiroz, Marie Lieuw, Dahlia Long, Norma Montez, Terry Nakashima, Pat Nichols, Lucille Pacheco, Karolyn Spring, Esther Von Essen, Diane Wilson, Marlene Winegar, and Rosemary Wood.*

*THANK YOU for taking the time and providing the extra hands. We could not have done it without you!!*

*\*\*\*The parish staff would like to thank Della Cabrera, Anna Skewes, Linda Raimundo and Kathy Reynolds for being the co-chairs for this endeavor.*





## CATHOLIC FAITH FORMATION

### Lent

*Prayer, Fasting, Almsgiving....  
Prayer for the good of the soul;  
Fasting for the good of the body;  
Almsgiving for the good of our neighbor.  
Gertrude Mueller Nelson*

#### PRAYER

CFF students present Stations of the Cross on Friday, March 13. It's a script geared toward children, so if you can only make Stations one Friday in Lent, come to this one!

#### FASTING

Each weekday student has the opportunity to fast from their gummy worm and instead put one of Ms. Linda's quarters in the jar. Last year we gave up over 400 gummy worms! That was over \$100 to our Baby Bottle Project.

#### ALMSGIVING

CFF participates in the Sacramento Life Center Baby Bottle Project. Students are offered the opportunity to take home a baby bottle. The baby bottle goes in a place that the family can remember to pray for the moms & babies who need our assistance. Any money that goes into the bottle should come from the heart and pocket of the student--- Are there any chores at home where you might be able to make some spare change?!

#### CHILDREN'S CHOIR

*Children K-6<sup>th</sup> can join any time.  
Just show up to any rehearsal!*

*Rehearsals: Wednesdays at 4:00 in the church  
Sing: The first and third Sundays of the month.*

*Rehearsals: March 11, 18, 25  
Sing at Mass: March 15*

#### CONFIRMATION YEAR 2

*Early Session: March 18 at 5:45 p.m.  
Conversations with Fr. Mitch: March 11, 13, 19*

#### RCIA YEAR 2

*March 8: Family Session  
March 14: All-day Retreat*

*10:00 a.m. until 5:00 p.m. Mass where we will  
celebrate the First Scrutiny.*

*March 22: 2<sup>nd</sup> Scrutiny at the 8:00 a.m. Mass  
followed by class session until 9:35 a.m.*

*March 26: Communal Penance Service  
March 29: 3<sup>d</sup> Scrutiny at the 11:15 a.m. Mass  
followed by class session until 12:45 p.m.*

## YOUTH MINISTRY

### SAYM YOUTH NIGHT

*Junior high and high school youth are  
invited to join us on Wednesdays at 6:30 p.m.!  
Bring a friend! We're excited to see you!*

### 20/20 THROUGH GOD'S EYES

*This year's LA Youth Day conference and high school retreat strove to open our eyes to the amazing grace of God's love in and around our lives. God says to His young people: "I see you...in all things good, bad, put together, broken...I love you." THANK YOU to all parents, teens, adult volunteers, the St. Anthony community and staff, for the love, support, encouragement, and assistance in preparing and praying for our high school ministry's trip to Anaheim. We continue to pray and give thanks for: Zach Abay, Ly'yon Bethea, Jocelyn Bryant, Maelauni Campomanes, Juliana Castro, Grace Dorr, Brian Feldman, Attila Fisher-Varhegyi, Dominic Giusti, Madeline Giusti, AJ Heard, Jacob Motherspaw, Bryan Rodriguez, Natalia Vaca, and Mary White. Many thanks to Fr. Mitch (who is as big of a kid as our group), for all of his help and his continuous support of all young people in our parish community. THANK YOU to the amazing parishioners for their generous gift of sponsorship for a few of our participants this year. THANK YOU to the most incredible team of adult leaders in youth ministry: Linda DiN-inni, Vicky DeGuzman Smith, Krystle Casarino, Jennifer Morgan, Alejandro Guzman, Danny Cook-Cantu, and Aldo Soriano, for pouring their hearts and souls into this ministry. "Open my eyes, Lord..." help me to see like you...*

### SPECIAL THANK YOU TO THE KNIGHTS OF COLUMBUS

*THANK YOU to the Knights of Columbus of our parish for their kindness and generosity in hosting a fundraiser evening for LA Youth Day. Funds from the KofC Spaghetti Dinner helped to offset ever-increasing costs for two 12-passenger vans that transported our group of 23. THANK YOU for your faith in and support of the youth of our parish.*





## PRAY



## FAST



## GIVE

©LPI

### SOUP DINNERS

Traditionally, every Friday during Lent, St. Anthony serves a vegetarian soup meal from 5:45 p.m. to 6:30 p.m. The meal consists of salad, two types of soup, bread, a simple dessert, coffee and punch. The suggested donation is \$5 per person over the age of 10 and all the profits will be donated to various charities to feed the hungry. The meal is a wonderful opportunity to enjoy a healthy meal and be ready to attend Stations of the Cross at 7:00 p.m. You may make reservations by signing up after Mass or by calling the parish office.

Helpers are needed to prepare and serve the meals. The soups are prepared on Thursdays from 3:00 – 5:00 p.m. and meal prep starts at 4:30 p.m. on Fridays. Please consider helping by working or even donating some portion of a meal. There is a volunteer signup sheet in the Narthex. Teens needing volunteer hours are greatly appreciated. If you would like to help or have questions, contact Becky Stratman at 916-428-4284 or [dbstratman@sbcglobal.net](mailto:dbstratman@sbcglobal.net).

### STATIONS OF THE CROSS

Following Soup Dinners on Friday evenings, St. Anthony will have Stations of the Cross which are held at 7:00 p.m. in the church each Friday of Lent. Please join us as we journey together toward Easter.

### STATIONS OF THE CROSS SCHEDULE

Friday Stations of the Cross are presented with a unique script each Friday by various parish ministries. You are invited to walk the Stations each Friday in Lent, but if you are only able to attend a few, here is a schedule of the various ministries who will be presenting each week:

March 13: CFF  
 March 20: Young@Heart  
 March 27: TBD  
 April 3: Adult RCIA  
 April 10: Youth Ministry & Youth RCIA

### COMMUNAL PENANCE

Our Lenten communal penance service will be held on Thursday, March 26 at 7:00 p.m. in the Church.

### SACRAMENTO DIOCESAN COUNCIL OF CATHOLIC WOMEN

The Sacramento Diocesan Council of Catholic Women (SDCCW) will be having their 78th Annual Convention on March 21 at St. Clare Catholic Church, Roseville. The annual convention, "Be Still", is a highly anticipated event for Catholic women. Five women will be honored for their contributions. This year the convention will also include a retreat led by Christine Jurisich. Tickets are available for \$45 per person. For any questions, please call Nicole Zamora at 916-840-2138 or email: [nzamora@sfcscsacramento.org](mailto:nzamora@sfcscsacramento.org).

### LENT

#### A TIME FOR PRAYER

Our parish's St. Vincent de Paul 5<sup>th</sup> Sunday collection is at the end of this month and will be asking for your donations. Importantly too, our parish's SVDP asks you for prayer during this special time of Lent for those who need help within the Greenhaven-Pocket Community. Each day consider a prayer such as this. "O Lord, give hope to those within our community who suffer from anxiety and pressure from financial and family responsibilities. We ask you this in Jesus' name. Amen"





# Lenten Retreat with Jim Ryan

March 8, 9 and 10 at  
7:00 pm in the  
St. Anthony Church

**"We work on our human  
side so we can be more  
open to experience God's  
love"**

Sunday, March 8 - Simple Happiness: 8 Characteristics of Happy People  
Monday, March 9 - Managing Thought, the Key to Experiencing God's Love  
Tuesday, March 10 - Start to Live Heaven on Earth