

Weekend Mass:

Saturday, 5:00 pm Vigil Sunday, 8:00 am, 9:30 am, 11:15 am

Daily Mass:

Monday - Saturday, 8:00 am

Rosary:

Monday - Saturday, 7:20 a.m.

Holy Day of Obligation:

8:00 am, Noon, and 6:00 pm

Confessions:

4:00-4:45 pm Every Saturday

Exposition of the

Blessed Sacrament:

First Friday from 5:00-7:00 pm

Pastoral Staff

Fr. Mieczyslaw "Mitch" Maleszyk Pastor Extension 103

frmitch@stasac.org

Deacon Rich Koppes

Deacon David Cabrera, Jr.

Deacon Patrick Kearns

SAINT ANTHONY PARISH

"The life of the body is the soul; the life of the soul is God." -St. Anthony of Padua



WELCOME

Parish Staff Phone

(916) 428-5678 + ext.

Linda DiNinni

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Christine Soriano

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Gloria Steele

Bookkeeper

Luis Barraza

Assistant Plant Manager

Contact Information

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Office Hours

Monday: 9:00 AM-5:00 PM Tuesday: 9:00 AM-5:00 PM Wednesday: 9:00 AM-5:00 PM Thursday: 9:00 AM-5:00 PM Friday: 9:00 AM-5:00 PM

Saturday: Closed Sunday: Closed

MISSION

"The people of St. Anthony Catholic Parish are called by Christ and guided by the Holy Spirit, to live a life of holiness by doing good works through faith, worship, service and hospitality for the glory of God."



UPDATE REGARDING PARISH ACTIVITIES

In light of the recent directive from Bishop Soto, these are the steps that St. Anthony Parish is taking effective immediately:

- All parish Mass celebrations, activities, classes and events have been cancelled until further notice. The church will be open during regular Mass times for private prayer and worship.
- The parish office will be closed until further notice.

We will continue to livestream Mass on Sundays at 9:00 a.m. We will also have a daily Mass on Wednesdays at 9:00 a.m.

You will find our videos on the YOUTUBE platform. You will find the link for the Mass on our website.

All previously livestreamed Masses can be accessed through this link: https://stasac.org/video.

MASS WITH BISHOP JAIME SOTO

On Friday, May 22 at 12:00 noon, Bishop Soto will celebrate a Mass for the repose of the souls of those who have died during the Coronavirus pandemic. The Mass will be live streamed on the diocesan website at www.scd.org/mass-withbishop.





MASS INTENTIONS

Monday,	May 18	8:00 am	Singson Family (SI)
Tuesday,	May 19	8:00 am	Joseph C. Andrews 🕆
Wednesday,	May 20	8:00 am	Lan Le 🕆
Thursday,	May 21	8:00 am	Antonio & Carmencita Dimal (SI)
Friday,	May 22	8:00 am	Josephine Hernandez 🕆
Saturday,	May 23	8:00 am 5:00 pm	Janina Maleszyk 🕆 For the People
Sunday,	May 24	8:00 am 9:30 am 11:15 am	Eldon Koob មិ Pacita Lanting មិ Barbara Kowitt មិ



I Peter 3: 15 which is the second reading for today tells us to "Always be ready to give an explanation to anyone who asks you for a reason for your hope." How do we do that? First, we need to take some time to contemplate it so that we will have a ready answer. Pray while considering all God has done for you in your life. But most importantly recall that Jesus walked on this earth so that He knows our challenges, and He took our sins in His death and resurrection. Reigning in Heaven at the right hand of God, He intercedes for us, and He will return again and bring us to God that we may give honor, praise and glory. Can you share your history along this salvation journey with those who ask? It can be very helpful to it write out as you may be enlightened by what you rediscover, and it will also be a beautiful record for your family.

READINGS OF THE WEEK

Monday, May 18: Acts 16:11-15/Jn 15:26—16:4a

Tuesday, May 19: Acts 16:22-34/ Jn 16:5-11

Wednesday, May 20: Acts 17:15, 22—18:1/ Jn 16:12-15

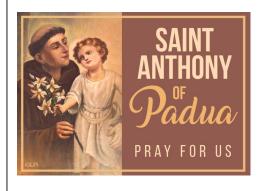
Thursday, May 21: Acts 18:1-8/Jn 16:16-20

Friday, May 22: Acts 18:9-18/Jn 16:20-23

Saturday, May 23: Acts 18:23-28/ Jn 16:23b-28

Sunday, May 24: Ascension of the Lord

Acts 1:1-11/ Eph 1: 17-23/ Mt 28: 16-20



PRAYER LIST

To add a person's name to the prayer list, please contact Kathy Reynolds at 916-212-9949 or kathy@stasac.org. To keep the list current, names will remain on the list for six weeks.

Pam Anderson Bernie Ang Daniel Arnerich Mary Arizmendi Judy Bezzone Hector Eduardo Barazza Cabrera Al Castronovo John Darling Jorge Delgadillo Minda Dominguez Larry Dun Diana Escueta-Shirley Piedad Flores de Solis Frank Gonzales Karen Gonzales Emery Haugseth Olivia Hernandez Jeffrey Hill Celedonio Solis Martines Consuela Miranda Michael McCullough Loretta Miller John O'Connor Alicia Perez Jeanette Raimundo Jeff Raimundo Alfonso Ramirez Sheri Ray Randy Rojas Larry Seaton Hector Fernando Barraza Solis Mike Virga Anh Vu

Ray & Barbara Ward

Howard Yenor



WEEK AT A GLANCE

Monday, May 18

Yoga - 8:00 a.m. in the Gym-CANCELLED Senior Fitness - 9:45 a.m. in the Gym-CANCELLED

Tuesday, May 19

RCIA - 7:00 p.m. in the St. Mary Room-CANCELLED

Wednesday, May 20

Yoga - 8:00 a.m. in the Gym-CANCELLED Senior Fitness - 9:45 a.m. in the Gym-CANCELLED Children's Choir - 4:00 p.m. in the Church-CANCELLED Adult Choir - 6:45 p.m. in the Church-CANCELLED Yoga - 7:45 p.m. in the Gym-CANCELLED

Thursday, May 21

Men's Basketball - 6:30 p.m. in the Gym-CANCELLED

Friday, May 22

Yoga - 8:00 a.m. in the Gym-CANCELLED Senior Fitness - 9:45 a.m. in the Gym-CANCELLED

Saturday, May 23

Confessions - 4:00 p.m. in the Church

Sunday, May 24

Men's Basketball - 1:30 p.m. in the Gym-CANCELLED

EXERCISE CLASSES

SENIOR FITNESS - CANCELLED (UNTIL FURTHER NOTICE) With Paula, meets M-W-F at 9:45 a.m. Cost is \$3 per class. This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of "the good ol" days." Equipment supplied if needed.

YOGA - CANCELLED (UNTIL FURTHER NOTICE)

Classes with different instructors are M-W-F mornings at 8:00 a.m. and Wednesday evenings at 7:45 p.m. Cost is \$5 per class. Please bring your own mat and wear comfortable clothing.

MEN'S BASKETBALL - CANCELLED (UNTIL FURTHER NOTICE)

Provides the men of our parish (primarily over age 30) the opportunity to enjoy friendly competition, exercise together, and support each other. They generally play on Thursday evenings at 6:30 p.m. and Sundays at 1:30 p.m.

NEWS & EVENTS

GET ON THE BUS

The Get on the Bus event for families is postponed due to COVID-19. There are discussions of a possible event in the fall, but we do not have a confirmed date yet. Please stay tuned. Your prayers and support are always appreciated.

DO YOU NEED ASSISTANCE?

You should have received an email from the St. Anthony's Social Justice Ministry Team indicating that a parish team is being established to provide support for parishioners who may need an errand or a helping hand. More than fifteen wonderful volunteers responded with willingness to help. To date we have not received any requests for assistance. That is great, but we want to make sure you all know that we are available to collect and deliver groceries, prescriptions, other items needed from stores, or to check in by phone or text every other day or so. If you can use any of these "services," please send your request to StAnthonyCares@gmail.com with your name and how we can contact you. We will respond as soon as possible.

SSIP FOOD CLOSET NEEDS DRIVERS

The Food Closet has remained open to meet the increased need for emergency food distribution during this challenging time. While the demand for assistance has increased, so have the requests from our grocery store partners to pick up donated food everyday. Many of our regular volunteers are not able to help at this time. We need drivers for our vans or you may use your own van or truck. Time commitment is up to two hours, usually 8:30 a.m. to 10:00 a.m. (twice a month, once a week, flexible). You will need a clean DMV record and possess a valid driver's license. Must be able to lift 25-50 pounds.

Please contact Simon Yeh at (916) 428-5290 or email: ssipfc1@att.net. Thank you.



YOUTH MINISTRY

CATHOLIC FAITH FORMATION

HAPPY EASTER! WE CELEBRATE EASTER FOR 50 DAYS!

All CFF classes and activities have been suspended for this school year.

Please join us for livestreamed Mass each Sunday at 9:00 a.m.

We miss you all and keep you all in prayer as we await the time we can gather together again.

PREPARATION FOR FIRST HOLY COMMUNION:

Continues so we will be ready to celebrate when we can! Booklets were dropped off on your doorsteps! Check out our remaining zoom schedule:

On Friday, Ms. Christine will send out ZOOM instructions via your email.

- Ø Sunday, May 17 at 10:15 a.m.: Zoom Gathering on Chapter 4
- Ø Sunday, May 31 at 10:15 a.m.: Zoom Gathering on Chapter 5

Once the health restrictions are lifted, we will schedule with great joy:

- Ø Retreat with one special adult: a Saturday morning/afternoon.
- Ø Rehearsal with parents: a Friday evening before our Sunday celebration.
- Ø Celebration: a Sunday morning!

PRECONFIRMATION (MR. KUHL'S CLASS):

Packets were sent to your home. Mr. Kuhl will send a weekly email with a Bible reading and his weekly quiz.

BASIC CATECHESIS/RCIA YEAR 1 (MS. LINDA'S CLASS):

Once the health restrictions are lifted, we will have one 90 minute FAMILY SESSION to review our year and to discuss what comes next in this process. Stay tuned!

RCIA YEAR 2 (MS. VICKY'S CLASS):

We will continue our Zooming on Sunday afternoons so we can celebrate the Initiation Rites when we can gather again!

CONFIRMATION YEAR 1:

PARENT/STUDENT ZOOM SESSION: Thursday, May 21 at 6:30 p.m. so we can cover what the final year of Confirmation Preparation will entail.

CONFIRMATION YEAR 2:

One day we will have our wonderful celebration! The Diocese has mandated they be postponed until Fall. We are still Zooming Wednesday Youth Ministry. Make sure you are in attendance.

CATECHIST APPRECIATION HAPPY HOUR:

We are zooming our appreciation! Join us for Happy Hour on Friday, May 22 at 6:30 p.m. We will send zoom invites. Love ya!!

SACRAMENTO LIFE CENTER

One of their biggest fundraisers is the Lenten Baby Bottle Project. Clearly, this pandemic will affect this project. We are hoping at a minimum to return their bottles so they do not need to re-invest in them. Bottles can be returned anytime to the church. The main parish office (by the back parking lot) has a night-time mail slot that bottles will fit in. The office will make sure your bottle gets to us and we will forward it, and any contents, to the Life Center. Thank you!

YOUTH MINISTRY UPDATE:

A big THANK YOU to the youth of our community for their efforts to gather virtually. The junior high and high school ministries have been meeting on Zoom since March 18 and have been gathering at least two to three times a week for Youth Nights, Sunday Evening Prayer, and group check-ins. This strange time of self-quarantining and staying at home has proven for many youth throughout the world to feel lonely, overwhelmed, stressed, bored, confused, complacent, detached and more. Gathering from afar and on a screen, hopefully, offers a breakaway from an abnormal routine, gently turning our attention to the hope, peace and joy that our risen Lord brings. We are missing our parish community and praying for the day we can be together again. Holding all families, communities, and the world in heart and prayer... from St. Anthony Youth Ministry.



OUR COMMUNITY



ENVIRONMENTAL JUSTICE MINISTRY:

Celebrate Laudato Si' Week (May 16-24, 2020): "EVERYTHING IS CONNECTED" In a moment of crisis in the wake of the coronavirus pandemic, as new economies and new ways of caring for the most vulnerable arise, we have a critical opportunity to come together to ensure the new way of life is better than

what came before. Laudato Si' guides us to a more just and sustainable world together.

Click this link: <u>"9-Day (and Beyond) Laudato Si' Challenge"</u> for a list to help celebrate this special occasion and milestone – the 5th Anniversary of Laudato Si'. During this period try a message reflection a day, pray for God's Creation, make a pledge (or two, or three!), then continue to make everyday a Laudato Si'/Earth Day!

Did you also know that <u>May is Bike Month</u> in the Sacramento Region?

If you would like to join others at St. Anthony to further explore environmental justice, just drop a quick e-mail to: kim-son.ziegler@usa.net

PARENT SUPPORT SERIES

Join us on Monday, May 18 at 8:00 p.m. at www.scd.org/ parentsupport or YouTube for Parent Support: Dealing with Conflict at Home during this time of Shelter in Place presented by Chris Padgett. Chris Padgett will help parents navigate conflicts at home with their children of all ages as we are home more than we may be used to. Chris is a husband. father, grandfather and national Catholic speaker who can be found on Facebook @HappyPlaceHomestead. We will be livestreaming to YouTube once again www.youtube.com/ DioceseSacramento www.scd.org/parentsupport

If you would like to give online, you may visit our website (https://stasac.org/online-giving-faith-direct). We are also still checking the mail, so you may still send in your envelope or drop it in the mail slot!

Easter Blessings

as we joyfully rejoice in His Resurrection.

During this time of social distancing due to the coronavirus, we depend on online donations to continue our ministry. We prayerfully invite you to use eGiving from your computer, smartphone or tablet to set up a recurring donation or make a one-time gift.

OUR COMMUNITY



ACT OF SPIRITUAL COMMUNION

In the current times with video Masses only and the inability to physically receive the Holy Eucharist at Mass, the Deacon recites the following prayer and people are invited to join in:

My Jesus,
I believe that You
Are present in the Holy Eucharist.
I love You above all things,
And I desire to receive You into my soul.
Since I cannot at this moment
Receive You sacramentally,
Come at least spiritually into my heart.
I embrace You as if You were already there
And unite myself wholly to You.
Never permit me to be separated from You.
Amen.

O Sacrament Most Holy, O Sacrament Divine All praise and all Thanksgiving be every moment thine.

