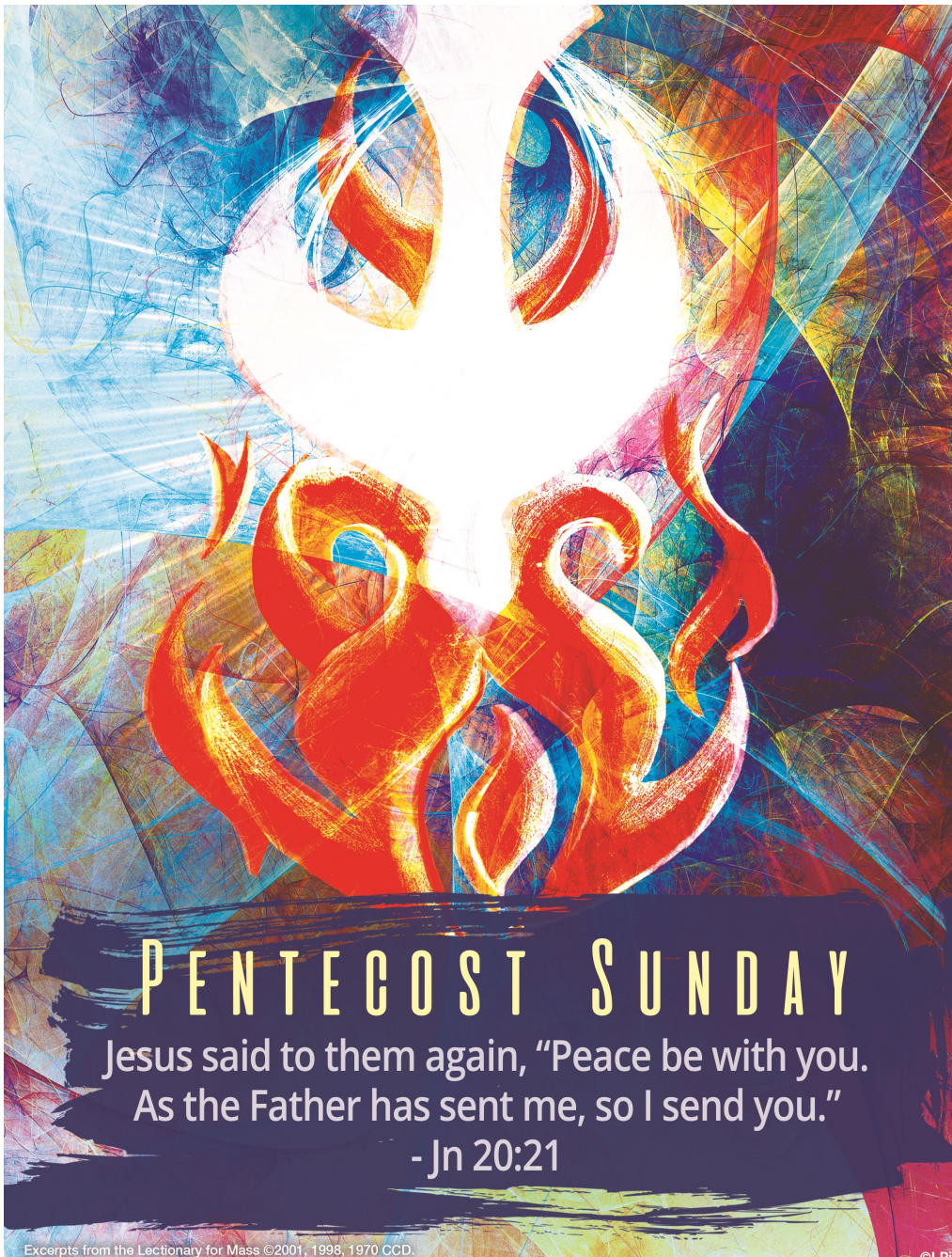


MAY 31, 2020



PENTECOST SUNDAY

Jesus said to them again, "Peace be with you.
As the Father has sent me, so I send you."
- Jn 20:21

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

Weekend Mass:

Saturday, 5:00 pm Vigil

Sunday, 8:00 am, 9:30 am, 11:15 am

Daily Mass:

Monday - Saturday, 8:00 am

Rosary:

Monday - Saturday, 7:20 a.m.

Holy Day of Obligation:

8:00 am, Noon, and 6:00 pm

Confessions:

4:00-4:45 pm Every Saturday

Exposition of the

Blessed Sacrament:

First Friday from 5:00-7:00 pm

Pastoral Staff

Fr. Mieczyslaw "Mitch" Maleszyk

Pastor

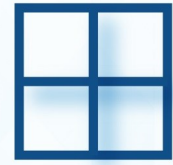
Extension 103

frmitch@stasac.org

Deacon Rich Koppes

Deacon David Cabrera, Jr.

Deacon Patrick Kearns



SAINT ANTHONY PARISH

*"The life of the body
is the soul; the life of
the soul is God." -
St. Anthony of Padua*





WELCOME

Parish Staff Phone

(916) 428-5678 + ext.

Linda DiNinni

Director of Religious Education
Extension 114

linda@stasac.org

CFF Direct Number: 916-392-6362

Christine Soriano

Youth Ministry Coordinator
Extension 116

christine@stasac.org

CFF Direct Number: 916-392-6362

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Administrative Assistant
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Kathy Reynolds

Coordinator of Pastoral Care
916-212-9949

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Gloria Steele

Bookkeeper

Luis Barraza

Assistant Plant Manager

Contact Information

Office Phone: 916-428-5678

Fax Number: 916-428-0312

Website: www.stasac.org

Email: office@stasac.org

Office Hours

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

Saturday: Closed

Sunday: Closed

MISSION

"The people of St. Anthony Catholic Parish are called by Christ and guided by the Holy Spirit, to live a life of holiness by doing good works through faith, worship, service and hospitality for the glory of God."



UPDATE REGARDING PARISH ACTIVITIES

In light of the recent directive from Bishop Soto, these are the steps that St. Anthony Parish is taking effective immediately:

- All parish Mass celebrations, activities, classes and events have been cancelled until further notice. The church will be open during regular Mass times for private prayer and worship.
- The parish office will be closed until further notice.

We will continue to livestream Mass on Sundays at 9:00 a.m. We will also have a daily Mass on Wednesdays at 9:00 a.m.

You will find our videos on the YOUTUBE platform. You will find the link for the Mass on our website.

All previously livestreamed Masses can be accessed through this link: <https://stasac.org/video>.

DO YOU NEED ASSISTANCE?

You should have received an email from the St. Anthony's Social Justice Ministry Team indicating that a parish team is being established to provide support for parishioners who may need an errand or a helping hand. More than fifteen wonderful volunteers responded with willingness to help. To date we have not received any requests for assistance. That is great, but we want to make sure you all know that we are available to collect and deliver groceries, prescriptions, other items needed from stores, or to check in by phone or text every other day or so. If you can use any of these "services," please send your request to StAnthonyCares@gmail.com with your name and how we can contact you. We will respond as soon as possible.

MASS INTENTIONS

Monday,	June 1	8:00 am	Janina Maleszyki †
Tuesday,	June 2	8:00 am	Edward Dimal (SI)
Wednesday,	June 3	8:00 am	Janina Maleszyk †
Thursday,	June 4	8:00 am	Janina Maleszyk †
Friday,	June 5	8:00 am	Anna Chow and Deceased Relatives †
Saturday,	June 6	8:00 am 5:00 pm	Melba Juan † Arlee Deacon †
Sunday,	June 7	8:00 am 9:30 am 11:15 am	Harry Howell † Remedios Nazareno † For the People

GIFTS AND FRUITS OF THE HOLY SPIRIT

Today as we celebrate Pentecost or the descent of the Holy Spirit upon the early apostles, let us also obtain a heightened awareness of the Holy Spirit in our lives. It is a good time to recall the gifts and fruits of the Holy Spirit:

SEVEN GIFTS: wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord

TWELVE FRUITS: charity, joy, peace, patience, kindness, goodness, generosity, gentleness, faithfulness, modesty, self-control, and chastity

READINGS OF THE WEEK

Monday, June 1:	Acts 1:12-14/ Jn 19:25-34
Tuesday, June 2:	2 Pt 3:12-15a, 17-18/ Mk 12:13-17
Wednesday, June 3	2 Tm 1:-3, 6-12/ Mk 12:18-27
Thursday, June 4:	2 Tm 2:8-15/ Mk 12:28-34
Friday, June 5:	2 Tm 3:10-17/ Mk 12:35-37
Saturday, June 6:	2 Tm 4:1-8/ Mk 12:38-44
Sunday, June 7:	The Most Holy Trinity Ex 34:4b-6, 8-9/ 2 Cor 13:11-13/ Jn 3:16-18



Please pray for the repose of the soul of parishioners, Al Castronovo and Ruth Hansen, who died recently.

PRAYER LIST

To add a person's name to the prayer list, please contact Kathy Reynolds at 916-212-9949 or kathy@stasac.org. To keep the list current, names will remain on the list for six weeks.

Pam Anderson
Bernie Ang
Daniel Arnerich
Mary Arizmendi
Judy Bezzone
Hector Eduardo Barazza Cabrera
John Darling
Jorge Delgadillo
Minda Dominguez
Larry Dun
Diana Escueta-Shirley
Piedad Flores de Solis
Lloyd Gavin
Frank Gonzales
Karen Gonzales
Emery Haugseth
Olivia Hernandez
Jeffrey Hill
Cornelia Kanyo
Celedonio Solis Martinez
Consuela Miranda
Michael McCullough
Loretta Miller
Alicia Perez
Jeanette Raimundo
Jeff Raimundo
Alfonso Ramirez
Sheri Ray
Randy Rojas
Larry Seaton
Hector Fernando Barraza Solis
Mike Virga
Anh Vu
Ray & Barbara Ward
Howard Yenor



EVENTS

WEEK AT A GLANCE

Monday, June 1

Yoga - 8:00 a.m. in the Gym-CANCELLED

Senior Fitness - 9:45 a.m. in the Gym-CANCELLED

Tuesday, June 2

RCIA - 7:00 p.m. in the St. Mary Room-CANCELLED

Wednesday, June 3

Yoga - 8:00 a.m. in the Gym-CANCELLED

Senior Fitness - 9:45 a.m. in the Gym-CANCELLED

Children's Choir - 4:00 p.m. in the Church-CANCELLED

Adult Choir - 6:45 p.m. in the Church-CANCELLED

Yoga - 7:45 p.m. in the Gym-CANCELLED

Thursday, June 4

Men's Basketball - 6:30 p.m. in the Gym-CANCELLED

Friday, June 5

Yoga - 8:00 a.m. in the Gym-CANCELLED

Senior Fitness - 9:45 a.m. in the Gym-CANCELLED

Saturday, June 6

Confessions - 4:00 p.m. in the Church

Sunday, June 7

Men's Basketball - 1:30 p.m. in the Gym-CANCELLED

EXERCISE CLASSES

SENIOR FITNESS - CANCELLED (UNTIL FURTHER NOTICE)

With Paula, meets M-W-F at 9:45 a.m. Cost is \$3 per class. This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of "the good ol' days." Equipment supplied if needed.

YOGA - CANCELLED (UNTIL FURTHER NOTICE)

Classes with different instructors are M-W-F mornings at 8:00 a.m. and Wednesday evenings at 7:45 p.m. Cost is \$5 per class. Please bring your own mat and wear comfortable clothing.

MEN'S BASKETBALL - CANCELLED (UNTIL FURTHER NOTICE)

Provides the men of our parish (primarily over age 30) the opportunity to enjoy friendly competition, exercise together, and support each other. They generally play on Thursday evenings at 6:30 p.m. and Sundays at 1:30 p.m.

NEWS & EVENTS

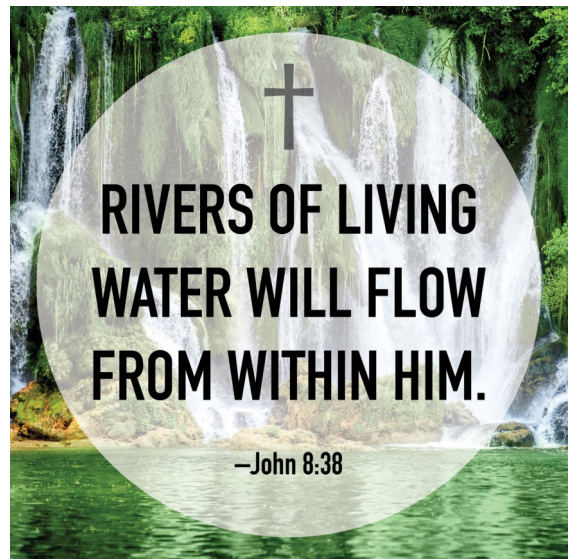
MASS GUIDELINES

As we start to prepare for reopening the church, there are some guidelines that will help us transition. Those who fall in the vulnerable category (i.e. individuals 65+ and persons with compromised health) are asked to continue with the shelter in place ordinances. Physical distancing will still be observed by those present in the church. It is recommended that all parishioners wear masks and gloves. Mis-salettes (Breaking Bread) will **not** be available in the pews. Offertory baskets will **not** be passed. We will continue to omit the sign of peace. It is **HIGHLY** recommended that the faithful receive the Body of Christ by hand. The Church, restrooms and all surfaces will be thoroughly sanitized and cleaned between all Masses.

If you have any questions or concerns, please feel free to email or call the office at office@stasac.org or 916-428-5678.

YOUNG@HEART UPDATE

The Young@Heart Club looks forward to the day that we will be together again! We hope all our members are staying healthy and well, so that when the time comes, we will be able to enjoy our luncheons and each other's company. The Young@Heart group is thinking of you! We hope to see you soon!





YOUTH MINISTRY

A Prayer for Graduates

Loving God, we thank you for all graduates from high school and college this time of the year. You have blessed them during their years in school with wisdom, friendships, and skills. You continue to challenge them to make this world a better place because of their education and faith.

Help them to look forward to their next steps: continuing in their education or entering the work world. Particularly help your young people as they navigate a new and different way of life. We pray for strengthening of hearts and lifting of spirits for the end of their senior year looks very different than most. May they feel you breathe new life into their bodies and souls and know you walk with them always.

Give them faith and a sense of purpose in their next steps.

Show them how to serve others in effective and compassionate ways.

And may they be always be aware in everything they do that they will find fulfillment in doing your will, that you reside in and around them always, and that you will bring to completion the good work you have begun in them.

Amen.

Congratulations

from your St. Anthony Community!



CATHOLIC FAITH FORMATION

Please join us for livestreamed Mass each Sunday at 9:00 a.m.
We miss you all and keep you all in prayer as we await the time we can gather together again.

SACRAMENTO LIFE CENTER

One of their biggest fundraisers is the Lenten Baby Bottle Project. Clearly, this pandemic will affect this project. We are hoping at a minimum to return their bottles so they do not need to re-invest in them. Bottles can be returned anytime to the church. The main parish office (by the back parking lot) has a night-time mail slot that bottles will fit in. The office will make sure your bottle gets to us and we will forward it, and any contents, to the Life Center. Thank you!

We LOVE and appreciate all our wonderful catechists and assistants who dedicated their time to the CFF program this year.

PRESCHOOL/KINDERGARTEN

Krystle Casarino assisted by Katie Fung, Katy Kragel & Gaby Ocazonez

PRE-SACRAMENT 1

Wendy Cepeda and her assistants Anna Skewes & Dorothy Benner
Team Melissa Gamab & Jaime Tsang

PRE-SACRAMENT 2

The Dona Pollacchi & Kate Ellis Duo

RECONCILIATION/EUCHARIST

Ms. Christine & Flor Yakabe, Coreen Tigley, Sharon Agraan

POST-SACRAMENT 1

Catechists Lisa Fien & Teresa Pearson with wonderful assistance from Terry Silva, Fran Lee & Sara Chinakwe

POST-SACRAMENT 2

Mr. Alejandro Guzman and Christina Ortega

PRE-CONFIRMATION

Kris Kuhl and his cool teen assistants: Attila Fisher, Julianne Perrin, Brody Petersen

CHILDREN'S CHOIR

Cindy Castronovo & Sharon Riopelle

CHILDREN'S LITURGY

Team Sharon White & Jen Lightstone was joined this year by Aileen Guerrero! They were assisted by the cutest helpers: Ann Lightstone, Alex Fung & Summer Santich

RCIA

Vicky DeGuzman Smith led the RCIA program with wonderful help from Delena Fong, Al Seyford & Sharon White

Thank you, thank you, thank you from the bottom of SO many hearts!



OUR COMMUNITY



ENVIRONMENTAL JUSTICE MINISTRY:

Celebrate Laudato Si' Week (May 16-24, 2020): "EVERYTHING IS CONNECTED"
In a moment of crisis in the wake of the coronavirus pandemic, as new economies and new ways of caring for the most vulnerable arise, we have a critical opportunity to come together to ensure the new way of life is better than what came before. Laudato Si' guides us to a more just and sustainable world together.

Have you seen and started your "challenge"?

If not, you can find the challenge on our website. The "9-Day (and Beyond) Laudato Si' Challenge" for a list to help celebrate this special occasion and milestone – the 5th Anniversary of Laudato Si'.

During this period try a message reflection a day, pray for God's Creation, make a pledge (or two, or three!), then continue to make everyday a Laudato Si'/Earth Day!

BTW, did you also know that May is Bike Month in the Sacramento Region?

If you would like to join others at St. Anthony to further explore environmental justice, just drop a quick e-mail to: kim-son.ziegler@usa.net

A SPECIAL THANK YOU

We would like to extend a very special THANK YOU to our very talented and dedicated volunteer Audio Visual Team.

Don Del Porto, Steve Lightstone and Sean Cooke have been amazing during this time of the Coronavirus Pandemic. They have worked very hard to put in place a plan to bring you Mass every week via live stream. Because of them, we will be able to live stream Mass and special events all year round.

We would also like to thank Vicky deGuzman Smith for continuing to coordinate the liturgies including the music for all the Masses.

Thank you all for coming together to make sure that the light of Christ is brought to our homes every week.





ACT OF SPIRITUAL COMMUNION

In the current times with video Masses only and the inability to physically receive the Holy Eucharist at Mass, the Deacon recites the following prayer and people are invited to join in:

*My Jesus,
I believe that You
Are present in the Holy Eucharist.
I love You above all things,
And I desire to receive You into my soul.
Since I cannot at this moment
Receive You sacramentally,
Come at least spiritually into my heart.
I embrace You as if You were already there
And unite myself wholly to You.
Never permit me to be separated from You.
Amen.*

*O Sacrament Most Holy, O Sacrament Divine
All praise and all Thanksgiving be every moment thine.*



©LPi