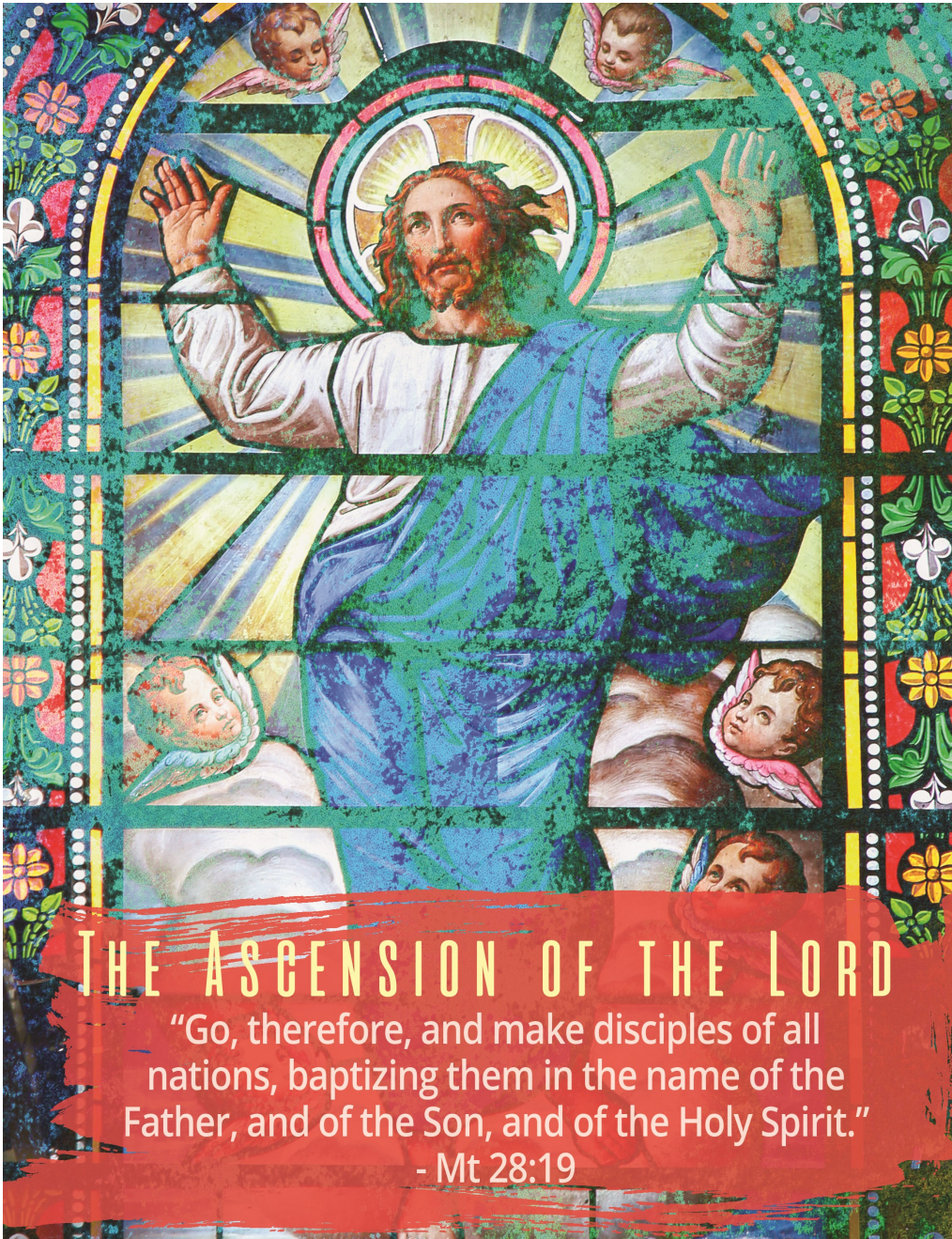


MAY 24, 2020



THE ASCENSION OF THE LORD

"Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit."

- Mt 28:19

Weekend Mass:

Saturday, 5:00 pm Vigil

Sunday, 8:00 am, 9:30 am, 11:15 am

Daily Mass:

Monday - Saturday, 8:00 am

Rosary:

Monday - Saturday, 7:20 a.m.

Holy Day of Obligation:

8:00 am, Noon, and 6:00 pm

Confessions:

4:00-4:45 pm Every Saturday

Exposition of the

Blessed Sacrament:

First Friday from 5:00-7:00 pm

Pastoral Staff

Fr. Mieczyslaw "Mitch" Maleszyk

Pastor

Extension 103

frmitch@stasac.org

Deacon Rich Koppes

Deacon David Cabrera, Jr.

Deacon Patrick Kearns

SAINT ANTHONY PARISH

*"The life of the body
is the soul; the life of
the soul is God." -
St. Anthony of Padua*





WELCOME

Parish Staff Phone

(916) 428-5678 + ext.

Linda DiNinni

Director of Religious Education
Extension 114

linda@stasac.org

CFF Direct Number: 916-392-6362

Christine Soriano

Youth Ministry Coordinator
Extension 116

christine@stasac.org

CFF Direct Number: 916-392-6362

Jennifer Giusti

Office Manager
Extension 101

jennifer@stasac.org

Fran Lee

Administrative Assistant
Extension 100

fran@stasac.org

Kathy Reynolds

Coordinator of Pastoral Care
916-212-9949

kathy@stasac.org

Gloria Steele

Bookkeeper

Luis Barraza

Assistant Plant Manager

Contact Information

Office Phone: 916-428-5678

Fax Number: 916-428-0312

Website: www.stasac.org

Email: office@stasac.org

Office Hours

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

Saturday: Closed

Sunday: Closed

MISSION

"The people of St. Anthony Catholic Parish are called by Christ and guided by the Holy Spirit, to live a life of holiness by doing good works through faith, worship, service and hospitality for the glory of God."



UPDATE REGARDING PARISH ACTIVITIES

In light of the recent directive from Bishop Soto, these are the steps that St. Anthony Parish is taking effective immediately:

- All parish Mass celebrations, activities, classes and events have been cancelled until further notice. The church will be open during regular Mass times for private prayer and worship.
- The parish office will be closed until further notice.

We will continue to livestream Mass on Sundays at 9:00 a.m. We will also have a daily Mass on Wednesdays at 9:00 a.m.

You will find our videos on the YOUTUBE platform. You will find the link for the Mass on our website.

All previously livestreamed Masses can be accessed through this link: <https://stasac.org/video>.

DO YOU NEED ASSISTANCE?

You should have received an email from the St. Anthony's Social Justice Ministry Team indicating that a parish team is being established to provide support for parishioners who may need an errand or a helping hand. More than fifteen wonderful volunteers responded with willingness to help. To date we have not received any requests for assistance. That is great, but we want to make sure you all know that we are available to collect and deliver groceries, prescriptions, other items needed from stores, or to check in by phone or text every other day or so. If you can use any of these "services," please send your request to StAnthonyCares@gmail.com with your name and how we can contact you. We will respond as soon as possible.

MASS INTENTIONS

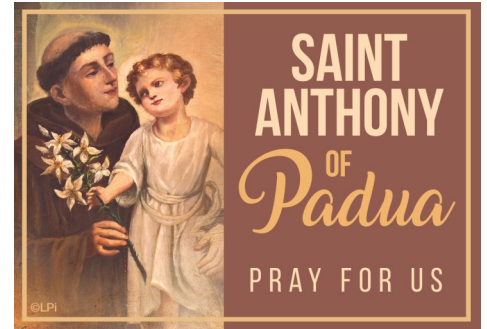
Monday,	May 25	8:00 am	Idalina Mendes †
Tuesday,	May 26	8:00 am	Sim Tagupa †
Wednesday,	May 27	8:00 am	Almeida Family Members †
Thursday,	May 28	8:00 am	Betty Jane Skazinski †
Friday,	May 29	8:00 am	Janina Maleszyk †
Saturday,	May 30	8:00 am	Gladys Dimal (SI)
		5:00 pm	Evan Evans †
Sunday,	May 31	8:00 am	Harry Howell †
		9:30 am	Robbin Durfee †
		11:15 am	For the People

THE LORD'S ASCENSION

We hear two incredible Bible verses today as we memorialize our Lord's ascension into heaven. Acts 1:8 assures us that we will receive the Holy Spirit's power as we are delegated to be Christ's witnesses to the ends of the earth. In Matthew 28: 19-20 we are commissioned to go into all the world to teach and make disciples. Not everyone is gifted to be a teacher in the classic sense of the word, but we all can reflect God's love and acknowledge Christ's mercy and salvation in the way we live our life. Let us show our gratitude that these early disciples were filled with the Holy Spirit (as we are today) and that they took the Great Commission to bring others to God (as we are also instructed to do today).

READINGS OF THE WEEK

Monday, May 25:	Acts 19:1-8/ Jn 16:29-33
Tuesday, May 26:	Acts 20:17-27/ Jn 17:1-11a
Wednesday, May 27:	Acts 20:28-38/ Jn 17:11b-19
Thursday, May 28:	Acts 22:30; 23:6-11/ Jn 17:20-26
Friday, May 29:	Acts 25:13b-21/ Jn 21:15-19
Saturday, May 30:	Acts 28:16-20, 20-31/ Jn 21:20-25
Sunday, May 31:	Pentecost Sunday Acts 2:1-11/ 1 Cor 12:3b-7, 12-13/ Jn 20:19-23



PRAYER LIST

To add a person's name to the prayer list, please contact **Kathy Reynolds** at **916-212-9949** or kathy@stasac.org. To keep the list current, names will remain on the list for six weeks.

Pam Anderson
Bernie Ang
Daniel Arnerich
Mary Arizmendi
Judy Bezzone
Hector Eduardo Barazza Cabrera
Al Castronovo
John Darling
Jorge Delgadillo
Minda Dominguez
Larry Dun
Diana Escueta-Shirley
Piedad Flores de Solis
Frank Gonzales
Karen Gonzales
Emery Haugseth
Olivia Hernandez
Jeffrey Hill
Celedonio Solis Martinez
Consuela Miranda
Michael McCullough
Loretta Miller
John O'Connor
Alicia Perez
Jeanette Raimundo
Jeff Raimundo
Alfonso Ramirez
Sheri Ray
Randy Rojas
Larry Seaton
Hector Fernando Barraza Solis
Mike Virga
Anh Vu
Ray & Barbara Ward
Howard Yenor



EVENTS

WEEK AT A GLANCE

Monday, May 25

Yoga - 8:00 a.m. in the Gym-CANCELLED

Senior Fitness - 9:45 a.m. in the Gym-CANCELLED

Tuesday, May 26

RCIA - 7:00 p.m. in the St. Mary Room-CANCELLED

Wednesday, May 27

Yoga - 8:00 a.m. in the Gym-CANCELLED

Senior Fitness - 9:45 a.m. in the Gym-CANCELLED

Children's Choir - 4:00 p.m. in the Church-CANCELLED

Adult Choir - 6:45 p.m. in the Church-CANCELLED

Yoga - 7:45 p.m. in the Gym-CANCELLED

Thursday, May 28

Men's Basketball - 6:30 p.m. in the Gym-CANCELLED

Friday, May 29

Yoga - 8:00 a.m. in the Gym-CANCELLED

Senior Fitness - 9:45 a.m. in the Gym-CANCELLED

Saturday, May 30

Confessions - 4:00 p.m. in the Church

Sunday, May 31

Men's Basketball - 1:30 p.m. in the Gym-CANCELLED

EXERCISE CLASSES

SENIOR FITNESS - CANCELLED (UNTIL FURTHER NOTICE)

With Paula, meets M-W-F at 9:45 a.m. Cost is \$3 per class. This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of "the good ol' days." Equipment supplied if needed.

YOGA - CANCELLED (UNTIL FURTHER NOTICE)

Classes with different instructors are M-W-F mornings at 8:00 a.m. and Wednesday evenings at 7:45 p.m. Cost is \$5 per class. Please bring your own mat and wear comfortable clothing.

MEN'S BASKETBALL - CANCELLED (UNTIL FURTHER NOTICE)

Provides the men of our parish (primarily over age 30) the opportunity to enjoy friendly competition, exercise together, and support each other. They generally play on Thursday evenings at 6:30 p.m. and Sundays at 1:30 p.m.

NEWS & EVENTS

YOUNG@HEART UPDATE

The Young@Heart Club looks forward to the day that we will be together again! We hope all our members are staying healthy and well, so that when the time comes, we will be able to enjoy our luncheons and each other's company. The Young@Heart group is thinking of you! Enjoy these pictures from our last gathering. We hope to see you soon!





YOUTH MINISTRY

A Prayer for Graduates

Loving God, we thank you for all graduates from high school and college this time of the year. You have blessed them during their years in school with wisdom, friendships, and skills. You continue to challenge them to make this world a better place because of their education and faith.

Help them to look forward to their next steps: continuing in their education or entering the work world. Particularly help your young people as they navigate a new and different way of life. We pray for strengthening of hearts and lifting of spirits for the end of their senior year looks very different than most. May they feel you breathe new life into their bodies and souls and know you walk with them always.

Give them faith and a sense of purpose in their next steps.

Show them how to serve others in effective and compassionate ways.

And may they be always be aware in everything they do that they will find fulfillment in doing your will, that you reside in and around them always, and that you will bring to completion the good work you have begun in them.

Amen.

Congratulations

from your St. Anthony Community!



CATHOLIC FAITH FORMATION

HAPPY EASTER! WE CELEBRATE EASTER FOR 50 DAYS!

All CFF classes and activities have been suspended for this school year.

Please join us for livestreamed Mass each Sunday at 9:00 a.m.

We miss you all and keep you all in prayer as we await the time we can gather together again.

PREPARATION FOR FIRST HOLY COMMUNION:

Continues so we will be ready to celebrate when we can!

Booklets were dropped off on your doorsteps!

Check out our remaining zoom schedule:

On Friday, Ms. Christine will send out ZOOM instructions via your email.

Ø **Sunday, May 31 at 10:15 a.m.:** Zoom Gathering on Chapter 5

Once the health restrictions are lifted, we will schedule with great joy:

Ø **Retreat with one special adult:** a Saturday morning/afternoon.

Ø **Rehearsal with parents:** a Friday evening before our Sunday celebration.

Ø **Celebration:** a Sunday morning!

PRECONFIRMATION (MR. KUHL'S CLASS):

Mr. Kuhl will send a weekly email with a Bible reading and his weekly quiz..

BASIC CATECHESIS/RCIA YEAR 1 (MS. LINDA'S CLASS):

Once the health restrictions are lifted, we will have one 90 minute FAMILY SESSION to review our year and to discuss what comes next in this process. Stay tuned!

RCIA YEAR 2 (MS. VICKY'S CLASS):

We will continue our Zooming on Sunday afternoons so we can celebrate the Initiation Rites when we can gather again!

May 24: Zoom at 4:30 p.m.

May 31: Zoom at 4:30 p.m. FAMILY SESSION

June: Individual Zoom session with students and sponsors!

CONFIRMATION YEAR 2:

One day we will have our wonderful celebration! The Diocese has mandated they be postponed until Fall. If your folder is complete, feel free to turn it in now; the parish has a 24 hour mail slot right next to the parish office door (located by the back parking lot).

SACRAMENTO LIFE CENTER

One of their biggest fundraisers is the Lenten Baby Bottle Project. Clearly, this pandemic will affect this project. We are hoping at a minimum to return their bottles so they do not need to re-invest in them. Bottles can be returned anytime to the church. The main parish office (by the back parking lot) has a night-time mail slot that bottles will fit in. The office will make sure your bottle gets to us and we will forward it, and any contents, to the Life Center. Thank you!



OUR COMMUNITY



ENVIRONMENTAL JUSTICE MINISTRY:

Celebrate Laudato Si' Week (May 16-24, 2020): "EVERYTHING IS CONNECTED"
In a moment of crisis in the wake of the coronavirus pandemic, as new economies and new ways of caring for the most vulnerable arise, we have a critical opportunity to come together to ensure the new way of life is better than what came before. Laudato Si' guides us to a more just and sustainable world together.

Have you seen and started your "challenge"?

If not, you can find the challenge on our website. The "9-Day (and Beyond) Laudato Si' Challenge" for a list to help celebrate this special occasion and milestone – the 5th Anniversary of Laudato Si'.

During this period try a message reflection a day, pray for God's Creation, make a pledge (or two, or three!), then continue to make everyday a Laudato Si'/Earth Day!

THIS WEEKEND! - join our brothers/sisters in *Global Day of Prayer* – Sun., May 24.
Learn / register at laudatosiweek.org

BTW, did you also know that May is Bike Month in the Sacramento Region?

If you would like to join others at St. Anthony to further explore environmental justice, just drop a quick e-mail to: kim-son.ziegler@usa.net

SACRED HEART SCHOOL IN NIGERIA

Over the years, we have held a shredding event in our parking lot that supports the building of a school in Nigeria. This fundraising effort is led by Social Justice Committee member, Joann Akinyele. She shares with us this picture of Sacred Heart school in Nigeria. The roof was recently installed as rainy season was fast approaching.

The next phase of the project will be installing windows, doors, electricity, flooring, water systems and other cosmetic fixtures. The EZE CYPRIAN AHANEKU FOUNDATION is grateful for the generosity of the St. Anthony family and the entire Pocket community.

***The June shred event is postponed until further notice.*





ACT OF SPIRITUAL COMMUNION

In the current times with video Masses only and the inability to physically receive the Holy Eucharist at Mass, the Deacon recites the following prayer and people are invited to join in:

*My Jesus,
I believe that You
Are present in the Holy Eucharist.
I love You above all things,
And I desire to receive You into my soul.
Since I cannot at this moment
Receive You sacramentally,
Come at least spiritually into my heart.
I embrace You as if You were already there
And unite myself wholly to You.
Never permit me to be separated from You.
Amen.*

*O Sacrament Most Holy, O Sacrament Divine
All praise and all Thanksgiving be every moment thine.*



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