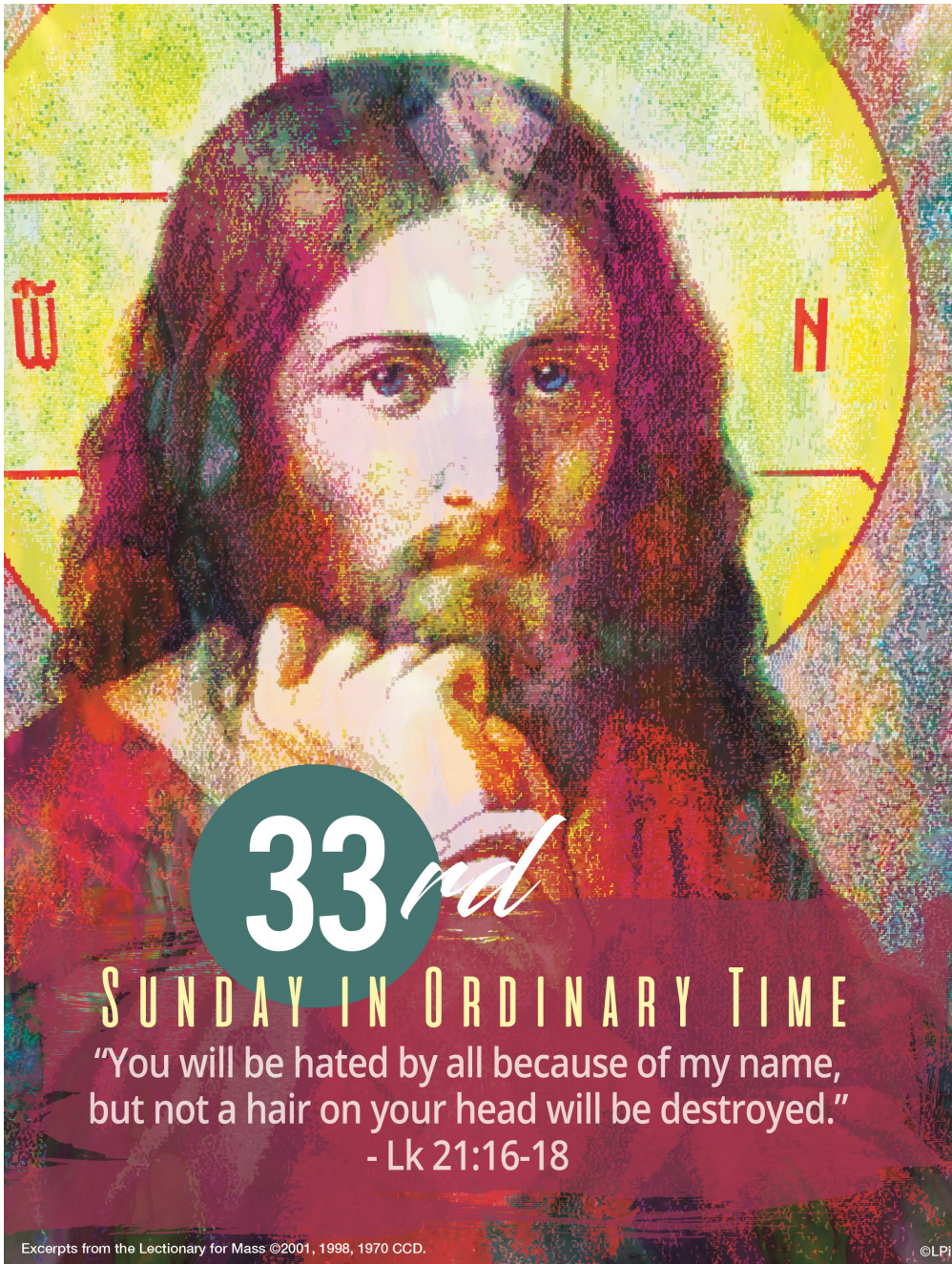


NOVEMBER 17, 2019



Weekend Mass:

Saturday, 5:00 pm Vigil

Sunday, 8:00 am, 9:30 am, 11:15 am

Daily Mass:

Monday - Saturday, 8:00 am

Rosary:

Monday - Saturday, 7:20 a.m.

Holy Day of Obligation:

8:00 am, Noon, and 6:00 pm

Confessions:

4:00-4:45 pm Every Saturday

Exposition of the

Blessed Sacrament:

First Friday from 5:00-7:00 pm

Pastoral Staff

Fr. Mieczyslaw "Mitch" Maleszyk

Pastor


Extension 103

frmitch@stasac.org

Deacon Rich Koppes

Deacon David Cabrera, Jr.

Deacon Patrick Kearns



SAINT ANTHONY PARISH

*"The life of the body
is the soul; the life of
the soul is God." -
St. Anthony of Padua*





WELCOME

Parish Staff Phone

(916) 428-5678 + ext.

Linda DiNinni

Director of Religious Education
Extension 114

linda@stasac.org

CFF Direct Number: 916-392-6362

Christine Soriano

Youth Ministry Coordinator
Extension 116

christine@stasac.org

CFF Direct Number: 916-392-6362

Jennifer Giusti

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Administrative Assistant
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Kathy Reynolds

Coordinator of Pastoral Care
916-212-9949

kathy@stasac.org

Gloria Steele

Bookkeeper

Luis Barraza

Assistant Plant Manager

Contact Information

Office Phone: 916-428-5678

Fax Number: 916-428-0312

Website: www.stasac.org

Email: office@stasac.org

Office Hours

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

Saturday: Closed

Sunday: Closed

MISSION

"The people of St. Anthony Catholic Parish are called by Christ and guided by the Holy Spirit, to live a life of holiness by doing good works through faith, worship, service and hospitality for the glory of God."



CHURCH DIRECTORY

It's been a few years since our parish has published a church pictorial directory, so we're excited to let you know that we'll be producing another one in the upcoming months. Do you ever see someone and wonder what his/her name is, or hear an announcement and wish you could put a name with a face? Our church directory can help you with that, but we need everyone to participate. There is no cost to have you, or your family's photograph taken, and you will receive a complimentary 8" X 10" portrait and directory for participating. Our initial photography schedule will be in late December when children are out of school, so they and their families will receive priority for those dates. Many more photography dates and times will be in February. So "stay tuned" for all the details in the upcoming weeks!

YOUNG@HEART

NEXT LUNCHEON

The November luncheon will be held on Thursday, November 21, 2019. We will be serving chili with all the fixings, cole slaw, cornbread, gingerbread dessert, and beverages. The price is \$5 for members and \$7 for non-members. We'll be playing BINGO with great prizes. Reservations needed by November 18. Please call Carol Reilly, 916-422-5528 or Norma Montez, 916-424-3569 with any questions.

ALL SOULS

Envelopes for All Souls are available in the narthex.

WEEKLY OFFERTORY

November 9-10.....	\$16,683
November 2-3.....	\$10,043
October 26-27.....	\$5,775
October 19-20.....	\$12,541
October 12-13.....	\$17,278
October 5-6.....	\$9,974

MASS INTENTIONS

Monday,	November 18	8:00 am	Heidi Hocson (SI)
Tuesday,	November 19	8:00 am	Mary Waterbury †
Wednesday,	November 20	8:00 am	Msgr. Brendan O'Sullivan †
Thursday,	November 21	8:00 am	Hubert & Katie Jordan †
Friday,	November 22	8:00 am	Lucia Juan †
Saturday,	November 23	8:00 am	Remedios Nazareno †
		5:00 pm	John & Helen Cooney †
Sunday,	November 24	8:00 am	Lucio & Rosa Silva †
		9:30 am	Norman Hill †
		11:15 am	For the People

SONGS OF PRAISE

Some words from Psalm 98 in today's responsorial are: Sing praise to the LORD with the harp, with the harp and melodious song. With trumpets and the sound of the horn sing joyfully before the King, the LORD....let the rivers clap their hands, the mountains shout with them for joy." God wants us to praise and thank Him! And music and songs of praise can be very healing and comforting. When a parishioner had surgery, she spent much of the days in rehabilitation listening to YouTube music from her iPhone, and it gave her so much peace. Even now that she's healthy and doing a lot of walking, she continues to enjoy hearing those songs such as "Litany of the Saints," "You Are Mine," "On Eagle's Wings," "Chaplet of Divine Mercy," and many others which give so much hope and generally put a smile on her face. Think of your favorite hymns and try to find them on your computer or phone, purchase a CD, tune into a Christian radio channel such as 88.1 FM, 103.9 FM, 710 AM, or 1620 AM, or watch Christian shows on TV such as EWTN. Every day is the time of year to sing praise and give thanks!

READINGS OF THE WEEK

Monday, November 18:	1 Mc 1:10-15, 41-43, 54-57, 62-63/ Lk 18:35-43
Tuesday, November 19:	2 Mc 6:18-31/ Lk 19:1-10
Wednesday, November 20:	2 Mc 7:1, 20-31/ Lk 19:11-28
Thursday, November 21:	1 Mc 2:15-29/ Lk 19:41-44
Friday, November 22:	1 Mc 4:36-37, 52-59/ Lk 19: 45-48
Saturday, November 23:	1 Mc 6:1-13/ Lk 20:27-40
Sunday, November 24:	Our Lord Jesus Christ, King of the Universe 2 Sm 5:1-3/Col 1:12-20/ Lk 23:35-43



PRAYER LIST

To add a person's name to the prayer list, please contact **Kathy Reynolds** at 916-212-9949 or kathy@stasac.org. To keep the list current, names will remain on the list for six weeks.

Mary Arizmendi
Clara Arlotta
Louise Arnerich
Judy Bezzone
Gilbert Boreman
Mary Jean Brine
Betsy Coomer
John Darling
John D'Elia
Jorge Delgadillo
Vizminda Dominguez
Visi Felemaka
Paul Frazier
Karen Gonzales
Judy Guerrero
Olivia Hernandez
Jeffrey Hill
Eldon Koob
Lan Le
Alicia Lee
Lorenzo Lopez
Michael McCullough
Fred Moore
JoAnn Murray
Gladys Naake
Jim New
John O'Connor
Jeanette Raimundo
Alfonso Ramirez
Joan Rhee
Betty Skazinski
Gina Steele
Tianna Steele
Ray & Barbara Ward
Howard Yenor



EVENTS

WEEK AT A GLANCE

Monday, November 18

Yoga - 8:00 a.m. in the Gym

Senior Fitness - 9:45 a.m. in the Gym

Tuesday, November 19

RCIA - 7:00 p.m. in the St. Mary Room

Wednesday, November 20

Yoga - 8:00 a.m. in the Gym

Senior Fitness - 9:45 a.m. in the Gym

Children's Choir - 4:00 p.m. in the Church

Adult Choir - 6:45 p.m. in the Church

Yoga - 7:45 p.m. in the Gym

Thursday, November 21

Young @ Heart Luncheon - 11:30 a.m. in Dining Room

Men's Basketball - 6:30 p.m. in the Gym

St. Vincent de Paul Meeting - 7:30 p.m. in St. Mary Room

Friday, November 22

Yoga - 8:00 a.m. in the Gym

Senior Fitness - 9:45 a.m. in the Gym

Saturday, November 23

Confessions - 4:00 p.m. in the Church

Youth Ministry Bake Sale—After Mass

Sunday, November 24

Youth Ministry Turkey Bake Weekend

Turkey Carving - 12:30 p.m. in Memorial Center

Youth Ministry Bake Sale—After All Masses

Men's Basketball - 1:30 p.m. in the Gym—CANCELLED

EXERCISE CLASSES

SENIOR FITNESS

with Paula, meets M-W-F at 9:45 a.m. Cost is \$3 per class. This class incorporates dyna bands, small hand weights, balls and rubber bands, plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of "the good ol' days." Equipment supplied if needed.

YOGA

classes with different instructors are M-W-F mornings at 8:00 a.m. and Wednesday evenings at 7:45 p.m. Cost is \$5 per class. Please bring your own mat and wear comfortable clothing.

MEN'S BASKETBALL

Provides the men of our parish (primarily over 30) the opportunity to enjoy friendly competition, exercise together, and support each other. They generally play on Thursday evenings at 6:30 p.m. and Sundays at 1:30 p.m.

NEWS & EVENTS



ADOPT-A-FAMILY FOR CHRISTMAS

It is time again for St. Anthony's Adopt-a-Family for Christmas Program. We are again working with Family Promise of Sacramento and Wellspring Women's Center to help families who have recently transitioned from homelessness into housing or are facing significant financial hardship. This program is a very tangible way to make a big difference in the lives of families in need this Christmas season. Wish lists for the families participating in our Adopt-a-Family for

Christmas program will be available after the Masses the weekend of November 23/24. If you will not be at Mass next weekend and would like to participate, please contact Maureen Sergent. Adopting an entire family on your own can be intimidating, so we encourage you to adopt a family as a group or we can pair you with others to adopt just one or two people from a family or even individual items on the wish list. You can also donate towards the sponsorship of a family or child. We will use the money to fill in items on the families lists. We are also requesting donations of new or gently used bikes. Bikes are one of the most requested items on the children's lists, but they are often more than the sponsor families can manage along with the other gifts. If you have a bike your children or grandchildren have outgrown, we have a child it would fit, from toddler to adult size. We have also had requests for adult bikes to provide transportation to work. Helmets and bike locks are also greatly appreciated. We do ask that the bikes be in good condition. Thank you for your generous support of this program over the years. If you have questions, please call Maureen Sergent at 916-798-4769.



YOUTH MINISTRY

THE MORE GRATEFUL I AM,
THE MORE BEAUTY I SEE
-Mary Davis

SAYM YOUTH NIGHTS

Junior high and high school youth are invited to join us on Wednesdays at 6:30 p.m.!

Bring a friend! We're excited to see you!

LA YOUTH DAY 2020

"20/20 THROUGH GOD'S EYES"

<http://www.recongress.org/yd/youthday.html>

SAYM is attending LA Youth Day at the Religious Education Congress in Anaheim. All high school youth members are encouraged to participate on this annual retreat and conference from Wednesday, February 19 to Friday, February 21, 2020. This is our 11th year attending! We hope you can join us this year!

For further information, please contact Christine at 916-392-6362 or christine@stasac.org.

TURKEY WEEKEND 2019

SUNDAY, NOVEMBER 24 AT 12:30 P.M.

SAYM JUNIOR HIGH AND HIGH SCHOOL MEMBERS will be carving turkeys for Loaves & Fishes Thanksgiving meal. This is a special social justice community service event for our ministry; we learn the importance and value of serving those in need and experience the joy of serving with one another. SAYM members, mark your calendars...more details to come!



CATHOLIC FAITH FORMATION

DID YOU CELEBRATE ALL HALLOW'S EVE?

If you have a Halloween costume that you are getting rid of that could become a saint costume for our annual All Saints Parade, we'll take it! Just bring it on in and chances are that Saint Somebody can use it to help create their saint costume next year!

CONFIRMATION YEAR 1

Wednesday, Nov. 20 during the regular Youth Ministry time.

RCIA YEAR 2

Family Session on Nov. 24

NOV. 25-DEC. 1

Thanksgiving Break

(Classes resume on Monday, Dec. 2)

CHILDREN'S CHOIR

Rehearsals: Nov. 20

Children's Choir will join Youth Choir to sing on

Thanksgiving at the 10:00 a.m. Mass

Rehearsal Date: November 25

MUSIC MINISTRY NEWS

Jr. and Sr. High School Teens, college-age youth, and instrumentalists of any age are welcome to serve on Youth Ensemble! Come on these dates (NOTE: rehearsal dates/times have been revised to accommodate our students!);

10:00 a.m. Thanksgiving Day Mass, Nov. 28
Monday, November 25 - Time TBD

GREAT NEWS FOR CFF & YOUTH GROUP FAMILIES!

Father Mitch wants YOU to have priority for the first photo sessions for our new church directory. The two photography dates in December are when the kids are out of school between Christmas and New Year beginning on Friday, December 27 from 12:00 noon until 8:00 p.m. and Saturday, December 28 from 10:00 a.m. until 5:00 p.m. Each family will receive detailed information this coming week at CFF/Youth Group about how to schedule your appointment on-line. On-line scheduling will display the two December dates available so you can easily choose the best time for your family. There is no cost to schedule or have your family's picture taken. In fact, you will receive a complimentary professional 8 X 10 color portrait and church directory just for participating. Additional pictures will be available for purchase as you desire (great gifts for grandparents, aunts/uncles, and others, eh?). Don't miss out on this great opportunity to become an important part of our parish's historical documentation and community building. Our goal is 100% participation, and it simply won't be the same without you!!



END OF LIFE PLANNING

Making decisions when facing serious or life-threatening illness is not easy. Life becomes uncertain and fear can overwhelm us. But examining our wishes and desires with family and health care providers ahead of time will make it easier for us, our loved ones and our health care team. Understanding our faith and knowing where to turn for support can help us find peace of mind during a frightening time.

The parish office contains a number of resources to help us explore our wishes and communicate them clearly to family and health care providers. The office has an extensive file of materials, including, samples of an advance care directive; physician orders for life-sustaining treatment (POLST); a power of attorney; medication safety checklist; helpful hints on talking about dementia, and many other materials on the church's Passionate Voice for Compassionate Care/ Whole Person Care Initiative. Materials are also available from the California Catholic Conference of Bishops (www.cacatholic.org/embracing-our-dying) for guidance on Catholic moral and ethical teachings as well the legal forms needed to make sure our wishes are respected. The Catholic Health Association of the United States also provides useful information (www.chausa.org/palliative/palliative-care) especially in dealing with health professionals. A little preparation and discussion today will help us all feel loved, worth and cared for during any serious illness or when approaching the end of life.

"Thanksgiving is a word of action..." YOUTH MINISTRY'S ANNUAL TURKEY BAKE/ CARVE & BAKE SALE WEEKEND

Here's how we need the help of our parishioners:

*Each year our Youth Ministry helps to create a Thanksgiving Meal for Loaves & Fishes. We invite our parish community to consider donating a turkey to this cause. Due to limited oven space and time constraints, we are asking for **BAKED TURKEYS**. Our teens will carve all baked turkeys the Sunday before Thanksgiving. We will then deliver the carved turkeys to Loaves and Fishes the following day. **IF YOU ARE UNABLE TO BAKE A TURKEY AT HOME** but would like to donate an uncooked turkey (under 16 lbs.), we will gladly bake it for you. We ask that all uncooked turkeys are thawed before donation.*

BAKED TURKEYS (whatever size!) may be delivered **SUNDAY, NOVEMBER 24** to the Memorial Center.

UNCOOKED & THAWED TURKEYS (under 16 lbs.) may be delivered **FRIDAY, NOVEMBER 22** to the Parish Office between 9:00 a.m. and 4:00 p.m.

Homemade goodies are needed for our fall bake sale. All proceeds will help support our annual YOUTH Day trip at the LA Religious Ed Congress in February 2020. Donations of homemade cakes, pies, cupcakes, cookies, treats, etc.) are very much appreciated. Because of dietary restrictions, please label your delicious treats especially noting nuts, gluten, etc.

BAKED GOODS may be delivered prior to any Mass the weekend of **NOVEMBER 23-24** to the Memorial Center.

If you would like to help, please contact Christine Soriano (392-6362 or christine@stasac.org). Thank you so much for your time and generosity!

PRAYER AND LIFE WORKSHOPS (PLW)

Prayer and Life Workshops' objective is to instill the living God in people's hearts and make them happier.

The PLW will guide you through a series of practical prayer methods and exercises each week.

As a result of deeply living the Workshop, deepening your relationship with the Lord and practicing surrender, you will learn to heal wounds of the heart, reconcile broken relationships, and let go of fear, anger, and sadness. Thus, you will slowly become filled with a peace never before imagined. You will experience a new-found freedom and recapture the joy of living! It is not a Bible class or a prayer group. There is no registration needed.

Opening Meeting: Thursday, January 23, 2020 at 7:00 p.m.

To sign up, please call: Martha Garduño at 916-384-8919.

SSIP FOOD CLOSET THANKSGIVING NEWS

*Thank you to all St. Anthony parishioners for your generous support of the SSIP Food Closet throughout the year. We could not have served our food-insecure neighbors for the past 50 years without this partnership of twelve (12) area churches and congregations. Our Thanksgiving turkey distribution will take place on **Saturday, November 23** starting at 1:00 p.m. We plan to have 500 turkeys plus bags of "fixings" to distribute at this one-day event. Financial donations are accepted throughout the year and may be made directly to the SSIP Food Closet (5625 24th Street Sacramento 95822.)*

*The Sacramento Food Bank and Family Services Turkey Drive will be on **Thursday, November 21** from 6:00 a.m. - 7:00 p.m. Drive by and drop off a turkey at 3333 Third Avenue, Sacramento 95817. It is through this annual drive that the SSIP Food Closet and other area emergency food distribution agencies receive turkeys.*

Happy Thanksgiving to all!



ST. ANTHONY YOUTH BASKETBALL

SIGN UPS HAVE BEGUN!

SIGN UP ONLINE AT WWW.STASAC.ORG

The 2020 St. Anthony community youth Basketball (SACYB) season is fast approaching. All interested players in grades 1st through 7th may register online at stasac.org. The registration fee is \$85 per player. All games and practices are here at the St. Anthony Memorial Center gym and the program runs from January 4 through February 22. This is an outreach program and open to anyone so invite your friends! For more information regarding the SACYB program, please visit the St. Anthony website, email Jessica@stasac.org or call the parish office at 916-428-5678.



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CATHOLIC CHARITIES OF CALIFORNIA

Catholic Charities of California is excited to be hosting walking pilgrimages in Spain along the Camino de Santiago, and in Italy along the Via Francigena and the Way of St. Francis, as well as non-walking pilgrimages to colonial Catholic churches in Cuba, and a pilgrimage to Ireland exploring early Christian sites with Monsignor James Murphy! Embark on a spiritual journey that supports the work of Catholic Charities of California. To learn more or to sign up for one of our pilgrimages, go to cccpilgrimages.com, or join us for an informational meeting here at St. Anthony on Saturday, December 7 at 10:00 a.m. To RSVP for the meeting, email us pilgrim@catholiccharitiesca.org or call (916) 706-1539, Ext. 12.